

## FOOD ASSISTANCE

I have categorized these into "**Emergency Food**" (Immediate groceries/meals) and "**Government Benefits**" (Long-term EBT/SNAP support) so your website users can find exactly what they need.

### Washington, D.C. Resources

#### Emergency Food (Groceries & Hot Meals)

- **Capital Area Food Bank (Hunger Lifeline):**
  - **Best For:** Finding the closest food pantry to your zip code immediately.
  - **What They Offer:** A referral service to over 400+ partners.
  - **Phone:** (202) 644-9807 (Mon-Fri, 9am-5pm)
  - **Website:** [capitalareafoodbank.org](http://capitalareafoodbank.org)
- **Bread for the City:**
  - **Best For:** Monthly grocery bags (fresh produce and meat) for DC residents.
  - **Locations:** NW Center (1525 7th St NW) and SE Center (1640 Good Hope Rd SE).
  - **Phone:** (202) 265-2400
  - **Website:** [breadforthecity.org](http://breadforthecity.org)
- **So Others Might Eat (SOME):**
  - **Best For:** Daily hot meals (breakfast and lunch) and emergency grocery boxes.
  - **Address:** 71 O Street NW, Washington, DC 20001
  - **Phone:** (202) 797-8806
  - **Website:** [some.org](http://some.org)
- **Father McKenna Center:**
  - **Best For:** Men struggling with homelessness and Ward 6 residents.
  - **What They Offer:** A food pantry and daily lunch program.
  - **Address:** 19 I Street NW, Washington, DC 20001
  - **Phone:** (202) 842-1112

#### Government Benefits (SNAP/WIC)

- **DC SNAP (Food Stamps):**
    - **Best For:** Monthly funds for groceries on an EBT card.
    - **How to Apply:** Apply online at **District Direct** or in-person at an ESA Service Center.
    - **Phone:** (202) 727-5355
    - **Website:** [districtdirect.dc.gov](http://districtdirect.dc.gov)
  - **DC WIC (Women, Infants, and Children):**
    - **Best For:** Pregnant women and children under 5. Provides specialized healthy food and formula.
    - **Phone:** (202) 442-9397
    - **Website:** [dcwic.org](http://dcwic.org)
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## Prince George's County, MD Resources

### Emergency Food (Groceries & Hot Meals)

- **Bowie Interfaith Pantry:**
  - **Best For:** County residents needing emergency monthly groceries.
  - **What They Offer:** Fresh produce and non-perishables (Drive-up service).
  - **Address:** 2614 Kenhill Drive, Suite 134, Bowie, MD 20715
  - **Phone:** (301) 262-6765 (Mon, Wed, Fri mornings)
  - **Website:** [bowiefoodpantry.org](http://bowiefoodpantry.org)
- **United Communities Against Poverty (UCAP):**
  - **Best For:** Emergency food baskets for any PG County resident.
  - **Address:** 1400 Doewood Lane, Capitol Heights, MD 20743
  - **Phone:** (301) 322-5700 ext 101 (Appointment required)
  - **Website:** [ucappgc.org](http://ucappgc.org)
- **Mission of Love Charities:**
  - **Best For:** Walk-in food pantry and daily bagged lunches for the homeless.
  - **Address:** 6180 Old Central Avenue, Capitol Heights, MD 20743
  - **Phone:** (301) 333-4440
- **Shabach! Emergency Food Pantry:**
  - **Best For:** Residents in the Landover/Largo area.
  - **Address:** 403 Brightseat Road, Landover, MD 20785
  - **Phone:** (301) 322-9593

### Government Benefits (SNAP/WIC)

- **Maryland SNAP (Food Supplement Program):**
  - **Best For:** Monthly grocery funds.
  - **How to Apply:** Apply online via **myMDTHINK** or visit the Department of Social Services.
  - **Phone:** 1-800-332-6347
  - **Website:** [mymdthink.maryland.gov](http://mymdthink.maryland.gov)
- **Prince George's County WIC:**
  - **Best For:** Nutrition support for mothers and young children.
  - **Phone:** (301) 856-9600
  - **Website:** [health.mypgc.us/WIC](http://health.mypgc.us/WIC)

### For Your Website

You should include a link to the **Capital Area Food Bank's "Food Map"** on your page. It allows users to type in their zip code and see every food pantry open *right now* near them.

- **Link:** [capitalareafoodbank.org/find-food-assistance](http://capitalareafoodbank.org/find-food-assistance)