



# MYSORE DIOCESAN EDUCATIONAL SOCIETY® ST. JOSEPH'S COLLEGE OF EDUCATION

Established in 1971  
Jayalakshmpuram, Mysuru, Karnataka- 570012  
Accredited by NAAC | Affiliated to University of Mysore | Recognized by NCTE



## INTERNAL QUALITY ASSURANCE CELL

In connection with Golden Jubilee Year(2020-2021)

Organizes a two day National Webinar

On

# NAAC Assessment And Accreditation Process Of Teacher Education Institutions

## -Resource Persons-



**Dr. B.S. Ponmudiraj**  
Adviser, NAAC



**Prof. Amiya Kumar Rath**  
Adviser, NAAC

28<sup>th</sup> JULY 2020 → 2.30 P.M to 4.30 P.M ← 29<sup>th</sup> JULY 2020

No Registration fee

E-Certificate will be issued only to the attendees

### Who can Register:

Principals, IQAC coordinators, Teacher Educators, Librarians,  
Administrative Staffs of Teacher Education Institutions and Universities

**Registration Link: Please, click here.**

### Organizing Committee

#### Patron

Rev Fr. Vijay Kumar  
Secretary & Correspondent, MDES

#### Co-Patron

Rev. Fr. Nehru Muthu  
Administrator, MDES

#### Co-Patron

Mr. Seby Mavely  
CEO, St. Joseph's Colleges

### Join Us on Google Meet

#### CONTACT US

Mrs. Asha P. Pathrose :

9886117088

Mrs. Akshatha A.V :

9986787481

[sjcemdes@gmail.com](mailto:sjcemdes@gmail.com)

[www.stjcollegeofeducationmysuru.in](http://www.stjcollegeofeducationmysuru.in)

#### Convenor

Dr. Priya Mathew  
Principal

#### Organizing Secretary

Mrs. Asha P Pathrose  
IQAC Coordinator

## Press Report

### A Two Day National Webinar on NAAC Assessment and Accreditation for Teacher Education Institutions at St. Joseph's College of Education, Mysuru on 28<sup>th</sup> and 29<sup>th</sup> July 2020

Indian education system is known for its diverse mode of introducing programmes based on emerging trends and increased autonomy which leads towards a concern on quality education. NAAC is one such agency to keep track over quality. To understand the process of assessment of NAAC especially in the Teacher Education stream based on revised criteria, St.Joseph's College of Education, Mysuru has organised a Two Day National Webinar on NAAC Assessment and Accreditation for Teacher Education Institutions on 28th and 29th July 2020 from 2.30 to 4.30 pm.

Dr.Priya Mathew, Principal, St Joseph's College of Education, Mysuru delivered the welcome address and introduced the resource persons, Dr. Ponmudiraj and Prof. Amiya Kumar Rath, Advisors, NAAC. Mr.Seby Mavely, CEO of St.Joseph's Colleges under MDSE Rath, Advisors, NAAC. Mrs Asha P Pathrose, IQAC coordinator, Asst Professor, St.Joseph's College of Education, Mysore led the session on 28th July 2020 and Mrs. Nageswari P N gave the vote of thanks.

The Day-1 session gave a comprehensive outlook and complete explanation of the preliminary preparation and planning the steps from registration in the HEI portal, sending IIQA and filing of documents by keen observations on the bases of questions asked. The Day-2 session weaved over intricacies of qualitative and quantitative metrics allotted to each criteria followed by question answer sessions from 4.00 to 4.30 pm which was there on both the days. Over 230 participants including Principals, IQAC coordinators, Teacher Educators, Librarians, Administrative Staff of various Teacher Education Institutions and Universities were present.

Mrs.Anne Jaya Sheela, Asst.Prof.St.Joseph's College of Education welcomed the gathering of Day-2 sessions and Asst. Prof Shalom Sannutha led the session followed by a vote of thanks by Mrs Asha P Pathrose, IQAC coordinator, St.Joseph's College of Education, Mysore.



Estd. 1971

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## ST. JOSEPH'S COLLEGE OF EDUCATION

JAYALAKSHMIPURAM, MYSURU

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### Report of Webinar on Gender Sensitization and Social Justice

The webinar was conducted on 18th August 2020 from 9.30 am to 12.30 pm jointly organised by St. Joseph's College of Education, Mysuru and St. Thomas College of Teacher Education, Pala, under the IQAC and Women Cell.

Dr. Beenamma Mathew Principal, St. Thomas College of Teacher Education, Pala, rendered the welcome speech and introduced the resource persons and Dr. T C Thankachan, Associate Professor, St. Thomas College of Teacher Education, Pala and Mrs. Shalom Sannutha, Asst. Prof. St. Joseph's College of Education, Mysuru.

Dr. Priya Mathew, Principal, St. Joseph's College of Education, Mysuru, gave the felicitation address expressing to escalate such joint ventures.

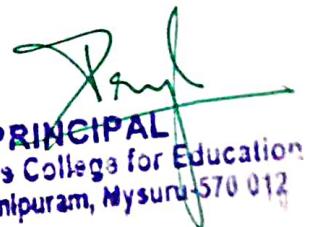
The first session was led by Mrs Shalom Sannutha emphasizing on Gender stereotyping and issues of women's rights and women's participation in the patriarchal scenario prevalent in the society. In association with the above, Dr. T C Thankachan stressed on Gender stereotyping in the modern context including an updated definition of Sensitization and social justice from being gender exploitative to gender transformative and towards access to accountability and their legal acts.

Mr. Sannath Solomon, student, St. Joseph's College of Education and Ms. Blessly Chackson, President Women's Cell, St. Thomas College of Teacher Education presented their posters in this regard.

Ms. Priyanka Joseph, Secretary, Women's Cell, St. Thomas College of Teacher Education delivered the vote of thanks.

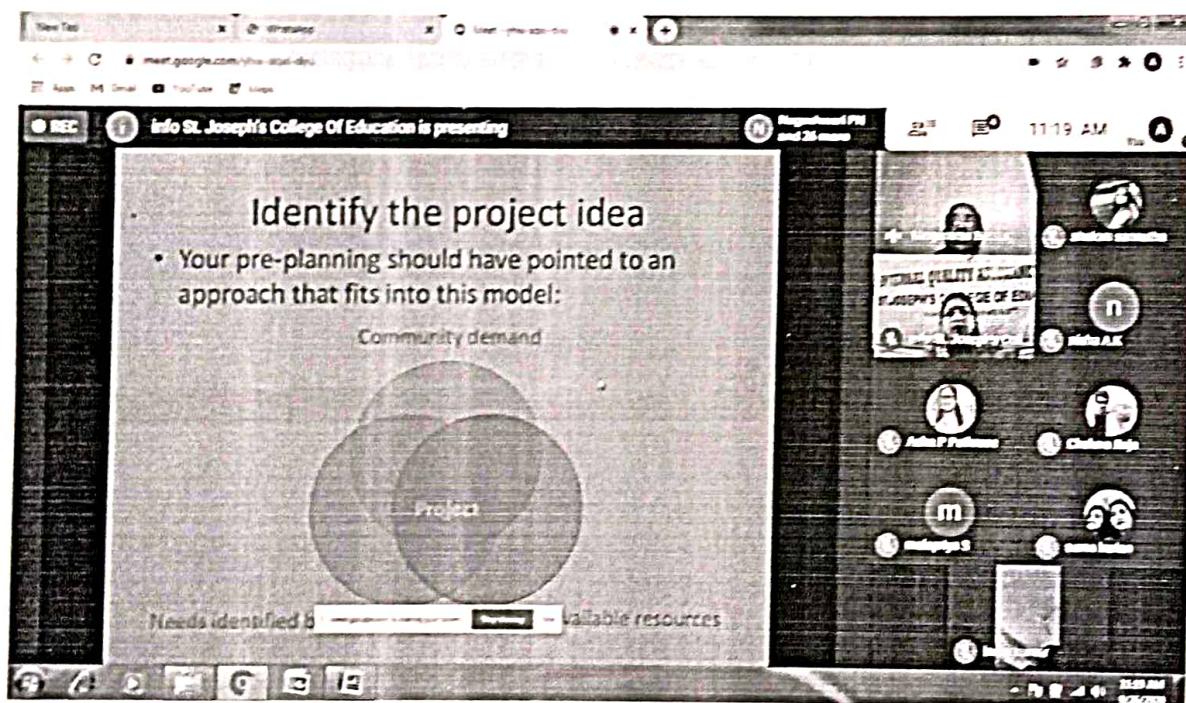
Around 130 participants along with dignitaries Mrs. Asha P. Pathrose, IQAC Co-ordinator of St. Joseph's College of Education, Mr. Seby Mavely, CEO, Training and Development, St. Joseph's College of Education, Mrs Anne Jaya Sheela, Coordinator, Women's Cell, St. Joseph's College of Education, Mysore, Dr. Lavina Dominic, IQAC Co-ordinator of St. Thomas College of Teacher Education, Dr. Sunu Austin, Coordinator, Women's Cell, St. Thomas College of Teacher Education were Present.



  
PRINCIPAL  
St. Joseph's College for Education  
Jayalakshmipuram, Mysuru - 570 012

# **Report on Workshop on Writing Research Project Proposal**

St. Joseph's College of Education, Mysuru, Karnataka, organized a Workshop on "Writing Research Project Proposal" for college faculty of St. Joseph's College of Education and St. Joseph's Degree colleges under MDES on 26th of September 2020. The workshop was started by invoking the blessings of God. Mrs.Anne Jayasheela welcomed the gathering and introduced the resource person of the workshop. Resource person of the workshop was Prof. Ningamma C. Betsur, Dean, Faculty of Education, University of Mysore, In this workshop she explained clearly about the steps involved in writing a research project proposal, methodology and requirements of funding agencies etc. She has cleared participants' doubts and also helped faculty in drafting research proposals. The workshop started at 11.am and came to an end at 1:30pm. At the end Mrs.Nageswari PN proposed a vote of thanks. Programme was led by Mrs.Shalom Sannutha. The workshop was attended by 40 members including the Principal and Teaching staff of St. Joseph's First Grade College, Jayalakshmpuram and St. Joseph's Women's College, Satagalli.



