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# Lunch Menu

## SMALL PLATES

**Our Homemade Roasted Red Pepper Tomato Bisque**  
or **Pasta Fagioli**

Cup - \$3.49    Bowl - \$4.49

**Side Salad** - Mixed greens, tomato, cucumber,  
carrots, and croutons. - \$2.50

**Hot Crab and Artichoke Dip** - Crabmeat with artichokes  
blended in our spicy sauce. Served with tortilla chips. - \$10.99

**Lynn's Bruschetta** - A blend of tomatoes, ripe olives,  
fresh herbs, feta cheese, olive oil and garlic. Served with  
our toasted baguette. - \$7.99

**Truffle Fries** - An interesting combination of shoestring  
fries tossed in truffle oil and dusted with freshly  
grated Romano cheese. - \$6.99

**Ben's Bangin Shrimp** - "House Specialty!" Spicy shrimp  
fried in a homemade tempura batter, and served with  
an Asian slaw. - \$9.99

**Our Famous Fish Tacos** - Your choice of blackened  
or beer battered tilapia served with our cilantro lime slaw and  
chipotle ranch dressing on our soft flour tortillas. - \$8.99  
*Substitute corn tortillas for gluten free!*

**Ben's Bangin Shrimp Tacos** - Spicy shrimp, lettuce and  
tomatoes on soft flour tortillas. - \$10.99

## SALADS

**Benjamin's Classic Salad** - Mixed greens, tomatoes, carrots,  
cucumbers, red onion and herbed croutons. - \$5.99

Add Chicken - \$2.99      Add Shrimp - \$4.99

Add Blackened Tilapia - \$4.99

Add Grilled Blackened Mahi- 4 oz. - \$4.99    8 oz. - \$7.99

**Greek Salad** - Mixed greens, grilled tarragon chicken breast, Feta  
cheese, black olives, tomatoes, cucumber and red onion.  
Suggested Dressing: Feta Vinaigrette - \$9.99

**BBQ Chicken Salad** - Fresh greens topped with tomatoes,  
red onions, black beans, smoked gouda cheese, and BBQ  
chicken breast. Suggested dressing: Ranch - \$8.99

**Santa' Fe Chicken Salad** - Black beans, tomatoes, cucumber,  
cheddar cheese, tortilla chips and a grilled chicken breast on  
a bed of greens. Suggested dressing: French - \$ 8.99

**\*Pittsburgh Salad** - Fresh greens, tomato, cucumber and  
onion topped with your choice of steak or blackened chicken,  
French fries & mozzarella cheese in a homemade tortilla bowl.  
... with steak - \$12.99    ...with blackened chicken - \$9.99

**Dressing Selections** - Our two homemade House dressings:

Baja and Creamy Italian; Balsamic or Feta Vinaigrette, French,  
Ranch, Olive Oil and Balsamic Vinegar.

Crumbled Danish Blue Cheese - \$1.99

Feta Cheese - \$1.49

Extra dressing 2oz. - \$.25 each



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## BENJAMIN'S HAND HELDS

*choice of potato chips or our homemade cole slaw*

*(Shoestring French Fries - \$1.99 extra, Beer Batter French Fries - \$2.99 extra)*

**The Italiano** - Ham, genoa salami, pepperoni, provolone,  
mild pepper rings, lettuce, tomatoes and Italian dressing. - \$7.99

**Portabella Baguette** - Grilled portabella mushroom, sautéed  
spinach, boursin and mozzarella cheeses melted on a French  
Rustic baguette and served with a red pepper aoli. - \$8.99

**Reuben** - Corned beef, sauerkraut, thousand island dressing and  
Swiss cheese on grilled rye bread. - \$7.99

**Rachel** - Sliced turkey breast, coleslaw, thousand island dressing  
and Swiss cheese on grilled rye bread. - \$7.99

**NEW!**

**Turkey Brie Baguette** - Thinly sliced fresh turkey breast, melted  
brie cheese and topped with a warm melba sauce, served on a  
French rustic baguette. - \$8.99

**Albacore Tuna** - "House Favorite" Albacore tuna salad, pepper  
rings, Provolone cheese, tomato and Honey Cup Mustard  
on Italian bread. - \$7.99

**Oversized Hand Battered Fish** - Oversized battered fish with  
tartar or cocktail sauce. Served with shoestring fries and slaw. - \$9.99

**Wraps - Choice of Jalapeno Cheddar or Wheat Tortilla**

**Chicken and Feta Wrap** - Grilled chicken, feta cheese, lettuce,  
tomatoes, roasted red peppers and feta vinaigrette. - \$7.99

**Portabella Veggie Wrap** - Portabella Mushrooms, spinach, roasted  
red peppers, onions, mozzarella, lettuce and balsamic glaze. Served  
with a side of ranch dressing. - \$7.99

**Turkey & Bacon Wrap** - Fresh sliced turkey, Provolone cheese,  
bacon, lettuce and tomato with roasted garlic mayo. -\$7.99

**1/2 Sandwich & Cup of Soup** - \$6.99

**Turkey** - Provolone, lettuce, tomato and garlic mayo.

**Tuna** - Albacore tuna salad with lettuce, tomato and our honey cup  
mustard dressing.

**Ham & Swiss** - Fresh sliced ham, swiss cheese, lettuce, tomato  
and garlic mayo.

*---Quesadillas are served on your choice of Jalapeno Cheddar or Wheat Tortilla---  
Served with salsa and sour cream.*

**Peg's Veggie Quesadilla** - Our popular veggie queso includes  
mushrooms, roasted red peppers, artichokes, tomatoes,  
scallions and cheddar jack cheese. - \$8.99

**Chicken Quesadilla** - Grilled chicken, black beans,  
tomato, scallions and cheddar jack cheese. - \$8.99

## Burgers

*6 oz. beef, served with Shoe String French Fries.*

*Beer Batter French Fries - \$1 extra*

*(All burgers served with lettuce, tomato and pickle on the side.)*

**\*Ben's Burger** - Grilled to order. - \$7.49

**\*Mushroom Swiss Burger** - Sautéed mushrooms and swiss cheese. - \$8.49

**\*Bacon Cheese Burger** - Topped with bacon and cheddar cheese. - \$8.99

*We are not responsible for well done items.*

**\*"Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food borne illness,  
especially if you have certain medical conditions."**

## GRILLED PIZZA FLATBREADS

*Our flatbreads made in house!!*

**Margarita** - Fresh diced plum tomatoes, mozzarella cheese,  
olive oil, fresh basil and garlic, topped with balsamic glaze. - \$8.99

**Portabella** - Garlic and olive oil brushed crust topped with  
portabella mushrooms, peppers, onions, diced  
tomatoes, fresh spinach, feta and mozzarella cheese. - \$9.99

**BBQ Chicken** - Grilled chicken breast with a smoky  
barbeque sauce, topped with red onions,  
smoked gouda and mozzarella cheese. - \$9.99

**Our gourmet 12" pizzas are also available for \$1.00 more per pizza**  
(Please allow extra time for baking).

*Please ask server for available toppings.*

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