## Grant Newton Remmen

CONTACT INFORMATION	· ·	nmen@kitp.ucsb.edu ntremmen.com
Positions	University of California, Santa Barbara, Fundamental Physics Fellow Kavli Institute for Theoretical Physics, Postdoctoral Scholar	2020-present
	University of California, Berkeley, Miller Research Fellow	2017-2020
	Harvard University Society of Fellows, Junior Fellow (declined)	2017
Education	California Institute of Technology Ph.D., Physics M.S., Physics Hertz Fellow and NSF Graduate Research Fellow	2012–2017 June 2017 June 2015
	University of Minnesota, College of Science & Engineering B.S., Physics, summa cum laude, High Distinction, 4.0 GPA B.S., Astrophysics, summa cum laude, High Distinction, 4.0 GPA B.S., Mathematics, summa cum laude, High Distinction, 4.0 GPA	2008–2012 May 2012 May 2012 May 2012
Honors & Awards	Appointed as Hertz Fellowship Interviewer Sakurai Dissertation Award in Theoretical Particle Physics American Physical Society award citation: "For his contributions to understanding the structure and self-consistency of gravity and effective	2018–present 2018
	field theories using ideas from quantum field theory and holography."  Stemple Memorial Prize in Physics, Caltech  Delegate to the 66 <sup>th</sup> Lindau Nobel Laureate Meeting  Hertz Fellow  NSF Graduate Research Fellow, National Science Foundation  Goldwater Scholar  Chambliss Astronomy Achievement Student Award,  American Astronomical Society	2016 2016 2012–2017 2012–2017 2010–2012 2011
	Dean's Summer International Student Scholarship, University College United States Presidential Scholar, White House Commission on Presidential Scholars & U.S. Dept. of Edu National Merit Scholar Byrd Honors Scholar Hagstrum Award in Physics, Univ. of MN Outstanding Graduate in Mathematics, Univ. of MN Franklin Scholarship in Physics, Univ. of MN Lando Scholarship in Mathematics, Univ. of MN	2008
	Richards Scholarship in Mathematics, Univ. of MN Nier Scholarship in Physics, Univ. of MN Thorp Scholarship in Mathematics, Univ. of MN Undergraduate Research Scholarship, Univ. of MN Basford Award in Physics, Univ. of MN Institute of Technology Alumni Award, Univ. of MN Institute of Technology Honors Undergraduate Research Scholarship, Univ. Maroon & Gold Leadership Award, Univ. of MN 3M/Alumni Award, Univ. of MN Bentson Scholar, Univ. of MN Dean's List, Univ. of MN College of Science & Engineering/Institute of Technology Hill Student Achievement Recognition, Univ. of MN, for Meritorious Work in General Chemistry	2011–2012 2010–2011 2010–2011 2010 2009–2010 2009–2010 iv. of MN 2009 2008–2012 2008–2012 2008–2012