Prof. Ningamma C. Betsur, Dean, Faculty of Education, University of Mysore, addressing audience during Workshop on "Writing Research Project Proposal" on 26-09-2020



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**ST. JOSEPH'S COLLEGE OF EDUCATION**



**Jayalakshmipuram, Mysuru, Karnataka- 570012**

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&

**GOVERNMENT COLLEGE OF TEACHER  
EDUCATION,**

**Vasanth Mahal, Mysuru, Karnataka**

In collaboration with

**Mysore University B.Ed College Teachers' Association**

Jointly Organise

*A 6 day State Level Webinar on*

**"SCHOOL VISIT AND PRE-INTERNSHIP  
PROGRAMME"**

For

*Students of Two year B.Ed Programme*

**Date:** 5<sup>th</sup> November 2020

To

11<sup>th</sup> November 2020

**Time :** 10.30 am to 1.00 pm

**Join us through FREE CONFERENCE CALL platform**

**Kindly register using this LINK: CLICK ON THIS TO REGISTER.**

**Dr. Priya Mathew**

*Principal*

*St. Joseph's College of Education,  
Jayalakshmipuram, Mysuru.*

**Mrs. H N Geethamba**

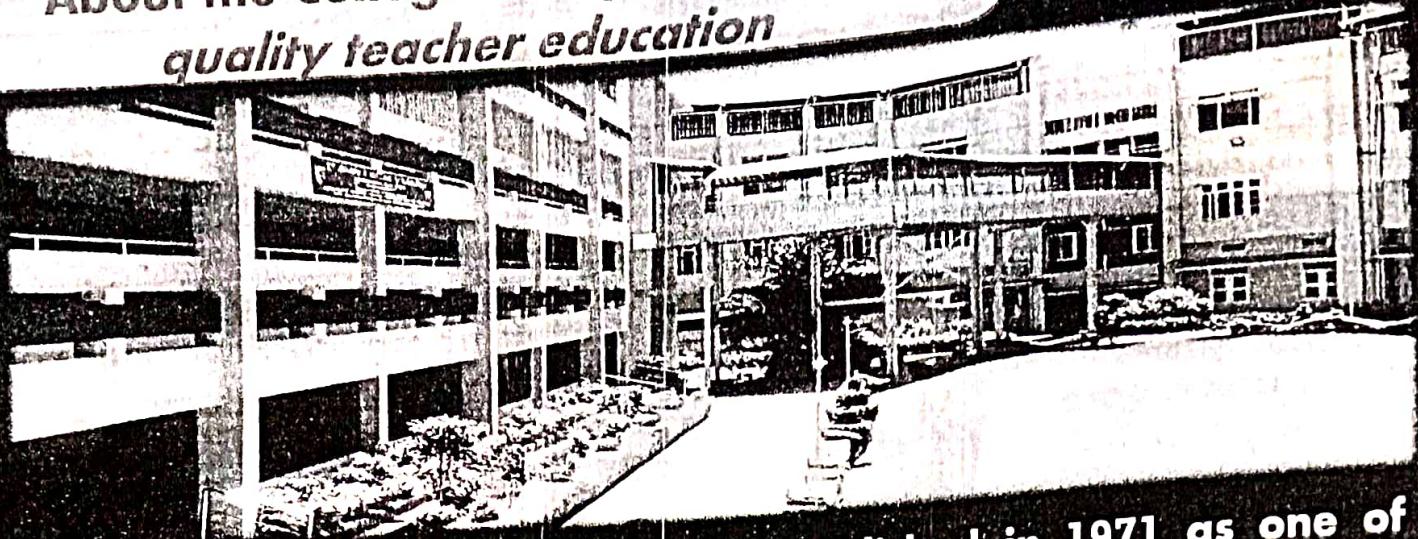
*Principal and Joint Director(Devlp)*

*Government College of Teacher*

*Education,*

*Vasanth Mahal, Mysuru*

## About the College - A synonym for quality teacher education



St. Joseph's College of Education was established in 1971 as one of the pioneer institution in the field of teacher education by the late Bishop of Mysore, the Most Rev. Dr. Mathias Fernandez. It is owned and managed by the Mysore Diocesan Education Society of Mysore with the prime objective of preparing efficient and committed teachers for our country. The college was established on the firm foundation of the motto of 'Love, Loyalty and Service' through Divine Illumination. The college strives to develop itself into a world-class centre of Teacher Education with a difference.

The college is affiliated to the University of Mysore and is recognized by UGC under section 2(f) and 12(B) of the act and also by NCTE. The college is accredited with B++ grade by NAAC in the year 2016. The college is a co-educational institution with the intake of 100 students offering English Kannada, History, Commerce, Physics, Mathematics, Biology and Chemistry subjects as methodology. The B.Ed. degree examination results have been quite impressive throughout. By the high standard it has set up, the college has earned a name for itself in the State of Karnataka and the country as a whole. The college, which has successfully completed 49 years of yeom service, has entered its Golden Jubilee year.

The teaching, extension service and consultancy provided in the college aim to generate a new work culture for improving the practices of education. The institution utilizes all the available resources for experimentation and innovation, which lend a hand in achieving and sustaining excellence in teacher education.

## About the GCTE

Government College of Teacher Education [GCTE] established in 1914 is located at Vasanthamahal, Mysuru, Karnataka, is one of the popular colleges in India. The College has been recognized by National Council for Teacher Education.

## About the Webinar

The two year B.Ed programme envisage to provide field experience to students about different types of educational institutions and the functionaries of the education system of our country like BEO, BRC and DIET. In this regard a webinar based on these visits, which is an integral part of pre-internship programme is organized for 6 Days, where student are made aware and briefed about the function of Government institution on virtual mode.

A six day state level webinar on "School Visit and Pre-internship Programme" is organised by St. Joseph's College of Education, Mysuru and Govt. College of Education, Mysuru in collaboration with Mysore B.Ed College Teachers' Association.

### Themes of the Webinar

1. **BEO Office Visit**
2. **BRD Center Visit**
3. **DIET Visit Report**
4. **Information about Government incentives**
5. **Lessons Observation Report of Head Master/Assistant Teacher**
6. **Residential School Visit Report**
7. **Observation Report on School Academic plan and School Development Plan**
8. **Observation Report on School Academic Register**
9. **Observation Report on SDMC/PTA**
10. **Special School Visit Report**
11. **Demonstration Lesson – Social Science**
12. **Demonstration Lesson - Mathematics**

### Details of Registration

1. **Only registered participants will be allowed to join the Webinar**
2. **To register kindly use this link:** [REGISTER HERE](#)
3. **E-Certificate will be provided to each participants who will attend the Webinar.**

# Details of the Webinar

5<sup>th</sup> November 2020, Thursday

Sponsor: St. Joseph's College of Education,  
Jayalakshmpuram, Mysuru

10.30 – 11.30 AM  
BEO Office Visit

By  
**Mr. Vivekananda M**  
*Lecturer*  
**GCTE, Mysuru**

Resource persons

12.00-1.00 PM  
BRG Center Visit

By  
**Mr. Nandhish B R**  
*BRG Center, Gundlupete Taluk*

6<sup>th</sup> November 2020, Friday

Sponsor: The Institute of Education Onkarmal Soman  
College of Education,  
Kuvempunagara, Mysuru

10.30 – 11.30 AM  
DIET Visit Report

By  
**Mr. Amith D R**  
*Senior Lecturer*  
**DIET, Mysuru**

Resource persons

12.00 – 1.00 PM  
Information about  
Government Incentives

By  
**Mr. Uday Kumar**  
*BEO, North Zone, Mysuru*

7<sup>th</sup> November 2020, Saturday

Sponsor: Sarada Vilas Teachers College,  
Krishnamurthipuram, Mysuru.

10.30 – 11.30 AM  
Lesson Observation Report of  
Head Master/Assistant Teacher

By  
**Mr. Basavaraju,**  
*Assistant Teacher,*  
**KPS Kuvempunagar Mysuru South**  
**Mr. Harsha,**  
*Assistant Teacher, GHS Hedathale,*  
*Nanjangud Taluk*

Resource persons

12.00 – 1.00 PM  
Residential School Visit  
Report

By  
**Mr. Hemakumar,**  
*Principal,*  
**Morarji Desai Residential School**  
**Sosale, TN Pura Taluk**

9<sup>th</sup> November 2020, Monday  
Sponsor: Vidya Vikas B.Ed College,  
Bannur Road, Mysuru

10.30 – 11.30 AM  
**Observation Report on School Academic Plan and School Development Plan**  
By  
**Mrs. Sangeetha**  
*Head Mistress,  
GHS, Hootagalli  
Mysuru Rural*

Resource persons

12.00 – 1.00 PM  
**Observation Report on School Academic Register**  
By  
**Mr. Anand**  
*Assistant Teacher,  
GHS, Chidaravalli T.N Pura Taluk*

10<sup>th</sup> November 2020, Tuesday  
Sponsor: Sri Kaginele College of Education,  
Adhichunchungiri Road, Mysuru

10.30 – 11.30 AM  
**Observation Report on SDMC/PTA**  
By  
**Mr. Prakash**  
*Head Master, GHS, Kolathuru,  
T.N Pura Taluk*

Resource persons

12.00 – 1.00 PM  
**Special School Visit Report**  
By  
**Mr. Harish**  
*NR Foundation Executive, Mysuru.*  
**Mrs. N Satyasheela**  
*Shri Rangarao Memorial School  
for Differently Abled  
KRS Road, Mysuru*

11<sup>th</sup> November 2020, Wednesday  
Sponsor: Sri Chayadevi College of Education,  
Rajendranagar, Mysuru.

10.30 – 11.30 AM  
**Demonstration Lesson – Social Science**  
By  
**Mr. Basavaraju**  
*Asst Teacher, KPS,  
Kuvempunagar, Mysuru*

Resource persons

12.00 – 1.00 PM  
**Demonstration Lesson – Mathematics**  
By  
**Mr. Harsha**  
*Asst Teacher, Hedathale,  
Nanjangud Taluk*

## ORGANIZING COMMITTEE

**Patron:** Rev. Fr. Vijay Kumar, Secretary & Correspondent, MDES'

### Conveners:

**Dr. Priya Mathew**

*Principal*

*St Joseph's College of Education,  
Jayalakshmpuram, Mysuru*

**Mrs. H N Geethamba**

*Principal and Joint Director (Devlp)  
Government College of Education,  
Vasantha Mahal, Mysuru*

**Dr. Rajagopal**

*Principal*

*Vidya Vikas B. Ed College  
Bannur Road, Mysuru*

### Co-conveners:

**Dr. Asha B N**

*Principal*

*The Institute of Education Onkarmal  
Somani College of Education,  
Kuvempunagar, Mysuru*

**Dr. K S Leela**

*Principal*

*Sarada Vilas Teachers College,  
Krishnamurthipuram, Mysuru.*

**Dr. Vishalakshi K K**

*Principal*

*Sri Kaginele College of Education  
Adhichunchungiri Road, Mysuru*

**Dr. Anthony Paul Raj**

*Principal*

*Sri Chayadevi College of Education  
Rajendranagar, Mysuru.*

### Co-ordinators:

**Mr. Purushotham**

*Reader, GCTE, Mysuru*

**Mrs. Anne Jaya Sheela**

*Asst. Professor, SJCE, Mysuru*

**Mrs. Nageswari P N**

*Asst. Professor, SJCE, Mysuru*

### Asst. Co-ordinators:

**Mrs. Asha P Pathrose**

*Asst. Professor, SJCE, Mysuru*

**Mrs. Shalom Sannutha**

*Asst. Professor, SJCE, Mysuru*

**Mr. Yogesha**

*Asst. Professor, SJCE, Mysuru*

**Mrs. Afza Fathima**

*Asst. Professor, SJCE, Mysuru*

**Dr. Chaluvarajaswamy K T**

*Asst. Professor, SJCE, Mysuru*

### Contact us:

**Mr. Swamy S**

861897032

**Mrs. Anne Jaya Sheela**

9480166820

**Mrs. Nageswari P N**

8105297660

**Dr. Chaluvarajaswamy**

8105053519

# **St. Joseph's College of Education, Jayalakshmpuram, Mysuru**

## **A Report on TECH SAVVY – 2020**

***A Peer Tutoring Programme on Video recording & Editing  
(For I Years)***

**From 18th November 2020 to 20th November 2020**

Under IQAC of the college, the 1<sup>st</sup> year students of B.Ed. organized the “TECH SAVVY” Programme. It was peer group tutoring on video recording and video editing.

