

Informed Consent

Welcome to a research study on social media use

We are interested in understanding social media use. For this study, you will be asked basic questions about yourself, such as your age, sex, and household income. Then, you will be asked to answer some questions about your social media use and other social relationships. You will not be asked to provide any information about your identity, and your responses will be kept completely confidential.

The study should take you around 5-10 minutes to complete. Your participation in this research is voluntary. You have the right to withdraw at any point during the study. To be paid you must answer all questions, however.

The Principal Investigator of this study is Professor Ed Hagen, who can be contacted at: edhagen@wsu.edu.

By clicking the button below, you acknowledge:

- Your participation in the study is voluntary.

- You are 18 years of age or older.
- You are aware that you may choose to terminate your participation at any time for any reason.

☐ I consent, begin the study

Demographics

What is your age in years?

What is your sex?

- ☐ Male
- ☐ Female
- ☐ Non-binary / third gender
- ☐ Prefer not to say

What is your racial or ethnic identity?

- ☐ White
- ☐ Black or African American
- ☐ Hispanic/Latino

- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Native Hawaiian or Pacific Islander
- ☐ Multiracial/Other
- ☐ Prefer not to say

Where do you live?

- ☐ Rural town or area
- ☐ Suburb
- ☐ City or urban area

How religious or spiritual are you?

Not religious or spiritual Very religious or spiritual

0 10 20 30 40 50 60 70 80 90 100

What is your annual household income in thousands of dollars?

0 20 40 60 80 100 120 140 160 180 200

How many hours do you work every week?

0 8 16 24 32 40 48 56 64 72 80

If you work, do you work mostly remotely (online) or in person?

- ☐ Remote (online)
- ☐ In person
- ☐ Do not work

What is your relationship status?

- ☐ Single (no partner)
- ☐ Dating
- ☐ Married or long term partner

If you are in a relationship, how satisfied are you with your relationship?

- ☐ Extremely dissatisfied
- ☐ Somewhat dissatisfied
- ☐ Neither satisfied nor dissatisfied
- ☐ Somewhat satisfied
- ☐ Extremely satisfied

FOMO

Below is a collection of statements about your everyday experience. Using the scale provided please indicate how true each statement is of your general experiences. Please answer according to what really reflects your experiences rather than what you think your experiences should be. Please treat each item separately from every other item.

	Not at all true of me	Slightly true of me	Moderately true of me	Very true of me	Extremely true of me
I fear others have more rewarding experiences than me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I fear my friends have more rewarding experiences than me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get worried when I find out my friends are having fun without me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get anxious when I don't know what my friends are up to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It is important
that I
understand my
friends' "in
jokes"

☐☐☐☐☐

Sometimes, I
wonder if I
spend too much
time keeping up
with what is
going on

☐☐☐☐☐

It bothers me
when I miss an
opportunity to
meet up with
friends

☐☐☐☐☐

When I have a
good time it is
important for
me to share the
details online
(e.g. updating
status)

☐☐☐☐☐

When I miss out
on a planned
get-together it
bothers me

☐☐☐☐☐

When I go on
vacation, I
continue to
keep tabs on
what my friends
are doing

☐☐☐☐☐

Do you
experience
FoMO (the fear
of missing out)?

☐☐☐☐☐

About how many hours a day do you spend on social media for personal (not work) reasons? (Social media includes FaceTime, Instagram, TikTok, YouTube, Twitter/X, Pintrest, etc.)

0 1 2 3 4 5

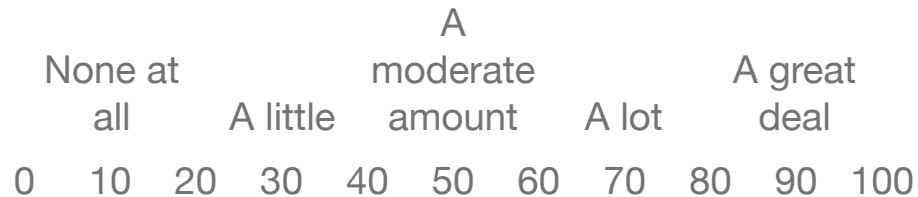
How many posts do you make on social media per week?

0 4 7 11 14 18 21 25 28 32 35

How many people typically like or respond to your posts on social media?

0 10 20 30 40 50 60 70 80 90 100

How much effort do you put into your social posts?



What percentage of the people you follow online do you know in real life?



When not at work, how many times do you check social media per hour?



If you had to pick one, what is the most important information you get from social media?

- ☐ Information about friends
- ☐ Information about family
- ☐ Information about work
- ☐ Information about local news

- How many family members do you feel close with?

How many friends do you feel close with?

How active are you in your community (for example, Church, PTA, Clubs or Sports teams, Community organizations, Volunteering)?

Page 9 of 10

Please indicate how anxious you feel most days

Not at all anxious					Extremely anxious					
0	10	20	30	40	50	60	70	80	90	100

How respected or valued do you feel by the following groups?

Not at all respected or valued					Extremely respected or valued					
0	10	20	30	40	50	60	70	80	90	100

Family members

Friends

Colleagues at
work

Online
communities and
social media

Powered by Qualtrics