# A tutorial on the LASSO and the "shooting algorithm"

Gautam V. Pendse\*1

 $^{1}$  P.A.I.N Group, Imaging and Analysis Group (IMAG), McLean Hospital, Harvard Medical School February 8, 2011

<sup>\*</sup>To whom correspondence should be addressed. e-mail: gpendse@mclean.harvard.edu

## 1 Abstract

The LASSO is an  $L_1$  penalized regression technique introduced by Tibshirani [1996]. An efficient algorithm called the "shooting algorithm" was proposed by Fu [1998] for solving the LASSO problem in the multiparameter case. In this tutorial, we present a simple and self-contained derivation of the LASSO shooting algorithm.

# 2 Code distribution for LASSO shooting

MATLAB (www.mathworks.com) code for solving a LASSO problem using the "shooting algorithm" and estimating the regularization parameter can be downloaded from:

http://www.gautampendse.com/software/lasso/webpage/lasso\_shooting.html

This software is freely made available under the creative commons attribution license:

http://creativecommons.org/licenses/by/3.0/

#### 3 Notation

- Scalars will be denoted in a non-bold font possibly with subscripts (e.g.  $\lambda, \beta_i$ ). We will use bold face lower case letters possibly with subscripts to denote vectors (e.g.  $\boldsymbol{y}, \boldsymbol{x}, \boldsymbol{\beta}, \boldsymbol{z_1}$ ) and bold face upper case letters possibly with subscripts to denote matrices (e.g.  $\boldsymbol{X}, \boldsymbol{B_1}$ ). The *i*th element of a vector  $\boldsymbol{x}$  will be denoted by  $x_i$  in non-bold font.
- The transpose of a matrix X will be denoted by  $X^T$  and its inverse will be denoted by  $X^{-1}$ . We will denote the  $p \times p$  identity matrix by  $I_p$ . A vector or matrix of all zeros will be denoted by a bold face zero  $\mathbf{0}$  whose size should be clear from context.
- The q-norm of a  $p \times 1$  vector  $\boldsymbol{\beta}$  will be denoted by  $||\boldsymbol{\beta}||_q = \left(\sum_{i=1}^p |\beta_i|^q\right)^{\frac{1}{q}}$  where  $|\beta_i|$  denotes the absolute value of  $\beta_i$ .

#### 4 Introduction

Given n feature vectors of length p arranged in the rows of a design matrix  $\mathbf{X}$  we would like to predict the  $n \times 1$  observed response vector  $\mathbf{y}$  via a linear model. LASSO solves the following  $L_1$ 

regularized optimization problem:

$$\min_{\boldsymbol{\beta}} h(\boldsymbol{\beta}) = \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{X}\boldsymbol{\beta}||_{2}^{2} + \lambda ||\boldsymbol{\beta}||_{1}, \text{ where } \lambda \ge 0$$
(4.1)

where 
$$(4.2)$$

$$\boldsymbol{\beta}$$
 is a  $p \times 1$  vector (4.3)

$$y$$
 is a  $n \times 1$  vector (4.4)

$$X$$
 is a  $n \times p$  matrix (4.5)

We assume that n > p. The penalty term in 4.1 is a 1-norm penalty or simply the sum of the absolute values of the components of  $\beta$ . As we shall see this penalty term encourages sparsity in the components of the solution vector  $\beta$  and thus automatically leads to feature/model selection. In addition, the penalty term regularizes the solution vector  $\beta$  and hence prevents overfitting.

## 5 Preliminaries

In this section, we give some background material that is necessary for a clear understanding of how LASSO works. We will cover some basic relationships between convexity, positive semidefiniteness, local and global minimizers.

**Definition 5.1** (Convexity). A set  $\mathcal{D}$  is convex if for any  $x_1, x_2 \in \mathcal{D}$  and all  $\alpha \in (0,1)$ ,  $x = \alpha x_1 + (1-\alpha)x_2 \in \mathcal{D}$ . A function f(x) is convex if (1) its domain  $\mathcal{D}$  is convex and (2)  $f(x) = f(\alpha x_1 + (1-\alpha)x_2) \leq \alpha f(x_1) + (1-\alpha)f(x_2)$ .

**Definition 5.2** (PSD). A  $p \times p$  matrix  $\boldsymbol{H}$  is positive semidefinite (PSD) if for all  $p \times 1$  vectors  $\boldsymbol{z}$  we have  $\boldsymbol{z}^T \boldsymbol{H} \boldsymbol{z} \geq 0$ .

**Proposition 5.3** (PSD Hessian implies Convexity). Suppose  $\mathbf{x}$  is a  $p \times 1$  vector and  $f(\mathbf{x})$  is a scalar function of p variables with continuous second order derivatives defined on a convex domain  $\mathcal{D}$ . If the Hessian  $\nabla^2 f(\mathbf{x})$  is positive semidefinite for all  $x \in \mathcal{D}$  then f is convex.

*Proof.* By Taylor's theorem for all  $x, x + h \in \mathcal{D}$  we can write:

$$f(\boldsymbol{x} + \boldsymbol{h}) = f(\boldsymbol{x}) + \nabla f(\boldsymbol{x})^T \boldsymbol{h} + \frac{1}{2} \boldsymbol{h}^T \nabla^2 f(\boldsymbol{x} + \theta \boldsymbol{h}) \boldsymbol{h}$$
 (5.1)

for some  $\theta \in (0,1)$ . By assumption, the Hessian  $\nabla^2 f(\boldsymbol{x} + \theta \boldsymbol{h})$  is positive semidefinite and hence  $\boldsymbol{h}^T \nabla^2 f(\boldsymbol{x} + \theta \boldsymbol{h}) \boldsymbol{h} \geq 0$ . Hence for all  $\boldsymbol{x}, \boldsymbol{x} + \boldsymbol{h} \in \mathcal{D}$  we can write:

$$f(\boldsymbol{x} + \boldsymbol{h}) \ge f(\boldsymbol{x}) + \nabla f(\boldsymbol{x})^T \boldsymbol{h}$$
(5.2)

Letting x + h = y we can also write the above equation as:

$$f(y) \ge f(x) + \nabla f(x)^T (y - x) \ \forall x, y \in \mathcal{D}$$
 (5.3)

Now let  $x_1$  and  $x_2$  be any two points in  $\mathcal{D}$  and let  $\alpha \in (0,1)$  be a scalar. Then by the convexity of  $\mathcal{D}$ ,  $x = \alpha x_1 + (1 - \alpha)x_2 \in \mathcal{D}$ .

