

CMNI-46 Scoring Instructions and Measure

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Researcher Preamble & Scoring Instructions:

The Conformity to Masculine Norms Inventory-46 (CMNI-46; Parent & Moradi, 2009) is a short form of the Conformity to Masculine Norms Inventory (CMNI; Mahalik, Locke, Diemer, Ludlow, Scott, Gottfried, & Freitas, 2003). Items for both measures are answered on a 4-point Likert-type scale, in accordance with Mahalik et al.'s (2003) conceptualization of masculine gender role conformity. Items reflect Winning, Emotional Control, Risk-Taking, Violence, Power Over Women, Playboy, Self-Reliance, Primacy of Work, and Heterosexual Self-Presentation (formerly Disdain for Homosexuals).

The preamble to the instrument is adapted directly from Mahalik et al.'s (2003) preamble to the CMNI. Item order for the CMNI-46 is consistent with item order for the CMNI.

Scoring:

Prior to scoring, ensure that responses are coded from 0 (strongly disagree) to 3 (strongly agree).

The following items need to be reversed:

4, 5, 6, 7, 9, 10, 12, 13, 15, 17, 23, 25, 27, 33, 34, 38, 40, 41

Calculate subscales by summing or averaging scores thusly:

Winning:	1 + 7 + 15 + 22 + 27 + 33
Emotional Control:	13 + 18 + 25 + 32 + 40 + 45
Risk-Taking:	6 + 8 + 16 + 28 + 35
Violence:	4 + 9 + 19 + 30 + 34 + 41
Power Over Women:	20 + 29 + 42 + 44
Playboy:	2 + 12 + 21 + 36
Self-Reliance:	3 + 10 + 26 + 38 + 43
Primacy of Work:	11 + 23 + 31 + 39
Heterosexual Self-Presentation:	5 + 14 + 17 + 24 + 37 + 46

Mahalik, J.R., Locke, B., Ludlow, L., Diemer, M., Scott, R.P.J., Gottfried, M., & Freitas, G. (2003). Development of the Conformity to Masculine Norms Inventory. *Psychology of Men and Masculinity*, 4, 3-25.

Parent, M. C., & Moradi, B. (2009). Confirmatory factor analysis of the Conformity to Masculine Norms Inventory and development of the CMNI-46. *Psychology of Men & Masculinity*, 10, 175-189.

The following pages contain a series of statements about how men might think, feel or behave. The statements are designed to measure attitudes, beliefs, and behaviors associated with both traditional and non-traditional masculine gender roles. Thinking about your own actions, feelings and beliefs, please indicate how much you personally agree or disagree with each statement by circling SD for "Strongly Disagree", D for "Disagree", A for "Agree," or SA for "Strongly agree" to the left of the statement. There are no right or wrong responses to the statements. You should give the responses that most accurately describe your personal actions, feelings and beliefs. It is best if you respond with your first impression when answering.

[Response scale: Strongly Disagree – Disagree – Agree – Strongly Agree]

- 1 In general, I will do anything to win
- 2 If I could, I would frequently change sexual partners
- 3 I hate asking for help
- 4 I believe that violence is never justified
- 5 Being thought of as gay is not a bad thing
- 6 In general, I do not like risky situations
- 7 Winning is not my first priority
- 8 I enjoy taking risks
- 9 I am disgusted by any kind of violence
- 10 I ask for help when I need it
- 11 My work is the most important part of my life
- 12 I would only have sex if I was in a committed relationship
- 13 I bring up my feelings when talking to others
- 14 I would be furious if someone thought I was gay
- 15 I don't mind losing
- 16 I take risks
- 17 It would not bother me at all if someone thought I was gay
- 18 I never share my feelings
- 19 Sometimes violent action is necessary
- 20 In general, I control the women in my life
- 21 I would feel good if I had many sexual partners
- 22 It is important for me to win
- 23 I don't like giving all my attention to work
- 24 It would be awful if people thought I was gay
- 25 I like to talk about my feelings
- 26 I never ask for help
- 27 More often than not, losing does not bother me
- 28 I frequently put myself in risky situations
- 29 Women should be subservient to men
- 30 I am willing to get into a physical fight if necessary
- 31 I feel good when work is my first priority
- 32 I tend to keep my feelings to myself
- 33 Winning is not important to me
- 34 Violence is almost never justified
- 35 I am happiest when I'm risking danger
- 36 It would be enjoyable to date more than one person at a time
- 37 I would feel uncomfortable if someone thought I was gay
- 38 I am not ashamed to ask for help

- 39 Work comes first
- 40 I tend to share my feelings
- 41 No matter what the situation I would never act violently
- 42 Things tend to be better when men are in charge
- 43 It bothers me when I have to ask for help
- 44 I love it when men are in charge of women
- 45 I hate it when people ask me to talk about my feelings
- 46 I try to avoid being perceived as gay