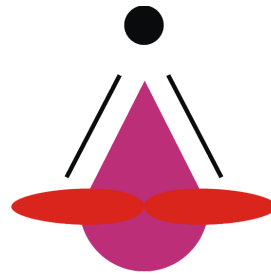


Reference Page designs:

[https://www.mindvalley.com/duality/masterclass/invite?utm_source=google-paid&utm_medium=display&utm_campaign=%5Badvertising%5D-%5Bgoogle-paid%5D-%5Bwebinar-autopilot%5D-%5Bdl%5D-web-vid/cold-lead/top:-spirituality-\(tva\)-\(ww\)/aid=%5Bad:video%5D-top:-spirituality&utm_content=m--382873134656-none&utm_term=ytv-101---youtube.com&gclid=CjwKCAjwkPX0BRBKEiwA7THxiCOHiTY3O5-sNRGFt0t9VTFQdjkgX-en_npFh8A6BxuwujwWO6gaRhoCDnwQAvD_BwE](https://www.mindvalley.com/duality/masterclass/invite?utm_source=google-paid&utm_medium=display&utm_campaign=%5Badvertising%5D-%5Bgoogle-paid%5D-%5Bwebinar-autopilot%5D-%5Bdl%5D-web-vid/cold-lead/top:-spirituality-(tva)-(ww)/aid=%5Bad:video%5D-top:-spirituality&utm_content=m--382873134656-none&utm_term=ytv-101---youtube.com&gclid=CjwKCAjwkPX0BRBKEiwA7THxiCOHiTY3O5-sNRGFt0t9VTFQdjkgX-en_npFh8A6BxuwujwWO6gaRhoCDnwQAvD_BwE)

<https://gdgws.gdgoenka.com/campaign/boarding-school-admission/>



Header Section Logo of Ritanveshi Yogayan on left

Buttons for call +91-8800882664 | and email: info@ritanveshi.com

A decent yoga banner image on left with the heading:

SKRY school of Yoga takes you on a journey to discover your non-physical self with 200 Hours TTC on Classical Meditation.





Insert these logos of the brand below the banner.

Create a form on the right side of the page:

Name

Email

Phone

City

Country

Reserve my Spot Now Button

This TTC batch is getting started on 15th June 2020, It will be done in 2 parts of 100 hours each.

About Us

Ritanveshi Yogayan is a means and the effect in the spiritual regeneration of the whole of mankind.

The goal of Ritanveshi Yogayan is spiritual against the material, fulfilling the diverse requirements of living in a balanced manner so that no aspect is over-emphasized.

We believe to promote serious study and research in the spiritual arena created by ancient Rishis of Bharatvarsha, in order to bring about personal integration in the life of an individual on various levels such as spiritual, religious, psychological, and social. This can be done by enabling people to create a vital link between their faith and their daily lives.

Course Name: 200 Hours Classical Meditation TTC - Online by Yoga Alliance

Our online 200-hours TTC COURSE on classical meditation is specially designed for those who want to learn how to get harmony between body, mind, and soul and educate how to overcome the stress on the body and mind. This course provides the training, support, and supervision to individuals wishing to deepen their own personal practice. In this course, while being immersed in varieties of meditation which is based on classical yogic text effectively supported by varieties of yoga, pranayama, and purification practices (Shuddhi kriya). You will learn how to do self-meditation and how to teach others.

In this 200 HOURS TTC class, you will learn,

- Theory and philosophy of meditation, obstacles on the path of meditation and different approaches to meditation
- Raja yoga meditation
- Antar Mouna meditation
- Ajapa Japa meditation
- Chidakasha meditation
- Hridyakasha meditation
- Dharakasha meditation
- Dhayana Praveshika meditation
- Yoga Nidra meditation
- Meditation practices from Tantra
- Asana, Shudhi kriya and pranayama practical classes based on Hatha yoga

Specialty about our TTC Programs

We have come up with a fantastic live online training module for those aspirants who want to get certified in Yoga as a Teacher but are unable to join such class offline due to current Lockdown in various countries.