By 5.3 we can write:

$$f(\boldsymbol{x}_1) \ge f(\boldsymbol{x}) + \nabla f(\boldsymbol{x})^T (\boldsymbol{x}_1 - \boldsymbol{x})$$
(5.4)

and

$$f(\mathbf{x}_2) \ge f(\mathbf{x}) + \nabla f(\mathbf{x})^T (\mathbf{x}_2 - \mathbf{x})$$
(5.5)

Multiplying 5.4 by  $\alpha$  and 5.5 by  $(1 - \alpha)$  and adding we get:

$$\alpha f(\boldsymbol{x}_1) + (1 - \alpha)f(\boldsymbol{x}_2) \ge f(\boldsymbol{x}) + \nabla f(\boldsymbol{x})^T (\alpha \boldsymbol{x}_1 + (1 - \alpha)\boldsymbol{x}_2 - \boldsymbol{x})$$

$$= f(\boldsymbol{x})$$
(5.6)

Hence f(x) is convex.

**Proposition 5.4.** If f(x) and g(x) are convex functions defined on a convex domain  $\mathcal{D}$  then r(x) = f(x) + g(x) is also convex on  $\mathcal{D}$ .

*Proof.* Suppose  $x_1, x_2 \in \mathcal{D}$  and let  $x = \alpha x_1 + (1 - \alpha)x_2$  for some  $\alpha \in (0, 1)$ . Since  $\mathcal{D}$  is convex we have  $x \in \mathcal{D}$ . Now

$$r(\mathbf{x}) = r(\alpha \mathbf{x}_1 + (1 - \alpha)\mathbf{x}_2) \tag{5.7}$$

$$= f(\alpha \mathbf{x}_1 + (1 - \alpha)\mathbf{x}_2) + g(\alpha \mathbf{x}_1 + (1 - \alpha)\mathbf{x}_2)$$

$$(5.8)$$

$$\leq \alpha f(\boldsymbol{x}_1) + (1 - \alpha)f(\boldsymbol{x}_2) + \alpha g(\boldsymbol{x}_1) + (1 - \alpha)g(\boldsymbol{x}_2)$$
 by convexity of  $f$  and  $g$  (5.9)

$$= \alpha r(\boldsymbol{x}_1) + (1 - \alpha)r(\boldsymbol{x}_2) \tag{5.10}$$

Hence r(x) is convex.

**Proposition 5.5** (LASSO objective is convex). The LASSO objective function  $h(\beta)$  in equation 4.1 is convex.

*Proof.* We can write the LASSO objective as:

$$h(\beta) = f(\beta) + g(\beta) \tag{5.11}$$

where  $f(\beta) = \frac{1}{2}||\boldsymbol{y} - \boldsymbol{X}\boldsymbol{\beta}||_2^2$  and  $g(\beta) = \lambda||\boldsymbol{\beta}||_1$ . Note that the domain of both functions f and g is  $\mathbf{R}^p$  which is convex.

The Hessian of  $f(\beta)$  is  $\nabla^2 f(\beta) = \mathbf{X}^T \mathbf{X}$ . For any  $p \times 1$  vector  $\mathbf{z}$ :  $\mathbf{z}^T \mathbf{X}^T \mathbf{X} \mathbf{z} = ||\mathbf{X} \mathbf{z}||_2^2 \ge 0$ . Hence  $\nabla^2 f(\beta)$  is positive semidefinite. Hence by proposition 5.3  $f(\beta)$  is convex.

For any  $\beta_1, \beta_2$  and any  $\alpha \in (0,1)$ , let  $\beta = \alpha \beta_1 + (1-\alpha)\beta_2$ . Then

$$g(\boldsymbol{\beta}) = \lambda ||\alpha \boldsymbol{\beta}_1 + (1 - \alpha)\boldsymbol{\beta}_2||_1 \tag{5.12}$$

$$\leq \lambda ||\alpha \beta_1||_1 + \lambda ||(1 - \alpha)\beta_2||_1$$
 Triangle inequality (5.13)

$$= \lambda \alpha ||\boldsymbol{\beta}_1||_1 + \lambda (1 - \alpha) ||\boldsymbol{\beta}_2||_1 \tag{5.14}$$

$$= \alpha g(\boldsymbol{\beta}_1) + (1 - \alpha) g(\boldsymbol{\beta}_2) \tag{5.15}$$

Hence  $g(\beta)$  is convex. Since  $f(\beta)$  and  $g(\beta)$  are both convex, by proposition 5.4  $h(\beta) = f(\beta) + g(\beta)$  is also convex.

**Proposition 5.6.** If f(x) is a convex function defined for  $x \in \mathcal{D}$  with convex  $\mathcal{D}$  then any local minimizer of f on  $\mathcal{D}$  is a global minimizer of f on  $\mathcal{D}$ .

