| | Men's Team Scores | | |
|----|---|----|--|
| 1 | University of Delaware | 81 | |
| 2 | University of Virginia | 47 | |
| 3 | George Washington University | 34 | |
| 4 | American University | 25 | |
| 5 | University of Maryland | 27 | |
| 6 | James Madison University | 25 | |
| 7 | University of Maryland - Baltimore County | 20 | |
| 8 | William & Mary University | 17 | |
| 9 | West Virginia University | 17 | |
| 10 | Georgetown University | 3 | |
| 11 | Loyola University - Maryland | 1 | |
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| | Name | Club | Number | Time | MR | Heat | Score |
|-------------|-----------------------|---|--------|----------|----|------|-------|
| Men's 5000m | Name | Club | Number | Time | | Heat | Score |
| 1 | Alex Horgan | University of Delaware | 74 | 14:54.78 | MR | | 10 |
| 2 | Sam Fields | University of Maryland | 199 | 15:46.38 | | | 8 |
| 3 | Luke Ellis | James Madison University | 154 | 15:51.87 | | | 6 |
| 4 | Mitchell Palmer | University of Virginia | 243 | 16:21.58 | | | 5 |
| 5 | Jesse Smith | University of Virginia | 242 | 16:22.10 | | | 4 |
| 6 | Emmanuel Palacios | Georgetown University | 130 | 16:40.29 | | | 3 |
| 7 | Whitaker Swann | American University | 288 | 16:48.38 | | | 2 |
| 8 | Adam Conklin | James Madison University | 157 | 16:49.38 | | | 1 |
| 9 | Josh Sanchez | University of Maryland - Baltimore County | 257 | 16:58.46 | | | |
| 10 | Jenny Schilling | University of Virginia | 239 | 16:58.84 | | | |
| 11 | Kane Dacier | James Madison University | 155 | 17:25.88 | | | |
| 12 | Stephen Alexander | University of Maryland | 194 | 17:32.91 | | | |
| 13 | Declan McQuinn | University of Virginia | 240 | 17:45.22 | | | |
| 14 | Caleb Holland | University of Maryland | 200 | 17:51.64 | | | |
| 15 | Jiaming Zhang | University of Virginia | 241 | 17:57.09 | | | |
| 16 | Griffin Cook | American University | 286 | 18:01.91 | | | |
| 17 | Andrew Cullen | University of Maryland | 198 | 18:02.95 | | | |
| 18 | Daniel Giron | University of Delaware | 73 | 18:09.32 | | | |
| 19 | Christopher Blaisdell | University of Maryland | 193 | 18:19.32 | | | |
| 20 | Sam Guzzone | University of Maryland | 197 | 18:46.21 | | | |
| 21 | Nick Smith | University of Delaware | 75 | 19:19.76 | | | |
| 22 | Sean Reed | American University | 285 | 19:30.79 | | | |
| 23 | Chess Duckwall | James Madison University | 158 | 19:31.47 | | | |
| 24 | Aaron Blizard | Loyola University - Maryland | 26 | 20:02.79 | | | |
| 25 | Ty Nunley | James Madison University | 169 | 20:49.97 | | | |
| 26 | Dan Zacharksi | American University | 287 | 21:01.75 | | | |
| 27 | Connor Rempe | American University | 298 | 21:11.39 | | | |
| 28 | Michael Higgins | Loyola University - Maryland | 27 | 21:12.11 | | | |
| 29 | Salvatore Spillan | George Washington University | 13 | 22:07.54 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|-------------|-------------------|---|--------|---------|----|------|-------|
| | | | | | | | |
| | | | | | | | |
| Men's 100m | Name | Club | Number | Time | | Heat | |
| 1 | Fred Iheanacho | University of Maryland - Baltimore County | 258 | 11.09 | | | 10 |
| 2 | Jack Poland | George Washington University | 14 | 11.13 | | | 8 |
| 3 | Kurt Krummenacker | University of Delaware | 77 | 11.44 | | | 6 |
| 4 | Daniel Toms | University of Delaware | 78 | 12.07 | | | 5 |
| 5 | Ishara Mayarata | University of Maryland | 202 | 12.57 | | | 4 |
| 6 | Adam Gradess | University of Maryland | 203 | 12.84 | | | 3 |
| 7 | Ali Asfour | University of Virginia | 244 | 12.97 | | | 2 |
| 8 | Dan Casinghino | American University | 289 | 13.06 | | | 1 |
| 9 | Sam Ferber | University of Delaware | 79 | 13.07 | | | |
| 10 | Dash Bevis | University of Maryland - Baltimore County | 260 | 13.65 | | | |
