# Shashank Gurung

## gurungsj@live.com – 07925602200

## 41 Byron Court, Harrow, Middlesex, HA1 1JT

**WORK EXPERIENCE**

**Tipan Tapan – Sous Chef**

Current

103-105 New Oxford St, London WC1A 1DB.

**Wagamama – Chef**

7th November 2019 – 1st March 2020

201-203 High St. The Chimes, Uxbridge UB8 1LB.

**London Cookery School- Cooking instructor**

31st March 2018 – 7th July 2018.

296 Holloway Rd, London N7 6NJ.

**Gumba Restaurant- Head Chef**

9th May 2017- 31st May 2019

2 New Broadway, Uxbridge Road, Hillingdon, UB10 0LH.

**30 Euston Square- Chef**

5th Nov 2018 – 6th Dec 2018

**Ladbrokes- Shop Manager**

25th July 2016 – 1st May 2017

295 Northolt Rd, Harrow HA2 8HX.

**Wasabi Sushi and Bento- Kitchen Staff**

June 2014 – August 2014

Unit 4, 56-58 Brompton Rd, London SW3 1BW.

**Turan Restaurant- Waiter**

1st January 2013 – 28th February 2014

2 Parkhouse Ct, Tamblin Way, Hatfield, Hertfordshire AL10 9RQ.

**Royale Kitchen- Chef\Manager**

20th July 2013 - 10th Aug 2013

Teku, Kathmandu, Bagmati, Nepal.

**McDonald’s Restaurant- Crew Member**

16 July 2010 – 15 September 2012

Junction A1301/A505 Roundabout, Sawston, Cambridgeshire, CB22 4HD.

**Skills:**

* **Cooking:** Creating new dishes and menu for the restaurant. Preparing dishes and maintaining quality of food for large volume of customers. Catering for parties. Overseeing day to day running of kitchen.
* **Stock management:** Keeping stocks up to date and ordering/buying new stocks. Shopping for restaurant.
* **Shop manager:** Opening/closing stores and dealing with deliveries.
* **Cash handling**: Functional knowledge of operating cash registers and adding machines.
* **Customer service:** Able to meet the needs of the customers and keep them satisfied with the service provided. Great communication skills.
* **Teacher:** Instructing/educating students on how to make certain dishes in class.
* **Staff management:** Handling kitchen staff in the kitchen and allocating them cooking or prepping tasks.
* **Team work**: Can work as a team whenever difficult situation arises.
* **Flexibility**: Very adaptable and able to complete any sort of tasks allocated.
* **Time management**: Able to deal with large number of customers during busy hours and making sure orders are accurate and proper food-handling. Extremely organised and making sure the area is clean and the food is well stocked.
* **Communication:** Exceptional verbal and written communication skills. Highly skilled in taking orders, communicating with kitchen staff and provide orders to customers.
* **Knife sharpening:** Honing, sharpening and polishing using whetstones and leather strop.
* **Languages spoken:** English, Nepali and Hindi.
* **IT:** Skilled in MS Word, Excel and HTML. Maintenance of computers.

**QUALIFICATIONS**

**Middlesex University**

Criminology and Psychology: Certificate of Higher Education

**Saffron Walden County High School**

**A-Levels**

Maths: B, Double Applied Business Studies: CC

**GCSE’s**

Maths: A, Applied Science: AB, English: BC, Life Skills: C, Geography: C, Resistive Materials: C, RE: B

**FOOD SAFETY & HYGIENE LEVEL 3**

**FOOD SAFETY & HYGIENE LEVEL 2**

**Health and safety Level 2**

**Interpersonal Skills:**

* Patient and calm**.** Able to deal with difficult customers and handle the situation very well. Able to cope with the pressure.
* Excellent skills and knowledge in maintaining cleanliness and personal hygiene standards. Great housekeeping skills.
* Very polite, generous and a great listener with a positive attitude.
* Assertive communication skill.
* Good man management skills.

**Personal Interests**

* Cooking is my biggest passion.
* Regular gym-goer. Enjoy playing football and rugby.
* Particularly keen on sci-fi fantasy/fiction movies.
* Enjoy playing guitar and singing.
* Volunteered to raise money for the victims of earthquake in Nepal (2015) by busking and organising live music events. Contributed towards rebuilding a school in Nuwakot, Nepal.
* Capable with fixing and repairing household items and appliances.

*References available upon request.*