*Proof.* Suppose  $x^*$  is a local minimizer but not a global minimizer. Then there exists a global minimizer  $x_q^*$  such that:

$$f(\boldsymbol{x}_q^*) < f(\boldsymbol{x}^*) \tag{5.16}$$

In addition, since  $x^*$  is a local minimizer we must have:

$$f(\mathbf{y}) \ge f(\mathbf{x}^*) \text{ for all } \mathbf{y} \in \text{nbhd}(\mathbf{x}^*)$$
 (5.17)

Here  $\mathrm{nbhd}(\boldsymbol{x}^*)$  is a local neighborhood of  $\boldsymbol{x}^*$ . By the convexity of f and  $\mathcal{D}$ , for any  $\alpha \in (0,1)$  we can write:

$$f(\alpha \mathbf{x}^* + (1 - \alpha)\mathbf{x}_q^*) \le \alpha f(\mathbf{x}^*) + (1 - \alpha)f(\mathbf{x}_q^*)$$

$$(5.18)$$

$$< \alpha f(\boldsymbol{x}^*) + (1 - \alpha)f(\boldsymbol{x}^*)$$
 using 5.16 (5.19)

$$= f(\boldsymbol{x}^*) \tag{5.20}$$

For sufficiently small  $\alpha$  such that  $\mathbf{y} = \alpha \mathbf{x}^* + (1 - \alpha) \mathbf{x}_q^* \in \text{nbhd}(\mathbf{x}^*)$  we get:

$$f(y) < f(x^*) \text{ with } y \in \text{nbhd}(x^*)$$
 using 5.18 (5.21)

Comparing 5.17 and 5.21 we have a contradiction. Hence we must have  $f(x_g^*) \ge f(x^*)$ . However, since  $x_g^*$  is a global minimizer we must also have  $f(x_g^*) \le f(x^*)$ . Therefore we must have  $f(x_g^*) = f(x^*)$ . In other words, the local minimizer  $x^*$  is also a global minimizer as claimed.

Remark 5.7. Note that  $x^*$  is not necessarily equal to  $x_g^*$  in proposition 5.6. It is quite possible that  $x^* \neq x_g^*$  but at the same time the convexity of f and  $\mathcal{D}$  will imply that  $f(x_g^*) = f(x^*)$ .

## 6 Derivation of the LASSO "shooting algorithm"

In this section, we present a simple derivation of the "shooting algorithm". First, we consider the case of single variable optimization, i.e., when p = 1. Next, we show how this simple case can be applied to the multi parameter situation via the "shooting algorithm".

## **6.1** Single variable case: p = 1

The optimization problem 4.1 is non-smooth because of the presence of the  $L_1$  penalty term. We can convert this problem into a smooth one by introducing a new scalar variable t. The next proposition establishes the link between the two optimization problems.

**Proposition 6.1.** Suppose  $\beta \in \mathbf{R}$  is a scalar and  $\mathbf{x}$  and  $\mathbf{y}$  are  $n \times 1$  vectors. Consider the 1-D optimization problem

$$min_{\beta} h(\beta) = \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta||_2^2 + \lambda |\beta|, \text{ where } \lambda \ge 0$$
 (6.1)

Suppose  $\beta_1^*$  is the solution to 6.1. Consider another 1-D optimization problem:

$$min_{\beta} \bar{h}(\beta) = \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta||_{2}^{2} + \lambda t, \text{ where } \lambda \ge 0$$
 (6.2)

$$t - \beta \ge 0 \tag{6.3}$$

$$t + \beta \ge 0 \tag{6.4}$$

Suppose  $(\beta^*, t^*)$  is the solution to 6.2. Then  $\beta^* = \beta_1^*$ .

Proof. By proposition 5.5 the objective function in 6.1 is convex. Suppose  $(t_1, \beta_1)$  and  $(t_2, \beta_2)$  satisfy the constraints in 6.2. Then  $t_1 - \beta_1 \ge 0$  and  $t_1 + \beta_1 \ge 0$ . Also  $t_2 - \beta_2 \ge 0$  and  $t_2 + \beta_2 \ge 0$ . Now let  $\alpha \in (0,1)$  and let  $t = \alpha t_1 + (1-\alpha)t_2$  and  $\beta = \alpha\beta_1 + (1-\alpha)\beta_2$ . Then  $t - \beta = \alpha(t_1 - \beta_1) + (1-\alpha)(t_2 - \beta_2) \ge 0$ . Similarly,  $t + \beta = \alpha(t_1 + \beta_1) + (1-\alpha)(t_2 + \beta_2) \ge 0$ . Hence  $(t,\beta)$  also satisfy the constraints. This implies that the constraints define a convex set. The Hessian of the objective function in 6.2 is  $H(\beta,t) = \begin{pmatrix} x^T x & 0 \\ 0 & 0 \end{pmatrix}$ . Clearly, this is positive semidefinite. Hence by proposition 5.3, the optimization problem in 6.2 is convex. Hence by proposition 5.6 any local minimizer of 6.1 or 6.2 is also a global minimizer.

