

## Grant Ferment

E-Mail: [grantferment@gmail.com](mailto:grantferment@gmail.com)

### Education

**University of North Carolina at Charlotte**, Charlotte, NC

May 2019

*Bachelor of Science*

Major: Exercise Science

Minor: Public Health

Chancellor's List – Fall 2016 & Spring 2019

Dean's List – Spring 2017

### Relevant Coursework

Anatomy & Physiology, Applied Kinesiology, Emergency Medical Response, Strength & Conditioning, Care and Prevention of Athletic Injuries, Foundations of Public Health, Epidemiology and Water Safety Instructor.

### Internships

**Greater Life Chiropractic:**

January 2019 – May 2019

- Helped the Chiropractic Assistants assessing patient's history and gave tours to help them understand how chiropractic care can help them and their family
- Keyed and scanned important patient paperwork while also making calls to patients

### Shadowing

**Select Physical Therapy:**

March 2019 – May 2019

- Shadowed a local Physical Therapist while she explained the details about her profession

### Experience

**Jimmy John's**

May 2017 – October 2020

*Bread Runner and Delivery Driver*

*Charlotte, NC*

- Tasked with making sandwiches while also overseeing the 2-3 co-workers that are assigned to help me complete this task.
- Maintaining and cleaning the store and helping with sales.

**Autobell, Inc.**

Feb 2015 – Sept 2016

*Crew Member*

*Charlotte, NC*

- Part of a crew that cleaned and detailed customers' cars as well as tasked with misc. sales and customer service.

**Carowinds**

May 2014 – Aug 2014

*Ride's Operator*

*Charlotte, NC*

- Operating, providing maintenance duties and inspecting the ride that I was assigned to.
- Providing information to guests while waiting in line and providing a safe and fun trip to the ride.

**Autobell, Inc.**

Jan 2012 – Oct 2012

*Crew Member*

*Charlotte, NC*

### Certifications

**Certified Exercise Physiologist** (May 2019)

**American Red Cross** (August 2019)

- CPR/AED for the Professional Rescuer
- First Aid
- Bloodborne Pathogens
- Emergency Medical Response

### Acquired Skills

Ability to evaluate HR, BMI, VO2 Max and ECG.

## References

- Daniel Fredette  
General Manager of Jimmy John's  
Cell: 704-701-8356  
E-Mail: [d.fredette91@gmail.com](mailto:d.fredette91@gmail.com)
- Justin Harvey  
General Manager of Jimmy John's  
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E-Mail: [thisjustin4543@gmail.com](mailto:thisjustin4543@gmail.com)
- Matthew Sahr  
Area Manager of Jimmy John's  
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