Correlations with the latent variables

	DIM1	DIM2	DIM3	DIM4
animal protein	−0.52	0.56	−0.53	0
vegetable protein	−0.66	−0.06	−0.42	0.6
cholesterol	−0.51	0.48	−0.55	0
saturated fatty acids	−0.25	0.44	−0.74	0.22
monosaturated fatty acids	−0.02	0.28	−0.79	0.4
polyunsaturated fatty acids	−0.14	0.19	−0.53	0.32
soluble carbohydrates	−0.32	0.52	−0.05	0.58
starch	−0.67	−0.24	−0.48	0.42
alcohol	−0.14	0.07	−0.13	−0.03
sodium	−0.67	0.01	−0.55	0.26
calcium	−0.25	0.55	−0.39	0.17
potassium	−0.48	0.55	−0.22	0.62
phosphorus	−0.53	0.54	−0.49	0.26
iron	−0.61	0.48	−0.33	0.41
zinc	−0.6	0.44	−0.55	0.25
vitamin B1	−0.59	0.45	−0.36	0.5
vitamin B2	−0.43	0.73	−0.3	0.2
vitamin C	−0.17	0.49	0.11	0.64
vitamin B6	−0.56	0.55	−0.28	0.52
total folate	−0.46	0.53	−0.2	0.55
niacin	−0.64	0.44	−0.33	0.31
retinol	−0.24	0.59	−0.08	−0.3
beta−carotene equivalents	−0.09	0.44	0.03	0.59
lycopene	−0.18	0.03	−0.29	0.36
vitamin D	−0.5	0.37	−0.22	−0.1
vitamin E	−0.02	0.32	−0.63	0.62
total fiber	−0.4	0.35	0.01	0.78

value

- 1.0
- 0.5
- 0.0
- −0.5
- −1.0