

# STAT115: Introduction to Biostatistics

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# Lecture 17: Difference Between Two Means

## Outline

- Previous lectures:
  - ▶ Explored statistical models for normally distributed data
  - ▶ Data are modelled as normal with mean  $\mu$  and variance  $\sigma^2$
  - ▶ Found confidence interval for  $\mu$
  - ▶ Hypothesis test for  $\mu$
- Today: begin to look at relationships between variables
  - ▶ Relationship between a continuous variable and a categorical variable
  - ▶ Continuous variable: can take any value
    - e.g. height, weight, time to run 100 m
    - It could be limited a range (e.g. height must be positive)
  - ▶ Categorical variable: represents categories or groups
    - e.g. sex, country of birth, blood type, etc.

# Motivation

- What is the effect of sensory deprivation?<sup>1</sup>
  - ▶ Study designed to explore this question, where all participants were prisoners
- Twenty participants were selected
  - ▶ 82 inmates initially volunteered
    - Removed: medically unfit, low IQ, history of behaviour or psychiatric problems in prison
- The 20 participants were randomly allocated into two groups
  - ▶ Solitary confinement
  - ▶ Control (ordinary prison life)
- EEG<sup>2</sup> frequencies were obtained on day 7
  - ▶ Is there a difference in arousal levels? (as measured by EEG frequency)

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<sup>1</sup> From Journal of Abnormal Psychology, 1972, **79**, 54–59

<sup>2</sup> EEG (Electroencephalogram) measures the frequency of brain waves

## Data: EEG frequencies

- Import the data

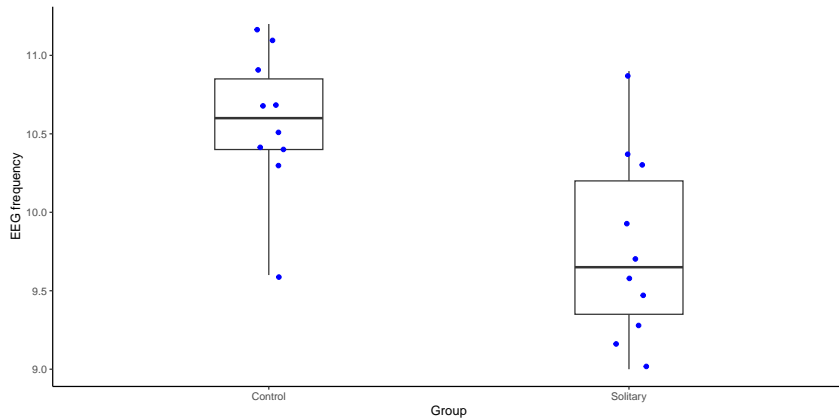
```
EEG = read.csv('EEG.csv')
```

- Have a look at the data:

```
head(EEG)

##      Group Freq
## 1 Control 10.7
## 2 Control 10.7
## 3 Control 10.4
## 4 Control 10.9
## 5 Control 10.5
## 6 Control 10.3
```

# Visualise the data

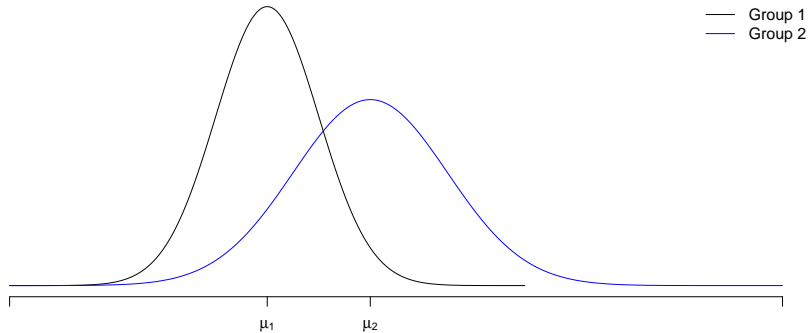


<https://mathstatfiles.otago.ac.nz/STAT115/GEEplot.r>

# Problem

- We have looked at models:
  - ▶ Data are normally distributed with mean  $\mu$  and variance  $\sigma^2$
  - ▶ Focus has been on the estimation of a (single) mean  $\mu$
- We need to extend our model to allow for two groups of data
  - ▶ Group 1 (experimental): normally distributed with mean  $\mu_1$  and variance  $\sigma_1^2$
  - ▶ Group 2 (control): normally distributed with mean  $\mu_2$  and variance  $\sigma_2^2$
- Interest is in the difference in means between the two groups
  - ▶  $\mu_1 - \mu_2$  (or  $\mu_2 - \mu_1$ )
- Difference in the mean arousal level between the deprived and the controls

## Model (graphical representation)



## Other examples

- There are other applications we could have used to motivate:
  - ▶ Cuckoos are avian brood parasites: they lay their eggs in the nest of other birds
    - Compare the length of cuckoo eggs in wren and robin nests
  - ▶ Explore differences in chemical composition of wine or olives
    - Different cultivars (wine)
    - Different regions (olives)
  - ▶ Comparing athletic performance
    - Comparing resistance training and traditional training for athletes in some sport
  - ▶ Survival time for breast cancer patients
    - Comparing candidate drug and placebo
  - ▶ Gene expression in a section of the brain
    - Comparing diseased, with healthy controls
  - ▶ You will see a variety of examples in Assignments