| 11 | Gavin Looram | University of Delaware | 80 | 13.87 | | | |
| 12 | Hadi Alzayer | University of Maryland | 205 | 14.78 | | | |
| 13 | Aidan Bryne | American University | 290 | 17.1 | | | |
| | | | | _ | | | |
| Men's 1600m | Name | Club | Number | Time | | Heat | |
| 1 | Alex Horgan | University of Delaware | 74 | 4:33.73 | | | 10 |
| 2 | Michael Toy | University of Delaware | 86 | 4:36.38 | | | 8 |
| 3 | Max Sifuentes | James Madison University | 161 | 4:38.32 | | | 6 |
| 4 | George Austin III | James Madison University | 159 | 4:38.76 | | | 5 |
| 5 | Zachary Roney | West Virginia University | 37 | 4:39.43 | | | 4 |
| 6 | Eli Cook | University of Virginia | 246 | 4:39.70 | | | 3 |
| 7 | Andreas Masiakos | University of Virginia | 247 | 4:40.07 | | | 2 |
| 8 | John Schmidt | University of Maryland | 209 | 4:41.70 | | | 1 |
| 9 | Luke Lamberson | University of Virginia | 249 | 4:44.17 | | | |
| 10 | Alejandro Lobo | University of Delaware | 82 | 4:44.93 | | | |
| 11 | Tony Boscolo | University of Maryland | 216 | 4:46.09 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|----|--------------------|---|--------|---------|----|------|-------|
| 12 | Charlie Rosenzweig | University of Virginia | 245 | 4:48.50 | | | |
| 13 | Jacob Bush | University of Maryland | 211 | 4:51.42 | | | |
| 14 | Brady Sheaffer | University of Delaware | 88 | 4:51.56 | | | |
| 15 | Sasha Latina | University of Delaware | 92 | 4:54.43 | | | |
| 16 | Garrett Mastella | George Washington University | 16 | 4:54.91 | | | |
| 17 | Alex Kolar | William & Mary University | 48 | 4:55.16 | | | |
| 18 | Josie Balistreri | Georgetown University | 116 | 4:55.70 | | | |
| 19 | Eamon Plante | University of Maryland | 214 | 4:57.54 | | | |
| 20 | Josh Sanchez | University of Maryland - Baltimore County | 257 | 4:58.70 | | | |
| 21 | William Toth | James Madison University | 165 | 4:59.59 | | | |
| 22 | Will Borrevik | Georgetown University | 131 | 5:02.48 | | | |
| 23 | Mitch Engle | Loyola University - Maryland | 29 | 5:02.71 | | | |
| 24 | Benjamin Johnson | University of Maryland | 206 | 5:04.21 | | | |
| 25 | Jack Pelczar | University of Delaware | 90 | 5:04.39 | | | |
| 26 | Mason Tsai | George Washington University | 18 | 5:04.46 | | | |
| 27 | Zach Kiedrowski | University of Maryland | 212 | 5:04.50 | | | |
| 28 | Caden MacHenry | University of Delaware | 87 | 5:04.69 | | | |
| 29 | Mario Lopez | University of Maryland | 215 | 5:08.02 | | | |
| 30 | Cooper Fergusen | William & Mary University | 46 | 5:09.66 | | | |
| 31 | Colin Kirkwood | James Madison University | 164 | 5:10.34 | | | |
| 32 | Charles Melvin | University of Virginia | 248 | 5:10.87 | | | |
| 33 | John Melles | University of Maryland - Baltimore County | 264 | 5:11.62 | | | |
| 34 | Harrison Brooks | West Virginia University | 36 | 5:11.75 | | | |
| 35 | Mason Barnes | University of Virginia | 250 | 5:12.73 | | | |
| 36 | Dominic Lorusso | James Madison University | 173 | 5:13.33 | | | |
| 37 | Dharma Bhatt | University of Maryland - Baltimore County | 262 | 5:13.76 | | | |
| 38 | John Papadopoulos | University of Delaware | 81 | 5:14.70 | | | |
| 39 | Nate Gattuso | George Washington University | 12 | 5:15.49 | | | |
| 40 | Ben Goldring | James Madison University | 168 | 5:15.96 | | | |
| 41 | Nolan Brenowitz | University of Maryland | 210 | 5:16.23 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|----|------------------------|---|--------|---------|----|------|-------|
| 42 | Emmanuel Palacios | Georgetown University | 130 | 5:16.60 | | | |
| 43 | Liza Harold | University of Virginia | 233 | 5:16.72 | | | |
| 44 | Ethan McKeever | University of Virginia | 253 | 5:16.84 | | | |