With the support of the Principal, Priya Mathew and staff members of St. Joseph's college of education Mysuru, students got an opportunity to learn about this through Online.

‘TECH SAVVY’ was held for 3 days, from 18<sup>th</sup> November 2020 to 20<sup>th</sup> November 2020.

From the 1<sup>st</sup> year 6 volunteers took initiative to help other students to learn how to record and edit the video by using their mobile phone.

At first, Questionnaires which was prepared by 2<sup>nd</sup> years by using Google form circulated to the students and surveyed learners to know about their previous knowledge regarding recording and editing.

According to this the volunteers were divided learners into two groups- Tech savvy English, and Tech savvy Kannada.

Three volunteers took initiative in Tech savvy English group and other three volunteers in Tech savvy Kannada group.

From 18<sup>th</sup> November 2020 to 20<sup>th</sup> November 2020, link has been sent to the learners according to their groups at 2:00 pm.

On the **day one**, In Tech savvy English group Sr. Bincy Manuel, Mr. Alfred Vivek Joseph and Mrs. Divya. B. R

In Tech savvy Kannada group Ms. Rachel.C, Ms. Hemavathi.R., and Ms.Umashree. B.

- Taught the learners how to download the YouTube video for class.
- Taught how to record the video without anybody's help.
- Taught how to record the class using phone default application.

On the **day two**, all the six volunteers in their respective groups.

- Taught how to record the class using 'SCREEN RECORDER' application, which was told before to the learners to install this application.
- Clarifying the doubts about previous class and present class.

On the **day three**, all the six volunteers in their respective groups

- Taught how to edit the class video using 'KINEMASTER' application, with different editing options such as cropping, adding a new video, using ppt in the video, using text language, using different backgrounds.
- Taught how to add background music and
- Taught how to save the video.

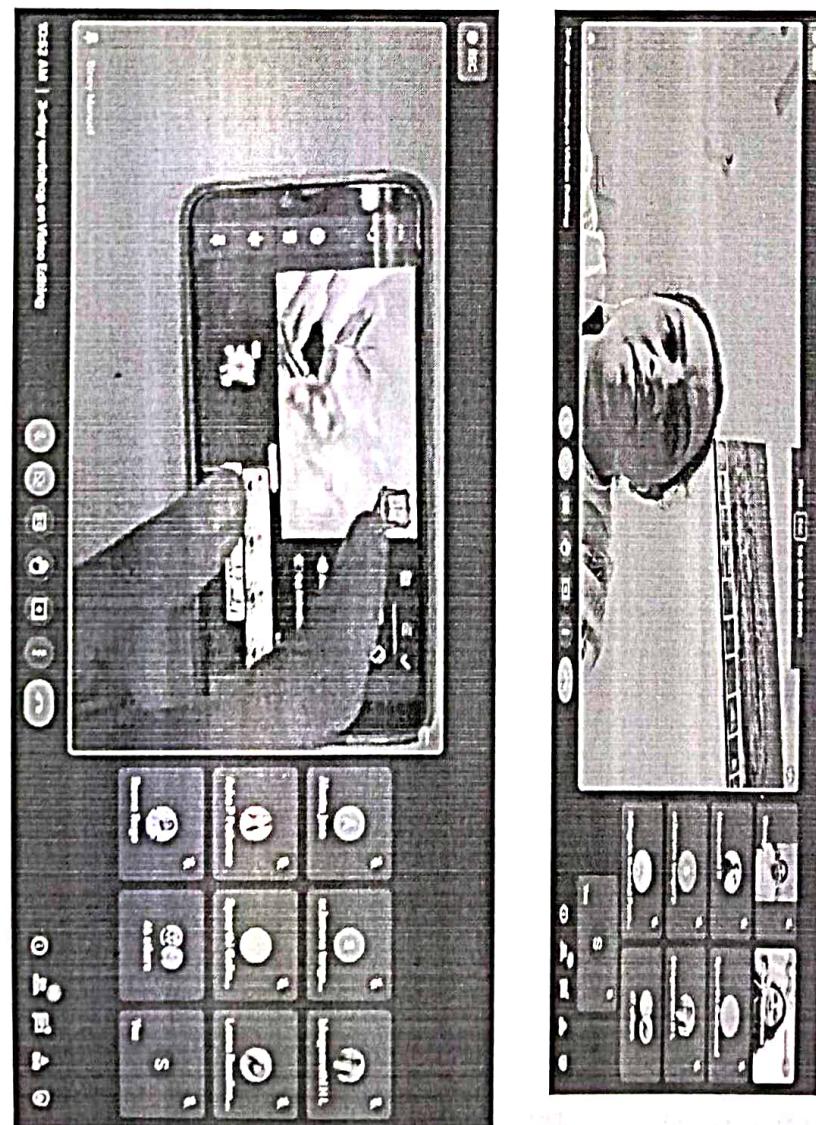
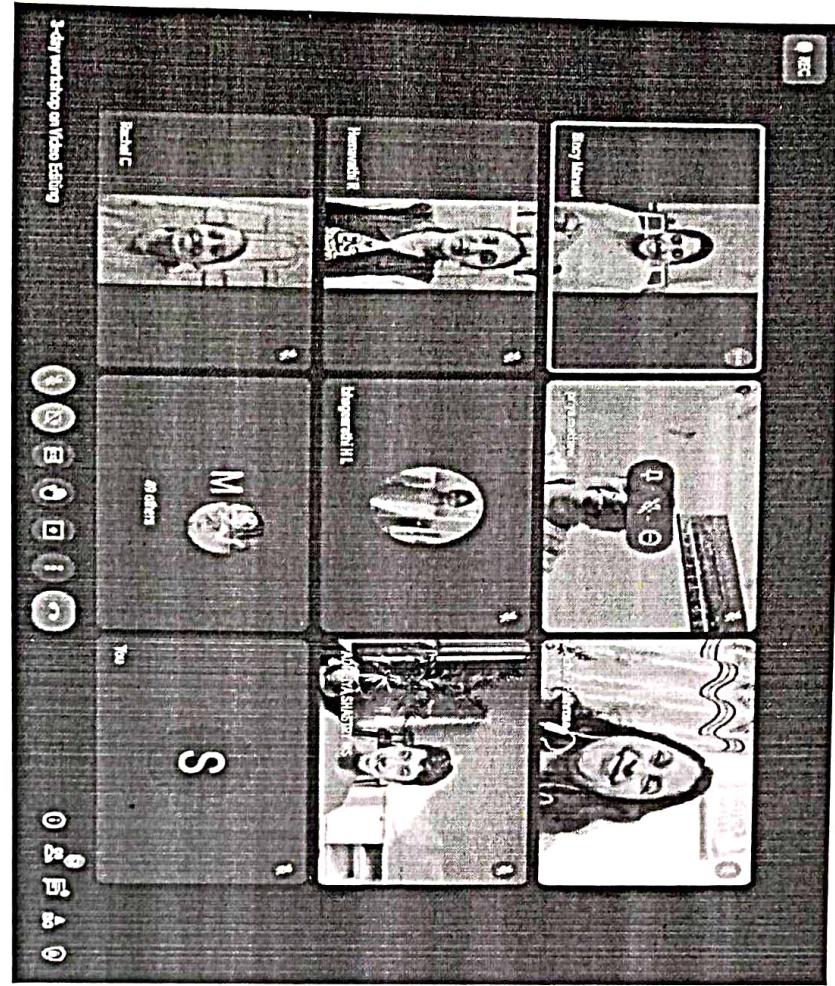
And that's the last day of our TECH SAVVY programme and we recap all the 3 days lessons and clarify all their doubts.

At last the principal Dr. Priya Mathew spoke a few words about TECH SAVVY programme and she advice and encourage the learners to utilize this programme for their future use.

After the programme, the certification of participation was issued for learners and certificate of appreciation for volunteers.

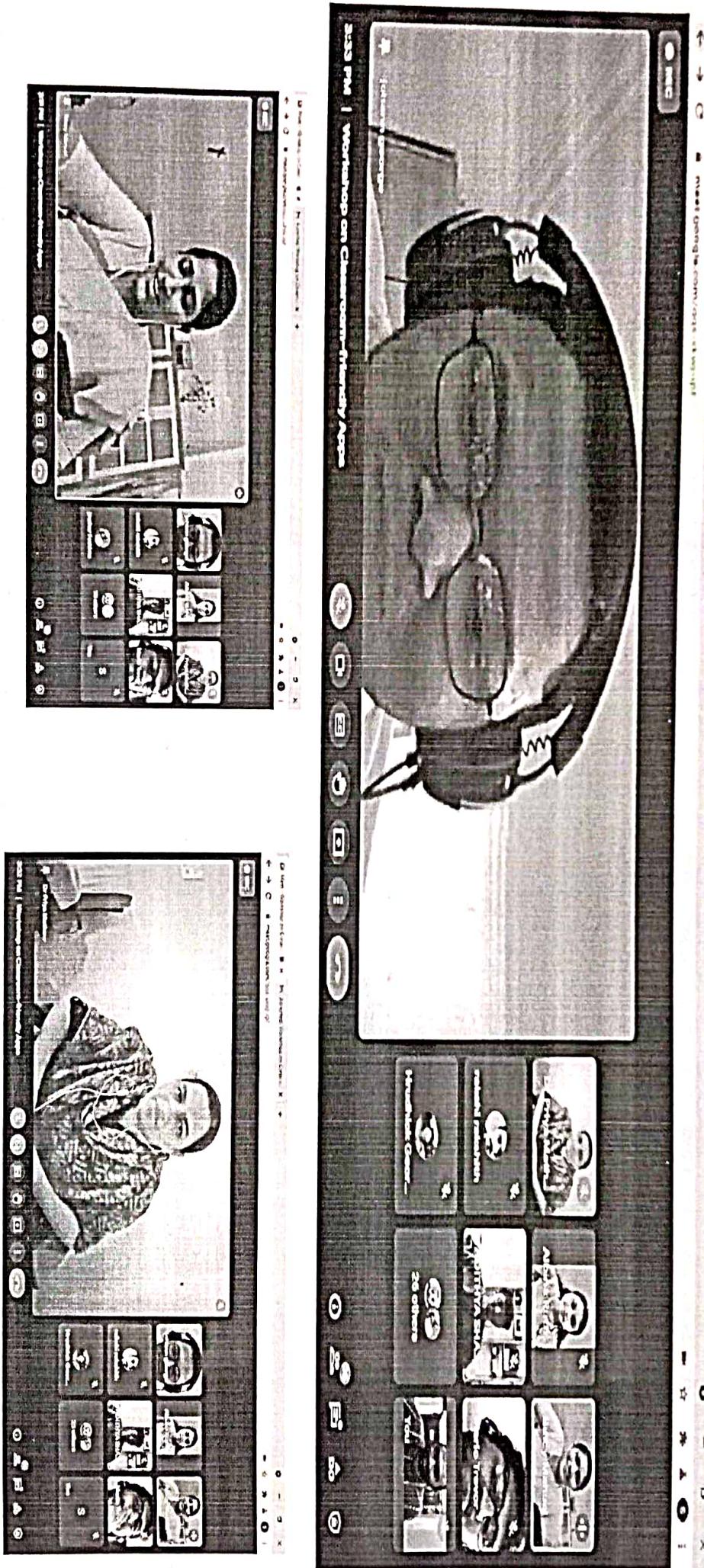
# A Three-Day Workshop on "Video Editing" by Students Council, SJCEM