Since  $(\beta^*, t^*)$  is the local (and hence global) solution of 6.2, for all  $(\beta, t)$  such that  $t - \beta \ge 0$  and  $t + \beta > 0$  we can write:

$$\frac{1}{2}||y - x\beta^*||_2^2 + \lambda t^* \le \frac{1}{2}||y - x\beta||_2^2 + \lambda t$$
(6.5)

In particular,  $\beta = \beta_1^*$  and  $t = |\beta_1^*|$  satisfy the constraints in 6.2 and hence we can write:

$$\frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta^*||_2^2 + \lambda t^* \le \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta_1^*||_2^2 + \lambda |\beta_1^*|$$
(6.6)

Since  $\beta_1^*$  is a global minimizer of 6.1 we can write:

$$\frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta_1^*||_2^2 + \lambda |\beta_1^*| \le \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta^*||_2^2 + \lambda |\beta^*|$$
(6.7)

Adding 6.6 and 6.7 and simplifying we get:

$$t^* \le |\beta^*| \tag{6.8}$$

But  $t^*$  satisfies  $t^* \ge \beta^*$  and  $t^* \ge -\beta^*$  i.e.,  $t^* \ge |\beta^*|$ . From 6.8 we must therefore have:

$$t^* = |\beta^*| \tag{6.9}$$

Substituting 6.9 in 6.6 we get:

$$\frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta^*||_2^2 + \lambda|\beta^*| \le \frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta_1^*||_2^2 + \lambda|\beta_1^*|$$
(6.10)

From 6.10 and 6.7 we must have:

$$\frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta^*||_2^2 + \lambda|\beta^*| = \frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta_1^*||_2^2 + \lambda|\beta_1^*|$$
(6.11)

Expanding we get:

$$\frac{1}{2} \boldsymbol{y}^T \boldsymbol{y} + \frac{1}{2} (\beta^*)^2 \boldsymbol{x}^T \boldsymbol{x} - \boldsymbol{y}^T \boldsymbol{x} \beta^* + \lambda |\beta^*| = \frac{1}{2} \boldsymbol{y}^T \boldsymbol{y} + \frac{1}{2} (\beta_1^*)^2 \boldsymbol{x}^T \boldsymbol{x} - \boldsymbol{y}^T \boldsymbol{x} \beta_1^* + \lambda |\beta_1^*|$$
(6.12)

Case 1:  $\lambda = 0$ : In this case,  $\frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta_1^*||_2^2 + \lambda|\beta_1^*| = \frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta_1^*||_2^2$  which is minimized for  $\beta_1^* = \boldsymbol{y}^T \boldsymbol{x}/\boldsymbol{x}^T \boldsymbol{x}$ . Similarly  $\frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta^*||_2^2 + \lambda t^* = \frac{1}{2}||\boldsymbol{y} - \boldsymbol{x}\beta^*||_2^2$  which is minimized for  $\beta^* = \boldsymbol{y}^T \boldsymbol{x}/\boldsymbol{x}^T \boldsymbol{x}$ . Hence, in this case we have  $\beta^* = \beta_1^* = \boldsymbol{y}^T \boldsymbol{x}/\boldsymbol{x}^T \boldsymbol{x}$ .

Case 2:  $\lambda \neq 0$  and  $\mathbf{y}^T \mathbf{x} = 0$ : In this case,  $\frac{1}{2} ||\mathbf{y} - \mathbf{x} \beta_1^*||_2^2 + \lambda |\beta_1^*| = \frac{1}{2} \mathbf{y}^T \mathbf{y} + \frac{1}{2} (\beta_1^*)^2 \mathbf{x}^T \mathbf{x} + \lambda |\beta_1^*|$  which is minimized for  $\beta_1^* = 0$ . Similarly,  $\frac{1}{2} ||\mathbf{y} - \mathbf{x} \beta^*||_2^2 + \lambda t^* = \frac{1}{2} ||\mathbf{y} - \mathbf{x} \beta^*||_2^2 + \lambda |\beta^*| = \frac{1}{2} \mathbf{y}^T \mathbf{y} + \frac{1}{2} (\beta^*)^2 \mathbf{x}^T \mathbf{x} + \lambda |\beta^*|$  which is minimized for  $\beta^* = 0$ . Hence, in this case we have  $\beta^* = \beta_1^* = 0$ .

Case 3:  $\lambda \neq 0$  and  $y^T x \neq 0$ : Equation 6.12 holds for all values of  $\lambda$ , x and y. Equating the terms containing  $\lambda$  we must have:

$$|\beta^*| = |\beta_1^*| \tag{6.13}$$

Equation 6.13 already ensures that  $\frac{1}{2}(\beta^*)^2 x^T x = \frac{1}{2}(\beta_1^*)^2 x^T x$ . Equating the coefficient of  $y^T x$  on both sides of 6.12 we get:

$$-\boldsymbol{y}^T \boldsymbol{x} \boldsymbol{\beta}^* = -\boldsymbol{y}^T \boldsymbol{x} \boldsymbol{\beta}_1^* \tag{6.14}$$

Since  $\mathbf{y}^T \mathbf{x} \neq 0$ , we must have  $\beta^* = \beta_1^*$  which is consistent with 6.13.

Hence in all cases, we have  $\beta^* = \beta_1^*$  as claimed.

**Proposition 6.2.** Consider another 1-D optimization problem:

$$min_{\beta} \ \bar{h}(\beta) = \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta||_{2}^{2} + \lambda t, \ where \ \lambda \ge 0$$
 (6.15)

$$t - \beta \ge 0 \tag{6.16}$$

$$t + \beta \ge 0 \tag{6.17}$$

Suppose  $x \neq 0$  and suppose  $(\beta^*, t^*)$  is the solution to 6.15. Then  $\beta^*$  is given by:

$$\beta^* = \begin{cases} \frac{(\mathbf{y}^T \mathbf{x} - \lambda)}{\mathbf{x}^T \mathbf{x}} & \text{if } \mathbf{y}^T \mathbf{x} - \lambda > 0, \\ \frac{(\mathbf{y}^T \mathbf{x} + \lambda)}{\mathbf{x}^T \mathbf{x}} & \text{if } \mathbf{y}^T \mathbf{x} + \lambda < 0, \\ 0 & \text{if } -\lambda \le \mathbf{y}^T \mathbf{x} \le \lambda. \end{cases}$$
(6.18)

*Proof.* The Lagrangian for the optimization problem 6.15 is:

$$\mathcal{L}(\beta, t, \lambda_1, \lambda_2) = \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{x}\beta||_2^2 + \lambda t - \lambda_1(t - \beta) - \lambda_2(t + \beta)$$
(6.19)

