## October is Dating Violence Awareness Month

When people think about domestic violence, they often think of physically violent acts like hitting. Physical violence can be a part of domestic violence, but it is much more than that. For many, the emotional violence has a bigger impact. Abusers are often no violent with anyone other than their partner and/or their children.

## PHYSICAL Using Coercion Using Intimidation

and Threats Making and/or carrying

out threats to do something to hurt them threatening to leave them, to commit Using suicide, to report them **Economic** to welfare · making **Abuse** them drop charges · making them

do illegal

things

Using

Children

**POWER** 

AND

CONTROL

Denying

Minimizing.

**And Blaming** 

Preventing them from getting or keeping a job · making them ask for money · giving them an allowance · taking their money • not letting them know about or have access to family income.

Using Male Privilege

Treating her like a servant • making all the big decisions · acting like the "master of the castle" · being the one

to define men's and women's Making them feel roles

quilty about the children • using the children to relav messages · using visitation to harass them • threatening to take the children away.

Making them afraid by ianing look gestures smashing things · destroying their property · abusing pets · displaying **Emotional** weapons

Abuse Putting them down • making them feel bad about themselves • calling them names · making them think they are crazy · playing mind games · humiliating them · making them feel guilty

Using

**Using Isolation** 

Controlling what they do, who they see and talk to, what they read, where they go · limiting their outside involvement • using jealousy to justify actions

Making light of the abuse and not taking their concerns about it seriously · saying the abuse did not happen · shifting responsibility for abusive behavior • saying they caused it.

PARTOLENCE SEXUAL

Domestic Abuse Intervention Project

When we understand the dynamics of dating violence, we can prevent it.

end violence