15/06/2021 to 17/06/2021

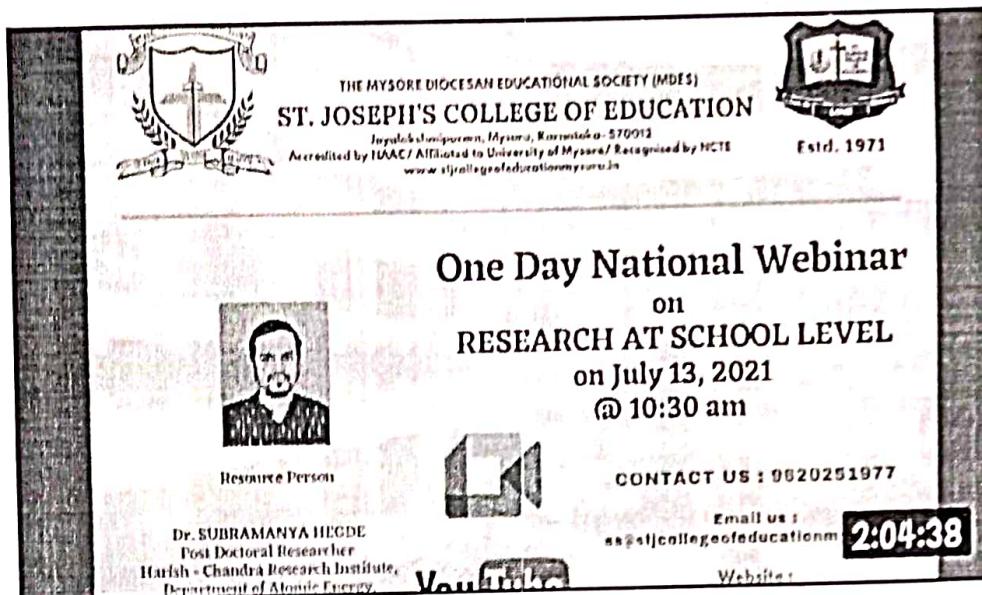


# One Day Workshop on "Classroom Friendly Apps"

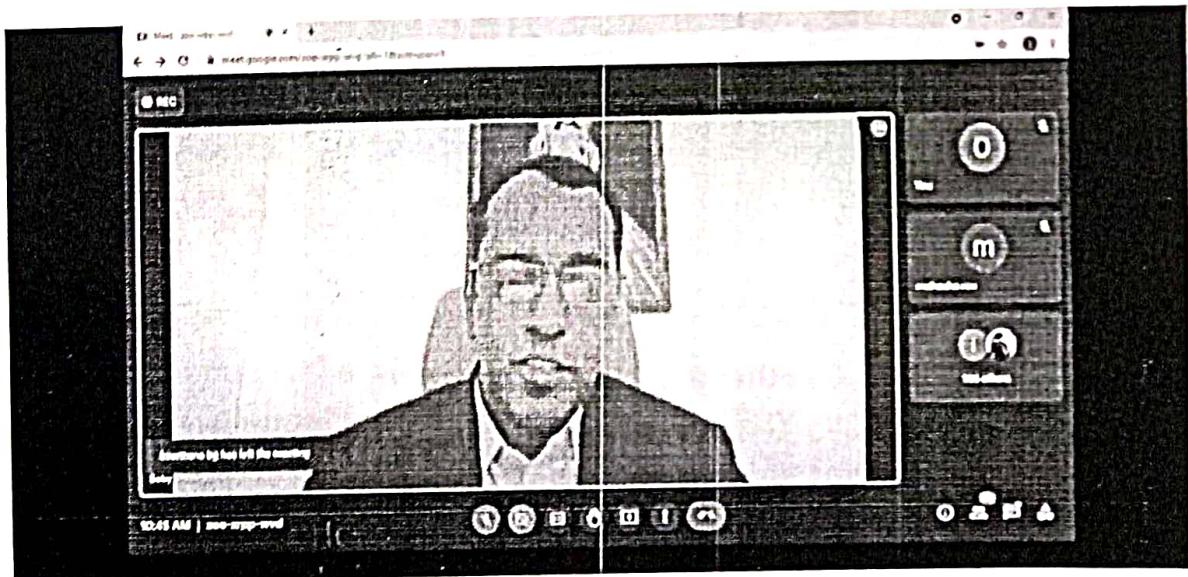
By Mr Johann from Singapore on 03-07-2021



Allahabad



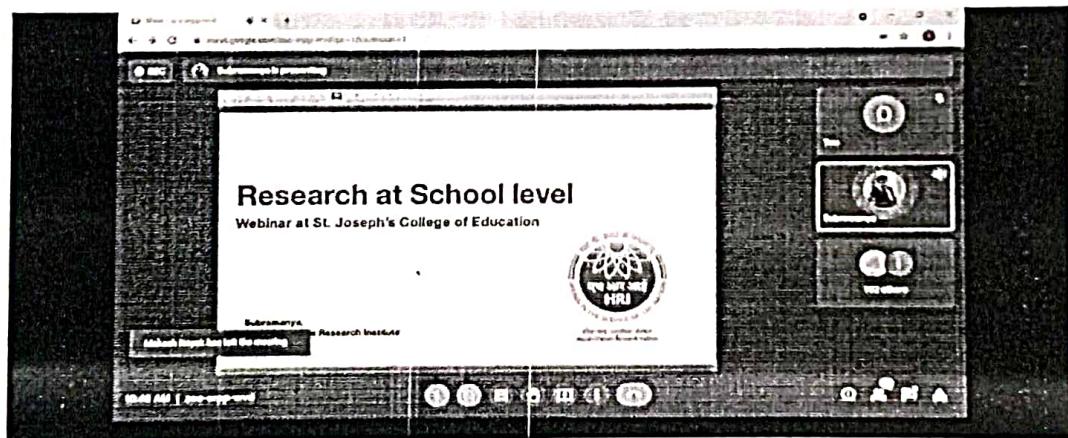
The webinar started at 10:30 am with a short prayer. The inaugural address was delivered by Mr. Seby Maveli, CEO of Training and Development, MDES.



Mrs. Shalom Sannutha, the coordinator of this webinar introduced the speaker to the virtual gathering.



The speaker started off with sharing his school experiences. Eventually he put forth certain questions so as why our country lags behind and has inadequacy in scientific research, and why India didn't receive any noble prizes in science after CV Raman.



Further, he answered these questions and gave a few suggestions of how scientific research can be made adequate.



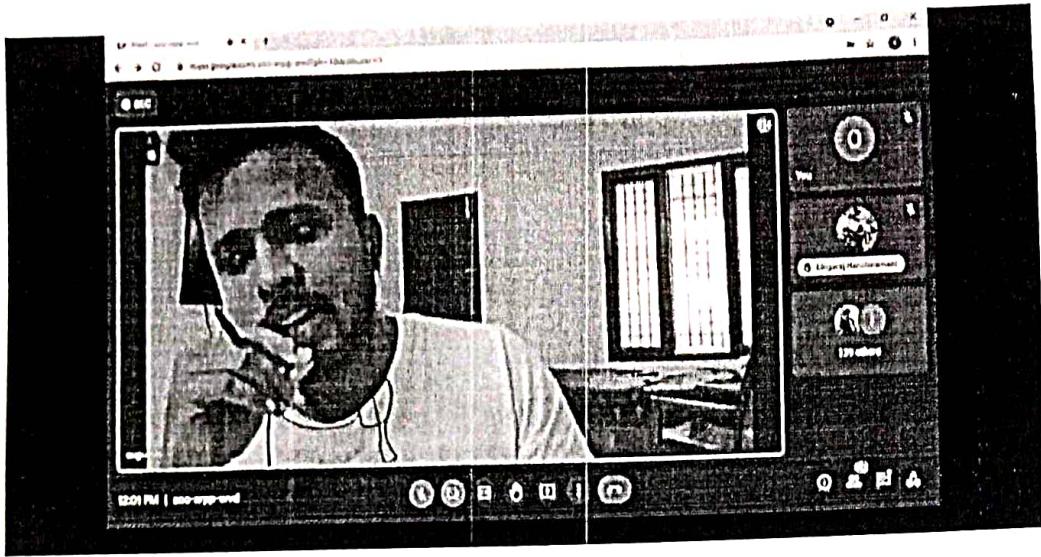
He quoted that students should be slowed to think curious and it is the duty of the teacher to create critical awareness at the school level. He emphasised the importance of libraries , books and laboratories.

He gave an idea of how students can be motivated , “The most fruitful way of motivating them to study science is by making them realise the ability if science to make this world a better place”

Also, “ Science relies on questioning and it all relies upon the friendly nature of the teacher, to encourage students to pose questions”

He made us aware about the role of a teacher in encouraging the scientific thinking in students.

He answered the question raised by the participants and had a very good interaction with the participants.



The session ended with a gratitude to the speaker as well as the organising committee.

The venture was successful, of course it was a wonderful learning experience and the need for the hour for all the emerging teacher fraternity.