- This online course follows the updated regulations of Yoga Alliance, therefore, upon completion of all lessons and final assessments, you will receive a 200-hour certification eligible to be registered with Yoga Alliance and Yoga Alliance Professionals.
- Get unlimited access to online resources.
- Both theory and practical classes, on video and live class, for all the topics part of the entire curriculum.
- Review the questions approach after each live session.
- Watch recorded videos even if you miss any live streaming session.
- Get unlimited email support for students. a comprehensive, safe, well/structured, anatomically precise yet intuitive approach.
- Our comprehensive manual with illustrative photos, ppt, theory, practice exercises and much more information in PDF,
- Learn in your comfort zone and get access in all your devices like no boundaries and be a pay no travel plans for yoga course anymore hence more savings. You get exact at affordable prices.
- Our trainers enhance your passion for yoga as a healthy lifestyle, it doesn't matter whether you are new to yoga or a seasonal practitioner.
- Our approach is to uplift your immunity with the power of ancient yogic techniques which is designed to meet you where you are.
- Our online course supports you to learn how to get harmony between body, mind, and soul and deepen your personal asana and meditation practice.

- After completing our course you wish to explore the subtler and deeper level of awareness.

About Trainers

Picture - Dr. Rajesh Kumar Raj

- A yoga practitioner resident of in South Korea, and an academician with over 2 decades of experience.
- Have 15,000 hours of Training experience both online and offline.
- Conducted over 200 international seminars, workshops & conferences.

Expertise:

- Practical Yoga & Meditation Techniques
- Holistic Healing
- Yogic Sciences
- Buddhist Meditation
- Physical & Pranic Detoxification Expert
- Published 8 books and written 15 Research Papers on Yogic Philosophy and related subjects.

Picture - Jyoti Bansal

- A Yoga Alliance certified Instructor with 7 years of experience.
- Have 4,000 hours of Training experience both online and offline.
- Been actively training students and disciples in various Ashrams located in UAE & India.

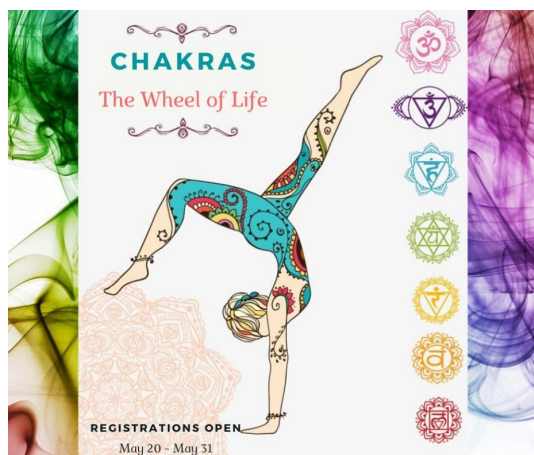
What People say about our Course - [Show this in 4 beautiful boxes]

1. Hi there, recently I attended Ritanveshi's program vibrate with nature and I must say that my experience was way more than my expectations. Since I was traveling from Greece, the only challenge faced while checking in the Ashram was the registration, or I must say complicated registration process to get me inside Ashram but later I figured out that it was mandatory for any foreign national traveling to Rishikesh. The venue for the program vibrate with nature was in the Ashram known as Swargashram located on Laxman Jhula Rishikesh. Apart from the scheduled classes throughout the day, there were few outings that were totally unexpected, and I must say that this was an altogether spiritual experience where there were theoretical classes, practical classes as well as spiritual sightings. - Panos, Greece.
2. How warm Namaskar to all of you, I am Monika and I am from Vishakhapatnam, Andhra Pradesh, India. From the first program itself, I felt a deep connection with this company. It's like a family of individuals connected together for the purpose- purpose of spreading the truth. God Bless them. I wish to connect forever with them. - Monika,

Visakhapatnam

3. Ritanveshi Yogayan is just one of its kind group. I am attending their programs since 2018 and ever since then I never saw repetitive programs. Though I always had an inclination towards Nada Yoga and Hatha Yoga, I brushed up my meditation in the right direction and got 'right' answers to all my questions. - Neeraj Vohra, Mysore, India
4. Sanatan culture comprises of most of the practices that are associated with healing as well as self-development. But I am attending courses to develop my skills and self-motivated and myself for a couple of reasons but most of the time I found that the source of information was never incumbent to the reality of Sanatan Dharma. The mentors in Ritanveshi or not just yoga teachers but researchers, who have been doing researches on human consciousness from the last many years. Because of this, their courses are well elaborative as well as include ancient as well as contemporary styles, practices of Yoga, and Meditation. - Elizabeth, Czech Republic

Other Programs



Chakras - The Wheel of Life

Free Live Course Offered



Holistic Detoxification

Live Batch Course

20 - 31st May, 2020

1st - 15th June, 2020

Reserve Spot Now

Enrol Now -> Scroll on top page form.

The cost of enrolling for this TTC is € 200.

Our Partners

Logos



YOGIRAJ.ORG | SHRI KALYANIKA ASHRAM, ALMORA

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