

## **RULE HIGHLIGHTS**

- Baby joggers, baby strollers, skateboards, rollerblades, unauthorized bicycles or any other wheeled device except wheelchairs for registered AWD participants are not permitted.
- Animals of any kind, including dogs, are not allowed on the course and may not be brought into the Start or Finish line areas. Participants needing service animals will be allowed human escorts (see AWD rules).
- Participants may not carry an infant or child at any point on the racecourse or in the Start or Finish line areas.
- Must be 16 years of age or older on race day to participate.

## **EVENT ENTRY & REGISTRATION REQUIREMENTS**

Unless entered through Students Run LA, participants must be 16 years or older on race day to enter. Participants 16-17 years of age must have a parent or legal guardian present to pick up the participant's race bib and sign the Event waiver.

Any participant not entered through Students Run LA discovered to be under the age of 16 will be disqualified. Any parent or legal guardian who enters a person under the age of 16 and participates in the race will be disqualified and banned from the race for a period of up to 2 years.

All participants must show a government-issued photo ID when picking up their own race number. The ID must match the name, age, and gender of the person to whom the race number is assigned. The age of a participant on the day of the race determines his or her age division. If, for any reason, an age verification is requested, a birth certificate or a U.S. passport will be required in addition to a government-issued photo ID.

Every participant must pick up his/her race number at the Health & Fitness Expo as specified in the written instructions provided to participants. Participants may not pick up race numbers on behalf of others. Participants registered in the Start Line Hospitality program may pick up their race numbers on race morning or as allowed by that program.

Without exception all participants must agree to and sign the Event waiver.

Any participant seeking accommodation in respect to a disability must submit a written request to the following email address: [awd@goconqr.com](mailto:awd@goconqr.com). **Click here for the AWD Rules.**

For participants competing in the Elite Open Division, these Rules are supplemented by the Event's Elite Open Rules. Please contact our Elite Coordinator for a copy of these rules.

**Race entry fees and ancillary purchases are non-refundable and non-transferable under any circumstances.**

## **RACE NUMBERS & TIMING CHIPS**

No one may participate in the Event without wearing the officially issued race number bib registered to the wearer.

Participant race number bibs are specific personal identifiers and may not be exchanged or transferred, given or sold to any other person. The sale and/or transfer of race entries/bibs is strictly prohibited and will result in the disqualification and/or banning from future event of any individuals (sellers and buyers) involved.

Participants are responsible for verifying that their timing chip is working properly prior to the race and worn correctly during the race. Timing chips can be tested at the pickup location and any problems with the timing device must be addressed at the time of packet pick-up.

Race numbers must be pinned on the front of the participant's shorts/singlet and must be conspicuously visible at all times while on the racecourse. Participants who can't be verified as they pass through official race photography and/or other check points due to missing or obscured race numbers may be determined to have cut the course and removed from the results or disqualified. Race numbers may not be folded or cut.

Participants found to be wearing or transporting two or more timing chips during the race will be disqualified and banned from future Events.

## **APPAREL & COSTUMES**

While Costumes are allowed uniforms, costumes or outfits covering the face, or any non-formfitting bulky outfit extending beyond the perimeter of the body, are not permitted.

## **RACECOURSE**

The racecourse is defined as the roadway between its edges and curbs or as defined by marks or cones. [See Course Cutting below.]

Participants are responsible to recognize and understand Event signage and symbols relating to participant maps, facilities and directions.

The course has been measured and certified as to its distance (42.195 kilometers) in accordance with USATF requirements. As the elevation of the finish of the Event is more than 1 meter per kilometer lower than the start and as the finish is separated from the start by a distance greater than 50% of the race distance, performances in the Event are not eligible to be ratified as records.

## **THE RACE**

### Start

Participants will be assigned to numbered "Start Corrals" in accordance with time qualifying standards and other factors determined each year by the Event Organization.

All participants must enter their Start Corral at the designated entry points and start in their designated Corral. Any person who climbs the fence or otherwise enters improperly will be disqualified from the Event. Any participant attempting to enter a Start Corral to which they are not assigned will be required to start after all other participants have crossed the start line.

All participants are responsible for knowing the Event's start time and check-in method for their Start Corral. All participants must be in their corral at the appointed time to receive instructions and to participate in the Official Start of the race. For participant safety, once a corral is closed for entry, late-arriving participants must report to the last corral.

