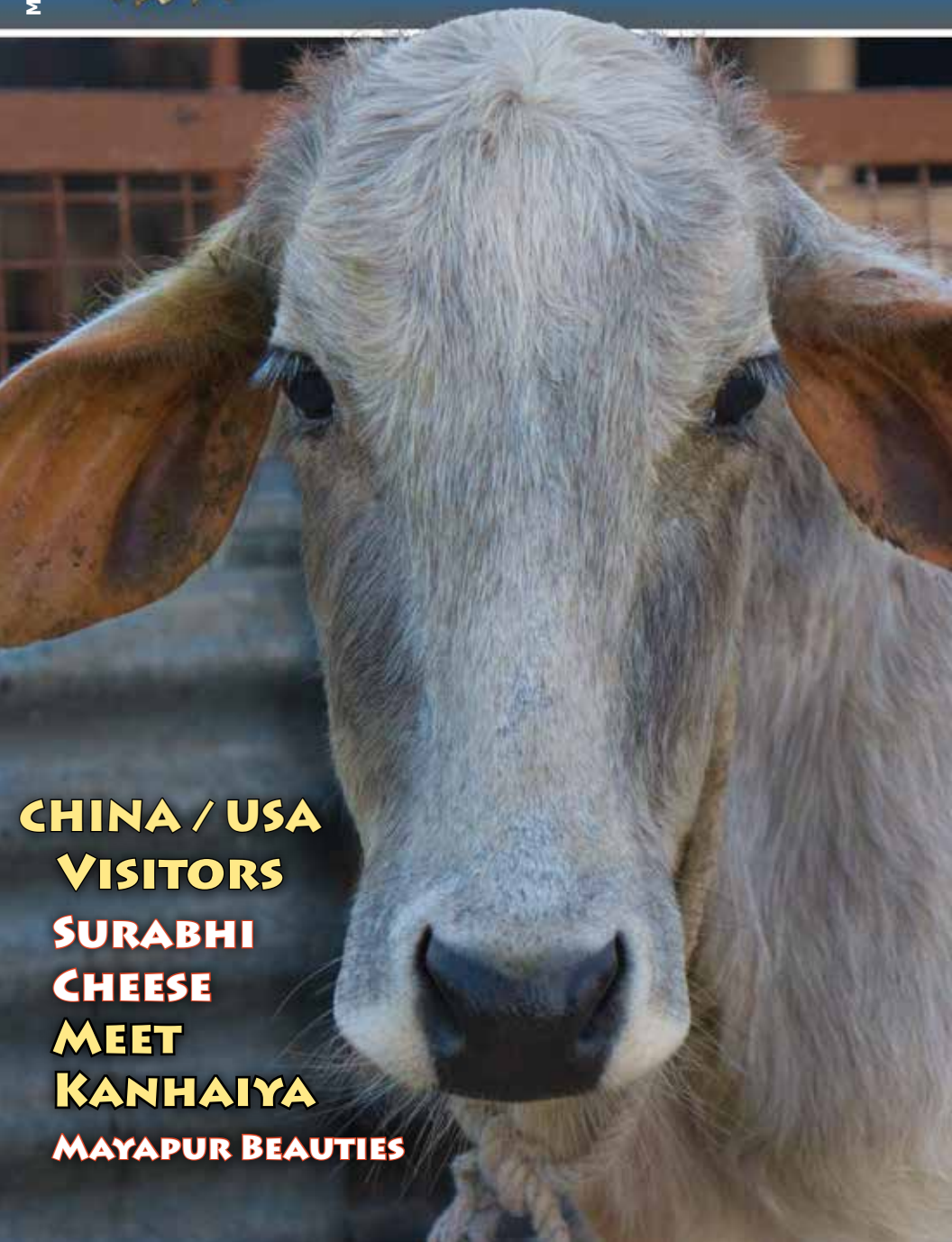


March/April 2013



# CARE FOR COWS

I N T E R N A T I O N A L



**CHINA / USA  
VISITORS**

**SURABHI  
CHEESE**

**MEET  
KANHAIYA**

**MAYAPUR BEAUTIES**

Jaya Sri Guru! Jaya Sri Gopala!  
Jaya Sri Go Mata!