The Karush-Kuhn-Tucker (KKT) necessary conditions of optimality for  $(\beta^*, t^*)$  are:

$$\frac{\partial \mathcal{L}}{\partial \beta} = 0 \Longrightarrow \beta \, \boldsymbol{x}^T \boldsymbol{x} = \boldsymbol{y}^T \boldsymbol{x} + \lambda_2 - \lambda_1$$

$$\frac{\partial \mathcal{L}}{\partial t} = 0 \Longrightarrow \lambda_1 + \lambda_2 = \lambda$$

$$t - \beta \ge 0$$

$$t + \beta \ge 0$$
Inequality constraints
$$\lambda_1 \ge 0$$

$$\lambda_2 \ge 0$$
Positivity of  $\lambda_1, \lambda_2$ 

$$\lambda_1(t - \beta) = 0$$

$$\lambda_2(t + \beta) = 0$$
Complementarity constraints
$$(6.20)$$

If  $\mathbf{y}^T \mathbf{x} = 0$  then as shown in proposition 6.1 Case 1 and Case 2,  $\beta^* = 0$ . Thus we assume without loss of generality that  $\mathbf{y}^T \mathbf{x} \neq 0$ .

Case 1:  $\mathbf{y}^T \mathbf{x} - \lambda > 0$ : From 6.20  $\beta \mathbf{x}^T \mathbf{x} = \mathbf{y}^T \mathbf{x} + \lambda_2 - \lambda_1$  and  $\lambda_1 + \lambda_2 = \lambda$ . Thus  $\beta \mathbf{x}^T \mathbf{x} = \mathbf{y}^T \mathbf{x} - \lambda + 2\lambda_2$ . Since  $\lambda_2 \geq 0$  (by 6.20) and  $\mathbf{y}^T \mathbf{x} - \lambda > 0$  (by assumption in Case 1) we have that:

$$\beta \mathbf{x}^T \mathbf{x} = (\mathbf{y}^T \mathbf{x} - \lambda) + 2\lambda_2 > 0 \tag{6.21}$$

Since  $x \neq 0$  we must have  $\beta > 0$ . Also, adding the inequality constraints in 6.20 we have  $t \geq 0$ . Hence in Case 1, we must have  $(t + \beta) > 0$ . Hence the complementarity constraints in 6.20 imply that  $\lambda_2 = 0$ . Hence from 6.21 we have:

$$\beta = \frac{(\mathbf{y}^T \mathbf{x} - \lambda)}{\mathbf{x}^T \mathbf{x}} \tag{6.22}$$

Case 2:  $\mathbf{y}^T \mathbf{x} + \lambda < 0$ : From 6.20  $\beta \mathbf{x}^T \mathbf{x} = \mathbf{y}^T \mathbf{x} + \lambda_2 - \lambda_1$  and  $\lambda_1 + \lambda_2 = \lambda$ . Thus  $\beta \mathbf{x}^T \mathbf{x} = \mathbf{y}^T \mathbf{x} + \lambda - 2\lambda_1$ . Since  $\lambda_1 \geq 0$  (by 6.20) and  $\mathbf{y}^T \mathbf{x} + \lambda < 0$  (by assumption in Case 2) we have that:

$$\beta \mathbf{x}^T \mathbf{x} = (\mathbf{y}^T \mathbf{x} + \lambda) - 2\lambda_1 < 0 \tag{6.23}$$

Since  $x \neq 0$  we must have  $\beta < 0$ . Since  $t \geq |\beta| \geq 0$ , in Case 2, we must have  $(t - \beta) > 0$ . Hence the complementarity constraints in 6.20 imply that  $\lambda_1 = 0$ . Hence from 6.23 we have that:

$$\beta = \frac{(\mathbf{y}^T \mathbf{x} + \lambda)}{\mathbf{x}^T \mathbf{x}} \tag{6.24}$$

Case 3:  $-\lambda \leq y^T x \leq \lambda$ : If  $\beta > 0$  then  $(t+\beta) > 0$  which implies  $\lambda_2 = 0$  (complementarity) and as in 6.22  $\beta = \frac{(y^T x - \lambda)}{x^T x}$ . However  $y^T x - \lambda \leq 0$  in Case 3 which means  $\beta \leq 0$  which is a contradiction.

Similarly, if  $\beta < 0$  then  $(t - \beta) > 0$  which implies  $\lambda_1 = 0$  (complementarity) and as in 6.24  $\beta = \frac{(\boldsymbol{y}^T \boldsymbol{x} + \lambda)}{\boldsymbol{x}^T \boldsymbol{x}}$ . By assumption in Case 3  $\boldsymbol{y}^T \boldsymbol{x} + \lambda \geq 0$  which means  $\beta \geq 0$  which is a contradiction.

The only way to avoid contradiction is to choose  $\beta = 0$  which leads to the following valid selection of lagrange multipliers:

$$\lambda_1 = \frac{\lambda + \boldsymbol{y}^T \boldsymbol{x}}{2} \ge 0 \tag{6.25}$$

$$\lambda_2 = \frac{\lambda - \boldsymbol{y}^T \boldsymbol{x}}{2} \ge 0 \tag{6.26}$$

It can be checked that  $\beta = 0$ , t = 0 and  $\lambda_1, \lambda_2$  as given in 6.25 satisfy the all the KKT conditions of optimality in 6.20. Hence in all cases,  $\beta^*$  is given by 6.18 as claimed.

## **6.2** Multiple variable case: p > 1

In this section we describe the co-ordinate wise optimization approach of Fu [1998] which is also known as the "shooting algorithm" and show that it converges to the global minimum of the LASSO objective function.