Participants must begin the Event during the official recognized start times. Start timing mats will be removed after all participants in the last corral have had a reasonable opportunity to start, to be determined by the Race Organization.

False starts will not be recalled.

#### Time Limit

The Event has a maximum race day finish time of six hours and 30 minutes measured from the time the last on-time runner crosses the start line. The Marathon course will reopen for public use on a rolling schedule based on this time limit. Participants that fall behind this pace will be directed to the sidewalk and allowed to finish the race but will not be guaranteed a finishing time. Once directed to the sidewalk participants are required to obey all traffic and pedestrian laws. Aid stations will also close on the same rolling schedule as the streets.

The Event time limit applies to all forms of entry and Event participation.

#### Sportsmanship

All participants are expected to conduct themselves in a professional and courteous manner during their participation in the Event. This means, for example, that urinating or defecating anywhere on or near the course shall be strictly prohibited except in toilet facilities. Anyone violating this rule of conduct shall be disqualified from the Event and will be asked to leave the course.

Participants shall immediately and respectfully comply with the directions of any race official or volunteer. Participants may not make any public protest or display of disgust regarding the application of these Rules or any decision of any race marshal or official.

No Participant shall make a bad-faith protest against any other participant.

#### Conduct & Interference

At all times during the Event, Participants will act with due consideration of the safety and rights of other participants. Regardless of the circumstances or competitive disadvantage, no participant will commit any act that endangers any other participant. Participants shall not intentionally obstruct, impede or interfere with the forward progress of another participant.

#### Outside Assistance Prohibited

Outside assistance is any form of aid or support provided to a participant by someone who is not an official race volunteer or staff member that is not provided to all participants on an equal basis. No participant may receive any outside assistance from any person who is not an official race volunteer or official race staff member. This includes, but is not limited to:

- Receiving food, beverages, or any other form of physical aid from anyone other than at designated aid stations.
- Accepting pacing or guiding from anyone other than official race pacers.
- Receiving transportation or assistance with travel along the course from anyone other than official race vehicles.
- Using any device or technology not permitted by the race rules for the purpose of gaining an unfair advantage.

Any participant found to be receiving outside assistance may be disqualified or otherwise penalized at the discretion of the race organization. The race organizers reserve the right to take further disciplinary action, such as banning the participant from future races.

This rule is intended to ensure a fair and level playing field for all participants and will be strictly applied to all participants with finish times that earn awards and/or qualifying times for any events such as the Boston Marathon or Olympic Trials.

#### Course-Cutting

Participants must stay on the race course which is defined as the roadway between its edges and curbs or as defined by marks or cones. Participants who intentionally shorten the route of the race ("course-cutting") will be disqualified. Any participant leaving the race course for any reason must re-enter the race course where he or she left it or be disqualified for course-cutting. Course-cutting may be determined by eye-witness reports, by surveillance equipment and video, by the participant failing to register times at timing mats or appearing in race photography. Participants with missing or irregular mile split times at official timing checkpoints will be reviewed and may be disqualified.

#### Unauthorized Persons

No unauthorized persons may enter the start, course, and secured finish areas. Such unauthorized persons include, but are not limited to, the children and other family members and friends of participating athletes. All unauthorized persons will be directed to leave the start and secured finish areas and the course.

Any person on the race course and not properly displaying an officially authorized and issued race number will be directed to leave the race course by race officials, race security or police.

#### Participant safety

Unless specifically allowed below, participants may not use or carry on the course any objects or devices except pocket-sized cellular or photographic devices and hydration devices or bottles.

##### Prohibited items include:

Selfie sticks and any camera mount or rig that isn't attached directly to the head or torso

Weapons & sharp objects

Signs & banners larger than 11" x17"

Duvets, sleeping bags, and large blankets or comforters

Alcoholic beverages and illegal substances of any kind

Unmanned aerial devices, drones, survey balloons, mini-copters, and any other flying device

Opaque trash bags and any non-transparent plastic bags (Clear trash bags are allowed)

Glass containers

Containers of liquid larger than one liter (except hydration packs – see below)

Backpacks and any bags other than the clear bag check bag

Weight vests and any vests with multiple pockets, especially those that can be used as a water reservoir

##### Allowed items include:

Pocket-sized mobile phones and music players

Camelbaks® and other types of small hydration backpacks

Fuel belts and hand-held water bottles

All hydration packs are subject to search and may not hold anything other than liquids

Non-commercial flags on poles not exceeding 18"

Portable listening devices may not be used by participants starting in the Pro/Elite start (racing for prize money).

