



## INFLUENZA IN KIDS & ADULTS

Influenza (flu) can cause mild to severe illness, and at times can lead to death.  
Following people are at higher risk of flu complications:<sup>1,2</sup>



Elderly



Asthma



Diabetes



Heart  
Disease



Children 6  
month to 8 years



Influenza vaccine  
is your best defense  
against flu!<sup>6</sup>



World Health  
Organization<sup>3</sup>



Centre for  
Disease Control<sup>4</sup>



RESEARCH SOCIETY  
FOR THE STUDY OF  
DIABETES IN INDIA.<sup>5</sup>

**Influenza vaccine  
is recommended  
annually**

Everyone above  
6 months of age and elders  
with underlying health  
conditions should  
get vaccinated

Ref: 1. Key facts about influenza - CDC. [Internet]. Available at: <https://www.cdc.gov/flu/about/key-facts.htm> Accessed on: 11th Feb, 2021. 2. People at Higher Risk of Flu Complications - CDC. [Internet]. Available at: <https://www.cdc.gov/flu/highrisk/index.htm> Accessed on: 11th Feb, 2021. 3. Influenza vaccine. Wprld Health Organization. CDC. [Internet]. Available at: <https://www.euro.who.i communicable-diseases/influenza/vaccination/influenza-vaccination-frequently-asked-questions> Accessed on: 11th Feb, 2021. 4. Influenza Vaccination: A Summary for Clinicians. CDC. [Internet]. Available at: <https://www.cdc.gov/-flu/professionals/vaccination/vax-summ ry.htm#:~:text=Influenza%20Antiviral%20Medications,Who%20Should%20Get%20Vaccinated%3F,the%202010%2D2011%20flu%20season> Accessed on: 11th Feb, 2021. 5. Chawla R, Madhu SV, Makkar BM, Ghosh S, Saboo B, Kalra S. RSSDI-ESI Consensus Group. RSSDI-ESI Clinical Practice Recommendations for the Management of Type 2 Diabetes Mellitus 2020. Indian J Endocrinol Metab. 2020 Jan-Feb;24(1):1-122. 6. Influenza. [Internet]. Available at: <https://www.mayoclinic.org/diseases-conditions/flu/symptoms-causes/syc-20351719> Accessed on: 11th Feb, 2021.



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MAT-IN-2200662 31.3.2022

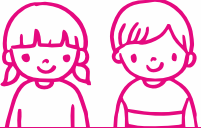



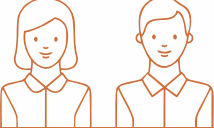

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## FAMILY VACCINATION RECORD



Name \_\_\_\_\_

FAMILY VACCINATION RECORD

CHILD 	MOTHER 	FATHER 	SR. CITIZENS 	ADULT WITH DIABETES 	ADULT WITH COPD / ASTHMA 
6 <sup>th</sup> month	2022	2022	2022	2022	2022
7 <sup>th</sup> month	2023	2023	2023	2023	2023
2 <sup>nd</sup> year	2024	2024	2024	2024	2024
3 <sup>rd</sup> year	2025	2025	2025	2025	2025
4 <sup>th</sup> year	2026	2026	2026	2026	2026
5 <sup>th</sup> year	2027	2027	2027	2027	2027
6 <sup>th</sup> year	2028	2028	2028	2028	2028
7 <sup>th</sup> year	2029	2029	2029	2029	2029
8 <sup>th</sup> year	2030	2030	2030	2030	2030

FAMILY VACCINATION RECORD