The LASSO objective function is a sum of two convex functions one of which is non-differentiable. However, the non-differentiable part is separable in the individual co-ordinate wise components. As shown in Tseng [1988], for optimization problems with this structure, the co-ordinate wise optimization approach to converges to a global minimum. This same property also holds in the case of blockwise co-ordinate optimization as shown in Tseng [2001]. As discussed in Friedman et al. [2007], a similar co-ordinate wise approach can also be applied to other methods related to LASSO such as the "elastic net".

**Proposition 6.3.** Consider the LASSO optimization problem:

$$min_{\boldsymbol{\beta}} h(\boldsymbol{\beta}) = \frac{1}{2} ||\boldsymbol{y} - \boldsymbol{X}\boldsymbol{\beta}||_2^2 + \lambda ||\boldsymbol{\beta}||_1, \text{ where } \lambda \ge 0$$
 (6.27)

Let  $X = [x_1, x_2, \dots, x_p]$ ,  $\beta = [\beta_1, \beta_2, \dots, \beta_p]^T$ ,  $X^{(-i)} = [x_1, \dots, x_{i-1}, x_{i+1}, \dots, x_p]$  and  $\beta^{(-i)} = [\beta_1, \dots, \beta_{i-1}, \beta_{i+1}, \dots, \beta_p]^T$ . Consider the following solution approach:

- Initialize  $\beta = \beta_0$  (using for instance least squares, regularized least squares or randomly)
- For k = 0, 1, 2, ..., m repeat
  - Compute  $f_k = h(\beta)$ .
  - $For i = 1, 2, \dots, n$ 
    - 1. Using the current value of  $\beta^{(-i)}$  solve the following 1-D optimization problem w.r.t.  $\beta_i$

$$min_{\beta_i} h'(\beta_i) = \frac{1}{2} || \mathbf{y}_i - \mathbf{x}_i \beta_i ||_2^2 + \lambda |\beta_i| + \lambda || \boldsymbol{\beta}^{(-i)} ||_1$$
 (6.28)

where

$$\boldsymbol{y}_i = \boldsymbol{y} - \boldsymbol{X}^{(-i)} \boldsymbol{\beta}^{(-i)} \tag{6.29}$$

2. Suppose  $\beta_i^*$  is the solution to 6.28 then update the ith element of  $\beta$  to be equal to  $\beta_i^*$  i.e., set  $\beta_i = \beta_i^*$ 

Then the sequence of iterates  $f_1, f_2, \ldots, f_m$  converge to the co-ordinate wise minimum of  $h(\beta)$  in 6.27 as  $m \to \infty$ .

*Proof.* It is easy to see that:

$$h(\beta) = \frac{1}{2} ||y - X\beta||_2^2 + \lambda ||\beta||_1 = \frac{1}{2} ||y_i - x_i\beta_i||_2^2 + \lambda |\beta_i| + \lambda ||\beta^{(-i)}||_1$$
(6.30)

where  $y_i$  is defined in 6.29. If  $\beta_i^*$  solves the convex optimization problem 6.28 then we must have:

$$\frac{1}{2} || \boldsymbol{y}_i - \boldsymbol{x}_i \beta_i^* ||_2^2 + \lambda |\beta_i^*| + \lambda || \boldsymbol{\beta}^{(-i)} ||_1 \le \frac{1}{2} || \boldsymbol{y}_i - \boldsymbol{x}_i \beta_i ||_2^2 + \lambda |\beta_i| + \lambda || \boldsymbol{\beta}^{(-i)} ||_1 = h(\boldsymbol{\beta})$$
(6.31)

If  $\beta_{new}$  is the new vector obtained by updating the *i*th component of  $\beta$  to be equal to  $\beta_i^*$  then we can re-write 6.31 as:

$$h(\beta_{new}) \le h(\beta) \tag{6.32}$$

Hence we see that every iteration in the inner for loop (i = 1, 2, ..., p) decreases the objective function. This implies that:

$$f_{k+1} \le f_k \text{ for all } k \tag{6.33}$$

Suppose  $\hat{f}$  is the greatest lower bound on the sequence  $\{f_k\}$ . Then  $\hat{f} \leq f_k$  for all k. Choose any  $\varepsilon > 0$ . Then

$$f_k + \varepsilon > \hat{f} \tag{6.34}$$

Also  $\hat{f} + \varepsilon$  is not the greatest lower bound. Hence there exists  $n_0$  such that

$$f_{n_0} < \hat{f} + \varepsilon \tag{6.35}$$

Since  $k > n_0$  implies  $f_k \le f_{n_0}$  we conclude that:

$$f_k \le f_{n_0} < \hat{f} + \varepsilon \text{ if } k > n_0 \tag{6.36}$$

Hence for all  $k > n_0$  we have:

$$\hat{f} - \varepsilon < f_k < \hat{f} + \varepsilon \tag{6.37}$$

In other words, the sequence  $\{f_k\}$  converges to  $\hat{f}$ . If we cycle through all the co-ordinate directions until convergence then  $\hat{f}$  will be the co-ordinate wise minimum of  $h(\beta)$ .

**Proposition 6.4.** Suppose  $\hat{\boldsymbol{\beta}}$  is the co-ordinate wise minimum of  $h(\boldsymbol{\beta})$ :

$$h(\hat{\boldsymbol{\beta}} + \delta_i \boldsymbol{e}_i) \ge h(\hat{\boldsymbol{\beta}}) \text{ where } \delta_i \ne 0$$
 (6.38)

and  $e_i$  is a vector with a 1 at position i and zeros elsewhere. Then for any vector p in some open neighborhood of  $\hat{\beta}$ :

$$h(\hat{\boldsymbol{\beta}} + \boldsymbol{p}) \ge h(\hat{\boldsymbol{\beta}}) \tag{6.39}$$

i.e.,  $\hat{\beta}$  is a local minimizer of  $h(\beta)$ . Since  $h(\beta)$  is convex this implies that  $\hat{\beta}$  is also a global minimizer.

