



MONROE COUNTY
ENERGYCHALLENGE

In July

Task of the Month

Set your AC thermostat to 78°F or higher*

On cool nights, exhaust the hot indoor air by pulling cooler air from outside across your house or out upper windows.

If your house is too humid, set your AC to come on early in the morning to reduce the humidity.



*** How can I keep cool on a hot day?**
Run a ceiling fan in the room you are in, drink cool liquids and dress appropriately.

Ceiling fans help you feel cooler; but turn them off when you leave a room!



Humidity Problems?

Try running your AC early in the morning to reduce humidity, then turn up the thermostat and close the blinds or curtains to keep out the hot sun.

Keep your cooling and heating system at peak performance by having a contractor do annual pre-season check-ups.

What should good service include?

See the ENERGY STAR checklist at:
<http://tinyurl.com/HVAC-maintenance>

Cost: \$0

Est. Savings: \$30/year

Difficulty: Easy

See MoCoEnergyChallenge.org or email us
MoCoEnergyChallenge@gmail.com



Task of the Month was originally created
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