

**44th BALKAN CHAMPIONSHIPS JUNIOR MEN & JUNIOR WOMEN
SERRES, 5-6 JULY 2014**

Timetable - UPATED 4/07/14

1st Day: 5 July 2014		
START TIME	EVENT	M/W
Morning Session		
9:30	100m	Decathlon (1)
9:45	100m H.	Heptathlon (1)
10:10	Long Jump	Decathlon (2)
10:30	High Jump	Heptathlon (2)
11:15	Shot Put	Decathlon (3)
Evening Session		
16:00	Hammer Throw	Junior Men
17:00	High Jump	Decathlon (4)
17:00	Shot Put	Heptathlon (3)
17:15	Pole Vault	Junior Women
17:15	100m Heat 1	Junior Men
17:25	100m Heat 1	Junior Women
17:35	400m Heat 1	Junior Men
17:45	Opening Ceremony	
18:00	Discus Throw	Junior Women
18:05	400m H Heat 1	Junior Women
18:12	400m H Heat 2	Junior Women
18:20	400m H Heat 1	Junior Men
18:27	400m H Heat 2	Junior Men
18:30	Long Jump	Junior Men
18:35	100m Heat 2	Junior Women
18:41	100m Heat 3	Junior Women
18:50	100m Heat 2	Junior Men
18:56	100m Heat 3	Junior Men
19:05	800m Heat 1	Junior Women
19:10	Shot Put	Junior Men
19:15	800m Heat 2	Junior Women
19:20	High Jump	Junior Men
19:25	1500m	Junior Men
19:35	400m Heat 1	Junior Women
19:41	400m Heat 2	Junior Women
19:50	400m Heat 2	Junior Men
19:55	Javelin Throw	Junior Women
19:56	400m Heat 3	Junior Men
20:05	Triple Jump	Junior Women
20:10	200m	Heptathlon (4)
20:20	3.000m SC	Junior Women
20:35	400m	Decathlon (5)
20:45	5000m	Junior Men
21:05	4X100m Heat 1	Junior Women
21:14	4X100m Heat 2	Junior Women
21:25	4X100m Heat 1	Junior Men
21:34	4X100m Heat 2	Junior Men

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Timetable - UPATED 4/07/14

2nd Day: 6 July 2014		
START TIME	EVENT	M/W
Morning Session		
9:00	110m H.	Decathlon (6)
9:45	Discus Throw	Decathlon (7)
10:00	Long Jump	Heptathlon (5)
10:45	Javelin Throw	Heptathlon (6)
11:00	Pole Vault	Decathlon (8)
Evening Session		
16:00	Hammer Throw	Junior Women
16:55	Javelin Throw	Decathlon (9)
17:00	Pole Vault	Junior Men
17:15	200m Heat 1	Junior Men
17:25	200m Heat 1	Junior Women
17:50	Discus Throw	Junior Men
17:55	Long Jump	Junior Women
18:05	100m H Heat 1	Junior Women
18:12	100m H Heat 2	Junior Women
18:20	110m H Heat 1	Junior Men
18:27	110m H Heat 2	Junior Men
18:30	High Jump	Junior Women
18:35	1500m	Junior Women
18:40	Shot Put	Junior Women
18:45	800m Heat 1	Junior Men
18:55	800m Heat 2	Junior Men
19:05	3000m SC	Junior Men
19:25	200m Heat 2	Junior Women
19:30	Triple Jump	Junior Men
19:31	200m Heat 3	Junior Women
19:35	Javelin Throw	Junior Men
19:45	200m Heat 2	Junior Men
19:51	200m Heat 3	Junior Men
20:00	1500m	Decathlon (10)
20:10	800m	Heptathlon (7)
20:20	5000m	Junior Women
20:45	4 x 400m	Junior Women
20:55	4 x 400m	Junior Men