*Proof.* Recall that we can write the LASSO objective as:

$$h(\beta) = f(\beta) + g(\beta) \tag{6.40}$$

where

$$f(\boldsymbol{\beta}) = \frac{1}{2}||\boldsymbol{y} - \boldsymbol{X}\boldsymbol{\beta}||_2^2 \tag{6.41}$$

$$g(\boldsymbol{\beta}) = \lambda ||\boldsymbol{\beta}||_1 = \lambda \sum_{i=1}^p |\beta_i|$$
 (6.42)

Hence we can write:

$$h(\hat{\boldsymbol{\beta}} + \boldsymbol{p}) = f(\hat{\boldsymbol{\beta}} + \boldsymbol{p}) + g(\hat{\boldsymbol{\beta}} + \boldsymbol{p})$$
(6.43)

$$= f(\hat{\boldsymbol{\beta}}) + \boldsymbol{p}^T \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \boldsymbol{p}^T \boldsymbol{X}^T \boldsymbol{X} \boldsymbol{p} + \lambda \sum_{i=1}^p |\hat{\beta}_i + p_i|$$
(6.44)

$$= f(\hat{\boldsymbol{\beta}}) + \lambda \sum_{i=1}^{p} |\hat{\beta}_i| + \boldsymbol{p}^T \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \boldsymbol{p}^T \boldsymbol{X}^T \boldsymbol{X} \boldsymbol{p} + \lambda \sum_{i=1}^{p} |\hat{\beta}_i| + p_i| - \lambda \sum_{i=1}^{p} |\hat{\beta}_i|$$
(6.45)

$$= f(\hat{\boldsymbol{\beta}}) + g(\hat{\boldsymbol{\beta}}) + \boldsymbol{p}^T \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \boldsymbol{p}^T \boldsymbol{X}^T \boldsymbol{X} \boldsymbol{p} + \lambda \sum_{i=1}^p |\hat{\beta}_i + p_i| - \lambda \sum_{i=1}^p |\hat{\beta}_i|$$
(6.46)

$$=h(\hat{\boldsymbol{\beta}})+\boldsymbol{p}^{T}\nabla f(\hat{\boldsymbol{\beta}})+\frac{1}{2}\boldsymbol{p}^{T}\boldsymbol{X}^{T}\boldsymbol{X}\boldsymbol{p}+\lambda\sum_{i=1}^{p}|\hat{\beta}_{i}+p_{i}|-\lambda\sum_{i=1}^{p}|\hat{\beta}_{i}|$$
(6.47)

(6.48)

Let  $p = \delta_i e_i$  in 6.43 with  $\delta_i \neq 0$  then we can write:

$$h(\hat{\boldsymbol{\beta}} + \delta_i \boldsymbol{e}_i) = h(\hat{\boldsymbol{\beta}}) + \delta_i \boldsymbol{e}_i^T \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \delta_i^2 \boldsymbol{e}_i^T \boldsymbol{X}^T \boldsymbol{X} \boldsymbol{e}_i + \lambda |\hat{\beta}_i + \delta_i| - \lambda |\hat{\beta}_i|$$
(6.49)

By assumption  $h(\hat{\beta} + \delta_i e_i) \ge h(\hat{\beta})$  and so we must have:

$$\delta_{i} \boldsymbol{e}_{i}^{T} \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \delta_{i}^{2} \boldsymbol{e}_{i}^{T} \boldsymbol{X}^{T} \boldsymbol{X} \boldsymbol{e}_{i} + \lambda |\hat{\beta}_{i} + \delta_{i}| - \lambda |\hat{\beta}_{i}| \ge 0$$

$$(6.50)$$

The above relationship holds for all  $\delta_i$  not matter how small. By choosing  $|\delta_i|$  sufficiently small, we can make the term  $\frac{1}{2}\delta_i^2 \boldsymbol{e}_i^T \boldsymbol{X}^T \boldsymbol{X} \boldsymbol{e}_i$  arbitrarily close to 0. Hence there exists  $\theta_i > 0$  such that for all  $\delta_i \in (-\theta_i, \theta_i)$  the following holds:

$$\delta_i \mathbf{e}_i^T \nabla f(\hat{\boldsymbol{\beta}}) + \lambda |\hat{\beta}_i + \delta_i| - \lambda |\hat{\beta}_i| \ge 0$$
(6.51)

Now let

$$\mathbf{p} = \sum_{i=1}^{p} \delta_i \mathbf{e}_i \tag{6.52}$$

then from 6.43 we get:

$$h(\hat{\boldsymbol{\beta}} + \boldsymbol{p}) = h(\hat{\boldsymbol{\beta}}) + \sum_{i=1}^{p} \delta_{i} \boldsymbol{e}_{i}^{T} \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \boldsymbol{p}^{T} \boldsymbol{X}^{T} \boldsymbol{X} \boldsymbol{p} + \lambda \sum_{i=1}^{p} |\hat{\beta}_{i} + \delta_{i}| - \lambda \sum_{i=1}^{p} |\hat{\beta}_{i}|$$
(6.53)

