



I am Gaurav Paruthi, a design technologist with a deep interest in solving real-world problems with creative use of available and upcoming technologies



ABOUT

I recently finished my Ph.D. in Human Computer Interaction from University of Michigan in the School of Information. I was advised by [Mark Newman](#). The focus of my research was to build context-aware systems for physical activity promotion. I worked with Pedja Klasnja, Ken Resnicow and Natalie Colabianci. I also worked with [Vannessa Frias](#) to better

AREAS OF INTEREST

- Design of Context-Aware Systems
- Internet of Things
- Machine Learning
- Crowdsourcing
- Health-Behavior Change
- ICTD
- Mobile Sensing

My Research provides the notion of [sweet spots](#), a phenomenological account of how people make and execute their physical activity plans. The key contribution of this concept is in its potential to improve the predictability of computational models supporting physical activity planning. To further improve our understanding of the dynamic nature of human behavior, we designed and built Heed, a low-cost, distributed and situated self-reporting device. Heed’s single-purpose and situated nature proved its use as the preferred device for self-reporting in many contexts.

EXPERIENCE

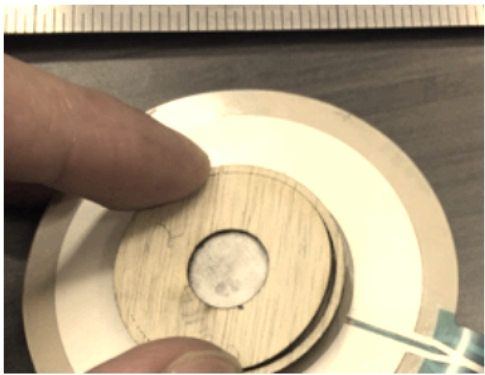
- BITS Pilani
- Microsoft Research
- University of Michigan
- Telefonica Research
- PARC
- IDEO

Research Developer, 2009–2011

At [Microsoft Research](#), we have leveraged capabilities of DVD players to support interactive applications – such as encyclopedias, language tutoring, and medical decision systems – without any dependence on a computer. First part of my internship dealt with understanding the DVD-spec and building an interactive DVD generator. Following this, I designed an interactive [Wikipedia-on-DVD](#) and studied its use with 4th graders in two government schools in Bangalore.

Research was published at [CHI 2011](#) and [ICTD 2010](#).

PROJECTS



**HEED Self-Reporting Devices**

[UbiComp-2017 Poster](#)

Situated and distributed interactive devices for simple one-touch self-reporting targetting the most common situations.



**Designing Context-Aware Applications for Behavior Change**

[CHI-2014 Workshop](#)

We propose the notion of “sweet spots” to encapsulate how particular contextual factors converge to create optimal states for performing physical activities.