

# Lesson Guide - Understanding Container Images

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You can't have containers without container images. In this lesson, we will examine what container images are, where to get them, and how they're managed. Upon completion of this lesson, you will have a solid high-level understanding of container images and where they fit in the Podman landscape.

## Resources

[Understanding Containers, Images, and Imagestreams - Red Hat](#)

[What is a Container? - Docker](#)

[A Practical Introduction to Container Terminology - Red Hat Developer](#)

[Building, Running, and Managing Linux Containers on Red Hat Enterprise Linux 8 - Working with Container Images](#)

[Podman and Buildah for Docker Users - Red Hat Developer](#)

[Docker Image vs. Container: Everything You Need to Know - Stackify](#)

[About Storage Drivers - Docker](#)

[Containers 101: Docker Fundamentals - InfoWorld](#)

[Digging into Docker Layers - Medium](#)

[What Is a Container Registry? - Red Hat](#)

[How to Implement a Simple Personal/Private Linux Container Image Registry for Internal Use - Red Hat](#)

[Tutorial: Host a Local Podman Image Registry - The New Stack](#)

[Private vs. Public Container Registries: Pros, Cons and Best Practices - TheNewStack](#)