under review, Phys. Rev. Lett. PUBLICATIONS Yu-in Huang, Grant N. Remmen UV-Complete Gravity Amplitudes and the Triple Product arXiv:2203.00696 Achilleas P. Porfyriadis, Grant N. Remmen accepted, JHEP Large Diffeomorphisms and Accidental Symmetry of the Extremal Horizon arXiv:2112.13853 Grant N. Remmen Gen. Rel. Grav. 53 (2021) 101 Exploration of a Singular Fluid Spacetime arXiv:2111.08713 Nima Arkani-Hamed, Yu-tin Huang, Jin-Yu Liu, Grant N. Remmen accepted, JHEP Causality, Unitarity, and the Weak Gravity Conjecture arXiv:2109.13937 Grant N. Remmen Phys. Rev. Lett. **127** (2021) 241602, Editors' Suggestion Amplitudes and the Riemann Zeta Function arXiv:2108.07820Achilleas P. Porfyriadis, Grant N. Remmen JHEP 10 (2021) 142 arXiv:2106.10282Horizon Acoustics of the GHS Black Hole and the Spectrum of AdS<sub>2</sub> Ning Bao, Aidan Chatwin-Davies, Grant N. Remmen JHEP 7 (2021) 113 Entanglement Wedge Cross Section Inequalities from Replicated Geometries arXiv:2106.02640 Ning Bao, Jonathan Harper, Grant N. Remmen Phys. Rev. D **105** (2022) 026010 Holevo Information of Black Hole Mesostates arXiv:2103.06888 Grant N. Remmen, Nicholas L. Rodd Phys. Rev. D **105** (2022) 036006 Signs, Spin, SMEFT: Sum Rules at Dimension Six arXiv:2010.04723 Rafael Aoude et al. (including **Grant N. Remmen**) Snowmass 2021 Letter of Interest On-Shell Methods for the SMEFT Ning Bao, Aidan Chatwin-Davies, Grant N. Remmen JHEP 9 (2020) 102 Warping Wormholes with Dust: a Metric Construction of the Python's Lunch arXiv:2006.10762 Grant N. Remmen, Nicholas L. Rodd Phys. Rev. Lett. 125 (2020) 081601 Flavor Constraints from Unitarity and Analyticity arXiv:2004.02885 Clifford Cheung, Grant N. Remmen JHEP 5 (2020) 100 Entanglement and the Double Copy arXiv:2002.10470 Ning Bao, Aidan Chatwin-Davies, Jason Pollack, Grant N. Remmen JHEP 8 (2020) 65 Cosmological Decoherence from Thermal Gravitons arXiv:1911.10207 Grant N. Remmen, Nicholas L. Rodd JHEP 12 (2019) 32 arXiv:1908.09845Consistency of the Standard Model Effective Field Theory Ning Bao, Aidan Chatwin-Davies, Jason Pollack, Grant N. Remmen JHEP 7 (2019) 152 Towards a Bit Threads Derivation of Holographic Entanglement of Purification arXiv:1905.04317Clifford Cheung, Junyu Liu, Grant N. Remmen Phys. Rev. D **100** (2019) 046003 Entropy Bounds on Effective Field Theory from Rotating Dyonic Black Holes arXiv:1903.09156Raphael Bousso, Yasunori Nomura, Grant N. Remmen Phys. Rev. D **99** (2019) 046002 Outer Entropy and Quasilocal Energy arXiv:1812.06987 Ning Bao, Aidan Chatwin-Davies, Grant N. Remmen JHEP 2 (2019) 110 Entanglement of Purification and Multiboundary Wormhole Geometries arXiv:1811.01983 Grant N. Remmen Phys. Rev. D **98** (2018) 124008 New Spacetimes for Rotating Dust in (2+1)-Dimensional General Relativity arXiv:1810.12305 JHEP 11 (2018) 71 Ning Bao, Aidan Chatwin-Davies, Jason Pollack, Grant N. Remmen

Exploring CFT Entanglement Structure and Channel Capacity in Holography

arXiv:1808.05963

Traversable Wormholes as Quantum Channels:

