

# MAKING TEA WHILE AI CODES:

A PRACTICAL GUIDE TO AI-ASSISTED PROGRAMMING  
(WITH CURSOR COMPOSER AGENT IN YOLO MODE)



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Mindstone AI London - St James Inspire

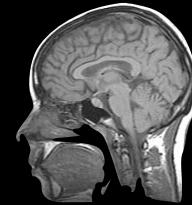
# INTRO

# Dr Greg Detre



- machine learning expert
- successful startups
- team builder

*Oxford, Harvard, Princeton  
Memrise + Big Health \$100m+  
'Best UK data & analytics team' 2019*



PhD  
human memory,  
machine learning

**MEM  
RiSE**

co-founder

**Big Health** CTO



Chief Data Scientist

Greg  
Detre  
Consulting

help teams build great  
products and use AI in  
imaginative ways

GOALS FOR  
TODAY

What is Cursor? setup

We are all managers (of AI colleagues)

Cup-of-Tea criteria & TDD 2.0

Guardrails & reversibility

Bigger projects, conversation patterns

Getting buy-in from the rest of your team

DEMooooo...  
.

# Cursor setup

- Download from <https://www.cursor.com/> (0.45.\* at the time of writing)

- Open Cursor settings:

- General / Privacy mode / Enabled

- General / Rules for AI (see next page)

- Models:

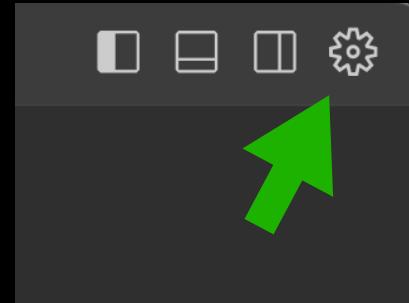
- Claude-3-5-sonnet-20241022

- and a reasoning model for tricky cases

- Features: just turn them all on (especially YOLO mode)

- maybe “Command denylist”, e.g. deploy, git push?

- Beta: turn on all but “Bug finder”



# Cursor settings / General / Rules for AI



## # Safety

Never run major destructive operations (e.g. dropping tables) first.

Don't run database changes outside of a migration without asking me first.

Don't remove comments or commented-out code unless explicitly asked to.

Don't commit to Git without asking me.

## # Process

Before you make changes, first make a proposal and ask questions.

If you notice a problem or see a better way, discuss before proceeding.

If you feel you're getting stuck, stop, review, and let's discuss.

## # Coding

Aim for simplicity and readability.

Aim to keep changes minimal, focused to a few areas at a time, and specific to the current task.

Run the tests often to monitor and guide our progress, especially if you think you've finished something. If you added a test, definitely run it.

For complex changes, start simple, and we'll add in complexity later. Aim to break things into lots of smaller stages.

Aim to stop at the end of each stage, with working code and passing tests.

## # Most importantly

Don't make irreversible changes without my permission.

# Starting point

<https://github.com/gregdetre/Mindstone-AI-London-2025-Feb-18-Cursor>

- Provide your own .env file with OpenAI key

OPENAI\_API\_KEY=sk-blahblah

- empty requirements.txt

 gregdetre	Init	...	cdb3f5a · 35 minutes ago	
 .gitignore	Init		35 minutes ago	
 LICENSE	Initial commit		40 minutes ago	
 README.md	Initial commit		40 minutes ago	
 requirements.txt	Init		35 minutes ago	