Note that 6.51 implies:

$$\sum_{i=1}^{p} \delta_i e_i^T \nabla f(\hat{\boldsymbol{\beta}}) + \lambda \sum_{i=1}^{p} |\hat{\beta}_i + \delta_i| - \lambda \sum_{i=1}^{p} |\hat{\beta}_i| \ge 0$$

$$(6.54)$$

Therefore from 6.53 and 6.54 we must have:

$$h(\hat{\boldsymbol{\beta}} + \boldsymbol{p}) = h(\hat{\boldsymbol{\beta}}) + \sum_{i=1}^{p} \delta_{i} \boldsymbol{e}_{i}^{T} \nabla f(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \boldsymbol{p}^{T} \boldsymbol{X}^{T} \boldsymbol{X} \boldsymbol{p} + \lambda \sum_{i=1}^{p} |\hat{\beta}_{i} + \delta_{i}| - \lambda \sum_{i=1}^{p} |\hat{\beta}_{i}|$$
(6.55)

$$\geq h(\hat{\boldsymbol{\beta}}) + \frac{1}{2} \boldsymbol{p}^T \boldsymbol{X}^T \boldsymbol{X} \boldsymbol{p} \tag{6.56}$$

$$\geq h(\hat{\boldsymbol{\beta}})$$
 by the positive semi-definiteness of  $\boldsymbol{X}^T \boldsymbol{X}$  (6.57)

In other words, we have found an open neighborhood with  $\delta_i \in (-\theta_i, \theta_i), \theta_i > 0$  such that for all p of the form 6.52,  $h(\hat{\beta} + p) \ge h(\hat{\beta})$ . This implies that the co-ordinate wise minimizer  $\hat{\beta}$  is actually a local minimizer (and hence by convexity a global minimizer) of  $h(\beta)$ .

#### 7 How to choose $\lambda$ ?

The  $L_1$  regularization parameter for LASSO can be chosen using cross validation. In brief, given data  $(\boldsymbol{X}, \boldsymbol{y})$ , we partition the rows of  $\boldsymbol{X}$  and  $\boldsymbol{y}$  into K parts giving us K data/response pairs:  $(\boldsymbol{X}_1, \boldsymbol{y}_1), (\boldsymbol{X}_2, \boldsymbol{y}_2), \dots, (\boldsymbol{X}_K, \boldsymbol{y}_K)$ . Let  $(\boldsymbol{X}^{(-i)}, \boldsymbol{y}^{(-i)})$  be the data/response pair obtained by deleting the ith part  $(\boldsymbol{X}_i, \boldsymbol{y}_i)$  from  $(\boldsymbol{X}, \boldsymbol{y})$ . Let  $\beta_{lasso}^{(-i)}$  be the LASSO solution obtained using  $(\boldsymbol{X}^{(-i)}, \boldsymbol{y}^{(-i)})$ . Let  $n_i$  be the number of data points in the ith data/response pair  $(\boldsymbol{X}_i, \boldsymbol{y}_i)$ . For a given value of  $\lambda$  define the average cross validated mean squared error as:

$$\overline{CV}_{MSE}(\lambda) = \frac{1}{K} \sum_{i=1}^{K} \frac{1}{n_i} \left\| \left( \boldsymbol{y}_i - \boldsymbol{X}_i \, \boldsymbol{\beta}_{lasso}^{(-i)} \right) \right\|_2^2$$
(7.1)

Given a range of palusible values for  $\lambda$  we choose the optimal  $\lambda$  as the one that minimizes the average cross validated mean squared error:

$$\lambda^* = \arg\min_{\lambda} \overline{CV}_{MSE}(\lambda) \tag{7.2}$$

Figure 1 shows the process of choosing  $\lambda$  for an example data set using 10-fold cross-validation. Figure 2 shows the optimal LASSO fit using  $\lambda^*$  from Figure 1 as well as the estimated LASSO coefficients.

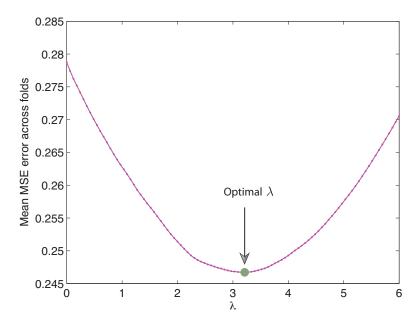


Figure 1: Average mean squared error across cross-validation folds (10-fold cross-validation) versus the regularization parameter  $\lambda$  for an example data set. Arrow shows the location of  $\lambda^*$ .

### 8 Conclusions

This goal of this tutorial was to provide a simple yet self-contained introduction to the LASSO [Tibshirani, 1996] technique for  $L_1$  regularized linear regression. We discussed an efficient algorithm for optimizing the LASSO objective function - the "shooting algorithm" of Fu [1998]. From a practical point of view, we suggest a cross-validation based approach for choosing the regularization parameter  $\lambda$ . We encourage the reader to learn more about LASSO by visiting Rob Tibshirani's LASSO page: http://www-stat.stanford.edu/~tibs/lasso.html.

MATLAB code for estimating a LASSO model along with example data can be downloaded from: http://www.gautampendse.com/software/lasso/webpage/lasso\_shooting.html.

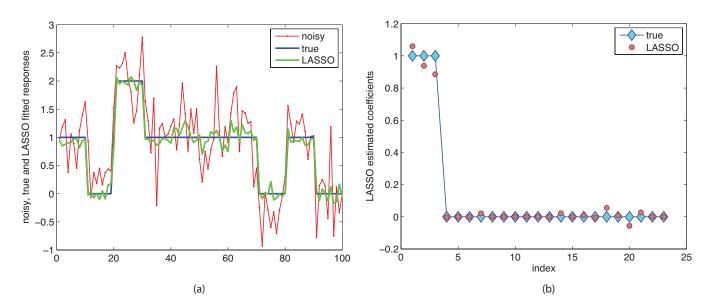


Figure 2: (a) Overlay of noisy data, true data and the LASSO fit obtained using  $\lambda^*$  from Figure 1 (b) The true coefficients versus the LASSO estimated coefficients using  $\lambda^*$  from Figure 1.

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