#### STAT115: Introduction to Biostatistics

University of Otago Ōtākou Whakaihu Waka

#### Lecture 16: Errors and Power in Tests

#### Outline

- Previous:
  - ightharpoonup Confidence interval for  $\mu$
  - Hypothesis test
- Today:
  - ► Explore more of the properties around the hypothesis test
  - ► Type I and Type II errors
  - Power of a test
  - Trade-offs between errors and power

#### Height of 100-level STAT students

- In previous years there was a questionnaire (optional) for STAT110 students
  - Questions about age, height, sex, ...
- Exploratory study
  - ► Explore the height of females in STAT110 relative to national average
    - Average height for NZ female aged 15-24 is 164.7 cm (figure.nz)<sup>1</sup>
    - Restrict ourselves to female STAT110 students aged 15-24

```
STAT110 = read.csv('../data/STAT110_height_f.csv')
head(STAT110$height)
## [1] 167 153 171 177 161 173
```

• Heights from n=451 female students aged 15-24

<sup>&</sup>lt;sup>1</sup>Data from New Zealand Health Survey, 2023

# Hypothesis test

· Write down the null and alternate hypothesis

```
► H_0: \mu = 164.7
► H_A: \mu \neq 164.7
```

• Use  $\alpha = 0.05$ 

• We can conduct the test in R

```
h_test = t.test(STAT110$height, mu = 164.7)
h test
##
    One Sample t-test
##
## data: STAT110$height
## t = 8.073, df = 450, p-value = 6.32e-15
## alternative hypothesis: true mean is not equal to 164.7
## 95 percent confidence interval:
## 166.891 168.301
## sample estimates:
## mean of x
     167.596
```

#### Interpretation

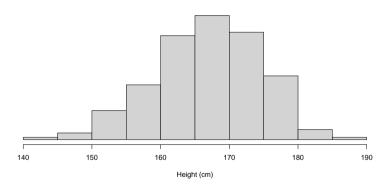
- Exploratory study: interpret *p*-values (no formal test)
- There is evidence that the data are incompatible with null hypothesis
  - ▶ p-value is approximately 1 in a quadrillion²
- Evidence that the (mean) height of female STAT110 students is incompatible with national average
- Do we trust it? It pays to be cautious
  - ▶ Students in STAT110 are not a random selection of 15 24 year olds in NZ
  - ► STAT110 data are voluntary and heights are self-reported
    - There are also very different rates of left-handedness from national averages
- If this question were of interest...
  - ▶ There is 'enough' to look into designing a (confirmatory) study

<sup>&</sup>lt;sup>2</sup>The progression is million  $(10^6)$ , billion  $(10^9)$ , trillion  $(10^{12})$ , quadrillion  $(10^{15})$ , ...

#### Assumptions

- We have made an assumption that our data are normally distributed
  - Just as we did with confidence intervals
- To check this assumption: looking for serious departures from normality
  - We check visually (histogram)
- As with confidence intervals: if the sample size is large enough
  - p-values are reasonable for non-normal data
  - Discuss more in a few weeks

# Histogram



- No obvious departures from normality
- Large sample ( $\sim 450$ )

## Setup

- We want to better understand how hypothesis testing works
- We do this in the context of formal hypothesis test
  - ▶ If p-value  $< \alpha$  we reject  $H_0$
  - If p-value  $> \alpha$  we fail to reject  $H_0$
- There are four possibilities:

	Decision	
	Do not reject $H_0$	Reject $H_0$
$H_0$ true	✓	Type I error
$H_0$ not true	Type II error	$\checkmark$

### Setup

- Consider a specific gene: GENE-X
  - ▶ Reference expression value of 5.0 TPM (transcripts per million) in healthy individuals
- Design a confirmatory study to test if GENE-X is expressed differently in a sample of people with a specific disease
  - $ightharpoonup H_0: \mu = 5$  (the mean expression for the diseased group is the same as the reference)
  - ▶  $H_A : \mu \neq 5$
- In this study:
  - ► We want to find evidence against the null
  - ▶ We want to find evidence that gene expression differs in the diseased group
- In the rest of the lecture an effect is defined as:
  - Effect: difference between the mean for the disease group and  $\mu_0 = 5$

#### A tale of two errors

- Type I Error ( $\alpha$ ): Rejecting  $H_0$  when it is true.
  - ► Concluding the expression of GENE-X is different for the diseased group, when it isn't
- Type II Error ( $\beta$ ): Failing to reject  $H_0$  when  $H_A$  is true.
  - Concluding that there is no evidence that expression of GENE-X differs for diseased group, when there is a non-zero effect

## Type I error

- Type I error rate is given by  $\alpha$ , the significance level
  - $\blacktriangleright$  Decreasing  $\alpha$  from 0.05 to 0.01 will reduce the number of type I errors we make
    - Recall:  $\alpha$  is the threshold for incompatibility with null
    - A lower  $\alpha$  is applying a higher threshold for incompatibility

