

sura

Was the ice
cream sweet
enough to
make them
forget their
sinful
crime?

yalda

Children at
risk of being
traumatized?!

*Mahatma
gandhi*

The best way
to find
yourself is to
lose yourself
in the
service of
others.

i PASS

iPASS Issue #5
Group 9

DEAR FUTURE DOCTOR

Source:

Canva Backgrounds



YALDA

MESSAGE FROM THE CHIEF-EDITOR

"There is increasingly a gap between what doctors are trained to do and the realities of modern practice." (Royal College of Physicians – Advancing Medical Professionalism) Knowing that, one cannot deny that myriads of people, including medical students and physicians still cannot confidently define medical professionalism. The purpose of this E-magazine is to raise awareness about the definition, importance, positive effects, and the consequences of unprofessional behavior through personal insights of the writers and contributing authors to this E-magazine to allow people to properly define and consciously practice the skills and behaviors associated with professionalism.

On that note, several professionalism themes, such as leadership, teamwork, advocacy, autonomy, and altruism, are emphasized in the articles presented by the writers and contributing authors. Various articles highlight the aspect of the doctor-patient relationship in which the physicians play and fulfill their roles to satisfy the needs of their patients within the context of practicing medical professionalism. Together, the articles highlight the fact that the needs of patients are different, which is why medical professionals must be flexible to fulfill their duties towards society.

Consequently, these experiences would allow the writers and the readers to reflect and hence establish a reflecting practice to spot incompetent skills in performing procedures and communicating. Therefore, individuals would be able to identify and convert their drawbacks into positive skills and behaviors that would allow them to consciously practice professionalism in their careers.

Ultimately, it can be concluded that the significance of including past experiences of the respected contributors to this E-magazine is that it allows individuals to properly appreciate the past to prevent repeating mistakes and observed patterns of erroneous habits. Hence, this can be the initial step towards building a better place for everyone, where the future is brighter and free from obliviousness and ignorance on the importance of professionalism.



Yalda
Abdolhamid
Rahmani
CHIEF-EDITOR



Source:
Chicago Med Series

meet the team



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Commitment to the society

Shiza Ali

Professionalism plays an integral role in our day to day lives. The world demands people to practice professionalism when accomplishing a task. The skills that make us competent in a particular profession are observed under professionalism. Different professions demand different professionalism. A lawyer or judge has to be assertive, strict, and poker-faced in all the scenarios. His aggression can lead to the downfall of his entire career for which he had struggled for years. On the other hand, an engineer must be a team player, a good risk manager, and be realistic but also must challenge his goals at the same time.

The doctor, similarly, is urged to maintain professionalism in their field. To me, professionalism in the field of medicine is compassion, honesty, and dedication of a doctor to maintain a healthy relationship with society.

Recently, when the university asked me to submit my medical certificate as the admission requirements. I was obliged to get blood test reports, audiometry reports, and the optical report. My family and I go for the yearly eyesight checkup as we all wear glasses, and since I had gotten my check last year in December, it felt useless for me to see the ophthalmologist.

So at NMC hospital, I was sitting in the waiting area studying the interior. How and why blue and only blue is always associated with the hospital?

Why can't it be red or green? Or maybe yellow? I jerked out of my thoughts when an ophthalmologist walked out of his room and pronounced my name. He smiled genuinely, informing me that he will be back in a few minutes. Meanwhile, I was to go with the optometrist for an eye examination. He led me into the room, explaining the process before taking the computer-generated number.

"You will feel the pressure on eyes but keep them opened and focused," he said before recording the eye pressure. My dad inquired about the sudden pressured air blown towards the eye by the machinery. He explained, "It records the eye pressure and help diagnose certain eye illnesses."

After that, he asked a few questions that seemed odd because my mind had never thought in that direction, "Does anyone in your family has Glaucoma?" He respectfully asked me to remove my mask and gave me enough time to adjust my scarf, respecting my religious belief. After running a few eye tests regarding vision and color blindness, he led us back to the waiting room, telling us to wait as he reports the ophthalmologist about my reports. I had placed my mask back to its place, expecting a general lecture from the doctor.

After a few minutes, when I was called inside, the doctor warmly asked us to sit down. He smiled at me then glanced at the report before proceeding to speak about the finding.