Webinar  
Co-ordinator

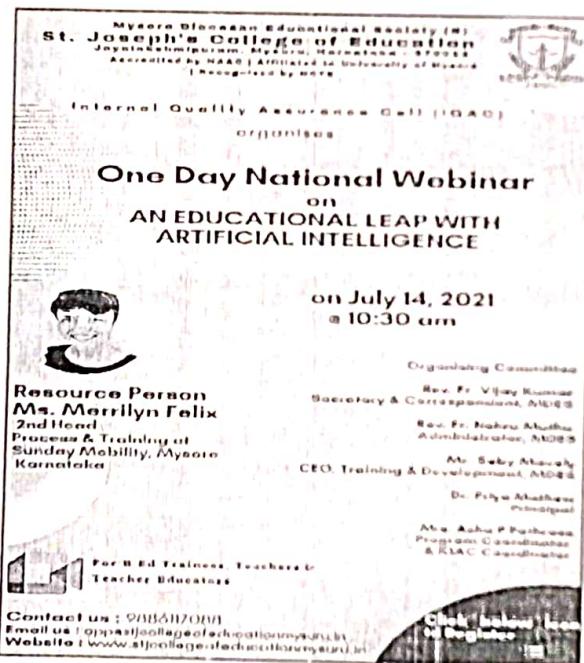
PRINCIPAL  
St. Joseph's College of Education  
Jayabakshnipuram, Mysuru-570 012



A Report on One Day National Webinar  
**AN EDUCATIONAL LEAP WITH ARTIFICIAL  
INTELLIGENCE**

Organised by IQAC, St. Joseph's College of Education  
On Wednesday, 14<sup>th</sup> July 2021

*"Artificial Intelligence is not about building a mind, it's about the improvement of tools to solve problems."*



The One-Day National Webinar organised by Internal Quality Assurance Cell (IQAC), St. Joseph's College of Education, Jayalakshmpuram, Mysore, on the topic – *AN EDUCATIONAL LEAP WITH ARTIFICIAL INTELLIGENCE*– started off at 10.30 am by invoking the presence of God. Mrs. Asha P Pathrose, IQAC Co-ordinator and Program Co-ordinator, welcomed the virtual gathering

and introduced the Resource Person, Ms. Merrilyn Felix, Head of Process and Training at Sunday Mobility, Project Manager at Neeli Tech, to the gathering.



With much respect, Mr.Seby Mavely, CEO, Training and Development, MDES, delivered the inaugural address by setting a positive tone for the success of the webinar. He pointed out the effective and productive approach of artificial intelligence in education, where it enables each one of us to think out of the box. He also mentioned about the small steps taken by the institution to explore more interesting pedagogical pathways for the educational excellence.

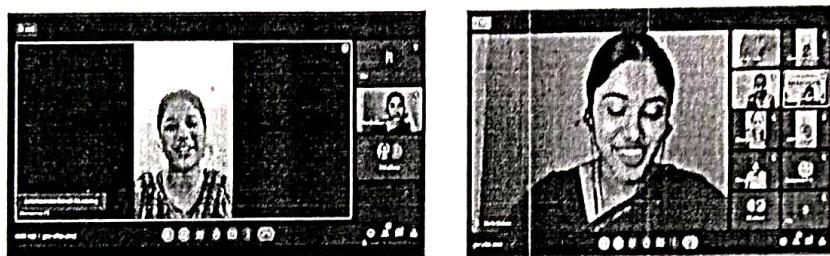
The main talk marked its beginning at 10.47 am. The resource person, Ms. Merrilyn Felix, began the talk by appreciating the organisers of the webinar. The session centred on the implementation of Artificial Intelligence in Education, by analysing in various dimensions by asking and discussing about AI, NOW, WHAT?, WHY?, WHY NOT? And HOW? Thus, emphasized on the areas of study in vision, audio, natural learning or language, algorithm, and hardware, which helps in aiding students with learning resources to execute for self-correction learning experience wherein it stands out from the traditional classroom. Even the role of the teachers is elevated into the role of facilitator in the future classroom setup.

The session was very much informative as it helped the participants to think and analyse in an innovative way to improve the teaching-learning process.

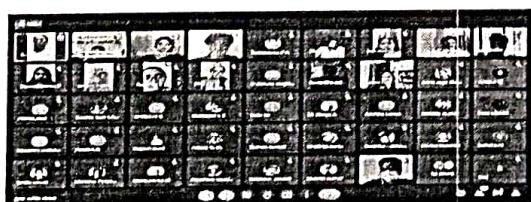
The main talk was followed by an interactive session, where the participants were given a platform to raise their comments and questions. Prof. Bindhu raised her comment by appreciating She also put forwarded the concept of trial-and-error method of Artificial Intelligence to understand the effectiveness and then widening the horizon for the betterment of education. She concluded the session by extending the understanding on why AI is important, the challenges and what are the steps to be taken with the conditions applied.

the resource person and expressed her opinion about the intervention of AI may or may not destroy the human emotions and intelligence. Since, humans have a background of animal origin.

The webinar came to an end as Miss. Dechamma, proposed the Vote of Thanks. The Webinar was wound up at 12.00 noon. Miss. Merlin T Mathew was the emcee for the webinar.



Around 150 delegates attended the webinar.



The overall feedback of the session reflects satisfaction by the participants.

The webinar was hosted on Google Meet platform and was telecast live on YouTube channel of the college. The recorded webinar is available on YouTube channel of the college. The link as follows: <https://youtu.be/MMydwnzfHYo>

Dr. Asha P Pathrose  
IQAC- Coordinator

Dr. Priya Mathew

Principal

PRIYADEVI

St. Joseph's College for Education  
Jayalakshmiapuram, Mysuru-570 012

PRINCIPAL  
St. Joseph's College of Education

Jayalakshmiapuram, Mysuru-570 012

# St. Joseph's College of Education, Mysuru

## A Detailed Report on Teacher Enhancement Webinar For School Teachers of MDES 16<sup>th</sup> July to 26<sup>th</sup> July 2021

Teaching is a complex task and teachers should update their competencies and skill on a continual basis. Only a burning candle can light other. With these objectives IQAC of St Joseph's College of Education, in its Golden Jubilee year took the initiative to organize A Six Day Webinar for teachers working in rural schools under MDES. Mr. Seby Mavely, CEO, Training and Development the Programme Coordinator delivered the welcome address and briefed upon the significance of providing a common platform for the integration of educators from all schools of MDES through this webinar marking the Golden Jubilee year celebrations of the college.

"Life is uncertain and full of challenges. Let us equip ourselves technologically and accept the challenges" was the message by Msgr. Leslie Moras, Episcopal Vicar for Education and Medical Ministries, Diocese of Mysore MDES, to all the participants while rendering the inaugural address. He applauded the MDES and SJCE for taking up the initiative in organizing this webinar series.

Most. Rev Dr. K.A william, Bishop of Mysore and President of MDES Presided over the function.

Dr. Priya Mathew, Principal St. Joseph's College of Education, Mysuru, convener of this program proposed. Vote of Thanks



- Special emphasis on teacher as a classroom researcher
- Action Research in classroom

**Day 4: 23-07-2021, Time: 2.00- 4.00 pm For Language teachers**

**Teaching Language- Innovative Practices by Dr. Sudhakar James & Mrs. Nageswari P. N**

**Session -1**



- Ways and means to develop interest in the subject of English among pupil
- How to teach English using General objective and Specific objective
- Adopting a new methodology using English teach methods – 5 Es.

**Engage / Explore/ Expand / Explain / Evaluation**

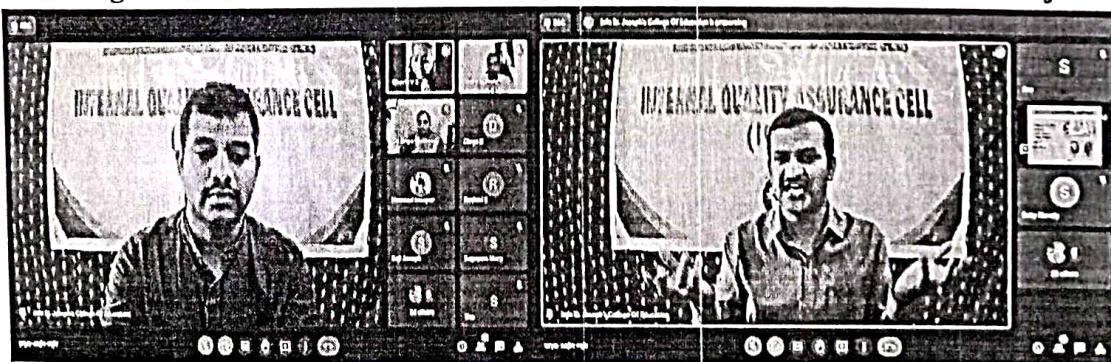
- 1 Prose and Poetry examples and illustrations for the subject English are to be applied to the context.
- Evaluation – MCQ 5 could be asked.

**Session 2**

- Language learning-Teacher role
- Innovative practices in language teaching- 5E lesson plan, short film, panel discussion, Multimedia, Digital etc...
- Teaching aids-story board, concept map, word map etc.
- Evaluation techniques-worksheets, quiz, oral, observation etc.
- Value teaching through language.

**Day 5: 23-07-2021, Time: 2.00- 4.00 For Social Science teachers**

**Teaching Social Science – New Trends By Mr. Yugesha K.A & Dr. Chaluvarajaswamy**





Gone are those days of stereotyped classrooms and rote learning methods of learning. Student teacher interactions today are just a set of guidelines given from a more learnt to a less learnt individual.

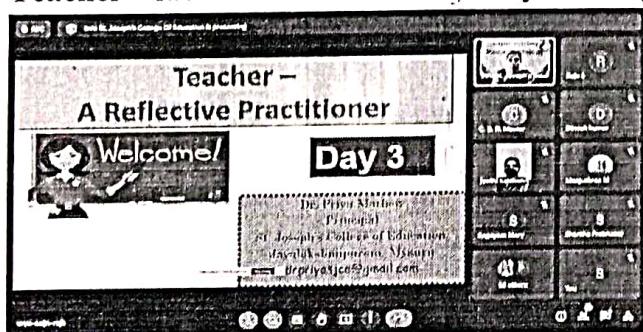
Student engagement in learning and understanding of materials is given more emphasis in today's education over spoon-feeding the facts thus, Innovative teaching methods in science can substitute traditional teaching techniques and encourage learners to research, explore, and use all the tools to uncover something new to achieve the goal.

Some ways of innovative problem solving is just to infuse science and mathematics in the contextual and visual approaches which includes

- Describing Variables in Science with reference to Algebra and Geometry of Mathematics
- Generating Formulae in Science and Mathematics by using learners' simple logic and own metric systems.
- Science and Mathematics in Games and Toys
- Role of Cognitive maps for teaching, learning and evaluation.

