

As stated in the ‘Problem with “Learning Styles”’ article there is not a lot of scientific evidence that supports the claim that people have different learning styles and therefore need to be taught in a way that accommodates these styles. It seems that while most people will often categorize themselves into one learning style or another, it doesn’t seem to affect their academic outcomes when they do or do not learn in their specific techniques. I have personally never thought that most people can be categorized into one box of learning style. I think we all need every type of style at least some of the time. I do however believe there are better ways of teaching material to students whether it is in person or online. A lot of the time I see in my classes that many teachers have a lecture and reading heavy approach to their teaching. While this is sometimes enough to engage in the material I find it hard to apply the things I learn from lectures to real life. For example learning formulas in math; I can memorize a formula to plug into a problem but once we move onto the next unit I find it very hard to remember when to use it and what it does. If the teacher were to perform a real life example or explain how someone would utilize this formula during their job everyday, I would have a better idea of how the formula works, not just memorizing it but understanding it. If this way of teaching was implemented more often I believe that students would be more engaged and would also have a better grasp on the material they are learning.