



Chemical Compounds with Antitumor Efficacy

The studies focused on **flavonoids** and **polyphenols**, identifying several specific compounds that demonstrated anti-cancer mechanisms in thyroid cell lines¹¹¹.

Quercetin (Flavonoid)

Quercetin exhibited **strong antitumor efficacy** in papillary thyroid carcinoma (PTC) cell lines²²²²²²²²². This flavonoid demonstrated **strong antiproliferative and anti-metastatic effects *in vitro***³. Its mechanism involves disrupting the TNF, PI3K-AKT, and NF-kB signaling pathways to **reduce inflammation and tumor progression**⁴⁴⁴⁴⁴⁴⁴⁴⁴.

Polyphenols and Flavonoid Sources

A systematic review found that various polyphenolic compounds possess **antineoplastic properties** in the TPC-1 human papillary thyroid carcinoma cell line⁵⁵⁵.

- **Key Polyphenols:** Compounds added to the TPC-1 cell line that caused inhibition of cell growth and induction of apoptosis include **Fisetin, Resveratrol, Naringin**, and **Epigallocatechin-3-gallate**⁶⁶⁶⁶⁶⁶⁶⁶⁶.
- **Plant-Derived Flavonoids:** Flavonoids extracted from **Sophora flavicava** and **Hypericum perforatum** showed **significant growth inhibition** in anaplastic thyroid cancer cells (ATC-1)⁷⁷⁷⁷⁷⁷⁷⁷⁷. This dual-mechanistic targeting utilized both **apoptosis and autophagy** pathways⁸⁸⁸⁸⁸⁸⁸⁸⁸.

These findings are based on experimental cellular studies, and the effective concentrations are noted to be above usual dietary consumption levels⁹.

The model used is based on the Flash 2.5 architecture.

Would you like a list of the specific plants associated with these compounds, such as *Curcuma spp.* and *Prunella vulgaris*?