**Day 3: 20-07-2021, Time: 2.00- 3.30 pm For all teachers**

**Teacher – A Reflective Practitioner by Dr. Priya Mathew**



- Introduction about the characteristics of present generation students - Digital natives Vs Digital Immigrants
- Reflective teaching - Meaning and Model
- Reflective teaching is a process whereby teachers reflect on their teaching practices in order to examine the overall effectiveness of their instructive approaches. Improvement or change in teaching methods may be required, depending on the outcome of this analytical process, which is based on critical reflection.
- Ways to become a Reflective Teacher

- Ways to increase interest in the subject of social science among students
- How to teach Social Science using Technology
- Adopting a new methodology using Social Science teaching methods
- Some examples and illustrations of the subject from Social Science are to be applied to the context

**Day 6: 27-07-2021, Time: 2.00- 3.30 For all teachers**

**Awareness on POCSO Act & Issues of Adolescent Students by Mrs. Asha P. Pathrose**



#### **session1 - POCSO ACT**

- Definition of Child
- Provision in Act
- Creating Awareness among children and Teachers

#### **Session 2-A Glimpse into the Teenage World:**

- Stress
- Bullying
- Depression
- Cyber Addiction
- Drinking and Smoking
- Teen Pregnancy
- Underage Sex
- Defiant Behaviors
- Peer-Pressure and Competition
- Role of Teachers in Solving adolescence problem

**Valedictory: 27-07-2021, Time: 3.30 pm to 4.00 pm**

**Day 6(27.07.21): Valedictory Function of one week webinar on “Teacher Enhancement” followed by achievement test and distribution of e-certificates.**

Mrs. Anne Jaya Sheela, Asst. Prof of St. Joseph's College of Education took over the session of the valedictory. She thanked the Almighty God for his blessings for smooth run of the six days sessions and

welcomed Rev. Dr. K A William, Bishop of Mysuru and the President of MDES, Rev. Fr. Vijay Kumar, Secretary and Correspondent, MDES, Rev. Fr. Avinash H N, Administrator, MDES. She further asked few participants to share their experience and feedback of the six days of webinar Ms. Sagaya Usha, teacher of Christaraja School, Hannur, shared her experience and feedback of the sessions. Rev. Fr. Madalai Muthu, Correspondent, St. Anns Institutions, Virajpet, thanked the management and the organizers with the beautiful quotes, and congratulated the teachers of St. Joseph's College of Education for sharing their ideas and thoughts to all the teachers of MDES.

Mr. Malla Radhya, teacher of St. Philomena's High School, Mysuru, shared his experience and gave his valuable feedback and thanked everyone who was the part of this webinar. Rev. Fr. Vijay Kumar, Secretary and Correspondent, delivered the valedictory address. He started with a quote saying, Technology cannot replace a Teacher, but they are all aids and materials. He congratulated and thanked all the staffs for their support and guidance to organise and makes this webinar a successful one. He also said that there are many upcoming sessions for teachers in the same way.

Mr. Seby Mavely, CEO and Training wing, MDES, who was the main Program Coordinator of the webinar rendered the Vote of Thanks. He greeted everyone present in the session and expressed his deep sense of satisfaction and gratitude to all, who were the part of mega program. He thanked each and every person for the success of the 6 days of program.

The session was concluded by Mrs. Anne Jaya Sheela, Asst Prof, St. Joseph's College of Education, who thanked everyone who were the part of the session and asked the teachers to fill the feedback form which has been sent to the mail address and also to fill another important aspects, that is to enter whether the teacher is an alumni of the college and the year, so that the management is working on to organise alumni meet, in the celebration of 50th Golden Jubilee. Finally she quoted a beautiful line, "Some flowers grow best in the Sun and some grow well in the shade, remember, God puts us where we can grow the best." So let us update ourselves and compete ourselves and give our best.

Dr. Asha P Pathrose  
IQAC Coordinator

Dr. Priya Mathew  
Principal

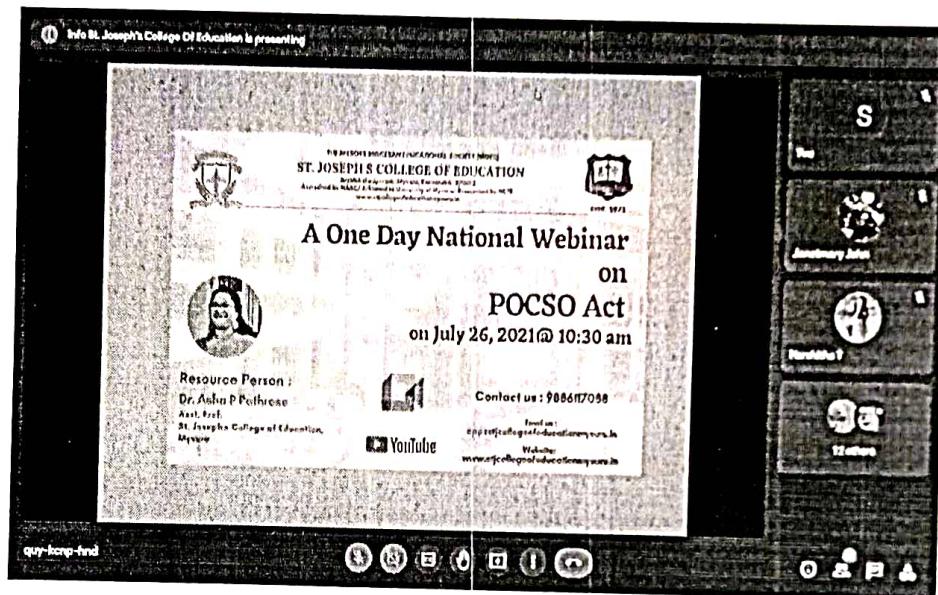
# A Report on “A one day National Webinar on POCSO Act”

Organized by IQAC

St. Joseph's College of Education,

Jayalakshmipuram, Mysore.

On July 26, 2021@ 10.30 am



**“You don't need a new day to start over; you only need a new mindset”**

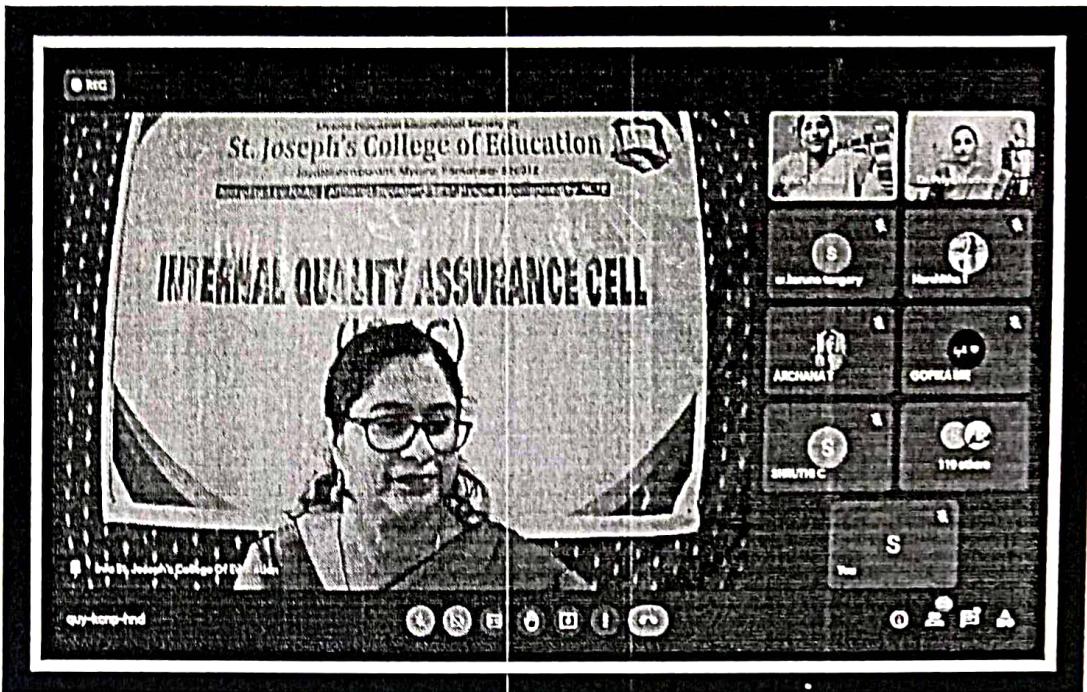
St. Joseph's College of Education, Mysore, could proudly organize various National and international webinars and workshop during this time of pandemic. When the whole world was locked in, we made it as an opportunity to find new Keys to unlock it through various awareness programs.

It was a need of the time to have a National Webinar on the topic **“The Protection of Children from Sexual Offences**; to create awareness among teacher educators, teachers and student teachers about the Act, Provision under the act, punishments and helping children who were victims. IQAC of SJCE grabbed the opportunity to conduct it during this time of pandemic through a virtual mode.

- Sr. Bincy Manuel of II B. Ed got the privilege to anchor the entire session.
- The session commenced with a prayer innovatively prepared by Ms. Qudzia Fathima Of II year B. Ed.



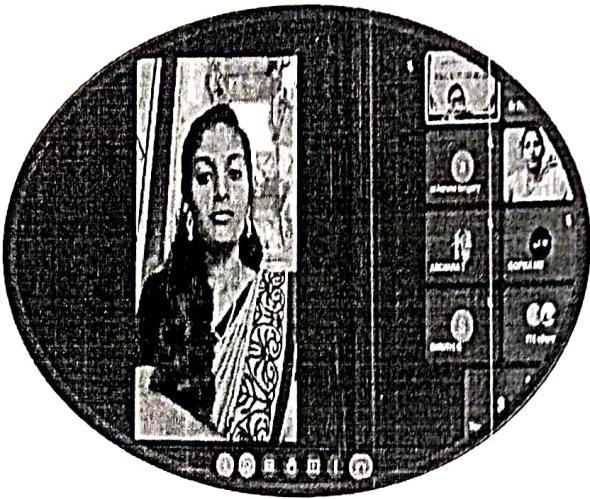
- Ms. Harshitha, an enthusiastic Teacher Trainee welcomed the Virtual Gathering and introduced the resources person- Dr. Asha P Pathrose, Assistant Professor and IQAC coordinator of SJCE



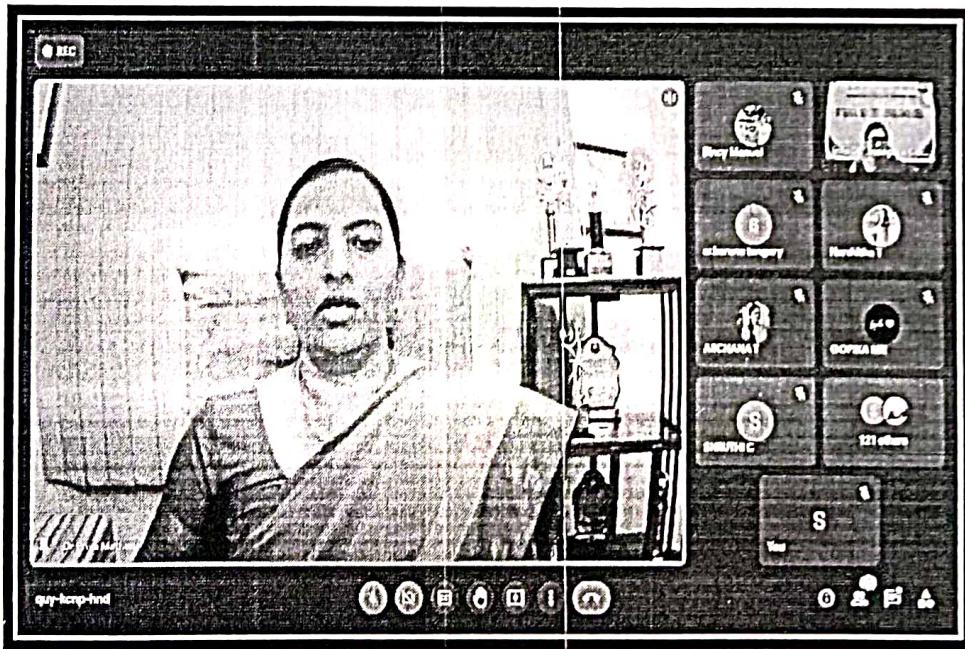
She began her session by thanking all those who encouraged her to lead this webinar. She said that she is not an expert in this field but because teachers are the torch bears of the society we need to create awareness and address to the various social issues of the society.