| 45 | Brayden Johnson | West Virginia University | 35 | 5:19.03 | | | |
| 46 | Joshua Kline | James Madison University | 170 | 5:19.69 | | | |
| 47 | lan Cook | George Washington University | 17 | 5:20.24 | | | |
| 48 | Cole Na | University of Maryland - Baltimore County | 261 | 5:20.84 | | | |
| 49 | Kamren Reeves | University of Virginia | 252 | 5:21.76 | | | |
| 50 | Andrew Shinkle | James Madison University | 172 | 5:23.69 | | | |
| 51 | Dylan Horkan | University of Maryland - Baltimore County | 267 | 5:24.97 | | | |
| 52 | Seamus Caslin | Georgetown University | 134 | 5:25.33 | | | |
| 53 | Grant Zhou | University of Virginia | 254 | 5:25.42 | | | |
| 54 | Hadi Alzayer | University of Maryland | 205 | 5:27.18 | | | |
| 55 | Ben Ferrara | Georgetown University | 133 | 5:28.48 | | | |
| 56 | Ben French | James Madison University | 171 | 5:29.74 | | | |
| 57 | David Coppi | University of Virginia | 251 | 5:30.79 | | | |
| 58 | Lee Lowe | University of Maryland - Baltimore County | 268 | 5:31.30 | | | |
| 59 | Owen Plimpton | James Madison University | 167 | 5:33.31 | | | |
| 60 | Spencer Chupik | William & Mary University | 45 | 5:33.62 | | | |
| 61 | Blake Atkinson | James Madison University | 163 | 5:34.57 | | | |
| 62 | Andrew Cullen | University of Maryland | 198 | 5:34.69 | | | |
| 63 | Eli Hill | American University | 293 | 5:36.10 | | | |
| 64 | Zach Starr | University of Maryland - Baltimore County | 265 | 5:40.76 | | | |
| 65 | Brad Hoffman | University of Maryland - Baltimore County | 263 | 5:42.76 | | | |
| 66 | Lee Teixeira | James Madison University | 162 | 5:47.48 | | | |
| 67 | Whitaker Swann | American University | 288 | 5:47.75 | | | |
| 68 | Matthew Bieker | University of Delaware | 85 | 5:51.14 | | | |
| 69 | Nathan Kuhlmann | University of Maryland - Baltimore County | 266 | 5:55.65 | | | |
| 70 | Darius Pouladian- Kari | George Washington University | 19 | 5:58.28 | | | |
| 71 | Ty Nunley | James Madison University | 169 | 6:02.73 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|--------------|------------------------|------------------------------|----------|---------|----|-------|-------|
| 72 | Dan Casinghino | American University | 289 | 6:04.15 | | | |
| 73 | Ryan Tatasciore | University of Delaware | 91 | 6:05.89 | | | |
| 74 | John Salsini-Tobias | University of Delaware | 83 | 6:08.4 | | | |
| 75 | Andrew Cullen | University of Maryland | 213 | 6:09.28 | | | |
| 76 | Daniel Skrzynski | Georgetown University | 132 | 6:29.22 | | | |
| 77 | Matt Spear | Loyola University - Maryland | 28 | 6:30.74 | | | |
| 78 | Ethan Gaskill | American University | 292 | 6:51.56 | | | |
| 79 | James Archer | American University | 294 | 7:26.7 | | | |
| 80 | Joshua Glendon | West Virginia University | 38 | 7:29.44 | | | |
| Monio 4v400 | Nores | Clirk | Number | Tires | | Lloot | |
| Men's 4x100m | Name | Club | Number | Time | | Heat | 40 |
| 1 | University of Delaware | University of Delaware | UD | 49.89 | | 1 | 10 |
| 2 | University of Virginia | University of Virginia | UVA | 51.5 | | 1 | 8 |
| 3 | American University | American University | AU | 54.85 | | 1 | 6 |
| 4 | American University | American University | AU | 58.79 | | 1 | |
| Marila 400m | News | Oluk | Niversia | Time | | 11 | |
| Men's 400m | Name | Club | Number | Time | | Heat | 40 |
| 1 | Elliot Abnos | George Washington University | 20 | 53.04 | | | 10 |
| 2 | Nolan Menanno | American University | 284 | 53.23 | | | 8 |
| 3 | Sadou Sow | University of Maryland | 207 | 54.29 | | | 6 |
| 4 | Matt Scarpelli | University of Delaware | 96 | 56.97 | | | 5 |
| 5 | Jacob Yaeger | James Madison University | 175 | 59.43 | | | 4 |
| 6 | Taha Vahanvaty | American University | 300 | 60.42 | | | 3 |
| 7 | Spencer Wheeler | University of Delaware | 95 | 1:01.69 | | | 2 |