"Shiza, beta (daughter), we have found somethings in your reports which are slightly above normal." he placed the picture of an eye in front of me. At the corner of the page, he pressed his finger, reading the numbers, "This is a normal eye pressure value that is usually 17. We would like to run a few more tests. It is not likely that it will develop into glaucoma, but this is usually how glaucoma develops. We just

want to be sure that it is not going down that road." I glanced at my father. He and I being a bit budget-oriented, feeling the seriousness of the situation, asked about the budget and the procedure, "We will give the discount on the tests. The computer will take the photograph of your retina and test your peripheral vision."

My father agreed. I highly appreciate the autonomy I was given in my treatment. We followed the optometrist. He tried to lighten our tensed moods up. My skin was red with anticipation, for I was having pessimist thoughts about blindness. He asked about my schooling, my father's job and was amazed upon hearing about my admission to DMC.

During the peripheral vision test, the restraint on eyes was causing my eyes to sting. The optometrist being compassionate allowed me to rest for a while before continuing. His altruism surprised me. The reports revealed that there was thinning of the optical nerve in the left eye. The ophthalmologist explained the findings. He placed the eyeball dummy on the table illustrating the condition of glaucoma and my eye.

Last week, however, my mother's friend had to undergo C-section. The surgeons, by mistake, cut the bladder open. Luckily they had realized it before closing the incision. This created confusion among the doctors for the hospital did not have a urologist to operate on the bladder. Her family was kept unaware of what was going on in the operation theater. The doctors were called from

another hospital. After a three-hour-long surgery, when she woke up even then, the nurse did not break the news to her.

A month ago, I did not know the meaning of professionalism. Within a short time, God made my eyes open towards the basic principles doctors have to follow. Had the ophthalmologist not been professional, I would have thought he was bluffing to earn money. But his compassion, autonomy won my trust. Had the surgeons been professional, they would not have been blamed for causing infection in her bladder. Honesty with the family and the patient would have led her to believe her bladder developed an infection because she and her family didn't take proper care of the hygiene, not because of surgeons.

"Professionalism: It's NOT the job you DO, It's HOW you DO the job."
—Anonymous

"...a professional is someone who can do his best work when he doesn't feel like it."
— Alistair Cooke (1945-), British-born American journalist, broadcaster. Six Men, 1995, p. 136.

PROFESSIONALISM AND CHILDREN

Yalda Rahmani

Source:

Canva Backgrounds

The Children's Fear and Behavior in Private Pediatric Dentistry Practice study by Dr. Krista Baier and her colleagues prove that the negative behavior of minors in a clinical setting is corresponding to dental fear. (K et al., 2020) Hence, it is essential to be able to practice professionalism to ensure a positive experience for patients. The Royal College of Physicians London states that professionalism is a set of values, behaviors, and relationships that underpin the trust the public has in doctors, which gives an insight on the importance of being a professional. (Wass, Val. (2006). Doctors in society: medical professionalism in a changing world. Clinical medicine (London, England). 6. 109-13. 10.7861/clinmedicine.6-1-109.) This essay contains a description of a personal experience, followed by an analysis of the experience that points out the aspects of professionalism and their importance with a reasonable conclusion at the end.

First and foremost, a description of the dentist visit will be discussed. The initial impression was positive when the dentist welcomed me with a smile on his face. Following that, he introduced himself to me and my parents and asked me to take a seat to be examined. Noticing the fear through my facial expressions and body language he did not immediately proceed with the examination. Instead, he asked a set of questions to get to know me as an individual, and I mentioned that I am aware that the treatment is painful and my anxiety regarding that matter. Consequently, the dentist assured me that he would do his best to alleviate the pain. Subsequently, he proceeded with the examination and explained the treatment method, and gave us the option of choosing the date of treatment. After obtaining informed consent, he began the treatment process. He showed me every medical

instrument he was going to utilize, and he demonstrated their application on his hand before every step of the procedure. For instance, he showed me the dental mirror, explaining that it is only a mirror that will help him to see. In addition to that, he also gave me short breaks in between. At the end of the treatment, he gave me a lollipop and advised me to not forget my oral hygiene in a way that did not make me feel embarrassed. The experience was a positive experience that taught me the difference between professional and unprofessional behavior as a child.