Publications, Yasunori Nomura, Grant N. Remmen JHEP 8 (2018) 63 arXiv:1805.09339 CONTINUED Area Law Unification and the Holographic Event Horizon Venkatesa Chandrasekaran, Grant N. Remmen, JHEP 11 (2018) 15 arXiv:1804.03153 Arvin Shahbazi-Moghaddam Higher-Point Positivity Clifford Cheung, Junyu Liu, Grant N. Remmen JHEP **10** (2018) 4 Proof of the Weak Gravity Conjecture from Black Hole Entropy arXiv:1801.08546 Ning Bao, Sean M. Carroll, Aidan Chatwin-Davies, Phys. Rev. D 97 (2018) 126014 arXiv:1712.04955 Jason Pollack, Grant N. Remmen Branches of the Black Hole Wave Function Need Not Contain Firewalls Phys. Rev. D 97 (2018) 024018 Chris Akers, Raphael Bousso, Illan F. Halpern, Grant N. Remmen arXiv:1711.06689 Boundary of the Future of a Surface JHEP 4 (2018) 129 Clifford Cheung, Grant N. Remmen, Chia-Hsien Shen, Congkao Wen Pions as Gluons in Higher Dimensions arXiv:1709.04932 Clifford Cheung, Grant N. Remmen JHEP 9 (2017) 2 Hidden Simplicity of the Gravity Action arXiv:1705.00626 Sean M. Carroll, Grant N. Remmen Phys. Rev. D **95** (2017) 123504 A Nonlocal Approach to the Cosmological Constant Problem arXiv:1703.09715 Ning Bao, Grant N. Remmen EPL (Europhysics Lett.) 121 (2018) 60007, Editor's Choice Bulk Connectedness and Boundary Entanglement arXiv:1703.00018 Clifford Cheung, Grant N. Remmen JHEP 1 (2017) 104 Twofold Symmetries of the Pure Gravity Action arXiv:1612.03927 Clifford Cheung, Grant N. Remmen Phys. Rev. Lett. 118 (2017) 051601 Positivity of Curvature-Squared Corrections in Gravity arXiv:1608.02942Grant N. Remmen, Ning Bao, Jason Pollack JHEP 7 (2016) 48 arXiv:1604.08217 Entanglement Conservation, ER = EPR, and a New Classical Area Theorem for Wormholes Sean M. Carroll, Grant N. Remmen Phys. Rev. D **93** (2016) 124052 What is the Entropy in Entropic Gravity? arXiv:1601.07558 Clifford Cheung, Grant N. Remmen JHEP 4 (2016) 2 Positive Signs in Massive Gravity arXiv:1601.04068 Ning Bao, Jason Pollack, Grant N. Remmen JHEP **11** (2015) 126 Wormhole and Entanglement (Non-)Detection arXiv:1509.05426 in the ER = EPR Correspondence Brando Bellazzini, Clifford Cheung, Grant N. Remmen Phys. Rev. D **93** (2016) 064076 Quantum Gravity Constraints from Unitarity and Analyticity arXiv:1509.00851 Ning Bao, Jason Pollack, Grant N. Remmen Fortschr. Phys. **63** (2015) 705 Splitting Spacetime and Cloning Qubits: arXiv:1506.08203 Linking No-Go Theorems across the ER = EPR Duality Ning Bao, ChunJun Cao, Sean M. Carroll, Aidan Chatwin-Davies, Phys. Rev. D **91** (2015) 125036

arXiv:1504.06632

Nicholas Hunter-Jones, Jason Pollack, Grant N. Remmen

Consistency Conditions for an AdS Multiscale Entanglement

Renormalization Ansatz Correspondence

PUBLICATIONS, Clifford Cheung, Grant N. Remmen

CONTINUED Infrared Consistency and the Weak Gravity Conjecture

JHEP 12 (2014) 87

arXiv:1407.7865

Grant N. Remmen, Sean M. Carroll

Phys. Rev. D **90** (2014) 063517

How Many e-Folds Should We Expect from High-Scale Inflation?

arXiv:1405.5538

Clifford Cheung, Grant N. Remmen

Naturalness and the Weak Gravity Conjecture

Phys. Rev. Lett. 113 (2014) 051601

arXiv:1402.2287

Grant N. Remmen, Sean M. Carroll

Attractor Solutions in Scalar-Field Cosmology

Phys. Rev. D **88** (2013) 083518 arXiv:1309.2611

Grant N. Remmen, Kris Davidson, Andrea Mehner

Unexpected Ionization Structure in Eta Carinae's "Weigelt Knots"

Astrophys. J. **773** (2013) 27

Grant N. Remmen, Kinwah Wu

Mon. Not. R. Astron. Soc. 430 (2013) 1940

Complex Orbital Dynamics of a Double Neutron Star System

arXiv:1301.2836

arXiv:1302.2659

Revolving around a Massive Black Hole

Grant Remmen, Elwood McCreary

JURP **25** (2012)