## How to find a confidence interval

- Much of what we have learned previously 'carries over'
- Use statistics (from sample) to estimate parameters (from population)
  - ▶ Parameter:  $\mu_1 - \mu_2$
  - ▶ Statistic:  $\bar{y}_1 - \bar{y}_2$
- Standard error for  $\bar{y}_1 - \bar{y}_2$ 
  - ▶ Tells us about the variation in  $\bar{y}_1 - \bar{y}_2$  in repeated samples
  - ▶ Estimated standard error:  $s_{\bar{y}_1 - \bar{y}_2} = \sqrt{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}$
- The confidence interval is given as

$$\underbrace{\bar{y}_1 - \bar{y}_2}_{\text{statistic}} \pm \underbrace{t_{\nu, 1-\alpha/2}}_{\text{multiplier}} \underbrace{\sqrt{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}}_{\text{standard error}}$$

## Standard error

- The standard error is different from before, but similar
  - ▶ Follows from variance rules (Lecture 9)
  - ▶ Observations in the two groups are independent

$$\begin{aligned} \text{Var}(\bar{y}_1 - \bar{y}_2) &= \text{Var}(\bar{y}_1) + \text{Var}(\bar{y}_2) \\ &= \frac{s_1^2}{n_1} + \frac{s_2^2}{n_2} \end{aligned}$$

# Multiplier

- The multiplier is again given by the  $t$ -distribution
  - ▶ The use of the  $t$ -distribution relies on an approximation
    - Approximation is accurate provided we have more than a handful of observations ( $n_1 > 5, n_2 > 5$ )
- The degrees of freedom,  $\nu$ , we use is given by a complicated formula
  - ▶ You have no need to know or learn this

$$\nu = \frac{\left( \frac{s_1^2}{n_1} + \frac{s_2^2}{n_2} \right)^2}{\frac{s_1^4}{n_1^2(n_1-1)} + \frac{s_2^4}{n_2^2(n_2-1)}}.$$

- If software isn't available, simpler approximations for  $\nu$  are sometimes used
  - ▶ e.g. using smaller of  $n_1 - 1$  and  $n_2 - 1$
  - ▶ Conservative

# Calculating the confidence interval

- We could calculate the confidence interval by hand:
  - ▶ Find the sample mean in each group:  $\bar{y}_1, \bar{y}_2$
  - ▶ Find the sample variance in each group:  $s_1^2, s_2^2$
  - ▶ Find the standard error
  - ▶ Calculate the degrees of freedom
  - ▶ Find the  $t$ -multiplier
  - ▶ Construct the confidence interval
- Tedious task
  - ▶ Important to know how the interval is constructed
    - You may be asked to do various aspects of it for assignment/test/exam
  - ▶ Easier to use R to calculate the interval

## In R

- We use the same function as before: `t.test`
  - This requires us to have the data for each group separately
  - Currently our data are in a single data frame

```
head(EEG)
```

```
##      Group Freq  
## 1 Control 10.7  
## 2 Control 10.7  
## 3 Control 10.4  
## 4 Control 10.9  
## 5 Control 10.5  
## 6 Control 10.3
```

- The variable `Group` distinguishes which group the observation is from
  - Either `Control` or `Solitary`

## In R

- There are several ways in R we could separate into two groups
  - ▶ We will use `subset`
    - Subsets the data based on a specified criteria
  - ▶ Only cover 'basic' data handling in STAT115
    - See STAT 260

```
control = subset(EEG, Group == "Control")  
solitary = subset(EEG, Group == "Solitary")
```

- We use two equal signs (`==`) to *check* equality
  - ▶ `Group == "Solitary"` is checking which observations are Solitary

# In R

- Check each of these objects

control

| ##    | Group   | Freq |
|-------|---------|------|
| ## 1  | Control | 10.7 |
| ## 2  | Control | 10.7 |
| ## 3  | Control | 10.4 |
| ## 4  | Control | 10.9 |
| ## 5  | Control | 10.5 |
| ## 6  | Control | 10.3 |
| ## 7  | Control | 9.6  |
| ## 8  | Control | 11.1 |
| ## 9  | Control | 11.2 |
| ## 10 | Control | 10.4 |

solitary

| ##    | Group    | Freq |
|-------|----------|------|
| ## 11 | Solitary | 9.6  |
| ## 12 | Solitary | 10.4 |
| ## 13 | Solitary | 9.7  |
| ## 14 | Solitary | 10.3 |
| ## 15 | Solitary | 9.2  |
| ## 16 | Solitary | 9.3  |
| ## 17 | Solitary | 9.9  |
| ## 18 | Solitary | 9.5  |
| ## 19 | Solitary | 9.0  |
| ## 20 | Solitary | 10.9 |

# In R

- Each of the groups is a separate argument in `t.test`

```
out = t.test(control$Freq, solitary$Freq)
out

##
##  Welch Two Sample t-test
##
## data:  control$Freq and solitary$Freq
## t = 3.4, df = 17, p-value = 0.004
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
##  0.2969 1.3031
## sample estimates:
## mean of x mean of y
##    10.58    9.78
```