This paragraph aims to analyze the various aspects of medical professionalism that the dentist adhered to before, during, and after the treatment process. The dentist's initiatives before starting the treatment such as bright facial expressions, initiating conversations, and verbal reassurance regarding my concerns contributed to establishing the trust between patient and doctor. Moreover, this shows that the dentist was honest, patient, and a good listener. This made him an ideal communicator which is one of the six necessary competencies for medical practice according to the CanMEDS framework that was established by the Royal College of Physicians and Surgeons of Canada. In addition to that, allowing the patient to make their own decisions about choosing the treatment date shows that he abided by one of the three fundamental principles of the physician charter on professionalism which is the principle of patient autonomy. ("Physician Charter | ABIM Foundation", 2020) During the treatment, the dentist demonstrated the values of empathy, altruism, patience, and confidence since he understood the feelings of the patient and offered to outperform for the sake of the patient. There are several communication methods such as the Tell-show-do technique, which involves verbal and visual explanations of



the procedure to the patient, which is one of the methods the dentist used. (Law, C. S., & Blain, S. (2003). Approaching the pediatric dental patient: a review of nonpharmacologic behavior management strategies. Journal of the California Dental Association, 31(9), 703–713.) Finally, the post-treatment advice showed that the dentist respects and is an advocate for the patient, which adheres to the Core Values of Doctors by the Australian Medical Association. ("Medical Professionalism - 2010. Revised 2015", 2020)

Ultimately, it can be concluded that the dentist was highly professional which resulted in a successful physical and physiological treatment of the patient since an optimistic dental attitude was built for future checkups. Also, it can be concluded that a professional healthcare worker not only benefits the patient but also represents the medical field as a whole positively.

COMMUNITY'S OPINION:

Muhammad Irfan Ali

Professionalism is something you show, practice or adapt related to your actions, body language and words that effect or may effect others while dealing with them.

Few of the characteristics:

- Honesty
- Trustworthy
- Truthfulness
- Accountable for actions
- Kindness & Compassion
- Intelligence
- Communication
- Willingness to learn
- Response to an emergency
- Team work & Positive attitude



Sarwat A.

Being professional means to adhere with all your responsibilities that come with your profession while displaying social, moral and ethical considerations in all your matters.



A DREAM WEAVER

Jaseena Shajahan

Source:

Chicago Med Series

Professionalism is the way an individual presents themselves in the workplace. Upon research, I have discovered four keywords that demonstrate a professional attitude. These words include respect, honesty, loyalty, and going above and beyond for the sake of one's patients. Moreover, I believe that these values and skills should not be limited and restricted to one's career as they are crucial for living life with integrity. Hence, sharing an eye-opening experience would emphasize the importance of maintaining these values and professionalism.

I recently had an experience where I witnessed a medical professional behave in an unprofessional manner. The reason why view it as unprofessional is that the nurse disrespectfully spoke to me using inappropriate language. As a result, I started thinking about my future. Hence, I took the decision that I would never allow unprofessional behavior when I set up my hospital.

In this scenario, the medical professional did not behave appropriately with the patient. Moreover, there was a lack of kindness and respect for the patient. It is the duty of any professional to respect their clients regardless of their religion, race, ethnicity, culture, and age. Hence, I believe

that the nurse lacked communication skills and other skills related to being a professional.

Thus, professionalism is a set of skills by which professionals must abide in their workplace as they come in contact with myriads of people. Consequently, observing an act of unprofessional behavior enabled me to distinguish between a medical professional and someone unprofessional to shape my future goals of having my hospital.

"The true mark of professionalism is the ability to respect everyone else for their styles and always find something positive in every dining experience and highlight it in your thoughts and words."

— Johnny luzzini.

Source:

Chicago Med Series

A memorable professional Day

Nawal Nasser

Life is full of various events and experiences. However, not all are only enjoyable and memorable. Some teach us professional qualities. Some unforgettable days in my life have taught me valuable professionalism skills, and they will remain evergreen in my heart. As a result, I realized that real learning comes after the work term, and when you have an opportunity to think about what you saw and experienced. This essay discusses one of the experiences that taught me skills associated with professional behavior that I still value today.

Firstly, a field trip to the Organic Oasis farm was planned and organized by my mentor. Organic Oasis is a farm on family-owned land near their home in Al Khawaneej in Dubai, and they have watched it grow into a thriving business that produces 52 types of fruit, vegetables, and herbs on its 85,000-square-foot site. It was our last field trip from school as we were in 10th grade. Therefore, I was excited about this trip and the experience that I would gain through it. Furthermore, when I arrived at the destination, the first thing that caught my attention was the beauty of the place.