JURP **23** (2010)

 $Measurement\ of\ the\ Speed\ and\ Energy\ Distribution\ of\ Cosmic\ Ray\ Muons$ 

Grant Remmen

A New Assessment of Dark Matter in the Milky Way Galaxy

Theses

Ph.D., Physics | California Institute of Technology

Defended May 2017

Grant Newton Remmen

Defining Gravity: Effective Field Theory, Entanglement, and Cosmology

Thesis advisors: Clifford Cheung and Sean M. Carroll, California Institute of Technology

B.S., Mathematics, summa cum laude | University of Minnesota

Defended May 2012

Grant N. Remmen

Dynamics of a Rigid Spinning Ring in the Schwarzschild Metric:

A Solution to a Gravitational Problem in Mathematical Physics

Thesis advisor: Willard Miller, School of Mathematics, University of Minnesota

Research supervised by Kinwah Wu, Head of Theory,

Mullard Space Science Laboratory, University College London.

B.S., Astrophysics, summa cum laude | University of Minnesota

Defended December 2011

Grant N. Remmen

Hubble Space Telescope Subpixel Modeling of Anomalous

High-Excitation Emission Lines in the Ejecta of Eta Carinae

Thesis advisor: Kris Davidson, MN Institute for Astrophysics, University of Minnesota

B.S., Physics, summa cum laude | University of Minnesota

Defended April 2010

Grant Remmen

Distortion of Black Holes caused by Motion relative to the Cosmic Microwave Background

Thesis advisor: Robert Gehrz, Director, MN Institute for Astrophysics, University of Minnesota

Talks California Amplitudes Meeting | UC Davis

March 2022

California Institute of Technology | Amplitudes Group Meeting

February 2022

UC Irvine | Particle Physics Seminar

January 2022

QCD Meets Gravity Workshop | UCLA (virtual)

December 2021

Kavli Institute for Theoretical Physics | Locals' Event

November 2021

UC Santa Barbara | High Energy and Gravity Seminar (virtual)

November 2021

Talks,	International Centre for Theoretical Physics   High Energy, Cosmology, and Astroparticle Physics Seminar (virtual)	November 2021
	Brandeis University   Quantum/Gravity Seminar (virtual)	November 2021
	ETH Zürich   QFT, Strings and Beyond Seminar (virtual)	October 2021
	Perimeter Institute   Quantum Fields and Strings Seminar (virtual)	October 2021
	Hertz Foundation Innovation Hour (virtual)	June 2021
	California Amplitudes Meeting   UCLA (virtual)	March 2021
	New York University   Physics Department Colloquium (virtual)	March 2021
	New York University   Physics Research Seminar (virtual)	February 2021
	University of Florida   High Energy Physics Seminar (virtual)	January 2021
	University of Chicago   Particle Theory Seminar (virtual)	January 2021
	Korea Institute for Advanced Study   High Energy Physics Seminar (virtual)	December 2020
	UC Santa Barbara   High Energy and Gravity Seminar (virtual)	November 2020
	Yale University   Particle Theory Seminar (virtual)	October 2020
	Brookhaven National Laboratory   High Energy Theory Seminar (virtual)	April 2020
	Kavli IPMU, Univ. Tokyo   Astronomy-Cosmology-Particle Physics Seminar (virtua	al) April 2020
	UC Davis, QMAP   Fields, Strings, Gravity Seminar (virtual)	April 2020
	The String Swampland and Quantum Gravity Constraints on Effective Theories Program   Kavli Institute for Theoretical Physics	March 2020
	Brandeis University   High-Energy and Gravitational Theory Chalk Talk	January 2020
	Brandeis University   Physics Department Colloquium	January 2020
	University of Michigan, LCTP   High Energy Theory Seminar	November 2019
	From Scattering to Expansion Workshop   Northwestern University	October 2019
	UC Santa Barbara   Particle Physics Phenomenology Seminar	October 2019
	UC Santa Barbara   High Energy and Gravity Seminar	October 2019
	Navigating the Swampland Conference   Instituto de Física Teórica, UAM-CSIC, Madrid, Spain	September 2019
	University of Washington   AdS/CFT Group Meeting	May 2019
	University of Washington   Particle Theory Seminar	May 2019
	University of Minnesota, FTPI   High Energy Theory Seminar	April 2019
	Stanford University   Stanford Institute for Theoretical Physics Colloquium	April 2019
	UC Berkeley   4D Seminar	April 2019
	California Institute of Technology   High Energy Theory Seminar	February 2019
	UC Davis   Joint Theory Seminar	January 2019
	Harvard University   Black Hole Initiative Colloquium	November 2018
	Cornell University   Particle Theory Seminar	October 2018
	Institute for Advanced Study   High Energy Theory Seminar	October 2018
	Vistas over the Swampland Conference   Instituto de Física Teórica, UAM-CSIC, Madrid, Spain	September 2018

