

FOOD ASSISTANCE

I have categorized these into "**Emergency Food**" (Immediate groceries/meals) and "**Government Benefits**" (Long-term EBT/SNAP support) so your website users can find exactly what they need.

Washington, D.C. Resources

Emergency Food (Groceries & Hot Meals)

- **Capital Area Food Bank (Hunger Lifeline):**
 - **Best For:** Finding the closest food pantry to your zip code immediately.
 - **What They Offer:** A referral service to over 400+ partners.
 - **Phone:** (202) 644-9807 (Mon-Fri, 9am-5pm)
 - **Website:** capitalareafoodbank.org
- **Bread for the City:**
 - **Best For:** Monthly grocery bags (fresh produce and meat) for DC residents.
 - **Locations:** NW Center (1525 7th St NW) and SE Center (1640 Good Hope Rd SE).
 - **Phone:** (202) 265-2400
 - **Website:** breadfortheicity.org
- **So Others Might Eat (SOME):**
 - **Best For:** Daily hot meals (breakfast and lunch) and emergency grocery boxes.
 - **Address:** 71 O Street NW, Washington, DC 20001
 - **Phone:** (202) 797-8806
 - **Website:** some.org
- **Father McKenna Center:**
 - **Best For:** Men struggling with homelessness and Ward 6 residents.
 - **What They Offer:** A food pantry and daily lunch program.
 - **Address:** 19 I Street NW, Washington, DC 20001
 - **Phone:** (202) 842-1112

Government Benefits (SNAP/WIC)

- **DC SNAP (Food Stamps):**
 - **Best For:** Monthly funds for groceries on an EBT card.
 - **How to Apply:** Apply online at **District Direct** or in-person at an ESA Service Center.
 - **Phone:** (202) 727-5355
 - **Website:** districtdirect.dc.gov
 - **DC WIC (Women, Infants, and Children):**
 - **Best For:** Pregnant women and children under 5. Provides specialized healthy food and formula.
 - **Phone:** (202) 442-9397
 - **Website:** dcwic.org
-

Prince George's County, MD Resources

Emergency Food (Groceries & Hot Meals)

- **Bowie Interfaith Pantry:**
 - **Best For:** County residents needing emergency monthly groceries.
 - **What They Offer:** Fresh produce and non-perishables (Drive-up service).
 - **Address:** 2614 Kenhill Drive, Suite 134, Bowie, MD 20715
 - **Phone:** (301) 262-6765 (Mon, Wed, Fri mornings)
 - **Website:** bowiefoodpantry.org
- **United Communities Against Poverty (UCAP):**
 - **Best For:** Emergency food baskets for any PG County resident.
 - **Address:** 1400 Doewood Lane, Capitol Heights, MD 20743
 - **Phone:** (301) 322-5700 ext 101 (Appointment required)
 - **Website:** ucappgc.org
- **Mission of Love Charities:**
 - **Best For:** Walk-in food pantry and daily bagged lunches for the homeless.
 - **Address:** 6180 Old Central Avenue, Capitol Heights, MD 20743
 - **Phone:** (301) 333-4440
- **Shabach! Emergency Food Pantry:**
 - **Best For:** Residents in the Landover/Largo area.
 - **Address:** 403 Brightseat Road, Landover, MD 20785
 - **Phone:** (301) 322-9593

Government Benefits (SNAP/WIC)

- **Maryland SNAP (Food Supplement Program):**
 - **Best For:** Monthly grocery funds.
 - **How to Apply:** Apply online via myMDTHINK or visit the Department of Social Services.
 - **Phone:** 1-800-332-6347
 - **Website:** mymdthink.maryland.gov
- **Prince George's County WIC:**
 - **Best For:** Nutrition support for mothers and young children.
 - **Phone:** (301) 856-9600
 - **Website:** health.mypgc.us/WIC

For Your Website

You should include a link to the **Capital Area Food Bank's "Food Map"** on your page. It allows users to type in their zip code and see every food pantry open *right now* near them.

- **Link:** capitalareafoodbank.org/find-food-assistance