Moreover, I believe that the reason why this experience significantly influenced and improved my leadership skills is that I did not receive any instructions regarding the leadership and management of 25 members. I just had the list of pending tasks that had to be completed in different sites on the farm. When I sought advice from my mentor, she refused to give any instructions, and all that she said was: "the ground is yours." It was tough for me, for I did not have any assistant, and I had to think and make the right decisions using my judgement. It was pressurizing and overwhelming as my team could not wait to survey the whole place, I had to also make sure that we are all safe.

Consequently, communication was one of the most important professional skills I developed. I had to stop at each station and split up my team members into different groups with specific tasks. Moreover, I requested that each team must collaborate and give continuous feedbacks after they complete their assigned tasks. Following that, my leadership and management skills automatically improved, and I felt confident and in control.

On the trip back to the school campus, I realized the reason and wisdom behind my mentor's plan of leaving me to be on my own which allowed me to stand on my own feet. When I arrived at the school campus, I bade my friends goodbye and thanked my mentor for trusting me and allowing me to lead the trip.

To sum up, I can confidently say that it was the most memorable days of my life where I gained different professional skills such as good behavior, fairness, time management, competence, confidence, leadership, and communication skills. Moreover, I now realize that these skills are not only essential for the medical profession but all other professions as well.

PROFESSIONALISM

in counselling

Tooba Ahmed Durrani

The concept of professionalism has been defined by various sources as the conduct, behavior, and attitude of an individual in their career and personal lives. In everyday life, we come across several acts of professional behavior. Moreover, professionalism is not subjected to a specific field, and it is observed in individuals that have a strong reputation and a high level of work ethics. Furthermore, it has been said that professionalism leads to success and recognition in one's daily work. Therefore, the most successful and recognized companies, whether they provide medical care, governmental organizations, or multi-million-dollar companies, emphasize teaching and practicing professional behavior with their employees.

On that note, this article discusses one of my encounters with an individual whom I expected to practice professionalism in their career.

In one of my previous schools, right before all students sat for their first external examination, the school counselor would meet with the students who were willing to see her if their exam preparation and their well-being is not exemplary to ensure their mental health, and my friend was one of them. The counselor called her into the room and asked her to take a seat. My friend felt incredibly welcomed and took a seat. The counselor then asked her about her grades and preparation methods while typing something on her laptop and making no eye-contact. My friend explained that she was scoring quite well in most of the subjects and that she was facing difficulties in some courses. Hence, she requested the counselor for recommendations on teachers who could assist her in filling her knowledge gap. After taking one glance at my

friend, the counselor said in a boorish tone: "You are depressed!" My friend was puzzled and asked if there was a specific reason why the counselor might have said this. However, the counselor abruptly interrupted her, and frustrated said: "Don't ask me any questions! I still have to meet with all the other students, and you are wasting my time!" The counselor went straight to the door and asked my friend to leave while calling another student into the room.

Having heard my friend's experience, I was very concerned. I then realized how unprofessional the counselor was at her job. Although I had never visited her myself, I always assumed that a counselor was someone you could tell your problems to, and they would help and give the advice to aid in solving the challenges faced by individuals. After speaking to other students, I soon realized that all of them agreed that the counselor has no compassion in knowing any of the students' problems, and only took this opportunity to quickly flip through the students like they were a booklet of papers or simply a task she needed to complete as a formality.

In conclusion, I believe that the way we communicate with a person is very influential and that it includes the tone at which we speak, the language, facial expressions, and making eye-contact. The reason is that you never know what hopes an individual has when they seek to communicate with a professional. Hence, I believe that professionalism includes communication skills, which are skills that demonstrate an individual's manners and attitudes.

Reference:

<https://career.vt.edu/develop/professionalism.html>

Source:

Canva Backgrounds

The Key to an IDEAL Society

SHAZA THASLIM

Ethical behavior accompanied by rational thinking and consciousness of oneself is what makes a person a professional. Handling situations with commitment and excellence brings out professionalism in a person.

Specifically, in doctors, it is rational thinking, commitment, and conscious decision making along with trustworthiness, altruism, and respecting the autonomy of the patient that makes a doctor a professional.