| 8 | Ben Goldring | James Madison University | 168 | 1:01.97 | | | 1 |
| 9 | Seamus Caslin | Georgetown University | 134 | 1:02.96 | | | |
| 10 | Ben Neilan | American University | 297 | 1:07.50 | | | |
| 11 | Michael Toy | University of Delaware | 86 | 1:08.78 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|------------|-------------------------|------------------------------|--------|---------|----|------|-------|
| 12 | Connor Rempe | American University | 298 | 1:09.10 | | | |
| 13 | Daniel Skrzynski | Georgetown University | 132 | 1:10.78 | | | |
| 14 | Ryan Mason | Loyola University - Maryland | 32 | 1:13.47 | | | |
| 15 | Joshua Glendon | West Virginia University | 38 | 1:19.06 | | | |
| | | | | | _ | | |
| Men's 800m | Name | Club | Number | Time | | Heat | |
| 1 | Patrick Smith | William & Mary University | 49 | 2:01.01 | | | 10 |
| 2 | Eli Cook | University of Virginia | 246 | 2:06.87 | | | 8 |
| 3 | Charles Nowicki | University of Virginia | 256 | 2:07.10 | | | 6 |
| 4 | Ryan Lazev | University of Delaware | 99 | 2:09.98 | | | 5 |
| 5 | Josh Pawlik | University of Delaware | 101 | 2:10.66 | | | 4 |
| 6 | Sasha Latina | University of Delaware | 92 | 2:11.16 | | | 3 |
| 7 | Alex Kolar | William & Mary University | 48 | 2:11.64 | | | 2 |
| 8 | Cooper Fergusen | William & Mary University | 46 | 2:11.81 | | | 1 |
| 9 | Michael Anderson | University of Delaware | 102 | 2:12.12 | | | |
| 10 | Evan Pawlik | University of Delaware | 100 | 2:12.13 | | | |
| 11 | Aiden Pipkin | James Madison University | 178 | 2:13.17 | | | |
| 12 | Sam Fields | University of Maryland | 199 | 2:13.78 | | | |
| 13 | Reis Howard | West Virginia University | 33 | 2:14.42 | | | |
| 14 | Alberto Covaliu-Fuentes | University of Maryland | 218 | 2:15.36 | | | |
| 15 | Benjamin Johnson | University of Maryland | 206 | 2:16.58 | | | |
| 16 | Sohan Ganatra | University of Maryland | 220 | 2:16.85 | | | |
| 17 | Ethan McKeever | University of Virginia | 253 | 2:17.14 | | | |
| 18 | Jacob Bush | University of Maryland | 211 | 2:17.49 | | | |
| 19 | Jacksin Tirrell | University of Virginia | 255 | 2:18.73 | | | |
| 20 | Nolan Menanno | American University | 284 | 2:20.40 | | | |
| 21 | Will Borrevik | Georgetown University | 131 | 2:21.25 | | | |
| 22 | Ben Docov | American University | 295 | 2:23.79 | | | |
| 23 | Anderson Burns | James Madison University | 160 | 2:24.63 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|------------|---------------------|---|--------|---------|----|------|-------|
| 24 | Andrew Shinkle | James Madison University | 172 | 2:24.69 | | | |
| 25 | Dharma Bhatt | University of Maryland - Baltimore County | 262 | 2:24.92 | | | |
| 26 | Stephen Alexander | University of Maryland | 194 | 2:26.34 | | | |
| 27 | David Coppi | University of Virginia | 251 | 2:26.40 | | | |
| 28 | Mario Lopez | University of Maryland | 215 | 2:26.84 | | | |
| 29 | Cole Na | University of Maryland - Baltimore County | 261 | 2:28.54 | | | |
| 30 | Lee Lowe | University of Maryland - Baltimore County | 268 | 2:29.54 | | | |
| 31 | Brayden Johnson | West Virginia University | 35 | 2:29.94 | | | |
| 32 | Mike Mullen | James Madison University | 179 | 2:31.47 | | | |
| 33 | Jake Whitfield | James Madison University | 177 | 2:31.75 | | | |
| 34 | Charles Melvin | University of Virginia | 248 | 2:33.73 | | | |
| 35 | Matthew Bieker | University of Delaware | 85 | 2:37.37 | | | |
| 36 | Casey Hughes | James Madison University | 176 | 2:38.42 | | | |
| 37 | Chris Keely | University of Maryland - Baltimore County | 269 | 2:39.73 | | | |
| 38 | Dan Casinghino | American University | 289 | 2:40.04 | | | |
| 39 | John Salsini-Tobias | University of Delaware | 83 | 2:46.82 | | | |