Care for Cows International  
is inspired by His Divine Grace  
**A.C. Bhaktivedanta Swami Prabhupada**  
Founder-Acharya  
International Society for Krishna Consciousness

### **CFC Trustees**

Kurma Rupa dasa  
Hansarupa Dasa  
Amit Duhlani  
Vraja Mohan dasa  
Harivallabha dasa  
Radha Govinda Dasa

### **Patrons**

Mahanidhi Swami Maharaja

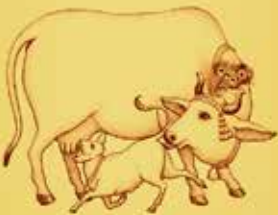
### **CFC Staff**

Kesi Nisudana Dasa  
Braja Gopal dasa (Switz.)  
Devaki Kumar Dasa  
Puri Maharaja  
Rasamandala Dasi  
Jagannath Rao  
Radhapati Dasa  
Syam Hari, Vijay,  
Ajeet, Dadu, Tej Prakash,  
Rajan

### **Editor**

Kurma Rupa dasa

On the cover is a young bull  
rescued from street dogs



**CARE FOR COWS**

INTERNATIONAL

[careforcows.org](http://careforcows.org)

*Dear Friends,*

**"Slaughtering poor animals is also due to the mode of ignorance. The animal killers do not know that in the future the animal will have a body suitable to kill them. That is the law of nature. In human society, if one kills a man he has to be hanged. That is the law of the state. Because of ignorance, people do not perceive that there is a complete state controlled by the Supreme Lord. Every living creature is the son of the Supreme Lord, and He does not tolerate even an ant's being killed. One has to pay for it. So, indulgence in animal killing for the taste of the tongue is the grossest kind of ignorance. A human being has no need to kill animals because God has supplied so many nice things. If one indulges in meat-eating anyway, it is to be understood that he is acting in ignorance and is making his future very dark. Of all kinds of animal killing, the killing of cows is most vicious because the cow gives us all kinds of pleasure by supplying milk. Cow slaughter is an act of the grossest type of ignorance. In the Vedic literature the words *gobhih pranita-matsaram* indicate that one who, being fully satisfied by milk, is desirous of killing the cow, is in the grossest ignorance."**

— His Divine Grace A.C. Bhaktivedanta Swami  
Prabhupada, *Bhagavad-Gita* 14.16 Purport

*The CFC Staff*

Care for Cows is a Charitable Trust registered in India, USA, and Switzerland.







CARE FOR COWS  
**SURABHI CHEESE**

## ~ HOW TO MAKE IT ~

1. Collect the cream from five liters milk, simmer it until the oil separates and the solids become golden brown.
2. Strain the *ghee* solids from the *ghee* and let them drain without pressing.
3. Add one teaspoon of tumeric powder to twelve liters of fresh milk and bring it to a boil. Then add fresh lemon juice slowly until the milk curdles.
4. Strain the curds from the whey and while hot place one third of the mass into a colander lined with a cheese cloth. Then sprinkle the hot curds with Himalayan rock salt, black salt and hing to taste, then add *ghee* solids.
5. Place another third of the curd on top of the first layer and season as before then sprinkle with *ghee* solids.
5. Place the final portion of curd on top of the mass, season as before and sprinkle the remaining *ghee* solids on top.
6. Tightly wrap the cheese cloth around the mass, cover it with a plate and place five kilos of weight on top of the plate. This will press the remaining whey out and solidify the mass. Leave the weight on it for three hours or more.
7. Next remove the mass from the cloth, slice it into smaller pieces, place them on a grill above smoldering *khande* (dried cow dung) and let them bake until they turn light brown.

**Serve warm with bread, or cube to add to salads, *dhal* or *sabji*.**





# VISITORS FROM MAINLAND CHINA



A lively group of Chinese Bhakti Yoga students accompanied by Sankirtana Dasa (above center) included Care for Cows on their pilgrimige of Vraja Mandala.

The pilgrims come from a variety of professional backgrounds and showed interest and appreciation for cow protection. Photos below and left show their amazement





Sainika welcomes the pilgrims into the lower barnyard.

to learn that cow dung is antiseptic and pure. They held dried cow dung cakes to their nose and exclaimed that it smells like earth.

Upon reaching the lower cowshed one pilgrim asked, "Where's the King?"

When Rama (right) was identified she honored him with a spinal massage as he ruminated peacefully.







Pilgrims offer respect to Kurma (above) and to Adi Deva (below).





# VISITORS FROM NEW YORK



A group of twenty Hatha Yoga students from New York City also visited Care for Cows this month as they toured Vrindavan, Mathura and Agra.

They attended a seminar on Vedic Psychology at the Jiva Institute taught by Dr. Satya Narayana das Babaji; visited the major temples in Vrindavan; travelled by boat to the Krsna Janmasthan in Mathura; visited the Taj Mahal; received Ayurvedic treatments and cooking classes and on their last day brushed cows for almost two hours.









The leader of the group is Michael Patton (left) who teaches Yoga in New York City. Here Madhu stretches his massive neck to demonstrate *Shanti Asana*, the posture of peace and satisfaction.

Above CFC manager Kesi Nisudana gives a brief introduction to the students on the benefits of cow protection.

Below is Sobrina who bonded with Kanhaiya.





