

# Lesson Guide - Understanding Pods

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What is a pod? Why would we use pod(s)? Aren't pods exclusive to Kubernetes? In this lesson, we're going to explore those questions and more as we take a high-level look at pods in the Podman environment. Upon completion of this lesson, you will have a solid high-level understanding of pods and their place in the Podman landscape.

## Resources

[Podman: Managing pods and containers in a local container runtime](#)

[Pods - Kubernetes](#)

[Using pods with Podman on Fedora](#)