| 40 | Andrew Christie | University of Delaware | 103 | 2:47.16 | | | |
| | | | | | | | |
| Men's 200m | Name | Club | Number | Time | | Heat | |
| 1 | Fred Iheanacho | University of Maryland - Baltimore County | 258 | 23.02 | | | 10 |
| 2 | Jarrett Gandy | West Virginia University | 39 | 23.46 | | | 8 |
| 3 | Jack Poland | George Washington University | 14 | 23.85 | | | 6 |
| 4 | Zachary Roney | West Virginia University | 37 | 24.2 | | | 5 |
| 5 | Daniel Toms | University of Delaware | 78 | 24.92 | | | 4 |
| 6 | Zach Kiedrowski | University of Maryland | 212 | 25.36 | | | 3 |
| 7 | Jacob Yaeger | James Madison University | 175 | 25.76 | | | 2 |
| 8 | Josiah Taylor | University of Delaware | 93 | 26.07 | | | 1 |
| 9 | Adam Gradess | University of Maryland | 203 | 26.56 | | | |
| 10 | Sam Ferber | University of Delaware | 79 | 26.97 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|--------------|------------------------------|------------------------------|--------|---------|----|------|-------|
| 11 | Spencer Wheeler | University of Delaware | 95 | 27.16 | | | |
| 12 | Ali Asfour | University of Virginia | 244 | 27.39 | | | |
| 13 | Aidan Bryne | American University | 290 | 27.7 | | | |
| 14 | lan Levine | University of Delaware | 76 | 35.53 | | | |
| 15 | Ryan Mason | Loyola University - Maryland | 32 | 36.58 | | | |
| | | | | | | | |
| Men's 4x400m | Name | Club | Number | Time | | Heat | |
| 1 | George Washington University | George Washington University | GW | 3:51.10 | | | 10 |
| 2 | University of Delaware | University of Delaware | UD | 3:56.25 | | | 8 |
| 3 | University of Delaware | University of Delaware | UD | 3:56.9 | | | |
| 4 | West Virginia University | West Virginia University | WVU | 3:57.15 | | | |
| 5 | University of Virginia | University of Virginia | UVA | 3:59.40 | | | 6 |
| 6 | James Madison University | James Madison University | JMU | 4:00.58 | | | |
| 7 | University of Virginia | University of Virginia | UVA | 4:01.43 | | | |
| 8 | University of Delaware | University of Delaware | UD | 4:04.29 | | | |
| 9 | American University | American University | AU | 4:06.09 | | | 5 |
| 10 | William & Mary University | William & Mary University | WM | 4:09.14 | | | 4 |
| 11 | University of Virginia | University of Virginia | UVA | 5:01.54 | | | 3 |
| 12 | American University | American University | AU | 5:02.70 | | | |
| 13 | American University | American University | AU | 5:04.83 | | | |
| 14 | University of Maryland | University of Maryland | UMD | 5:11.74 | | | 2 |
| 15 | Loyola University - Maryland | Loyola University - Maryland | LMD | 5:41.69 | | | 1 |

| | Women's Team Scores | | |
|---|------------------------------|----|--|
| 1 | University of Virginia | 65 | |
| 2 | University of Maryland | 49 | |
| 3 | James Madison University | 47 | |
| 4 | University of Delaware | 37 | |
| 5 | George Washington University | 36 | |
| 6 | Georgetown University | 23 | |
| 7 | American University | 15 | |
| 8 | William & Mary University | 8 | |
| 9 | Loyola University - Maryland | 0 | |
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| | Name | Club | Number | Time | MR | Heat | Score |
|---------------|------------------|------------------------------|--------|----------|----|------|-------|
| Women's 5000m | Name | Club | Number | Time | | Heat | Score |
| 1 | Katherine Krievs | University of Virginia | 225 | 18:52.03 | | 1 | 10 |
| 2 | Anna Weiksner | University of Maryland | 182 | 20:00.65 | | 1 | 8 |
| 3 | Natalie Buford | James Madison University | 136 | 20:06.48 | | 1 | 6 |
| 4 | Katie Borland | University of Virginia | 227 | 20:08.24 | | 1 | 5 |
| 5 | Liv Mack | University of Maryland | 185 | 20:42.24 | | 1 | 4 |
| 6 | Lillian Hsu | University of Maryland | 181 | 20:44.26 | | 1 | 3 |