# MEET KANHAIYA

Kanhaiya today at eleven-years-old





Kanhaiya was born on October 31, 2002 as the only son of Jatila (above). His father (left) was a very gentle street bull who used to frequent Care for Cows but preferred to wander rather than stay with us.

Kanhaiya has always been healthy, gentle, obedient and peaceful. He is among the twenty-four bulls who



Kanhaiya at two-months-old



Kanhaiya at fourteen-months-old

power the Sandipani Muni School buses taking village students to and from school.

He began training when he was two-years-old with his partner named Sundar. They were a good match and as soon as they were big enough they began to transport kids from their village along the a two kilometer journey to school.

Kanhaiya was known for having well-defined "gopi-dots" near his eyebrows until he was





**At two-years-old Kanhaiya and his partner Sundar trained without nose harnesses.**



**Kanhaiya was well known for having “gopi-dots” decorating his eyes.**

about six-years-old. Now they have faded.

About two months ago, while sparring in the bull’s barnyard in Caitanya Vihar, Kanhaiya stepped on a bamboo pole lying on the ground and sprained his pelvis. Since then he has been limping and walking slowly. He has been relieved from his school bus duties and brought to Kiki Nagla so we can more carefully monitor his recovery.



# RAMAVATI'S FIRST



Ramavati (left and below) joined us in April of 2007. She was abandoned, anemic and covered with ticks and lice. She was slow moving and suffered from low self-esteem. Her recovery was slow and she always managed to stay in the background.







Krsna Priyae

In February she delivered her first calf, a female who has been named Krsna Priyae. She is healthy, curious and energetic and can be seen each morning running and playing with the other calves. At present she is the youngest in the herd.



Krsna Priyae

# MAYAPUR BEAUTIES



In March we paid a short visit to Mayapur, West Bengal and visited the *goshalla* of Sri Mayapur Chandrodaya Mandir managed by Gaurahari Dasa. They host about 300 cows and bulls who provide milk and draft for Sri Sri Radha-Madhava and Sri Pancha Tattva.

The cows are friendly, well fed and free from ticks. Their feeding area is well ventilated and they have the luxury of a large pasture where they sit and ruminate most of the day.

Rice hay and fresh grasses are in abundance and of course there





is plenty of sweet water since they are located very close to the Ganga River. Above the milking parlour is a floor which has a ramp leading to it in the event of floods.

We witnessed an evening procession where bulls pulled

a Diety cart and during the day bulls take pilgrims on a tour of the campus in an open passenger cart.

What follows are photos of some of the beautiful residents of the Sri Mayapur Chandradoya Mandir.















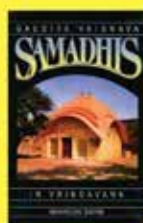
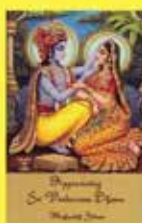
NOW ORDER BOOKS & LECTURE CDS BY  
**H. H. MAHANIDHI SWAMI MAHARAJ**

[www.mnsbooks.com](http://www.mnsbooks.com)

lectures | books | articles

**Key Highlights :** Most recent and most popular 'complete lecture seminars' also available

- Tattva Darshan • Caitanya Caritamrta • Art of Chanting • Bhakti Rasamrita Sindhu
- Vraja Parikrama • Bhajan Rahasya & many more



# Thank You From the Cows



The cows send their heart-felt thanks to those who assisted during February/March 2013

A.K. Prabhakar  
Aditi Sathye  
Alina Tanizawa  
Aliya Kaziyeve  
Amit Goswami  
Ana Corrie  
Anada Gopal Maharaja  
Anda Molnar  
Andrey Krivokorotov  
Anil Kumar  
Anna Guseinova  
Anonymous  
Anuradha Kovelamudi  
Anushia Mohan  
Ariel Telford  
Atoporva Irina  
Atopova Ekaterina  
Bajaj Vijay  
Barshi Prabhu  
Beata Plocina  
Belousova Yana  
Bhakta Vidyasagar  
Lokande  
Caldare Kristina  
Carl & Stella Herzig  
Carol Simpson  
Cfg-Studio  
Chandricka Pasupati  
Chirag Sharma  
Christian Katstner  
Damodara Dasa

Daniel Shankin  
Danilova Olga  
Deepika Gupta  
Derek Carroll  
Devala Dasa  
Dina Sarana  
Dinara Abisheva  
Dipal Patel  
Dolgova Victoriya  
Ecaterina Mean  
Elena Antonova  
Elena Eremicheva  
Elena Ermakova  
Elena Nikiforov  
Eli Tamal  
Fern Geer  
Frauke Kamel  
Galina Mahotkina  
Gauranga Priya Dasi  
Gaurav Sabharwal  
Gita  
Glavnaia Yuliia  
Govinda Dasi  
Gritsay Marina  
Gritsay Svetlana  
Hamlesh Motah  
Hanul Bhandari  
Hemant Agrawal  
Hemant Jha  
Hideki Nodjiki  
Jagaeva Esenija