Talks, Continued	King's College London   Special Seminar, Theoretical Particle Physics & Cosmology	June 2018
	Gravity, Cosmology & Physics Beyond the Standard Model Conference   LPNHE, UPMC, Paris, France	June 2018
	Sakurai Thesis Prize Talk   American Physical Society April Meeting, Columbus, O Quantum Gravity Constraints for Effective Field Theories	H April 2018
	University of Illinois, Urbana-Champaign   Mathematical and Theoretical Physics Seminar	April 2018
	McGill University   High Energy Theory Group Seminar (virtual)	March 2018
	California Institute of Technology   High Energy Theory Seminar	February 2018
	California Institute of Technology   Quantum Spacetime Meeting	February 2018
	UC Berkeley   String Seminar	February 2018
	Stanford University   Stanford Institute for Theoretical Physics Seminar	January 2018
	SLAC National Accelerator Laboratory   Elementary Particle Physics Theory Seminar	October 2017
	Institute for Advanced Study   High Energy Theory Seminar	October 2017
	Massachusetts Institute of Technology   String/Gravity Theory Seminar	May 2017
	California Institute of Technology   Theoretical Physics Research Group Meeting	April 2017
	California Institute of Technology   Theoretical Physics Journal Club	April 2017
	UC Berkeley   String Seminar	February 2017
	QCD Meets Gravity Workshop   UCLA	December 2016
	California Institute of Technology   Theoretical Physics Research Group Meeting	November 2016
	California Institute of Technology   Theoretical Physics Research Group Meeting	October 2016
	Johns Hopkins University   High Energy Theory/Cosmology Seminar	October 2016
	California Institute of Technology   Theoretical Physics Research Group Meeting	May 2016
	New York University   High Energy Seminar	April 2016
	Harvard University   Particle Theory Seminar	April 2016
	California Institute of Technology   Theoretical Physics Research Group Meeting	February 2016
	California Institute of Technology   Theoretical Physics Research Group Meeting	November 2015
	California Institute of Technology   Theoretical Physics Journal Club	October 2015
	California Institute of Technology   Theoretical Physics Research Group Meeting	April 2015
	California Institute of Technology   Theoretical Physics Research Group Meeting	February 2015
	California Institute of Technology   Theoretical Physics Research Group Meeting	October 2014
	California Institute of Technology   Theoretical Physics Journal Club two-part talk	October 2014
	$20^{\rm th}$ International Symposium on Particles, Strings and Cosmology (PASCOS 2014) Warsaw, Poland	June 2014
	California Institute of Technology   Theoretical Physics Research Group Meeting	May 2014
	California Institute of Technology   Theoretical Physics Journal Club	February 2014
	California Institute of Technology   Theoretical Physics Research Group Meeting	February 2014
	California Institute of Technology   Theoretical Physics Journal Club	September 2013