## R output

- R calculates the degrees of freedom for us:  $\nu = 16.875$
- R gives us the means

```
out$estimate # gives the samples means of the two groups
## mean of x mean of y
##      10.58      9.78

out$estimate[1] - out$estimate[2] # find the diff in sample means
## mean of x
##        0.8
```

- When interpreting, we must be careful to not confuse the order
  - ▶ Mean of  $x$  corresponds to the first argument: controls
  - ▶ Mean of  $y$  corresponds to the second argument: solitary
  - ▶ Confidence interval is for  $\mu_x - \mu_y$ , or  $\mu_{\text{control}} - \mu_{\text{solitary}}$

# Confidence interval

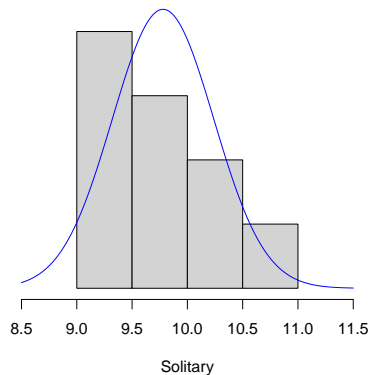
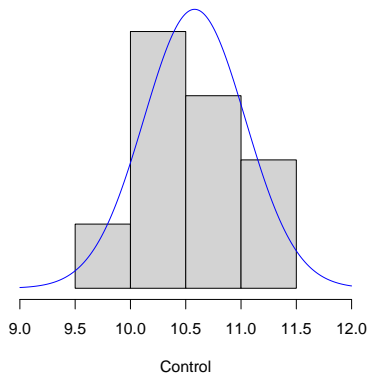
- The confidence interval is

```
out$conf.int
## [1] 0.2969 1.3031
## attr(,"conf.level")
## [1] 0.95
```

- We are 95% confident that the mean EEG frequency for the control group is between (0.2969, 1.3031) higher than those in solitary confinement
- The confidence interval has the same properties as before
  - ▶ In the long run, we would expect 95% of the confidence intervals we calculate to include the true difference  $\mu_1 - \mu_2$ 
    - If we were to repeatedly sample from the population and repeat this analysis

## Checking assumptions

- We are assuming a normal model for each group
- Check fitted model



# Checking assumptions

- Do the data show departures from normality?
- Enough to make us cautious
  - ▶ Small sample size: normality assumption very important
    - It is hardest to assess normality assumptions, when it matters the most
- Want to be cautious in our conclusions

# Hypothesis test

- This study was set up to look into a specific hypothesis
  - ▶ Confirmatory
- Theory was that sensory deprivation changes EEG frequency
- Null hypothesis: status quo / assumption of no difference
  - ▶ The two groups have the same mean:  $\mu_1 = \mu_2$
  - ▶  $H_0 : \mu_1 - \mu_2 = 0$
- The alternative hypothesis
  - ▶ The two groups differ:  $\mu_1 \neq \mu_2$
  - ▶  $H_A : \mu_1 - \mu_2 \neq 0$

# Hypothesis test

- The same function (`t.test`) is used to calculate a hypothesis test

```
out = t.test(control$Freq, solitary$Freq)
out
##
##  Welch Two Sample t-test
##
## data:  control$Freq and solitary$Freq
## t = 3.4, df = 17, p-value = 0.004
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
##  0.2969 1.3031
## sample estimates:
## mean of x mean of y
##      10.58      9.78
```

# Interpretation

- The  $p$ -value is 0.0038
  - ▶ Evidence of incompatibility between data and null hypothesis
  - ▶ Data provide support for the alternative hypothesis
    - Difference in EEG frequency between the control and solitary groups
- Given the small sample and cautiousness in checking assumptions
  - ▶ We have provided evidence in support of EEG differing
  - ▶ Larger studies desirable to provide further confirmation

## Confidence intervals vs hypothesis testing

- In this example we look at both confidence intervals and hypothesis test
- The  $p$ -value does not tell us how strong an effect is
  - ▶ We could have  $p$ -value of 0.05 with  $\bar{y}_1 - \bar{y}_2 = 10$ 
    - Small sample size
  - ▶ We could have  $p$ -value of 0.001 with  $\bar{y}_1 - \bar{y}_2 = 0.002$ 
    - Large sample size
- Confidence interval gives an interval estimate of effect



# Independent groups

- We have assumed the two groups are independent
  - ▶ Important assumption
- What does that mean?
  - ▶ The outcome from one group does not affect the outcome from the other group
- This will not always be the case:
  - ▶ Students take a test before undertaking a course
  - ▶ Same students undertake the same test after the course
    - Same participants in each 'group'
    - It is likely that someone who scored well in first test will also score well in the second test
- Look into this more next lecture

# Summary

- First look at relationship between variables
  - ▶ How EEG frequency varies by sensory deprivation
- Relationship between a continuous variable and a categorical variable
  - ▶ EEG frequency (continuous); sensory deprivation yes/no (categorical)