

IRATA Level 3 Rope Access Trainer / Supervisor



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EXECUTIVE SUMMARY

IRATA Level 3 Rope Access professional with experience since 2003 across onshore construction sites, offshore platforms and FPSOs in Angola and South Africa. Skilled in rope access operations, rescue, rigging support, and maintenance assistance for mechanical, instrumentation, electrical and marine teams working at height. Background includes blasting and painting, surface preparation, and inspection-assistant duties on industrial and offshore assets. Experienced as an assistant trainer and rope access trainer/instructor, supporting and leading training activities to IRATA standards. Safety-focused and effective in multinational teams, with strong language capabilities including English and Portuguese.

KEY ACHIEVEMENTS

IRATA Level 3 qualification and revalidation: Completed IRATA Level 3 assessment on 13/12/2013 and successfully revalidated via IRATA L3 refresh on 07/01/2017.

Rope access training delivery: Worked as an assistant to a certified IRATA trainer for 2 years and then progressed to lead trainer/instructor roles delivering rope access training.

Offshore and FPSO project exposure: Supported maintenance and inspection-related rope access work on multiple Angola assets including Kizomba FPSO, Girasool FPSO, BP PSVM and Pazflor.

Multi-discipline at-height support: Assisted production operations (opening/closing valves at height) and supported mechanical, instrumentation, electrical and marine departments for at-height tasks.

PROFESSIONAL EXPERIENCE

Rope Access Assistant Trainer

Rope Access Angola

Jan 12 – Nov 2013

- Assisted delivery of rope access training under a certified IRATA trainer.
- Supported rope access operations and rescue readiness during training and site activities.
- Helped prepare and manage rope access systems and rigging for training scenarios.

Rope Access Trainer / Instructor

Rope Access Angola

Jan 2014-Till Kow

TECHNICAL SKILLS

- IRATA rope access (Levels 1–3)
- Rope access rescue techniques
- Rope access supervision
- Rigging support
- Working at height operations
- Industrial sandblasting
- Surface preparation (mechanical prep)
- Industrial painting
- Maintenance support on offshore platforms/FPSOs
- Inspection assistant support
- HUET (Helicopter Underwater Escape Training)
- Offshore medical (fitness/medical)
- First Aid
- Fire Fighting
- Microsoft Office (Word, Excel)

SOFT SKILLS & PERSONALITY TRAITS

- Safety-focused
- Autonomous
- Team-oriented in multinational environments
- Adaptable
- Reliable

EDUCATION & TRAINING

- IRATA L3 Refresh – (07/01/2017)
- IRATA Level 3 Assessment – (13/12/2013)
- IRATA Rope Access Levels 1, 2 and 3 – (year not specified)



- Delivered rope access training as instructor/lead trainer to IRATA standards.
- Ensured trainees followed safe systems of work and rescue procedures.
- Supported planning and supervision of rope access activities during training and assignments.

Rope Access Supervisor

Rope Access Angola

- Assisted construction and maintenance jobs at height within facility operations.
- Supported production by opening and closing valves at height.
- Assisted mechanical, instrumentation, electrical and marine departments with at-height tasks.

Rope Access Technician (IRATA Level 2 and 3)

Rope Access Angola

2012/2017

- Performed rope access work on onshore and offshore platforms and FPSOs, including maintenance support.
- Supported inspection-assistant activities and maintenance supervision on assigned projects.
- Executed blasting, painting and general maintenance tasks as part of rope access teams.

Rope Access Technician

TOP ROPE and ROPETEC

2003/2004/2009

- Performed rope access work on onshore projects including membrane installations and structural repairs.
- Supported maintenance activities during shutdown work (e.g., Chevron shutdown).
- Carried out surface preparation, blasting and painting tasks on building sites and industrial locations.

Translator

Angolan Consulate, Cape Town, South Africa

1 year

- Provided English translation support for the Angolan Consulate in Cape Town.

- Offshore Medical – Girasool Clinic, Luanda (year not specified)
- H.U.E.T – Essa, Luanda (year not specified)
- First Aid – Essa, Luanda (year not specified)
- Fire Fighting – Essa, Luanda (year not specified)
- Environmental & Industrial Sandblasting and Painting (2009)
- RAAFA Rope Access Level 1 and 2 (2003/2005)
- Computer Course – Microsoft Office (Word, Excel) (year not specified)
- International Public Relations – Intec College, Cape Town (1999-2004)
- Languages – Portuguese (fluent), English (fluent), Spanish (fluent), French (fluent)