## Ge.loop.quench-sea-valence ne $\Xi$ m ΞØ u-quench 0. 0.122839 0.190201 0.347733 0.173867 0.0909315 0.149054 d-quench 0.190201 0.122839 0. 0.173867 0.347733 0.0909315 0. 0.149054 0.0951007 0.122839 0.0951007 0.181863 0.181863 0.149054 s-auench α. α. 0.284272 0.624019 0.26172 0.250271 u-di-valence 0.52344 0.240758 d-di-valence 0.624019 0.284272 0. 0.26172 0.52344 0.250271 0.240758 s-di-valence 0.31201 0.284272 0.31201 0.500542 0.500542 0.240758 u-tot-valence 0.40711 0.814221 0.871173 0.435587 0.341202 0.389812 d-tot-valence 0.814221 0.40711 0.435587 0.871173 0.341202 0.389812 s-tot-valence 0.40711 0.40711 0.40711 α. α. 0.682405 0.682405 0.389812 u-sea 0. 0. 0. 0. 0. 0. 0. 0. d-sea s-sea 0. 0. 0. 0.40711 0.814221 u-loop.tot 0.871173 0.435587 0.341202 0.389812 0.40711 0. 0.435587 0.871173 0.341202 d-loop.tot 0.814221 0. 0.389812 s-loop.tot 0.40711 0.40711 0.40711 0. 0.682405 0.682405 0.389812 Gm.loop.quench-sea-valence term Σp 0.331432 u-auench 0.525213 0.860039 -0.512104 -0.234652 -0.0903714 d-auench 0.525213 0.331432 0. -0.512104 0.860039 -0.234652 0. -0.0903714 -0.203156 s-quench -0.203156 -0.3372240. 0. 0.426905 0.426905 0.442935 1.13769 u-di-valence 0. 0.395354 0.847938 -0.32521 0. -0.362122 -0.0648261 d-di-valence 1.13769 0.395354 0. -0.32521 0.847938 -0.362122 0. -0.0648261 s-di-valence -0.231153 -0.133968 -0.231153 0.730899 0.730899 0.448872 u-tot-valence 0.726786 1.66291 1.70798 -0.837314 -0.596774 -0.155198

-0.837314

0.0189382

-0.112978

0.00781139

1.72691

-0.950292

0.00781139

1.70798

-0.112978

0.0189382

0.00781139

-0.950292

1.72691

0.00781139

-0.596774

1.1578

0.066321

-0.00736348

0.00774773

0.066321

-0.604137

1.16555

1.1578

-0.00736348

0.066321

0.00774773

-0.604137

0.066321

1.16555

-0.155198

0.891807

0.0556612

0.0556612

0.0185813

-0.0995364

-0.0995364

0.910388

d-tot-valence

s-tot-valence

d-sea

s-sea

u-loop.tot

s-loop.tot

1.66291

-0.434309

-0.348164

-0.110874

-0.0147105

-0.348164

1.55203

-0.449019

0.726786

-0.471192

-0.124851

-0.124851

0.0221728

0.601935

0.601935

-0.449019

-0.434309

-0.110874

-0.348164

-0.0147105

1.55203

-0.348164

-0.449019