

# **Lunch Menu**

## **STARTERS**

**Hot Crab and Artichoke Dip** - Crabmeat with artichokes, blended in our spicy sauce. Served with tortilla chips. - \$8.99

**Lynn's Bruschetta** - A blend of tomatoes, ripe olives, fresh herbs, feta cheese, olive oil and garlic. Served with our grilled baguette. - \$7.99

**Basket of Beer Battered French Fries** - \$3.99

**Truffle & Parmesan French Fries** - \$5.99

**Roasted Red Pepper Tomato Bisque or Soup of the Day**  
Cup \$ 2.99      Bowl \$3.99

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## **ALL YOU CAN EAT SOUP, SALAD & BREAD** **\$6.99**

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**Breadworks  
Bread**

**Cup of Soup & ½ Sandwich - \$6.99**

Choice of Soup

½ Sandwich - Turkey, Tuna or Ham and Cheese

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## **SALADS**

**Benjamin's Classic Salad**— Mixed greens, tomatoes, cucumbers, red onion, garbanzo beans and herbed croutons \$4.99  
Add chicken - \$3.99      Add Shrimp - \$5.99

**Greek Salad** - Mixed greens, grilled tarragon chicken breast, Feta cheese, black olives, tomatoes, cucumber and red onion.  
Suggested Dressing - Feta Vinaigrette. - \$9.99

**Santa' Fe Chicken Salad** - Black beans, tomatoes, cucumber, cheddar cheese, tortilla chips and a grilled chicken breast on a bed of greens. Suggested dressing - French - \$ 8.99

**Barbeque Chicken Salad** - Mixed baby greens topped with tomatoes, cucumber, red onion, black beans, smoked gouda and barbeque chicken. Suggested dressing - Ranch - \$ 8.99

**Blackened Tilapia Salad** - Everyone's Favorite! - Mixed greens, tomatoes, cucumbers, red onions, garbanzo beans and herbed croutons, topped with blackened Tilapia.  
Suggested dressing: House  
\$10.99

... choice of Mahi when available ... at market price.

**Dressing Selections** - Creamy Italian (House), Balsamic or Feta Vinaigrette, French, Ranch, Olive Oil and Balsamic Vinegar  
Danish Blue Cheese - \$1.99      Feta Cheese - \$1.49  
Extra dressing 2 oz. - \$.25 each

## **GOURMET PIZZA**

**White** - Fresh diced plum tomatoes, mozzarella cheese, olive oil and fresh garlic. - \$8.99

**Tre Carne** - Our homemade pizza sauce topped with mozzarella cheese, Italian hot sausage, pepperoni and bacon - \$9.99

**BBQ Chicken** - Grilled chicken breast with a smoky barbeque sauce, topped with red onions, smoked Gouda and mozzarella cheeses - \$8.99

**Traditional Pizza** - Our traditional pizza sauce topped with shredded mozzarella - \$8.99

**Portabella Pizza** - Garlic and olive oil brushed crust topped with portabella mushrooms, peppers, onions, diced tomatoes, fresh spinach, feta and mozzarella cheeses. - \$8.99

## **Additional Toppings**

Add \$1.75 per topping: Pepperoni, Mushrooms, Hot Peppers, Onions, Sausage, Roasted Red Peppers, Bacon.



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## OUR SIGNATURE SANDWICHES

*Our sandwiches are available on your choice of Rye, Italian, or Kaiser roll. All come with a choice of side: Potato chips, the Daily Side or Beer Battered French Fries for an additional \$1.99*

**The Italiano** - Ham, genoa salami, pepperoni, provolone, mild pepper rings, lettuce, tomatoes and Italian dressing. Warmed in our oven and served on an Italian roll. - \$7.99

**Reuben** - Corned beef, sauerkraut, thousand island dressing and Swiss cheese on grilled rye bread. - \$7.49

**Rachel** - Sliced turkey breast, coleslaw, thousand island dressing and Swiss cheese on grilled rye bread. - \$7.49

**Albacore Honey Cup Tuna** - "House Favorite" Albacore Tuna Salad, pepper rings, Provolone cheese, tomato and Honey Cup Mustard. - \$7.99

**Classic Turkey BLT** - Turkey, bacon, provolone, lettuce, tomato and roasted garlic mayo on Italian bread. - \$6.99

**Grilled Portabella** - Grilled Portabella mushrooms topped with roasted red peppers, fresh spinach and melted mozzarella on a Kaiser roll. - \$ 6.99

**Oversized Hand Battered Fish** - Oversized battered fish with tartar or cocktail sauce. Served with fries and slaw- \$8.99

**Benjamin's Grilled Cheese** - Grilled three cheese - American, Provolone & Swiss topped with tomato on Rye bread. (Try it with dill pickles or mild pepper rings!) - \$6.99

**Benji's BBQ Chicken - Slaw Sandwich** - Grilled BBQ chicken, red onion, gouda cheese, coleslaw on a Kaiser roll. \$7.99

**Peg's Quesadilla** - Our popular veggie Queso includes mushrooms, roasted red peppers, olives, artichokes, tomatoes, scallions, mozzarella cheese in a whole wheat tortilla. - \$7.99

### **Quesadilla of the Day -**

*(Choices Vary Daily)*

Your choice of 100% whole wheat or white tortilla!

## WRAPS

*Served on your choice of Cheddar Jalapeno or wheat wrap.*

**Blackened Tilapia Wrap** - Sautéed green peppers and onion, grilled Tilapia, mozzarella cheese, lettuce, tomato, and our creamy garlic dressing - \$9.99  
...choice of Mahi when available...at market price.

**Chicken and Feta Wrap** - Grilled chicken, feta cheese, lettuce, tomatoes, roasted red peppers and feta vinaigrette. - \$7.49

**Honey Cup Albacore Wrap** - Albacore Tuna Salad, pepper rings, Provolone cheese, lettuce, tomato and Honey Cup mustard - \$7.99

**Turkey & Bacon Wrap** - Fresh sliced turkey, Provolone Cheese, bacon, lettuce and tomato with roasted garlic mayo. - \$6.99

## BURGERS

*6 oz. beef. Served with beer battered French fries.*

**Ben's Burger** - Grilled to order, served with lettuce, tomato and pickle. - \$6.49

**Mushroom Swiss Burger** - Sautéed mushrooms and Swiss cheese. - \$6.99

**Bacon Cheddar Burger** - Topped with bacon and Cheddar cheese - \$6.99

*We are not responsible for well done items.*

"Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions."



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