Correlations with the latent variables

	DIM1	DIM2	DIM3	DIM4
energy intake	0.68	0.63	0.66	−0.04
animal protein	0.14	0.57	0.8	−0.04
vegetable protein	0.76	0.66	0.3	0.12
animal fat	0.25	0.57	0.74	0.11
vegetable fat	0.76	−0.01	0.62	−0.46
cholesterol	0.2	0.5	0.79	−0.01
saturated fatty acids	0.42	0.47	0.79	−0.03
monosaturated fatty acids	0.68	0.13	0.73	−0.34
polyunsaturated fatty acids	0.5	0.17	0.52	−0.23
soluble carbohydrates	0.3	0.75	0.23	−0.27
starch	0.71	0.56	0.29	0.37
alcohol	0.09	0.06	0.2	−0.01
sodium	0.52	0.66	0.46	0.37
calcium	0.12	0.62	0.52	−0.01
potassium	0.45	0.77	0.44	−0.38
phosphorus	0.32	0.74	0.68	−0.05
iron	0.43	0.65	0.6	−0.3
zinc	0.39	0.69	0.71	−0.01
vitamin B1	0.47	0.78	0.52	−0.17
vitamin B2	0.12	0.7	0.62	−0.23
vitamin C	0.26	0.57	0.07	−0.5
vitamin B6	0.43	0.75	0.53	−0.33
total folate	0.41	0.7	0.42	−0.37
niacin	0.38	0.57	0.62	−0.28
retinol	−0.25	0.13	0.52	−0.3
beta−carotene equivalents	0.29	0.42	0.13	−0.54
lycopene	0.42	0.23	0.21	−0.1
vitamin D	0.05	0.22	0.59	−0.24
vitamin E	0.75	0.2	0.6	−0.52
total fiber	0.5	0.71	0.11	−0.39

value

1.0
0.5
0.0
−0.5
−1.0