| 7 | Rachel Weghorst | University of Virginia | 226 | 20:46.87 | | 1 | 2 |
| 8 | Ally Fox | American University | 271 | 21:24.40 | | 1 | 1 |
| 9 | Anika Tsai | Georgetown University | 107 | 21:28.85 | | 1 | |
| 10 | Phoebe Sanders | American University | 270 | 22:02.96 | | 1 | |
| 11 | Emily Sweeney | Georgetown University | 106 | 22:22.15 | | 1 | |
| 12 | Emily Jiang | University of Maryland | 184 | 22:47.78 | | 1 | |
| 13 | Fatima Younis | University of Maryland | 183 | 23:54.67 | | 1 | |
| | | | | | | | |
| Women's 100m | Name | Club | Number | Time | | Heat | |
| 1 | Ariana Faison | James Madison University | 137 | 13.78 | MR | 1 | 10 |
| 2 | Sam Carlisle | George Washington University | 1 | 13.82 | MR | 1 | 8 |
| 3 | Sam Radinsky | University of Delaware | 51 | 14.53 | | 1 | 6 |
| 4 | Rilee McMahan | University of Delaware | 52 | 14.6 | | 1 | 5 |
| | N. | | | - | | | |
| Women's 1600m | Name | Club | Number | Time | | Heat | |
| 1 | Katherine Krievs | University of Virginia | 225 | 5:47.78 | | | 10 |
| 2 | Claire Haney | George Washington University | 5 | 5:50.44 | | | 8 |
| 3 | Mary Kate Murray | University of Virginia | 236 | 5:51.47 | | | 6 |
| 4 | Lauren Doherty | Georgetown University | 114 | 5:55.99 | | | 5 |
| 5 | Morgan Fisher | George Washington University | 3 | 5:57.13 | | | 4 |
| 6 | Brynn Vea | University of Virginia | 235 | 6:01.16 | | | 3 |

| | Name | Club | Number | Time | MR | Heat | Score |
|----|-------------------|------------------------------|--------|---------|----|------|-------|
| 7 | Olivia Chiappetta | University of Virginia | 229 | 6:03.16 | | | 2 |
| 8 | Jada Mendez | James Madison University | 144 | 6:03.53 | | | 1 |
| 9 | Charlotte Hoelzl | University of Virginia | 228 | 6:04.54 | | | |
| 10 | Shannon Higgins | James Madison University | 143 | 6:05.62 | | | |
| 11 | Kaitlyn Burke | University of Delaware | 59 | 6:06.04 | | | |
| 12 | Maddie Krotine | University of Virginia | 231 | 6:06.16 | | | |
| 13 | Hannah Heredia | University of Delaware | 54 | 6:06.50 | | | |
| 14 | Julia Bustamante | University of Virginia | 234 | 6:07.12 | | | |
| 15 | Addie King | James Madison University | 138 | 6:11.25 | | | |
| 16 | Katie Borland | University of Virginia | 227 | 6:13.13 | | | |
| 17 | Lillian Hsu | University of Maryland | 181 | 6:14.72 | | | |
| 18 | Emily Greenup | George Washington University | 2 | 6:15.12 | | | |
| 19 | Carrie McDonald | Georgetown University | 109 | 6:19.77 | | | |
| 20 | Lauren Pollock | University of Delaware | 55 | 6:21.03 | | | |
| 21 | Alison Wilkinson | Georgetown University | 111 | 6:22.25 | | | |
| 22 | Liv Mack | University of Maryland | 185 | 6:25.13 | | | |
| 23 | Julia Spampinato | James Madison University | 142 | 6:28.22 | | | |
| 24 | Leah Goodman | University of Delaware | 61 | 6:28.57 | | | |
| 25 | Catherine Alaimo | Georgetown University | 115 | 6:29.09 | | | |
| 26 | Josie Balistreri | Georgetown University | 116 | 6:37.10 | | | |
| 27 | Jenna Zilberzweig | University of Maryland | 186 | 6:40.47 | | | |
| 28 | Melia Klinger | American University | 1900 | 6:43.05 | | | |
| 29 | Emily Sweeney | Georgetown University | 106 | 6:44.25 | | | |
| 30 | Abby Rose North | George Washington University | 6 | 6:46.91 | | | |
| 31 | Julia Taggart | American University | 275 | 6:48.01 | | | |
| 32 | Katie Agostini | James Madison University | 145 | 6:49.22 | | | |
| 33 | Aine Grubb | University of Delaware | 57 | 6:49.41 | | | |
| 34 | Maggie Krieg | University of Maryland | 187 | 6:49.96 | | | |
| 35 | Hannah Britt | University of Delaware | 58 | 6:55.60 | | | |
| 36 | Lauren Knitter | James Madison University | 140 | 6:56.85 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|----------------|------------------------------|------------------------------|--------|---------|----|------|-------|
