

## HEALTHCARE

### Washington, D.C. Resources

#### Health Insurance Programs

- **DC Medicaid (DC Healthy Families):**
  - **What it is:** Free or low-cost comprehensive health insurance for low-income residents.
  - **Eligibility:** Based on income. Covers doctor visits, hospital stays, prescriptions, and vision/dental.
  - **How to Apply:** [DC Health Link](#) or call (855) 532-5465.
- **DC Healthcare Alliance:**
  - **What it is:** A health coverage program for low-income residents who **do not qualify for Medicaid** (often due to immigration status).
  - **Eligibility:** Must be a DC resident, have low income, and have no other health insurance.
  - **How to Apply:** In-person at a DHS Service Center or call (202) 727-5355.

#### Community Health Centers (Low-Cost / Sliding Scale)

- **Unity Health Care:**
  - **What they offer:** The largest network of community health centers in DC. They offer primary care, specialty care, dental, and behavioral health regardless of ability to pay (sliding fee scale).
  - **Locations:** Multiple across all wards (e.g., Upper Cardozo, Minnesota Ave, Anacostia).
  - **Phone:** (202) 469-4699
  - **Website:** [unityhealthcare.org](http://unityhealthcare.org)
- **Mary's Center:**
  - **What they offer:** Integrated health services (medical, dental, behavioral) with a focus on maternal/child health and immigrant communities.
  - **Locations:** Adams Morgan, Petworth.
  - **Phone:** (844) 796-2797
  - **Website:** [maryscenter.org](http://maryscenter.org)
- **Bread for the City:**
  - **What they offer:** Free medical and dental clinic for uninsured and low-income DC residents.
  - **Locations:** NW Center (7th St) and SE Center (Good Hope Rd).
  - **Phone:** (202) 265-2400
  - **Website:** [breadforthecity.org](http://breadforthecity.org)
- **Community of Hope:**
  - **What they offer:** Primary care, dental, and emotional wellness services, particularly for families in Wards 5, 7, and 8.
  - **Locations:** Conway Health and Resource Center, Marie Reed.
  - **Phone:** (202) 540-9857

- Website: [communityofhopedc.org](http://communityofhopedc.org)
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## Prince George's County, MD Resources

### Health Insurance Programs

- **Maryland Medicaid (Medical Assistance):**
  - **What it is:** Health coverage for low-income Maryland residents.
  - **How to Apply:** [Maryland Health Connection](#) or call 1-855-642-8572.
- **Prince George's County Health Department (Enrollment Assistance):**
  - **What they offer:** Navigators to help residents apply for Medicaid or private plans.
  - **Phone:** (301) 883-6100

### Community Health Centers (Low-Cost / Sliding Scale)

- **Greater Baden Medical Services:**
  - **What they offer:** A Federally Qualified Health Center (FQHC) providing primary care, pediatrics, dental, and behavioral health on a sliding fee scale based on income.
  - **Locations:** Brandywine, Capitol Heights, Oxon Hill.
  - **Phone:** (301) 888-2233
  - **Website:** [gbms.org](http://gbms.org)
- **CCI Health Services:**
  - **What they offer:** Affordable care for WIC, dental, family planning, and primary care.
  - **Locations:** Greenbelt, Greenway (Greenbelt Rd).
  - **Phone:** (866) 877-7258
  - **Website:** [ccihealth.org](http://ccihealth.org)
- **Prince George's County Health Department Clinics:**
  - **What they offer:** Specific clinics for immunizations, reproductive health, and TB testing.
  - **Location:** Cheverly Health Center (3003 Hospital Dr) and Dyer Health Center (Clinton).
  - **Phone:** (301) 883-7879
  - **Website:** [health.mypgc.us](http://health.mypgc.us)

### Free & Charitable Clinics

- **Catholic Charities Medical Clinic (at McCarrick Center):**
  - **What they offer:** Primary care and specialty referrals for low-income, uninsured residents.
  - **Location:** 12247 Georgia Avenue, Silver Spring (Serves PG residents).
  - **Phone:** (301) 434-8985
- **Mobile Medical Care (MobileMed):**

- **What they offer:** Mobile vans and fixed sites providing primary care to low-income adults.
- **Phone:** (301) 493-2400