A situation in which I witnessed a professional attitude is worth mentioning, where my visit to the doctor set a lasting impression on me. With a piercing headache, I visited the doctor. After checking my condition, I was requested to go through an MRI scan. Being my first time going through such a process, the doctor explained the whole process with details which showed the doctors' trustworthiness and his respect for the patients' autonomy. After the completion of the process, the doctor explained the results using visual images showing his expertise and care for humanity as a person. Witnessing such professional behavior had molded my thoughts of becoming an "ideal" doctor.

In conclusion, it is not just in professions that we need professionalism, it is required in one's day-to-day life to create a better human being with integrity and quality. Thus, it is with such human beings, a better society, as well as a better nation, is grown.

COMMUNITY'S OPINION:



Dr. Noorieh Rahmani

Graduate of University of Sharjah, Sharjah, UAE

The importance of medical professionalism comes from its primary rationale of promoting patient safety. Proper healthcare is delivered by medical professionals who hold communication, respect of honesty, respect for others, confidentiality and responsibility for others before anything else. It is also about working in teams and systems that maybe override physician autonomy for the greater good of the patient.

Amir Amiri

Graduate of Penn State University, Pennsylvania, USA



Electrical engineers or Engineers in general are expected to exhibit the highest standards of honesty and integrity. To us, professionalism is to hold paramount the safety, health, and welfare of the public. Those whom we serve deserve nothing less.

What Makes a Good Doctor?

KHADIJA SALEM AHMED
OBAID ALNUAIMI

RESPONSIBILITY IS
THE CORE OF
MEDICINE.



Khadija Salem Ahmed Obaid Alnuaimi

Source:

Chicago Med Series

Professionalism comes into account in some way or other wherever you go and in everything you do. Professionalism is described as "a strict adherence to courtesy, integrity, and responsibility when dealing in the business environment with individuals or other companies" (Clarke, 2015). This article is a brief discussion of the importance of professionalism in the medical industry.

As far as the medical field is concerned, professionalism is brought to a completely different level. Professionalism in medicine ensures that one can confidently and efficiently manage all the duties that have been given to them. Being professional ensures that individuals adhere to what is required of them promptly when they are assigned with a task that needs to be achieved for a patient who needs their help. Moreover, doctors put their trust in nurses to carry out the requisite orders to save patients' lives. Therefore, nurses as well as physicians have crucial roles in improving patients' quality of life.

To conclude, responsibility and discipline are at the core of medicine, and they are crucial to success. Not only to keep patients safe but to also be on the ball and looked at by others as competent, making one a "good" doctor.

coming up next...

WAS THE ICE CREAM
SWEET ENOUGH TO
MAKE THEM FORGET
THEIR SINFUL CRIME?

Sura Salahuddin Salih

Ice Cream Vs. Life

SURA SALAHUDDIN SALIH

The human brain is a complex constitution that controls vital processes in the body; nevertheless, it can be easily deceived, losing its awareness and morals and weakening in face of a trigger or a treat, like a toy in a child's eye. Amidst the chaos and imbalance comes the sharp blade of professionalism, which clears ambiguities and defines the borders. The following situation is a personal experience where I encountered two young doctors who lost their moral humanities to serve their delights and favors resembling an extremely unprofessional and immoral attitude and behavior.

It was dry midday in July 2009 with roads silent, trees motionless, people deciding to stay cool and secure at home except for my family. My grandmother had an unsettling change in her breathing rhythms, so we had to rush to the emergency. I, on the other hand, was always the demanding spoiled child who wasn't concerned with an old lady in the ICU. I walked out of the hospital and sat down on the sidewalk. A long time passed, the sun was becoming vertical, and the heat becoming intolerable. Suddenly, two young doctors headed outside although their shift doesn't usually finish at that time. Having nothing else to do, I sneakily listened and concluded that they were complaining about the weather and would like to have two frozen scoops of chocolate ice cream; however, they needed a car, which they don't have, to reach the distant shop. They exchanged some looks between them, while the other looks were directed to the ambulance, which was one of the only two in the poor facility hospital. "Vroom... Vroom!" they were out of sight in seconds, taking a vital utility out of the property without authorization. Simultaneously, my grandmother's case was deteriorating, and the senior doctor demanded to shift her to a specialized center under medical supervision; however, there were no available ambulances at that moment. Later on, the ambulance became of no use or need as my grandmother passed away. Later that day, coincidentally, the two doctors were talking to dad, feeling sorry about our loss, and wishing they could've offered help explaining that they had a complicated case at that time!