| 37 | Meghan Tekelenburg | University of Delaware | 60 | 6:57.40 | | | |
| 38 | Clara Degois Sainz | Georgetown University | 113 | 6:57.98 | | | |
| 39 | Lucia Lavallee | Georgetown University | 110 | 6:59.46 | | | |
| 40 | Liza Harold | University of Virginia | 233 | 6:59.72 | | | |
| 41 | Sophie Peters | Loyola University - Maryland | 24 | 7:03.72 | | | |
| 42 | Alexandra Zischke | American University | 274 | 7:08.16 | | | |
| 43 | Maggie Huizinga | University of Delaware | 53 | 7:09.59 | | | |
| 44 | Brianne Smith | Loyola University - Maryland | 23 | 7:10.00 | | | |
| 45 | Toni DaCosta | American University | 276 | 7:19.74 | | | |
| 46 | Allie Burt | American University | 1800 | 7:21.66 | | | |
| 47 | Fornia He | Georgetown University | 112 | 7:23.91 | | | |
| 48 | Soraya Bata | Georgetown University | 120 | 7:30.96 | | | |
| 49 | Hope Geise | Loyola University - Maryland | 22 | 7:34.50 | | | |
| 50 | Allie LaPorte | University of Delaware | 56 | 7:37.28 | | | |
| 51 | Victoria DiMatteo | Loyola University - Maryland | 25 | 7:39.35 | | | |
| 52 | Katherine Hawes | Georgetown University | 122 | 7:43.51 | | | |
| 53 | Emily Sposato | University of Delaware | 62 | 7:44.29 | | | |
| 54 | Olivia DeNaro | American University | 0 | 7:46.72 | | | |
| 55 | Claire Lavin | Loyola University - Maryland | 21 | 7:47.31 | | | |
| 56 | Ellie Clark | American University | 282 | 7:47.71 | | | |
| 57 | Mia Murillo | Georgetown University | 119 | 9:56.09 | | | |
| | | | | | | | |
| Nomen's 4x100m | Name | Club | Number | Time | | Heat | |
| 1 | University of Delaware | University of Delaware | UD | 58.27 | MR | 1 | 10 |
| 2 | George Washington University | George Washington University | GW | 1:08.95 | | 1 | 8 |
| 3 | University of Delaware | University of Delaware | UD | 1:15.72 | | 1 | |
| | | | | | | | |
| Women's 400m | Name | Club | Number | Time | | Heat | |

| | Name | Club | Number | Time | MR | Heat | Score |
|--------------|--------------------|------------------------------|--------|---------|----|------|-------|
| 1 | Liz Epstein | University of Virginia | 237 | 1:04.33 | | | 10 |
| 2 | Sophia Rossen | William & Mary University | 42 | 1:06.76 | | | 8 |
| 3 | Sofia Grossman | University of Maryland | 188 | 1:09.44 | | | 6 |
| 4 | Grace Wertheimer | University of Delaware | 67 | 1:16.70 | | | 5 |
| 5 | Aubra Sharp | University of Delaware | 68 | 1:16.76 | | | 4 |
| 6 | Lila Delaronde | American University | 277 | 1:19.50 | | | 3 |
| 7 | Yvette Nau | American University | 279 | 1:23.54 | | | 2 |
| | | | | | | | |
| Women's 800m | Name | Club | Number | Time | | Heat | |
| 1 | Brooke Walz | University of Maryland | 189 | 2:34.10 | | | 10 |
| 2 | Emma Tessler | University of Virginia | 238 | 2:37.99 | | | 8 |
| 3 | Lena Caffall | James Madison University | 149 | 2:42.57 | | | 6 |
| 4 | Madelyn Mielke | University of Maryland | 190 | 2:46.60 | | | 5 |
| 5 | Charles Melvin | University of Virginia | 248 | 2:47.10 | | | 4 |
| 6 | Mary Kate Murray | University of Virginia | 236 | 2:47.86 | | | 3 |
| 7 | Mia Streitberger | Georgetown University | 124 | 2:48.21 | | | 2 |
| 8 | Lucie Peyrebrune | Georgetown University | 127 | 2:50.88 | | | 1 |
| 9 | Leah Goodman | University of Delaware | 61 | 2:52.82 | | | |
| 10 | Kaitlyn Burke | University of Delaware | 59 | 2:53.64 | | | |
| 11 | Amanda Burke | University of Maryland | 192 | 2:56.18 | | | |
| 12 | Hannah Heredia | University of Delaware | 54 | 2:57.67 | | | |
| 13 | Katie Agostini | James Madison University | 145 | 3:02.01 | | | |
| 14 | Carolyn Arnold | George Washington University | 11 | 3:03.60 | | | |