Curriculum Vitae		Grant N. Remmen
Talks,	Hertz Foundation 50 <sup>th</sup> Anniversary Symposium   Poster Presentation	August 2013
CONTINUED	American Physical Society April Meeting, Denver, CO	April 2013
	Mullard Space Science Laboratory, United Kingdom   Theory Group Meeting	August 2011
	Dean's Summer International Student Day of Talks   University College London, United Kingdom	August 2011
	$217^{\rm th}$ Meeting of the American Astronomical Society, Seattle, WA   Poster Presentation	January 2011
Conference Organization	Conference Co-Chair   Kavli Institute for Theoretical Physics (virtual)  UV Meets the IR: Effective Field Theory Bounds from QFT to String Theory	October 2020
Seminar	Organizer   UC Santa Barbara High Energy and Gravity Seminar Series	2020-2021
ORGANIZATION	Organizer   UC Berkeley HEP-QIS Seminar Series	2018-2019
	Organizer   UC Berkeley String Seminar Series	2017-2019
Teaching Experience	UC Santa Barbara, Department of Physics Instructor and organizer of graduate short course	Fall 2020
	Impossible Physics: Constraining the Laws of Nature, from Scattering Amplitude	des to Black Holes
	UC Berkeley, Department of Physics Guest lecturer in Prof. Petr Hořava's Quantum Field Theory course	April 2018
	University of Minnesota, Institute of Technology, Department of Ast Teaching assistant to Prof. Robert Gehrz, Department Chair	ronomy Fall 2009
Journal Referee	Physical Review Letters Physical Review D Journal of High Energy Physics Nuclear Physics B Scientific Reports - Nature	
SCIENCE	Outreach talk for KITP administrative staff	May 2021
OUTREACH	Guest lecturer for Caltech's Storytelling for Scientists course	April 2021
	Presented talks on dark matter to physics classes in rural Minnesota	2011
Press	The Current   UCSB Quantum Zeta Epiphany	January 2022
	Physics Magazine   American Physical Society A Physical Match for the Riemann Zeta Function	December 2021
	Quanta Magazine Black Hole Paradoxes Reveal a Fundamental Link Between Energy and Order	May 2020
SCIENTIFIC & HONORARY AFFILIATIONS	American Physical Society American Astronomical Society International Society on General Relativity and Gravitation Golden Key International Honour Society Sigma Pi Sigma, National Physics Honor Society	

Leadership, Service, & Cultural Activities	California Institute of Technology Graduate Student Council Board of Directors Member, Academics Committee and Director at Large Member, Academics Committee and Physics Representative	2013–2017 2016–2017 2013–2016	
	California Institute of Technology Faculty Library Committee, Student Representative	2013 – 2017	
	Co-author/-composer of a two-act musical, From the Earth to the Moon, based on the Verne novel		
	Co-author/-composer of a two-act musical, Boldly Go!, a musical parody based upon Star Trek		
	Music director of Caltech production of Boldly $Go!$   Mainstage production Public reading	$2016 \\ 2015$	
	University Study Abroad May Seminar: Great Minds of the Renaissance, Italy   Examined history of Renaissance scientists (Galileo, daVinci, et al.) and their relationship	2011 ip to society	
	University of Minnesota Gospel Choir	2008-2010	
	Detroit Lakes Community Summer Band Program	2008 – 2010	
	University of Minnesota Honors Student Association	2008 – 2012	
	University of Minnesota volunteer caller for Admissions Office	2008-2009	
	U.S. Department of Education volunteer   Assembled hygiene kits for Washington, D.C. homeless	2008	
Test Scores	GRE Physics—Perfect Score: 990/990 GRE General—Quantitative: 800/800, Verbal: 720/800, Analytical Writing: 5.5/6.0 SAT—Perfect Score: 2400/2400 SAT II—Perfect Scores: Math Level II 800/800 and Biology–Molecular 800/800	2011 2011 2008 2008	