Until today, I'm still wondering about how this ice cream tasted like: Was it sweet enough to make them

forget their sinful crime? Did it turn into an acrid toxin that brought them discomfort when they discovered their fault? Do they still enjoy the dessert nowadays or does its sight still brings up remorse? And the most important question is whether the value of the dessert was of greater significance and importance than the soul of a human being which explains crossing the professionalism borders? What made them disregarded honesty, respect for patients, the responsibility of guarding the human life, and empathy towards the patient.

In the book, "Toward A Normative Definition of Medical Professionalism" by Swick, the essential condition to be a medical professional is to "willingly subordinate your interest", which was entirely contradicting with the physicians' comparison and selection between a human soul and a sweet treat taking a faulty decision, disregarding the previously quoted statement, and resulting in a victim. Thus, it was a cruel way of learning many lessons, but the first and most crucial one was the importance of application of professionalism in every measure or action we take. This lesson was reflected through the loss of a dear relative, which has amplified the value of being a person working in this profession that demands high standards of knowledge, logical thinking, and wise situation management. Thus, it was a cruel way of learning many lessons, but the first and most crucial one was the importance of application of professionalism in every measure or action we take. This lesson was reflected through the loss of a dear relative, which has amplified the value of being a person working in this profession that demands high standards of knowledge, logical thinking, and wise situation management.

Source:

Canva Backgrounds

The Real Success

Source:
Chicago Med Series

SALAMA SALEM
SUHAIL
BIN QAMSHA
ALAMERI

The effect of which has made me see the value of people's personality and not just their qualifications.

Salama Salem Suhail Bin Qamsha Alameri

Salama Salem Suhail Bin Qamsha Alameri As the eldest of all the children in my family, it often my responsibility to help my parents with the raising of my younger brothers and sisters. It is through this help that I was able to see one of the most amazing displays of professionalism in the workplace. The effect of which has made me see the value of people's personality and not just their qualifications.

One day, my little brother needed to be taken to the dentist because of a toothache. He was crying and screaming from the pain, and he could not eat or drink anything. Because my mother needed help to take him there, I went along with her to take him to the dentist for treatment. My brother, however, was terrified of doctors, dentists, and especially injections. Despite the pain he was feeling, he didn't want to go to the dentist because he was fearful, but my mother and I managed to take him to the clinic.

Once we arrived at the clinic, my brother kept crying in the waiting area. It was there where I saw the unforgettable work and professionalism of the staff. I had been to many dentists before, but never one like this. Most dental offices do not know how to handle children, and they request the parents to help hold them down while they perform the procedure, and that is erroneous as it might traumatize

the children. However, in this place, it was much different. The nurse initially tried to make my brother comfortable. She talked to him gently and made balloons for him to play with to gain his trust, making him feel that this was a safe place. Then, when the dentist came, he too talked to my brother and told him how much of a brave "man" he is for coming to the dentist. He showed my brother the tools and used teeth models to slowly explain to my brother what was going to happen and that he won't feel any pain. He told my brother he would be like a superhero if he agreed to let the dentist do his work as he promised that all his discomfort would be gone, allowing him to eat and drink again.

Consequently, the calm behavior, compliments, and professionalism demonstrated by the nurse and the dentist made my brother agree to the procedure. He happily climbed onto the chair, opened his mouth, and let the doctor fix his tooth so that the pain would go away.

In the end, I would like to state that I had never seen anything like it before in my life. Because of what I saw, I learned that people can be educated and good at their job, but if they do not combine it with good behavior, patience, and professional behavior they can never be as successful as they could be. Therefore, this experience inspired me and demonstrated the ideal behavior that medical professionals possess.

New Start, New Lessons

CHEFAA SALEH SHEHADEH

Source:
Chicago Med Series

The days come with different positive and negative situations and go, leaving with traces and memories indelible and unforgettable.

The days come with different positive and negative situations and go, leaving traces and memories indelible and unforgettable. During the first days of the medical college, which was the start of a new journey for me, myriads of positions expressed to me the professionalism and mastery of work in Dubai medical college.

The welcoming ceremony for our batch (batch 34) was too incredible to forget. The positive and warm feelings that I received from the faculty members is something that will remain in my memory forever. Moreover, I could observe acts of professionalism in the welcoming ceremony, the scary prank, distributing red roses during the white coat ceremony that started with our royalties, the national anthem of the UAE, and finally the oath we took to abide by the values and professional skills as people joining the medical field. In addition to that, the motivating speeches by the founder and the deans reminded us of things we should always consider throughout our career and lives that left positive feelings which would not have been possible without the professionalism in their work.

