

# Lunch Menu

### &TARTER8

Roasted Red Pepper Tomato Bisque Cup \$2.99 Bowl \$3.99 Hot Crab and Artichoke Dip - Crabmeat with artichokes, blended in our spicy sauce. Served with tortilla chips. - \$9.99 Lynn's Bruschetta - A blend of tomatoes, ripe olives, fresh herbs, feta cheese, olive oil and garlic. Served with our grilled baguette. - \$7.99

Basket of Beer Battered French Fries - \$3.99 Truffle & Parmesan French Fries - \$5.99

#### Our Famous Fish Tacos - \$8.99

Your choice of blackened or beer battered tilapia served with our cilantro lime salsa and chipotle ranch dressing on our soft flour tortillas.

1/2 Sandwich & Cup of Soup or Side Salad - \$6.99

Choice of **Turkey** with provolone, lettuce, tomato and mayo or **Tuna**—albacore tuna salad with lettuce, tomato and our honey cup mustard dressing

# NEW!

### 8ALAD8

**Steak Salad**– Fresh greens, tomato, cucumber and onion topped with beef tips, french fries & mozzarella cheese in a homemade tortilla bowl \$12.99

Substitute Blackened Chicken \$8.99

**Benjamin's Classic Salad**– Mixed greens, tomatoes, cucumbers, red onion, garbanzo beans and herbed croutons \$4.99 Add chicken - \$3.99 Add Shrimp - \$5.99

**Baja Chicken Salad -** Mixed greens, tomatoes, red onion, black beans, roasted corn topped with grilled chicken. Served with our homemade chipotle baja dressing. - \$ 8.99

**Greek Salad -** Mixed greens, grilled tarragon chicken breast, Feta cheese, black olives, tomatoes, cucumber and red onion.

Suggested Dressing - Feta Vinaigrette. - \$9.99

Santa' Fe Chicken Salad - Black beans, tomatoes, cucumber, cheddar cheese, tortilla chips and a grilled chicken breast on a bed of greens. Suggested dressing - French - \$ 8.99

**Blackened Tilapia Salad -** Everyone's Favorite! - Mixed greens, tomatoes, cucumbers, red onions, garbanzo beans and herbed croutons, topped with blackened Tilapia.

Suggested dressing: House \$10.99

Suggested diessing. House \$10.99

... choice of Mahi when available ... at market price.

Dressing Selections - Creamy Italian (House), Balsamic or Feta Vinaigrette,
Chipotle Baja, French, Ranch, Olive Oil, and Balsamic Vinegar

Danish Blue Cheese - \$1.99 Feta Cheese - \$1.49

Extra dressing 2 oz. - \$.25 each

## NEW!

### GOURMET PIZZA

Roasted Red Pepper & Mushroom Pizza - Owners Favorite

. Our fresh pizza dough topped w/roasted red peppers, mushrooms, mozzarella and pizza sauce. \$9.99

White - Fresh diced plum tomatoes, mozzarella cheese, olive oil and fresh garlic. - \$8.99

**Tre Carne** - Our homemade pizza sauce topped with mozzarella cheese, Italian hot sausage, pepperoni and bacon - \$10.99

Traditional Pizza - Our traditional pizza sauce topped with shredded mozzarella - \$8.99

**Portabella Pizza -** Garlic and olive oil brushed crust topped with portabella mushrooms, peppers, onions, diced tomatoes, fresh spinach, feta and mozzarella cheeses. - \$9.99

Additional Toppings
Add \$1.95 per topping: Pepperoni, Mushrooms, Hot Peppers, Onions, Sausage, Roasted Red Peppers, Bacon.

Restaurant policy requires that tables of 8 or more....One check plus an 18% gratuity.





# Like "Benjamins Restaurant"

on Facebook!



# OUR SIGNATURE SANDWICHES

Our sandwiches are available on your choice of Rye, Italian, or Kaiser roll. All come with NEW! a choice of side: Potato chips, the Daily Side or Beer Battered French Fries for an additional \$1.99

Blackened Ahi Tuna- Grilled & blackened ahi tuna with melted cheddar cheese, red onions, lettuce, tomato, banana peppers & chipotle ranch dressing stacked on a toasted kaiser -\$8.99

Reuben - Corned beef, sauerkraut, thousand island dressing and Swiss cheese on grilled rye bread. - \$7.99

Rachel - Sliced turkey breast, coleslaw, thousand island dressing and Swiss cheese on grilled rye bread. - \$7.99

Albacore Honey Cup Tuna- "House Favorite" Albacore tuna salad, pepper rings, Provolone cheese, tomato and Honey Cup

NEW! Mustard. - \$7.99 Baja Chicken Croissant—sautéed chicken, bacon, melted Swiss

cheese, lettuce, tomato & our famous Baja dressing—\$7.99 Classic Turkey BLT - Turkey, bacon, provolone, lettuce, tomato and roasted garlic mayo on Italian bread. - \$7.99

Oversized Hand Battered Fish - Oversized battered fish with tartar or cocktail sauce. Served with fries and slaw-\$9.99

Benjamin's Grilled Cheese - Three cheese - American, Provolone & Swiss topped with tomato on rye bread. (Try it with dill pickles or mild pepper rings!) - \$6.99

### QUESIDILLA'S

Peg's Quesadilla - Our popular veggie Queso includes mushrooms, roasted red peppers, artichokes, tomatoes, scallions, cheddar jack and asiago cheese. - \$7.99

Chicken Quesadilla - Grilled chicken, black beans, tomato, scallions and cheddar jack cheese - \$7.99

> Choice of wheat or jalapeno tortilla. ....guacamole - \$1.00 extra

### Panini's

Turkey Bacon Panini - sliced turkey breast, bacon, cheddar cheese, red onion, BBQ sauce on a toasted hoagie roll - \$7.99 Caprese' Panini - Fresh buffalo mozzarella, garden tomatoes, fresh basil & our homemade sundried tomato pesto on focaccia bread - \$7.99

#### WRAP8

Served on your choice of Cheddar Jalapeno or Wheat Wrap.

Blackened Tilapia Wrap - Sautéed green peppers and onion, grilled Tilapia, mozzarella cheese, lettuce, tomato and our homemade creamy garlic house dressing.- \$9.99

...choice of Mahi when available...at market price.

Benji's Veggie Wrap - Spinach, mushrooms, roasted red peppers, tomatoes, red onion, cheddar jack cheese, and lettuce... served with a side of ranch dressing. - \$7.99

Chicken and Feta Wrap - Grilled chicken, feta cheese, lettuce,

tomatoes, roasted red peppers and feta vinaigrette. - \$7.99 Honey Cup Albacore Wrap - Albacore Tuna Salad, pepper

rings, Provolone, lettuce, tomato and Honey Cup mustard - \$7.99 Turkey & BaconWrap - Fresh sliced turkey, Provolone cheese, bacon, lettuce and tomato with roasted garlic mayo. -\$7.99

NEW! Chipotle Chicken Wrap - Sliced grilled chicken breast, lettuce, tomato, green peppers, pepperjack cheese & chipotle ranch dressing \$7.99

### BURGER8

- 6 oz. beef. Served with Beer Battered French Fries. \*Ben's Burger - Grilled to order, served with lettuce, tomato and
  - pickle. \$6.79 \*Mushroom Swiss Burger - Sautéed mushrooms and swiss
  - cheese. \$7.49 \*Bacon Cheddar Burger - Topped with bacon and cheddar

cheese - \$7.79 We are not responsible for well done items.

\*"Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions."