Correlations with the latent

	DIM1	DIM2	DIM3	DIM4
animal protein	0.69	−0.18	0.65	−0.6
vegetable protein	0.23	−0.09	0.48	−0.81
cholesterol	0.74	0.06	0.59	−0.36
saturated fatty acids	0.25	−0.06	0.6	−0.7
monosaturated fatty acids	0.71	−0.76	0.42	−0.24
polyunsaturated fatty acids	0.24	−0.15	0.52	−0.73
soluble carbohydrates	0.41	−0.25	0.61	−0.64
starch	0.62	−0.65	0.51	−0.37
alcohol	0.48	−0.42	0.38	−0.32
sodium	0.63	0.23	0.03	−0.66
calcium	0.54	0.08	0.74	−0.21
potassium	0.06	−0.11	0.15	−0.11
phosphorus	0.41	0.13	0.75	−0.44
iron	0.27	0.12	0.31	−0.69
zinc	0.77	0.04	0.16	−0.78
vitamin B1	0.46	0.03	0.47	−0.82
vitamin B2	0.65	−0.11	0.31	−0.75
vitamin C	0.47	−0.04	0.56	−0.77
vitamin B6	0.67	0.05	0.37	−0.76
total folate	0.39	0.06	0.21	−0.88
niacin	0.67	0.14	−0.22	−0.54
retinol	0.71	0	0.23	−0.81
beta−carotene equivalents	0.71	0.02	0.14	−0.73
lycopene	0.56	−0.15	0.32	−0.73
vitamin D	−0.07	−0.17	−0.04	−0.55
vitamin E	0.64	−0.02	−0.19	−0.46
total fiber	0.43	−0.14	0.25	−0.18

value

1.0
0.5
0.0
−0.5
−1.0