At the very outset she presented a video to bring awareness about what can happen to a girl even within the four walls of her home.

**She explained in detail about the POCSO ACT**



➤ Dr. Priya Mathew, Principal, St. Joseph's College of Education, Jayalakshmipuram, Mysore -who is always been our back born and motivation for novelty and commitment. delivered the inaugural address



**"Every child is innocent, save them from fear. It is our responsibility too."**  
With much esteem the resource person Dr. Asha P Pathrose was invited to commence the session.



Dr. Priya Mathew, Principal, St. Joseph's College of Education, Jayalakshmipuram, Mysore -who is always been our back born and motivation for novelty and commitment. delivered the inaugural address

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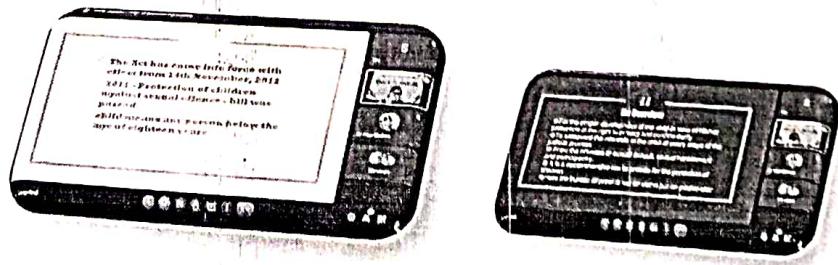
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*She explained in detail about the POCSO ACT*

The Act itself and the need of this Act

- ❖ Various Sexual offences against children
- ❖ Punishment as per the ACT
- ❖ Amendment of the ACT
- ❖ Procedure of reporting
- ❖ How to Assess the children and Various effects of child sexual abuse
- ❖ How to respond to these children and help them through Counseling,
- ❖ How to equip children to defend from Abuse



Mysore Diocesan Educational Society (R)



# ST. JOSEPH'S COLLEGE OF EDUCATION

Jayalakshmipuram, Mysuru, Karnataka - 570012

Accredited by NAAC | Affiliated to University of Mysore | Recognised by NCTE

Internal Quality Assurance Cell (IQAC)  
organizes

## A One Day National Webinar on

# Women Health: Issues & Precautions

### Organising Committee

Rev. Fr. Vijay Kumar  
Secretary & Correspondent, MDES

Rev. Fr. Avinash H N  
Administrator, MDES

Mr. Seby Mavely  
EO, Training & Development, MDES

Dr. Priya Mathew  
Principal

Dr. Asha P Pathrose  
QAC Coordinator

Mrs. Nageshwari P N  
Program Coordinator

On  
July 28, 2021  
@ 10.30 am



### Resource Person

Dr. Nanda K. C  
Assistant Professor  
Dept. of Prasooti Tantra  
and Stree Rogi  
JSS Ayurveda Medical College  
and Hospital, Mysuru

Contact us : 8105297660

Email us : npn@stjcollegeofeducationmysuru.in

Website : [www.stjcollegeofeducationmysuru.in](http://www.stjcollegeofeducationmysuru.in)



For B.Ed Trainees,  
Teachers & Teacher  
Educators



Click below icon  
to Register



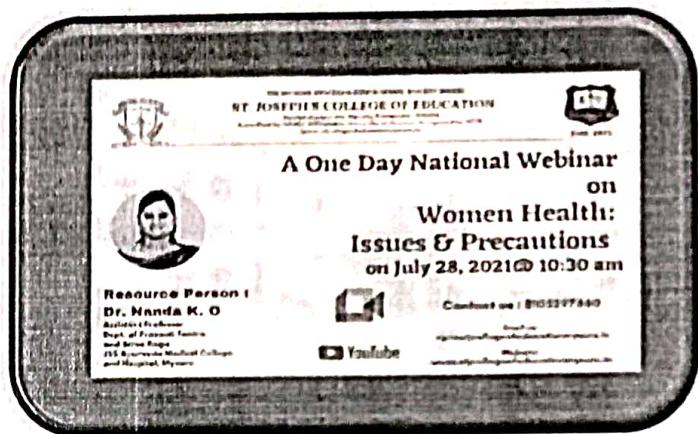
## NATIONAL WEBINAR – 2021

### A Report

#### Women Health : Issues and Precautions

**"If you check the health of a woman, you check the health of society" - Rebecca Milner**

Pandemic has taught us many things and one among them is global digitalization. The IQAC team of **St. Joseph's College of Education** had organized a national webinar on Women Health: Issues & Precautions on 28<sup>th</sup> July, 2021.



The webinar was started with an Invocation prayer by Sr.Reena and the student council.

The MC was beautifully done by Ms. Shalom Sannutha, Assistant Professor, SJCE.





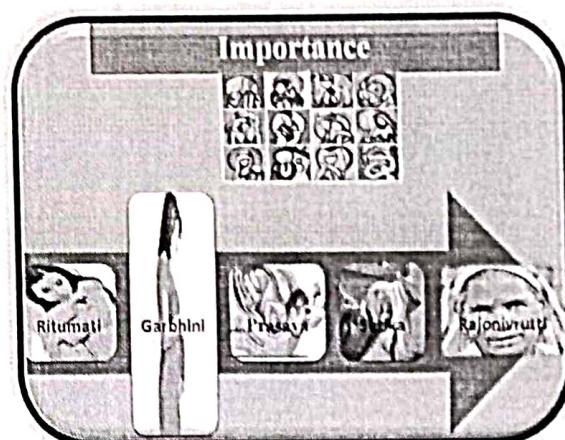
The welcome address and introduce the resource person was done by Mrs. Nageshwari P.N, Coordinator, Assistant Professor, SJCE.

Mr Seby Mavely (CEO, Training & Development, MDES) inaugurated the webinar.



The resource person Dr. Nanda K.O who is an Assistant Professor at Department of Prasooti Tantra & StreeRoga, JSS Ayurveda Medical College & Hospital, Mysuru.

She has well explained about the health issues women are facing in this modern era due to the hazy lifestyle. She went through the issues that a woman faces during different stages of her life from adolescence to adulthood.

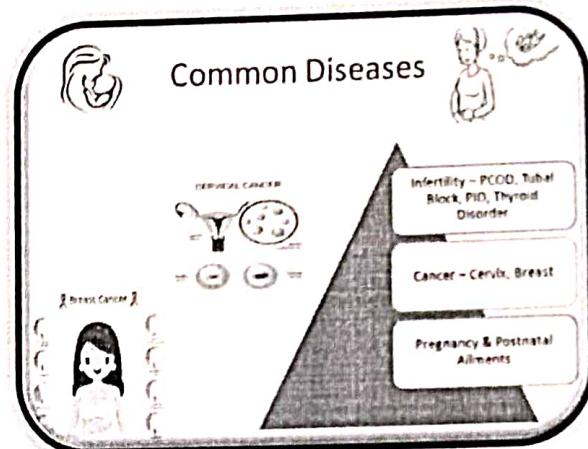


### Major Concern

-  Under Nutrition / Malnutrition
-  Menstrual Irregularities
-  Preconception Care ; ANC & PNC,  
Family Planning
-  Perimenopausal & Menopausal

She discussed on the major concerns (infertility, cancer, pregnancy & postnatal ailments).

She discussed on the common diseases (infertility, cancer, pregnancy & postnatal ailments).



There were many participants from different places of the country who have enthusiastically participated in the webinar and made it a great success.

The session was very informative, interactive and useful. Mrs. Binumol C.B proposed the vote of thanks.



**PRINCIPAL**  
St. Joseph's College of Education  
Jayalakshmpuram, Mysuru-570 012

# Report



THE MYSORE DIOCESAN EDUCATIONAL SOCIETY (MDES)  
ST. JOSEPH'S COLLEGE OF EDUCATION  
Jayalakshmipuram, Mysuru, Karnataka - 570012  
Accredited by NAAC/ Affiliated to University of Mysore/ Recognised by NCTE  
[www.stjcollegeofeducationmysuru.in](http://www.stjcollegeofeducationmysuru.in)



**Resource Person :**

**Dr. Devaki k.k**

HOD, PG Dept of Commerce  
MMK SDM college  
Mysore

A One Day National Webinar

on

**"Believe in yourself you can do wonders"**



on July 29, 2021 @ 10:30 am

Contact us : 9900884373

Email us :  
[ykaestjcollegeofeducationmysuru.in](mailto:ykaestjcollegeofeducationmysuru.in)

Website:  
[www.stjcollegeofeducationmysuru.in](http://www.stjcollegeofeducationmysuru.in)



**Believe in yourself, listen to  
your gut, and do what you  
love.**

Dylan Lauren

**BELIEVE IN YOURSELF!  
HAVE FAITH IN YOUR ABILITIES!  
WITHOUT A HUMBLE BUT REASONABLE  
CONFIDENCE IN YOUR OWN POWERS  
YOU CANNOT BE SUCCESSFUL OR  
HAPPY.**

**ENCOURAGE  
YOURSELF,  
BELIEVE IN  
YOURSELF AND  
LOVE YOURSELF.  
NEVER DOUBT  
WHO YOU ARE.**

Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine

- Roy T. Bennett

Believe in yourself and your feelings. Trust yourself to do what your heart is guiding you to do. Your intuition is powerful. Trust it.

Sometimes the difference in whether we succeed or whether we don't comes down to one simple thing – believing in our self. Have we ever thought about how much believing in our self makes a difference in our quality of life?

