

DTAC +



Crisis Counseling Assistance and Training Program (CCP)

The mission of the CCP is to assist individuals and communities in recovering from the effects of natural and humancaused disasters through the provision of community-based outreach and psycho-educational services.

The Federal Emergency Management Agency (FEMA) implements the Crisis Counseling Assistance and Training Program (CCP) as a supplemental assistance program available to the United States and its territories. Section 416 of the Robert T. Stafford Disaster Relief and Emergency Assistance Act, 1974 authorizes FEMA to fund mental health assistance and training activities in presidentially declared major disaster areas. SAMHSA Center for Mental Health Services (CMHS) - Emergency Mental Health and Traumatic Stress Services Branch (EMHTSSB) works with FEMA through an interagency agreement to provide technical assistance, consultation, and training for state and local mental health personnel, grant administration, and program oversight.

Program Overview

The mission of the CCP is to assist individuals and communities in recovering from the effects of natural and human-caused disasters through the provision of community-based outreach and psycho-educational services. Three entities are eligible to apply for and receive CCP funding after a presidential disaster declaration: states, U.S. territories, and federally recognized tribes. The CCP supports short-term interventions that involve the counseling goals of assisting disaster survivors in understanding their current situation and reactions, mitigating stress, assisting survivors in reviewing their disaster recovery options, promoting the use or development of coping strategies, providing emotional support, and encouraging linkages with other individuals and agencies who may help survivors in their recovery process.

Supplemental funding for crisis counseling is available to state or territory mental health authorities through two grant mechanisms:

- The Immediate Services Program (ISP) which provides funds for up to 60 days of services immediately following a disaster declaration
- The Regular Services Program (RSP) which provides funds for up to 9 months following a disaster declaration

While SAMHSA provides technical assistance for an ISP, the monitoring responsibility remains with FEMA. FEMA has designated SAMHSA as the authority responsible for monitoring all RSP programs.

Key Principles

The CCP is:

- Strengths Based—CCP services promote resilience, empowerment, and recovery.
- Anonymous—Crisis counselors do not classify, label, or diagnose people; no records or case files are kept.
- Outreach Oriented—Crisis counselors deliver services in the communities rather than wait for survivors to seek their assistance.
- Conducted in Nontraditional Settings—Crisis counselors make contact in homes and communities, not in clinical or office settings.
- Designed to Strengthen Existing Community Support Systems—The CCP supplements, but does not supplant or replace, existing community systems.

CCP Resource Toolkit

The <u>CCP Resource Toolkit</u> contains materials and tools necessary to apply for and administer a FEMA CCP grant following a presidential disaster declaration. Download the <u>CCP Resources Toolkit (ZIP | 98 MB)</u> and the <u>CCP brochure (PDF | 226 KB)</u> to learn more about its mission and goals, and the key principles of the CCP model.

Please contact the SAMHSA Disaster Technical Assistance Center (DTAC) at 1-800-308-3515 or via email.

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