correlations

	DIM1	DIM2	DIM3	DIM4
animal protein	−0.25	0.29	−0.66	0.69
vegetable protein	−0.63	0.65	−0.16	0.52
cholesterol	−0.3	0.23	−0.6	0.69
saturated fatty acids	−0.5	0.27	−0.55	0.61
monosaturated fatty acids	−0.82	0.05	−0.48	0.36
polyunsaturated fatty acids	−0.61	0.08	−0.37	0.28
soluble carbohydrates	−0.31	0.74	−0.56	0.09
starch	−0.52	0.53	0.04	0.66
alcohol	−0.11	−0.03	−0.13	0.15
sodium	−0.38	0.53	−0.15	0.78
calcium	−0.15	0.45	−0.54	0.44
potassium	−0.52	0.7	−0.69	0.24
phosphorus	−0.36	0.54	−0.64	0.62
iron	−0.52	0.51	−0.68	0.43
zinc	−0.43	0.48	−0.59	0.69
vitamin B1	−0.49	0.67	−0.6	0.47
vitamin B2	−0.19	0.52	−0.76	0.44
vitamin C	−0.34	0.63	−0.54	−0.19
vitamin B6	−0.51	0.64	−0.71	0.35
total folate	−0.46	0.65	−0.65	0.24
niacin	−0.49	0.42	−0.64	0.47
retinol	0.12	−0.05	−0.59	0.26
beta−carotene equivalents	−0.41	0.47	−0.51	−0.19
lycopene	−0.45	0.22	−0.16	0.17
vitamin D	−0.23	0.01	−0.54	0.4
vitamin E	−0.91	0.18	−0.54	0.15
total fiber	−0.5	0.77	−0.47	−0.01

value

0.5

0.0

−0.5