# BASKETBALL



# **Rules and Regulations**

- 1. 4 quarters of 8 minutes each will be played during league rounds.
- 2. 4 quarters of 10 minutes each will be played during knockout rounds.
- 3. 3 minutes break between 1st & 2nd quarter and 3rd and 4th quarter.
- 4. 10 minutes break at half time (2<sup>nd</sup> and 3<sup>rd</sup> quarter).
- 5. Timeouts by either team during game can be taken as per rules.
- 6. In case of tie extra time will be given.
- 7. First five players of each team with sufficient bench strength should be present on the court.

## Basic rules of **Fouls** and **Violations** that will be followed during game:

- 1. Double handling of ball during dribbles.
- 2. Carrying the ball dribbles.
- 3. Travelling with the ball.
- 4. Illegal screening.
- 5. Charging.
- 6. Blocking.
- 7. Goaltending and interference defending team player attempting free throws and shoot.
- 8. Close guarding.
- 9. Over 3 seconds in opponents restricted area.
- 10. Over 8 seconds in team's court.
- 11. Ball returned back to court.
- 12. Over 24 seconds possession of ball by a single team. Side throws or free throws (penalty) will be given by reference accordingly.

## **Registration Fees:**

Not Applicable

### **Prizes:**

Medals, Trophy and Certificate (Lot of other Exciting Gifts)

#### **Coordinators:**

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