# Create a new AI conversation

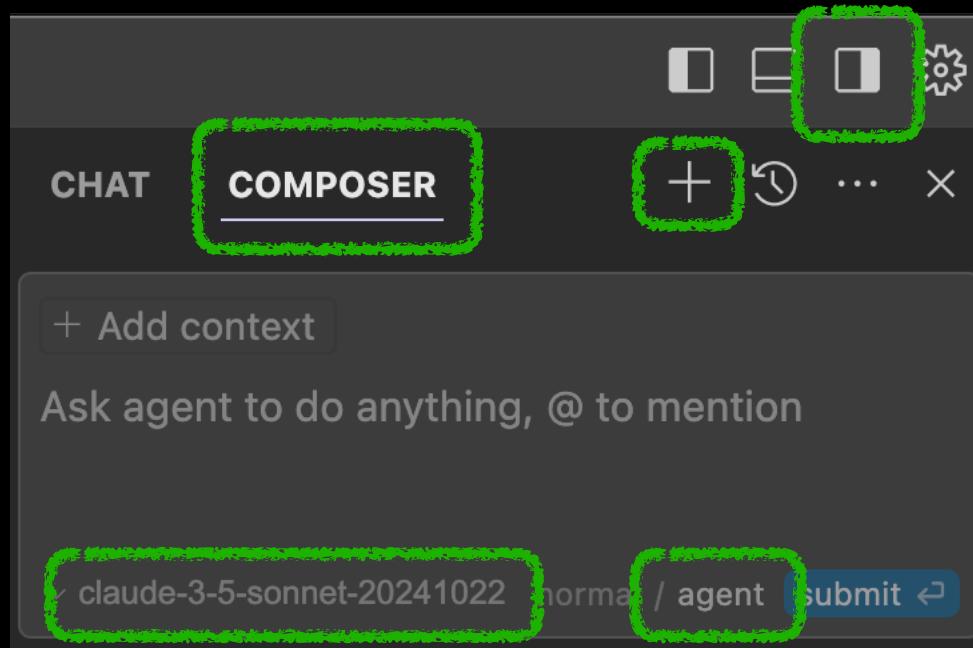
Open the AI panel in the right sidebar

Choose Composer (rather than Chat)

The + to the right starts a new conversation

Make sure model =  
claude-3-5-  
sonnet-20241022

And make sure you're in  
agent rather than normal  
mode



# Provide context, as if to a brand-new employee

We want to build a vector search app for a live demo.

goal, context

Keep things really simple, get something basic working, and then add features incrementally.

operating principles

Ask me questions, make proposals, don't make changes yet.

information-gathering & alignment mode

# Answer questions, check alignment, refine prompt

- 1) ...
- 2) ...

Before you make changes, write out a concise, minimal plan in `250216\_initial\_planning.md`:

- goal
- context, background, principles
- prioritised actions (marked as TODO or DONE)

(Don't add information beyond what I've provided)

answer the questions

now let's write out a planning doc

use this structure for the planning doc

# Edit the plan manually, or ask the AI to add to it

you can edit  
the plan manually

Command-line at first.

We'll need to create a mini dataset.

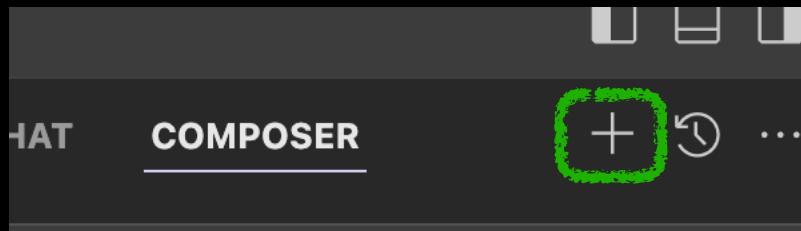
Create a single integration test with Pytest before we start coding

Update  
@250216\_initial\_planning.md

instructions you  
want the AI  
to add to the plan

update doc

# Start a new conversation



Pick up the first tasks from  
@250216\_initial\_planning.md

Start with a v simple end-to-end test. Get to a v simple working version, and then run the test.

reference the planning doc

it's time for the AI to start work!

⬇ 250216\_initial\_planning.md

Pick up the first tasks from  
@250216\_initial\_planning.md

Start with a v simple end-to-end test. Get to a v simple working version, and then run the test.

# Make a cup of tea while the AI ploughs ahead

→ Checkpoint created. Restore

✚ test\_vector\_search.py 1/1 ✓

Now, let's create our minimal VectorSearch implementation:

→ Checkpoint created. Restore

✚ \_\_init\_\_.py 1/1 ✓

→ Checkpoint created. Restore

✚ vector\_search.py 1/1 ✓

# It's installing packages

Let's install the requirements and run the test:

```
$ pip install -r requirements.txt

Using cached iniconfig-2.0.0-py3-none-any.whl (5.9 kB)
Using cached packaging-24.2-py3-none-any.whl (65 kB)
Using cached annotated_types-0.7.0-py3-none-any.whl (13 kB)
Using cached idna-3.10-py3-none-any.whl (70 kB)
Using cached MarkupSafe-3.0.2-cp311-cp311-macosx_11_0_arm64.
Using cached certifi-2025.1.31-py3-none-any.whl (166 kB)
Using cached h11-0.14.0-py3-none-any.whl (58 kB)
Installing collected packages: typing-extensions, tqdm, sni
arkupSafe, jiter, itsdangerous, iniconfig, idna, h11, distro
kzeug, pytest, pydantic-core, Jinja2, httpcore, anyio, pydar
Successfully installed Jinja2-3.1.5 MarkupSafe-3.0.2 Werkzeu
er-1.9.0 certifi-2025.1.31 click-8.1.8 distro-1.9.0 flask-3.
-3.10 iniconfig-2.0.0 itsdangerous-2.2.0 jiter-0.8.2 numpy-;
pydantic-2.10.6 pydantic-core-2.27.2 pytest-8.3.4 python-dot
ensions-4.12.2
```

