Family Health History Tree
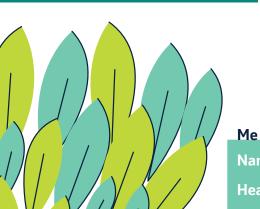
Me
Name:

Health condition:

Age it started:

Father
Name:

Health condition:

Age it started:

Mother
Name:

Health condition:

Age it started:

Grandfather
Name:

Health condition:

Age it started:

Grandmother
Name:

Health condition:

Age it started:

Grandfather
Name:

Health condition:

Age it started:

Grandmother
Name:

Health condition:

Age it started:

Great- grandfather
Name:

Health condition:

Age it started:

Great- grandmother
Name:

Health condition:

Age it started:

Great- grandfather
Name:

Health condition:

Age it started:

Great- grandmother
Name:

Health condition:

Age it started:

Great- grandfather
Name:

Health condition:

Age it started:

Great- grandmother
Name:

Health condition:

Age it started:

Great- grandfather
Name:

Health condition:

Age it started:

Great- grandmother
Name:

Health condition:

Age it started:

How to use your family health history tree:
Take these steps to start your family health history journey and learn more about your family's health.

1. **Fill out this form with help from family members.**

2. **Bring it to your next doctor's visit.**

3. **Talk to your doctor about your family's health and what it means for you.**

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