







**PXL**

The logo consists of the letters 'PXL' in a bold, white, sans-serif font. A small, white heart is positioned inside the upper loop of the letter 'P'. The entire logo is centered within a solid black circle.

**Insights**

## Which factors can affect implementation?

Implementation success is determined by a variety of factors, including the characteristics of the intervention, the stakeholder groups involved and the context in which the intervention is carried out.

There are several characteristics of interventions that will have an impact on whether or not the intervention will be implemented. For example, this includes the costs relative to other similar interventions, its complexity and adaptability. Interventions have usually already proven to be effective and implementation research therefore can build on a solid understanding of what can work (efficacy) and what does work (effectiveness).

The involvement of different stakeholder groups is important for a number of reasons. Firstly, implementation relies on health care workers, policymakers and patients who adopt, carry out or benefit from interventions. Secondly, researchers need to understand the knowledge gaps and find answers to the challenges facing these groups. Successful implementation research therefore incorporates participatory approaches and engages in continuous, bidirectional communication between researchers and stakeholders.

Implementation science studies commonly focus on the external validity of their findings, i.e. whether they can be generalised across different settings and individuals. This can be achieved by examining context and the various factors that impact the effectiveness of an intervention in a specific setting. Implementation research therefore requires a systems thinking approach. Context can account for a number of barriers and facilitators that determine the success of implementing a particular intervention. Implementation also commonly requires the study of behaviour change among individuals or organisations and therefore a deeper understanding of the social, economic, institutional or cultural factors that shape this behaviour.

To help you find your way in this complex webbing, we suggest a commonly used framework for the analysis of implementation factors. The following learning activity will help you to understand the possible factors.

## LEARNING ACTIVITY

Read the following artikel(s)

Damschroder, L. J., et al. (2009). Fostering implementation of health services research findings into practice: a consolidated framework for advancing implementation science. *Implementation Science*, 4(1), 50. <http://doi.org/10.1186/1748-5908-4-50>











# Insights

## Creating a project

The mere listing of factors is insufficient to realise a successful implementation project. The systematic analysis and planning of the necessary steps is necessary. To delve further into this we would like to refer you to the project canvas. This simple tool makes it possible to view a project from various angles. Take a look at the accompanying website and manual for more information.

### LEARNING ACTIVITY



Read the following artikel(s)

<http://www.projectcanvas.dk>



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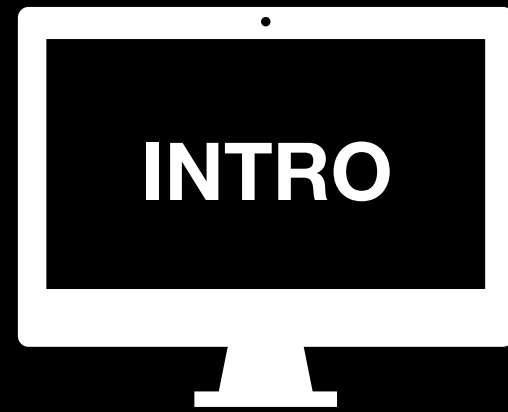
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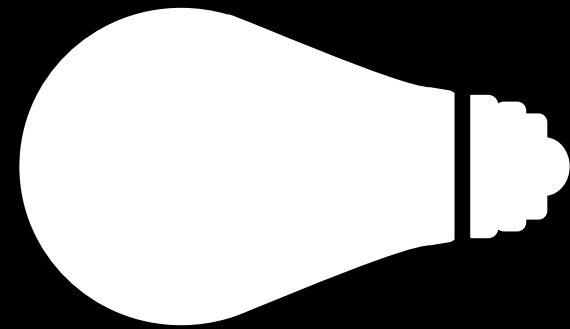


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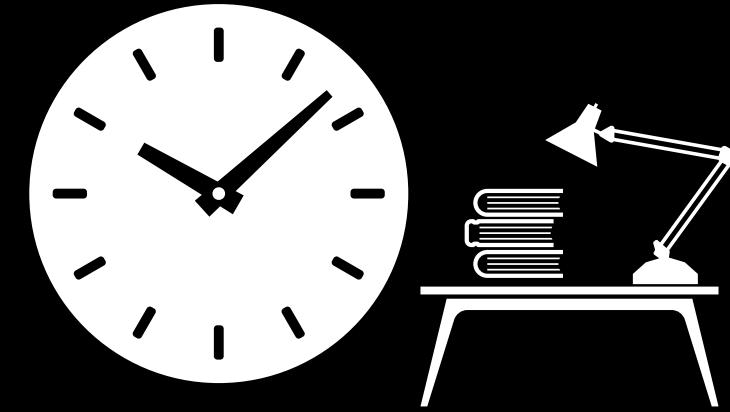
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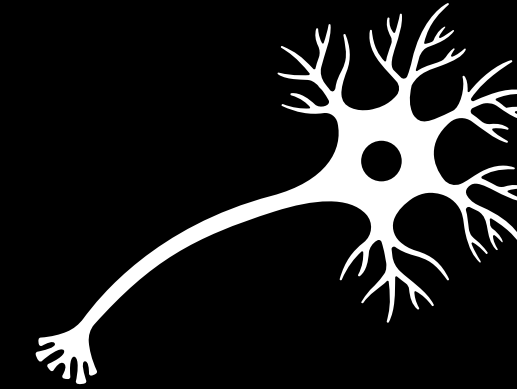
INTRODUCTION



INSIGHTS



ASSIGNMENT



REFLECTION