In the end, what I would like to emphasize that medical professionalism does not only come to play during patient encounters which means that one can be professional in things such as welcoming a new batch of medical students uniquely. Hence, professionalism includes positivity, creativity, and innovation since the Royal College of Physicians considered a doctor who innovates as a professional doctor that can interact with individuals from different backgrounds and cultures.

coming up next...

GIVING THE PERSON IN
FRONT OF YOU HIS DUE
RESPECT IS ONE OF THE
FOREMOST THINGS TO
KEEP IN MIND.

Maryam Sayeed Ahmed Sheikh

coming up next...



LEARNING TO AVOID

Source:
Chicago Med Series

MARYAM SAYEED AHMED SHEIKH

Humans learn by example. Only when we observe other people do we realize how exactly we must behave and talk. Although the experience I am going to share is not personal, I believe that the incident had brought up something worth thinking about.

A student's laptop had stopped working, and since she had not purchased it from her school, upon taking it to the IT department, the computer repair technician refused to fix it, claiming that it was broken. Worse, he did not even bother looking up from his phone while the parent of the student was speaking to him, and he did not look at the laptop screen properly either. The parent was taken aback by how boorish he was and took the laptop back with her without saying much. The next day, she brought it back and showed the technician that the laptop had nothing much wrong with it, and in fact, her relative fixed it in just a little amount of time. The technician was embarrassed and could not say much after this.

Thus, I believe some really important issues come to mind here. Number one being respect. The technician could not bother to put his phone down while the parent was speaking to him. Perhaps, if he was doing some important work on his phone, he could have asked the parent to wait a few minutes, and she probably wouldn't have minded doing so. However, the fact that he did not, showed that he was least interested in listening to what she had to say. Secondly, he did not properly check what

was wrong with the laptop and instead directly said that it was broken and should be returned from where it was bought. If he would have spent but a few minutes trying to see what the issue was, he could have fixed the problem himself. Moreover, he would have been saved from the embarrassment that he had to face the next day. Another consequence would have been losing his job if the parent considered reporting him.

Relating this to medical professionalism as a future doctor, I understood that listening attentively and proactively is extremely necessary. Giving the person in front of you his due respect is one of the foremost things to keep in mind. No matter how long a doctor's duty hours maybe, they must speak to their patient with compassion and patience. Anything not heard or done properly could endanger the patient's life, especially if one misses an important symptom that a patient may be mentioning.

Ultimately, this incident made me realize just exactly what unprofessionalism is and how it can affect you and the person you are dealing with. Furthermore, I believe the importance of coming across such situations and sharing them is to know and raise awareness on what kind of behaviors to continue and what to avoid.



You might not have stopped to read this magazine or wouldn't even have thought to spend your precious time here. Or maybe the magazine you have in your hand would not have existed if we, group 9, had not have gotten the consent of our dear and respected seniors to use their interesting articles. The magazine you in front of you has been made after a tiring effort of all crew members who were lucky enough to get admission into a prestigious medical college, *Dubai Medical College*. This magazine is directed by *Dr. Fouzia Shersad*, the associate professor of Professionalism at DMC. She is the initiator, and her innovative idea has led the group to roll up their sleeves, brew some coffee late at night and pull out the creativity and hidden talent inside, out in front of you.

The team would not be complete if we don't mention *Canva*, the outstanding website that allows graphic designing. The visual content designing wouldn't have been any easier! *Picsart* is another editing tool that has allowed our graphic designer to abide by a mutually chosen blue theme. All the pictures have been retrieved from *Pinterest*, which is yet an amazing image sharing website. The fascinating medical series, like *Chicago Med*, and *Dr. Romantic* have to be specially thanked for some pictures, that have been taken from this absorbing series (on pages 3 and 13). Our team member Tooba has made sure that all the content published is of the free will of the authors. No one, under any circumstances, has been forced by any kind of pressure to do so.

The group is grateful to a few members of our community who took time out of their busy schedules to opinionate about professionalism. Your opinions are highly valued. Lastly, the group wants to express its gratitude to the person reading this message - yes, YOU! Your reading makes us proud. Your feedback is appreciated.

SHIZA ALI

GRAPHIC DESIGNER

Source:

Canva Backgrounds