The use of wheeled devices by participants is strictly limited to authorized and officially registered wheelchair and handcycle participants (See AWD rules). Baby joggers, baby strollers, skateboards, rollerblades, unauthorized bicycles or any other wheeled device are not permitted.

No animals of any kind, including dogs, may be brought on the course or into the Start or Finish line areas. (Those needing service animals please see AWD rules).

Participants may not carry an infant or child at any point on the race course or in the Start or Finish line areas.

#### Directions from Officials

Participants must comply with all directions given by race officials including immediately retiring from the race if directed to do so by a race official or any governmental authority, including fire and police officers.

Event officials reserve the right to delay, cancel, or suspend the race due to weather, safety or security concerns.

#### Directions from Medical Officials

Authorized medical personnel may require a participant to stop at any point on the race course for an examination. If in the sole opinion of authorized medical personnel, it is in the best interest of the participant's health and welfare, medical personnel may remove a participant from the Event. Any participant failing to immediately accept the direction of an authorized medical personnel will be disqualified and may be banned from future Events. Participants allowed by medical personnel to continue on the racecourse will not have received any illegal assistance and not be penalized.

Participants are responsible and assume liability for all medical expenses incurred as a result of training for and/or participation in the Event, including but not limited to ambulance transport, hospital stays, physician and pharmaceutical goods and services.

## **RESULTS & AWARDS**

Age Group participants will compete in the following age divisions:

15 & under (SRLA only), 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over

The top 3 finishers in each male and female age division and in the overall in the nonbinary division will receive a commemorative award. All official finishers will receive a commemorative medal.

Participants registered in the Pro Division will not be classified in their age groups and are not eligible to win age group awards. Participants registered in an age group division are not eligible to win prize money and will not be classified in the Pro Division unless the participant was registered in the Elite Age Group Division and started the race with that Division. Prize money will be awarded on the basis of gun times.

Official times for all participants not entered in the Pro Division will be the electronic timing device time (net time) from when the participant crosses the start line to the point where the participant crosses the finish

line. Participants must wear their assigned timing chip, which is attached to their bib number, from start line to finish line to receive an official finish time. Times will be rounded to the next highest second.

### **DRUG TESTING & SANCTION**

All participants, including age group participants, are subject to USATF, USADA, IAAF and WADA anti-doping rules. An anti-doping rule violation occurring during or in connection with the Event may lead to disqualification of the participants' individual results, including forfeiture of all awards, points and prizes.

The Race will be conducted under current USATF Competition Rules. By entering the race, all participants agree to abide by these rules. Any participant who fails to comply with any applicable rule may be disqualified and/or banned from future Events as determined by the Event Organization.

### **RULE WAIVER & GUINNESS WORLD RECORD ATTEMPTS**

Any individual requesting a waiver of any of these Rules other than refund and packet pick up policies must submit a written request no less than 30 days prior to the Event date specifying the nature of and reasons for the request.

Individuals or groups wanting to run in unusual or non-complying costume or uniform, with props or to make a Guinness World Record attempt must submit a written request no less than 30 days prior to the Event date including a full description of the costume, prop or Guinness World Records attempt with the dimensions of the costume or object that is to be worn or carried (including height, width, depth and weight) and a photograph which clearly shows the individual or group wearing/carrying the full costume and/or object.

The Event reserves the right to approve or deny any such entry at its' sole discretion if, in its judgement, the costume, prop or attempt may create a health or safety hazard.

### **PROTESTS**

Protests lodged against age group participants relating to matters that developed during the conduct of the competition must be made immediately if possible, but not later than noon local time the day after the Event. Protests must be made in writing and emailed to [solutions@mccourtfoundation.org](mailto:solutions@mccourtfoundation.org) and marked "Protest" in the subject line. The Referee or Rules Committee shall decide protests as soon as possible as determined by the nature of the protest or the necessity of obtaining testimony or other evidence. For protests involving Pro Division participants see the Pro Rules.

All results are tentative until they are marked and publicized as Official. Official results will be posted as soon as possible after race date as allowed by drug testing, protests (if any), and a full and complete review of timing and other data.