So to know about the impact of self esteem in one's life, we at St. Joseph's college of education organized a "motivational talk about Believe in yourself you can wonders" on 29<sup>th</sup> of July, where all the staff and students gathered on an online platform.

All the students were invited via WhatsApp group. They were informed about the timings of the program and cordially invited through WhatsApp group.

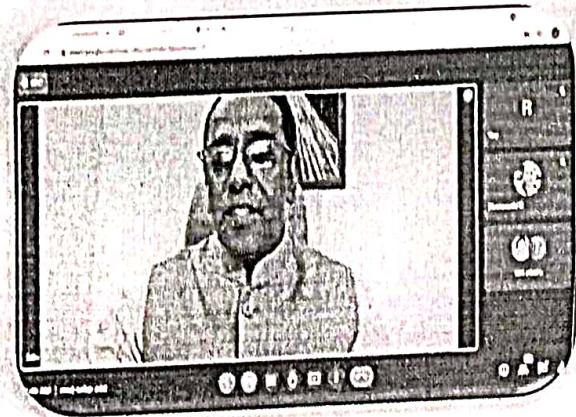
Ms. Hemavathi R started the program at 10:30 am with a beautiful quote about believe in yourself and gave few housekeeping notes.





Ms. Caroline Charles invoke the almighty and began the session and Mr. Mario Trevor present the invocation on screen.

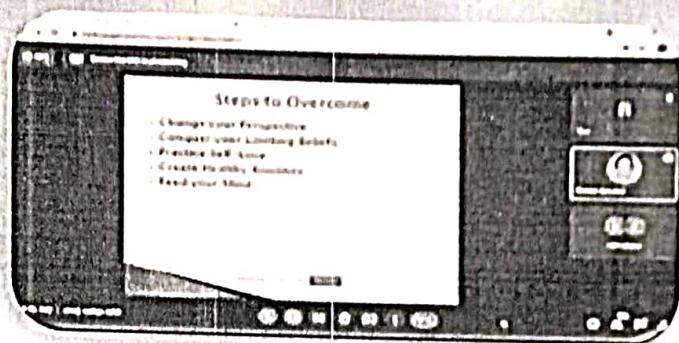
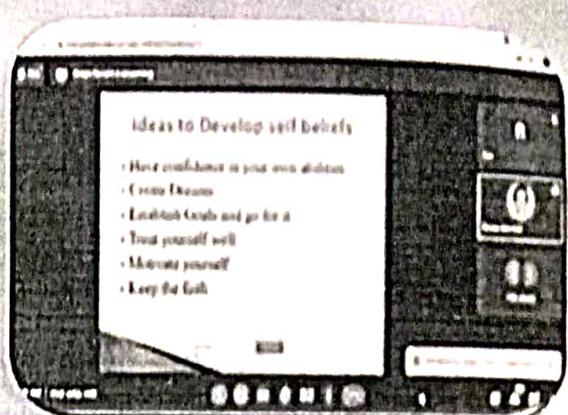
Mr. Yogesha K.A Program coordinator welcome the virtual gathering and also introduce the resource person.



Mr. Seby Mavely, CEO Training and Development MDES, deliver the inaugural address.

Dr. Devaki K.K HOD, PG Dep. Of Commerce, MMK SDM College, Mysore commence the session, and spoke about the topic "Believe in yourself you can do wonders."





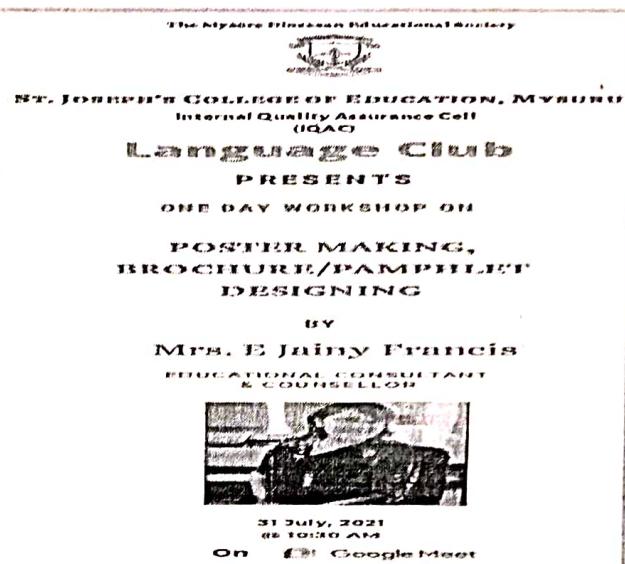
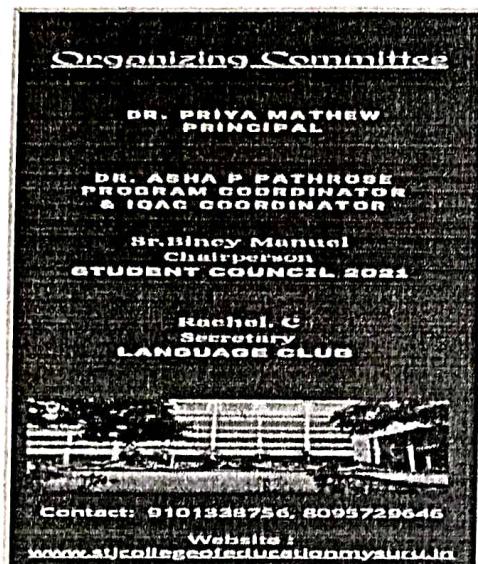
Ms. Rachel proposed the vote of thanks. And the webinar successfully ended with the active participation of the Participants.

# St. Joseph's College of Education

Jayalakshmpuram, Mysuru

A Report on, "CREATIVA" A one day workshop  
Organized by IQAC and Language club

On July 30<sup>th</sup> 2021 at 10.30am.



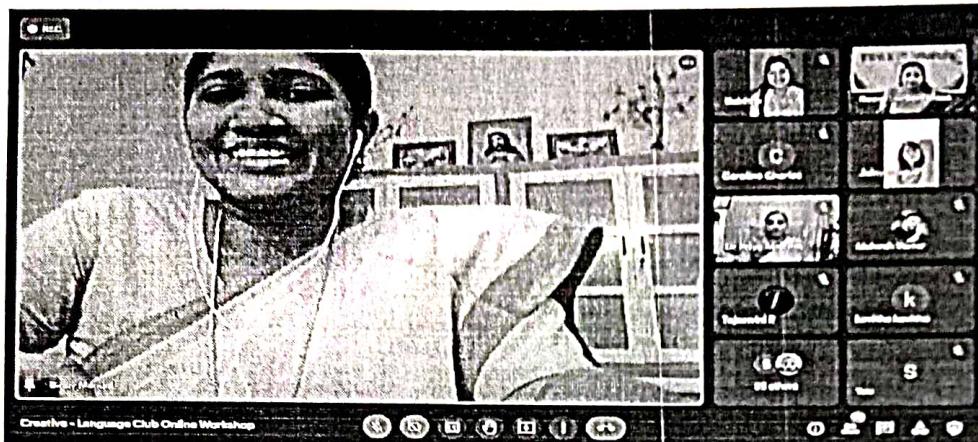
"Knowledge of language is the doorway to wisdom". We the language students had the privilege to attend the workshop and it was very informative and interesting as we need to march forward with our innovative idea to our classrooms and it is indeed the need of the hour.



There were 46 participants including our principal Dr. Priya Mathew who was a guide and encouragement throughout the session.

Miss Babitha of II year B.Ed had the privilege to anchor the entire session it was

indeed a pleasant and the eye catching. The session commenced at 10.30 am, with a prayer dance by Miss Raksha of II year B.Ed. Sr.Bincy Chairperson of student council 2021, welcomed the gathering through her precious words and introduced the resource person Mrs. E Jainy Francis, Education Consultant and Counselor to the gathering.



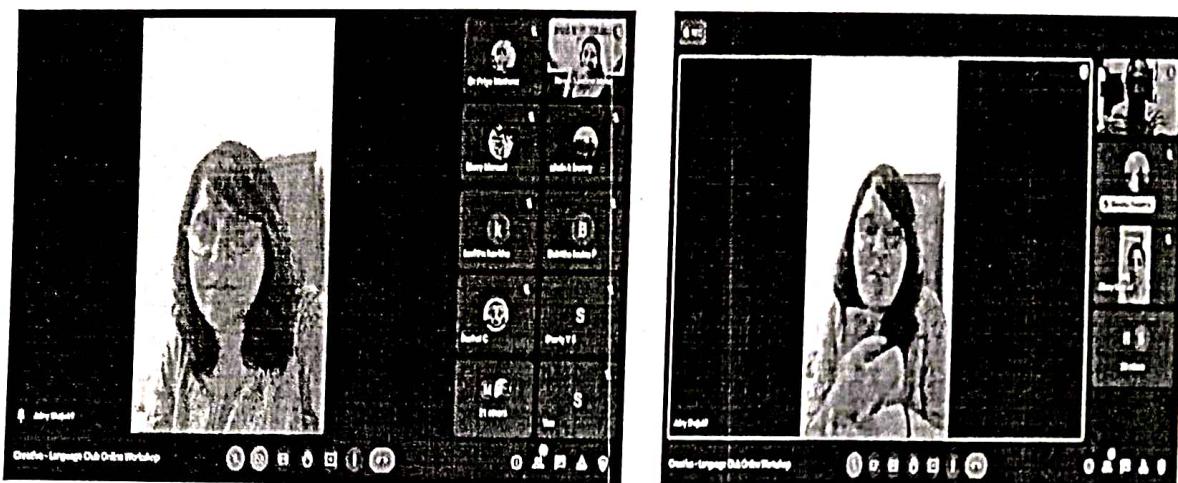
Dr.Asha P.Pathrose, Assistant professor, IQAC coordinator, Language club coordinator and programme coordinator inaugurated the virtual workshop on “CREATIVA”



### About the workshop

The resource person began the session by asking us to write 3 words of 4 letters. Being language teachers we need to inculcate 3 virtues they are: LOVE, COOL and KIND. Language teacher plays an important role in the school especially in the

various programs at different level. She explained about Poster making, brochure/ Pamphlets, designing, notices, flyer, booklet.



The important characteristics of handout were explained in detail:  
Announcement made, post doing, guest given, material used, attractive that we make, attentive, short and precise and print.

The Resource person introduced and helped us to use new apps like:

Poster laps

Photo poster

Postwrap

Canva

Digital flyer

Cover maker

Posteriod.

She also highlighted about the worth of vocabulary. Throughout the session resource person was flexible and approachable. There was time allotted to clarify our doubts.

Mrs. Caroline teacher trainee proposed vote of thanks.

Sr. Milagrin

Language Club Coordinator

  
**PRINCIPAL**  
St. Joseph's College of Education  
Jayalakshmiapuram, Mysuru-570012