check the  
requirements.txt  
to be sure you like its  
choices

interrupt, edit, and  
resume whenever  
you need to

# Pay especially close attention to the tests

```
tests > ⚙ test_vector_search.py > ...
1 import pytest
2 from src.vector_search import VectorSearch
3
4
5 def test_basic_search():
6     # Initialize the search engine
7     search_engine = VectorSearch()
8
9     # Add test documents
10    test_docs = {
11        "doc1": "The quick brown fox jumps over the lazy dog",
12        "doc2": "A lazy dog sleeps all day",
13        "doc3": "The brown fox is quick and clever",
14    }
15    search_engine.add_documents(test_docs)
16
17    # Perform a search
18    results = search_engine.search("quick fox")
19
20    # Verify results structure
21    assert isinstance(results, list)
22    assert len(results) == 3 # Should return all documents
23
24    # Check that each result has the expected fields
25    for result in results:
26        assert isinstance(result, dict)
27        assert "id" in result
28        assert "text" in result
29        assert "score" in result
30        assert isinstance(result["score"], float)
31        assert 0 <= result["score"] <= 1 # Cosine similarity is be
32
```

if they're right, then  
the code probably  
will be too

and the AI can  
iterate, fixing code  
until they pass

# Pay especially close attention to the tests

```
$ python -m pytest tests/test_vector_search.py -v  
  
git:(main) ✘  python -m pytest tests/test_vector_search.py -v  
===== test session starts =====  
platform darwin -- Python 3.11.9, pytest-8.3.4, pluggy-1.5.0  
earliest-AI-London-2025-Feb-18-Cursor/bin/python  
cachedir: .pytest_cache  
rootdir: /Users/greg/Dropbox/dev/gdconsult_work/Mindstone-AI  
plugins: anyio-4.8.0  
collected 1 item  
  
tests/test_vector_search.py::test_basic_search PASSED  
  
===== 1 passed in 2.4s =====  
gdconsult_work__Mindstone-AI-London-2025-Feb-18-Cursorgdcons  
git:(main) ✘
```

woohoo!

Great! We've successfully:

# You can drive faster with guardrails

git commit *often*

Now that we have our basic implementation and test in place, let's install the requirements and run the test. First, we should create a `.env` file for our OpenAI API key:

it overwrote my  
.env file!

fortunately, that's  
easy to undo

# Continue - keep the planning doc up-to-date, start fresh conversations occasionally, layer in requirements

Pick up from  
@250216\_initial\_planning.md

Let's switch from command-line to a web application.

Ask questions, make proposals, don't make changes yet.

use the planning document to re-establish context

new features:

back into information-gathering/alignment mode

# RESOURCES

# Conversation modes

Information-gathering/alignment	[Describe new feature.] Ask me questions, help me think through options & trade-offs, make a proposal, don't make changes.
Update the planning doc	Use this structure: goals/context, operating principles, prioritised hierarchical actions/stages (marked as TODO vs DONE)
Write the tests first	Propose the tests you plan to write, but don't write them yet. Let's think through the edge-cases we want to cover.
Write the code, run the tests, fix the code	Keep changes minimal, and relevant to the task at hand.
Help me debug this	Gather information, read through the code, look at this output, check the database, run the tests, try it yourself, etc. Think through possible causes or places to investigate. What would help us get to the bottom of this?

<https://www.makingdatamistakes.com/making-tea-while-ai-codes-a-practical-guide-to-2024s-development-revolution/>

<https://github.com/gregdetre/Mindstone-AI-London-2025-Feb-18-Cursor>

<https://www.gregdetre.com/consulting/>

<https://www.makingdatamistakes.com/#/portal/signup>

<https://www.linkedin.com/in/gregdetre/>

THE END

XXX

XXX

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A photograph of a forest path. The path is covered in fallen brown leaves and leads through a dense stand of tall, thin trees, likely pines or similar conifers. The ground is covered in green moss and low-lying vegetation.

# ASK ME ABOUT...

[goals]

[conversation modes]

[resources]

How do I get buy-in from my team?

This is fine for a side-project, but what about production code?

What's going to happen to software engineering jobs?

How can i handle bigger projects & legacy code?

What about when things go wrong?

Where *doesn't* this work well?

What can we expect from 2025?

... or anything else!