Jahnava Sundari Devi  
Jahnavi Dhanrajgir  
Janaki Romano  
Janet Alicea  
Janet Urbanczyk  
Jasminka Fainkuti  
Jayadeva Dasa  
Jayasacisuta Dasa  
Jean Luc Bocle  
Jeanette Schwarz  
Jeffrey Wallien  
Jennie Jensen  
Jivakan Dasa  
Johan Wallander  
Jorgine Jensen  
Joshua Bradford  
Kalpit Girish Nagrecha  
Kamlesh Desai  
Kantilal Shivilal  
Kate Prognimak  
Kavita Shah  
Kazu San  
Kino Kazayuki  
Kirtan Rasa Dasa  
Kitri Waterman  
Kojuhari Aliona  
Kolobaev Danil  
Krishna Priya Dasi  
Kushaagr Thukral  
Lazareva Alexandra  
Lelis Gonzalez

**May cows stay in front of me; may cows stay behind me; may cows stay on both sides of me. May I always reside amidst of cows. —Hari Bhakti Vilas 16.252**



Loredana Koraca  
 Luci Mattinen  
 Madhava Javeri  
 Madhava Priya Devi  
 Madina Umbetova  
 Mamatreza Viktoria  
 Marina Kelawon  
 Mark Leigh  
 Martyn Ryder  
 Maryia Tryputsen  
 Mayasuki Hirato  
 Milan Tatalovic  
 Miniahmetova  
 Mohanprabhu Naidu  
 Mr. Amrutlal V Vaidya  
 Mr. Sanjay Dab  
 Mrs. Madhuben A.Vaidya  
 Nakachi  
 Nalini Gogar  
 Namahama Takemi  
 Narotnev Arkady  
 Natalia Fedotova  
 Naumit Bhandari  
 Navadvip Chandra Dasa  
 Nazarova Yuliya  
 Nealesh Narayan  
 Nikolai Serban  
 Niraj Gyawali  
 Nyay Mandir  
 Oksana Barba  
 Okuni Ekaterina  
 Okuni Igor

Ono Toro  
 Panthea Macknight  
 Paul Musu  
 Pavlo Romaniuk  
 Polhovzeva Maria  
 Polina Vasilieva  
 Polygalin Artem  
 Prem Dasa  
 Premamrita Dasa  
 Pyatibratova Natalya  
 Rachel Borsch  
 Radhapati Dasa  
 Rahul Sharma  
 Raluka Serban  
 Rama Giridhari  
 Ramakrishna Vetury  
 Ramesta Dasa  
 Rani Bindiya  
 Rasa Mayi Devi Dasi  
 Rasamandala Devi Dasi  
 Ravi Gopal  
 Rohinisuta Dasa  
 Rohit Sharma  
 Rotari Ivan  
 Ruchi And Family  
 Russell Ewen  
 Sanjiv Keswani  
 Sano San  
 Serban Nina  
 Sharkova Elena  
 Sherban Nikolai  
 Sonal Dabas

Sreedharan Prashanthan  
 Sukania Venugopal  
 Susan Dasa  
 Tanizawa Naoki  
 Tapasvini Mataji  
 Taskaeva Valentina  
 Taskoeva Valentina  
 Tatiana Ursu  
 Tusta Krsna & Vraja Sundari  
 Uday Singh  
 Ursu Evgenia  
 Ursu Ivan  
 Vaisnavi Devi Dasi  
 Valeriya Ergiun  
 Vaninath Dasa  
 Varsana Rani Devi Dasi  
 Venkatesh Raghavan  
 Venkatesh Ramachandra  
 Victoriya Dolgova  
 Vidya Dasi  
 Vijay Patel  
 Vijay Sharma  
 Vikas Shah  
 Viktorija Proskurovska  
 Vinata Devi Dasi  
 Vipul Suttrave  
 Vishal Thakur  
 Vladimir Vodopyanov  
 Yuval Niv  
 Zaparojanu Ion  
 Zaporojena Vera  
 Zhazira Tolepova

**WHEN IN BRISBANE VISIT **VEGE RAMA****

**Vege Rama**  
 the taste of good health

Myer Center Food Court Shop 054B  
 Level E (across from Nandos)  
 Queen Street, Brisbane Q 4000

Ruchi Sharma

p: (07) 3012 8586

m: 0408 034 862

e: ruchi@vegerama.com.au

find us on   foursquare

[www.vegerama.com.au](http://www.vegerama.com.au)

