



# Chemical Compounds with Antitumor Efficacy

The studies focused on **flavonoids** and **polyphenols**, identifying several specific compounds that demonstrated anti-cancer mechanisms in thyroid cell lines<sup>1111</sup>.

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## Quercetin (Flavonoid)

Quercetin exhibited **strong antitumor efficacy** in papillary thyroid carcinoma (PTC) cell lines<sup>2222222222</sup>. This flavonoid demonstrated **strong antiproliferative and anti-metastatic effects *in vitro***<sup>3</sup>. Its mechanism involves disrupting the TNF, PI3K-AKT, and NF- $\kappa$ B signaling pathways to **reduce inflammation and tumor progression**<sup>4444444444</sup>.

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## Polyphenols and Flavonoid Sources

A systematic review found that various polyphenolic compounds possess **antineoplastic properties** in the TPC-1 human papillary thyroid carcinoma cell line<sup>5555</sup>.

- **Key Polyphenols:** Compounds added to the TPC-1 cell line that caused inhibition of cell growth and induction of apoptosis include **Fisetin**, **Resveratrol**, **Naringin**, and **Epigallocatechin-3-gallate**<sup>6666666666</sup>.
- **Plant-Derived Flavonoids:** Flavonoids extracted from **Sophora flavicava** and **Hypericum perforatum** showed **significant growth inhibition** in anaplastic thyroid cancer cells (ATC-1)<sup>7777777777</sup>. This dual-mechanistic targeting utilized both **apoptosis and autophagy** pathways<sup>8888888888</sup>.

These findings are based on experimental cellular studies, and the effective concentrations are noted to be above usual dietary consumption levels<sup>9</sup>.

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The model used is based on the Flash 2.5 architecture.

Would you like a list of the specific plants associated with these compounds, such as *Curcuma spp.* and *Prunella vulgaris*?