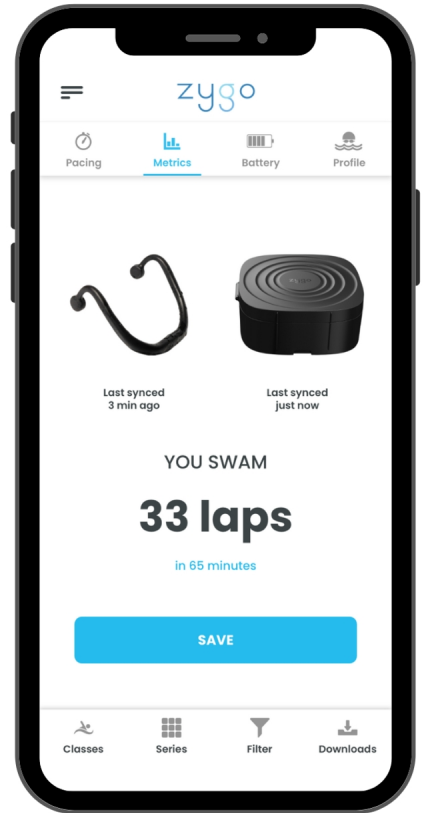


# Counting Laps

Hold the headset's **+** button for 1 second to start lap counting.  
Release it and you'll hear a tone that confirms it has begun.



Hold the same **+** button for 1 second to end lap counting.  
Bring the headset within 15 yards of the case to transfer lap counting data to your app. Subscribe to our app to save it.