# Type II error

- The type II error rate is representated as  $\beta$
- We often refer to the power =  $1 \beta$
- Power: the probability of rejecting the null hypothesis, given it is incorrect
  - ▶ i.e. it is the probability of detecting an effect, given there is one
- All else equal, we want a powerful test
  - ► More likely to correctly reject H<sub>0</sub>
  - More likely to correctly conclude that gene expression differs in diseased group
- We will look at four factors that change the type II error / power

### Type I error rate $\alpha$

- Trade off between type I error rate and power
  - If we decrease  $\alpha$  (lower type I error rate)
    - Increase type II error rate  $\beta$
    - Decrease power
- If we increase  $\alpha$  (higher type I error rate)
  - ▶ Decrease type II error rate  $\beta$
  - Increase power

#### Effect size

- Recall:  $\mu_0 = 5$  TPM (transcripts per million)
- Consider two scenarios:
  - 1. The true mean of the diseased population is  $\mu_A=5.1$  TPM
  - 2. The true mean of the diseased population is  $\mu_A = 12$  TPM
- In which scenario will power be higher (all else equal)?

 $^{3}|x|$  is the absolute value of x

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#### Effect size

- Recall:  $\mu_0 = 5$  TPM (transcripts per million)
- Consider two scenarios:
  - 1. The true mean of the diseased population is  $\mu_A = 5.1$  TPM
  - 2. The true mean of the diseased population is  $\mu_A=12$  TPM
- In which scenario will power be higher (all else equal)?
- The larger<sup>3</sup> the effect  $|\mu_A \mu_0|$ 
  - ► The more powerful the test, all else equal
- The size of the effect is not something we can typically control

 $|x|^3$  is the absolute value of x

# Sample size

- For a fixed  $\alpha$  and effect size, consider these two scenarios:
  - 1. The sample size (of diseased participants) is n=20
  - 2. The sample size (of diseased participants) is n = 200
- In which scenario will power be higher?

# Sample size

- For a fixed  $\alpha$  and effect size, consider these two scenarios:
  - 1. The sample size (of diseased participants) is n=20
  - 2. The sample size (of diseased participants) is n = 200
- In which scenario will power be higher?
- The larger the sample size
  - ► The more powerful the test, all else equal
- · Scientific research (grant) funding in ecology, food science, global health, etc
  - Typically have to justify your research design
  - ▶ Power calculation: determining sample size needed to achieve a certain power

### Population standard deviation

- For a fixed n,  $\alpha$ , and effect size, consider these two scenarios:
  - 1. The population standard deviation (of gene expression in the disease group) is  $\sigma = 0.1$
  - 2. The population standard deviation (of gene expression in the disease group) is  $\sigma=1$
- In which scenario will power be higher?

### Population standard deviation

- For a fixed n,  $\alpha$ , and effect size, consider these two scenarios:
  - 1. The population standard deviation (of gene expression in the disease group) is  $\sigma=0.1$
  - 2. The population standard deviation (of gene expression in the disease group) is  $\sigma=1$
- In which scenario will power be higher?
- The smaller the population standard deviation
  - ► The smaller the standard error
  - ▶ The more precise  $\bar{y}$  is
  - ► The more powerful the test, all else equal
- The value of  $\sigma$  is not something we can typically control

#### p-value

- ASA principle: "A p-value, or statistical significance, does not measure the size of an effect or the importance of a result"
- Suppose we have p = 0.0000001. This could be because:
  - ▶ This could be because the effect size is large
  - ▶ It could occur when the effect size is small (but non-zero) and sample size is large
- Care is needed that we don't confuse a small p-value, with an important result

## Relationship with confidence intervals

- If we are testing the hypothesis:
  - $\vdash$   $H_0: \mu = \mu_0$
  - $\vdash$   $\mathsf{H}_A: \mu \neq \mu_0$
- There is an equivalence between *p*-value and confidence interval
  - p-value  $<\alpha$  is equivalent to  $\mu_0$  outside the  $(1-\alpha)100\%$  confidence interval
    - e.g. if p-value < 0.05, then  $\mu_0$  is outside 95% confidence interval
    - e.g. if p-value > 0.01, then  $\mu_0$  is inside 99% confidence interval

# Quiz

- It's quiz time!
- Three possible answers for the questions below:
  - ▶ (1) increase; (2) decrease; (3) can't tell
- What is the effect on (i) type I error rate, and (ii) power if we:
  - ► Increase the sample size?
  - $\triangleright$  Decrease  $\alpha$ ?
  - ▶ Decrease the sample size and increased  $\alpha$ ?
  - ▶ Changed the research design so that the type II error rate  $\beta$  decreased?
  - ▶ Collected a sample twice the size for a different gene (GENE-Y) that has a smaller effect and larger  $\sigma$ ?

### Summary

- Checking assumptions
- Looked more at the properties of hypothesis testing
  - ► Type I error
  - ► Type II error
  - Power
- Looked at the effect of
  - ► Sample size
  - ► Effect size
  - $\triangleright \alpha$
  - $\triangleright$   $\sigma$