| 15 | Emma Stover | James Madison University | 148 | 3:08.82 | | | |
| 16 | Mia Abatecola | Georgetown University | 125 | 3:11.02 | | | |
| 17 | Maggie Stephens | Georgetown University | 123 | 3:12.29 | | | |
| 18 | Emmanuel Palacios | Georgetown University | 130 | 3:12.58 | | | |
| 19 | Liza Harold | University of Virginia | 233 | 3:19.97 | | | |
| 20 | Gabriella Tseytlin | University of Maryland | 191 | 3:21.24 | | | |

| | Name | Club | Number | Time | MR | Heat | Score |
|-----------------------|---|---|----------------------------------|---|----|-------|-------------|
| 21 | Katrina Schulzte | American University | 281 | 3:22.39 | | | |
| 22 | Ellie Clark | American University | 282 | 3:30.70 | | | |
| 23 | Brianne Smith | Loyola University - Maryland | 23 | 3:45.66 | | | |
| 24 | Victoria DiMatteo | Loyola University - Maryland | 25 | 3:49.42 | | | |
| 25 | Jada Mendez | James Madison University | 144 | 3:50.00 | | | |
| Women's 200m | Nama | Club | Number | Time | | Lloat | |
| | Name | | Number | | | Heat | 40 |
| 1 | Sarah Handel | James Madison University | 151 | 27.84 | | | 10 |
| 2 | Sofia Grossman | University of Maryland | 188 | 29.91 | | | 8 |
| 3 | Soraya Bata | Georgetown University | 120 | 30.52 | | | 6 |
| 4 | Clair Sapilewski | American University | 283 | 31.2 | | | 5 |
| 5 | Rilee McMahan | University of Delaware | 52 | 32.54 | | | 4 |
| 6 | Ali Woltanski | Georgetown University | 129 | 32.58 | | | 3 |
| 7 | Meghan Tekelenburg | University of Delaware | 60 | 33.2 | | | 2 |
| 8 | Katrina Schulzte | American University | 281 | 36.15 | | | 1 |
| 9 | Ariana Taborga | American University | 280 | 39.26 | | | |
| Women's 4x400m | Name | Club | Number | Time | | Heat | |
| 1 | James Madison University | James Madison University | JMU | 5:03.95 | | ricat | 10 |
| <u>'</u> | darriod inadioon onivoloity | ourned madical critically | 0.0.0 | 0.00.00 | | | |
| 2 | George Washington University | George Washington University | GW | 5:05.24 | | | 8 |
| 2 | George Washington University | George Washington University George Washington University | GW GW | 5:05.24 5:23.92 | | | 8 |
| 3 | George Washington University | George Washington University | GW | 5:23.92 | | | |
| 3 4 | George Washington University Georgetown University | George Washington University Georgetown University | GW GTOWN | 5:23.92 5:27.46 | | | 6 |
| 3 4 5 | George Washington University Georgetown University University of Maryland | George Washington University Georgetown University University of Maryland | GW GTOWN UMD | 5:23.92 5:27.46 5:36.38 | | | 6 5 |
| 3 4 5 6 | George Washington University Georgetown University University of Maryland James Madison University | George Washington University Georgetown University University of Maryland James Madison University | GW GTOWN UMD JMU | 5:23.92 5:27.46 5:36.38 5:43.10 | | | 6 |
| 3 4 5 6 7 | George Washington University Georgetown University University of Maryland James Madison University James Madison University | George Washington University Georgetown University University of Maryland James Madison University James Madison University | GW GTOWN UMD JMU JMU | 5:23.92 5:27.46 5:36.38 5:43.10 5:54.85 | | | 6 5 4 |
| 3 4 5 6 | George Washington University Georgetown University University of Maryland James Madison University | George Washington University Georgetown University University of Maryland James Madison University | GW GTOWN UMD JMU | 5:23.92 5:27.46 5:36.38 5:43.10 | | | 6 5 |

| | Name | Club | Number | Time | MR | Heat | Score |
|----|------------------------|------------------------|--------|---------|----|------|-------|
| 11 | University of Delaware | University of Delaware | UD | 7:16.23 | | | 1 |
| 12 | University of Delaware | University of Delaware | UD | 7:16.73 | | | |