

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 AM							
7:30 AM		Muay Thai		Muay Thai			
8:30 AM							
9:30 AM							
10:30 AM						MMA Sparring	Little/Future Champions
11:30 AM			Muay Thai		Muay Thai		Juniors
12:30 PM		GB1/GB2/GB3	GB1/GB2/GB3	GB1/GB2/GB3	GB1/GB2/GB3	GB1/GB2/GB3	Open Mat
1:30 PM							
2:30 PM							
3:30 PM		Little Champions	Little Champions	Little Champions	Little Champions	Kids Muay Thai	
4:30 PM		Future Champions	Junior/Future Champions	Future Champions	Future Champions	Kids No Gi	
5:30 PM		Juniors	Kids Mauy Thai	Juniors	Juniors	No Gi Open Mat	
6:30 PM		GB2/GB3	GB1/GB2/GB3	GB2/GB3	GB1/GB2/GB3		
7:30 PM		GB1	No Gi	GB1	No Gi		
8:30 PM							

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