

Guy Prochilo

About

I am a lecturer of research methods in psychology and a researcher at the Institute for Social Neuroscience (ISN Psychology, Melbourne, Australia). My current research is clinically focused and involves evaluating electronically-delivered health (eHealth) interventions and their effect on psychological stress and wellbeing through randomized controlled trial designs.

Contact

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Education

2020	Ph.D. (Psychology)	University of Melbourne <ul style="list-style-type: none">Thesis: Organizational Neuroscience with Applications to Stress Management
2013	B.Sc. (Hons)	University of Queensland
2012	B.Sc. & B.Bus.Man.	University of Queensland

Employment

2020 – date	Lecturer & Unit Coordinator, ISN Psychology , Melbourne, Australia <ul style="list-style-type: none">Research Methods (Bachelor of Psychological Science Hons)Research Methods (Master of Clinical Psychology)Research Project (Master of Professional Psychology)
2020 – date	Researcher, ISN Psychology , Melbourne, Australia
2019 – 2020	Statistical Consultant, ISN Psychology , Melbourne, Australia
2019 – 2020	R Statistical Software Volunteer Trainer, Researcher Community Training Service, University of Melbourne , Melbourne, Australia
2013	Research Methods Tutor, UQ Business School, University of Queensland , Brisbane, Australia
2012	Research Intern, School of Psychology, University of Queensland , Brisbane, Australia (Supervisor: Dr. Hannes Zacher)

Publications

- 2021** **Prochilo, G. A.**, Costa, R. J. S., Hassed, C., Chambers, R., & Molenberghs, P. (2021). A 16-week aerobic exercise and mindfulness-based intervention on chronic psychosocial stress: A pilot and feasibility study. *Pilot and Feasibility Studies*, 7(1), 64.
<https://doi.org/10.1186/s40814-020-00751-6>
- 2019** **Prochilo, G. A.**, Louis, W. R., Bode, S., Zacher, H., & Molenberghs, P. (2019). An Extended Commentary on Post-publication Peer Review in Organizational Neuroscience. *Meta-Psychology*, 3.
<https://doi.org/10.15626/MP.2018.935>
- 2017** Molenberghs, P., **Prochilo, G.**, Steffens, N. K., Zacher, H., & Haslam, S. A. (2017). The Neuroscience of Inspirational Leadership: The Importance of Collective-Oriented Language and Shared Group Membership. *Journal of Management*, 43(7), 2168–2194.
<https://doi.org/10.1177/0149206314565242>

Presentations and Invited Talks

- 2021** **Prochilo, G. A.** *The future of science is open: three ways you can apply open science reforms to your research right now.* HeSSA Open Science Symposia with Guy Prochilo, Swinburne University, Melbourne, Australia. Invited Talk. [Watch Talk Here](#).
- 2020** **Prochilo, G. A.** *Three ways you can get started with open science right now.* ISN Psychology, Melbourne, Australia. Invited Talk.
- 2019** **Prochilo, G. A.**, Louis, W., Bode, S., Zacher, H., & Molenberghs, P. *Organizational Neuroscience Needs Careful and Consistent Post-publication Peer Review.* Association for Interdisciplinary Meta-research & Open Science Conference, Melbourne, Australia.
- 2018** **Prochilo, G. A.**, Dominguez, J., Costa, R., & Molenberghs, P. *The Effects of a 16-week Combined Aerobic Exercise and Mindfulness-based Intervention: A Pilot Study.* Society for Neuroscience Annual Meeting, San Diego, United States.
- 2018** **Prochilo, G. A.**, Dominguez, J., Costa, R., & Molenberghs, P. *The Effects of a 16-week Combined Aerobic Exercise and Mindfulness-based Intervention: A Pilot Study.* Australasian Society for Social and Affective Neuroscience Annual Meeting, Brisbane, Australia.

- 2016** **Prochilo, G. A.,** Molenberghs, P., Steffens, NK., Zacher, H., & Haslam, SA. *The Neuroscience of Inspirational Leadership: The Importance of Collective-oriented Language and Shared Group Membership*. Australasian Society for Social and Affective Neuroscience Annual Meeting, Sydney, Australia.

Collaborators

- Associate Professor Pascal Molenberghs, [ISN Psychology](#), Melbourne, Australia
- Professor Hannes Zacher, [University of Leipzig](#), Leipzig, Germany
- Dr. Ricardo Da Costa, [Monash University](#), Melbourne, Australia
- Associate Professor Stefan Bode, [University of Melbourne](#), Melbourne, Australia
- Professor Winnifred Louis, [University of Queensland](#), Brisbane, Australia
- Dr Juan Dominguez, [Australian Catholic University](#), Melbourne, Australia
- Associate Professor Craig Hassed, [Monash University](#), Melbourne, Australia
- Dr. Richard Chambers, [Monash University](#), Melbourne, Australia

Current Student Supervision

- 2021** Group Project: *Can smartphone apps be used to reduce psychological stress in people who are currently experiencing psychological stress: a randomized controlled trial?*
- **Honours Students:** Shuniel Turner and Najia Anjum.

Completed Student Supervision

- Total Completed: 18 Honours Students; 2 Master's Students

- 2021** Group Project: *Can smartphone apps be used to reduce psychological stress in people who are currently experiencing psychological stress: a randomized controlled trial?*
- **Honours Students:** Puya Pazir, Angus Panther, Tarshi Barua
 - **Master's Students:** Oscar Goldberg
- 2021** Group Project: *A randomized pretest-posttest waitlist-controlled trial to examine the effects of an online mindfulness-based intervention on psychological stress and wellbeing in tertiary education students.*
- **Honours Students:** Carmen Phung Tong, Niva Perera, Dana Najmeddine, Asad Khan, Azra Mehmeti
 - **Master's Students:** Zoe Lazaridis

2020

Group Project: *The effects of an online mindfulness-based intervention on psychological stress: a randomized pretest-posttest waitlist-controlled pilot and feasibility study.*

- **Honours Students:** Ciaran Barton, Kathryn Cianciarulo, Eman Shehata, Esma Voloder, Caroline D'Souza, Daniel Abela, Lillian Underhill, Carolina Debek, Khadijah Duarte, Mona Andalib.

Journal Reviewer

- BMC Medical Education

Awards

2019

Conference Poster Award (Top 10). *Melbourne Research Bazaar Conference.* Researcher Community Training Service, [University of Melbourne](#), Melbourne, Australia

2018

Melbourne Research Scholarship, [University of Melbourne](#), Melbourne, Australia.

2017

Monash University Volunteer of the Year Award (Nominated). [Monash University](#), Melbourne, Australia.

Professional Memberships

- Australasian Society for Behavioural Health and Medicine (ASBHM). [Website](#).
- Association for Interdisciplinary Meta-Research and Open Science (AMOS). [Website](#).
- Australia and New Zealand Open Research Network (ANZORN). [Website](#).
- Society for the Improvement of Psychological Science. [Website](#).
- The Australasian Society for Social and Affective Neuroscience. [Website](#).