

# Lesson Guide - Introduction to `systemd` Containers

---

Podman has the ability to generate `systemd` unit files, making quick work of configuring `systemd` containers. In this lesson, we will examine what `systemd` containers are, how they are configured, and how to enable persistence for `systemd` containers. Upon completion of this lesson, you will have a solid basic understanding of `systemd` containers and how Podman can be used to accelerate their deployment.

## Resources

[systemd Management for Linux](#)

[Porting Containers to systemd Using Podman - Red Hat](#)