My Grown-Up Christmas List

If you were planning on getting me a gift for Christmas this year (or even if you weren't), I would ask that, instead of buying me another thing/object (of which I have plenty), you do any or all of the following:

- 1. **Donate the money** you were going to spend on me to a charity of your choice! (below are links to charities if you need ideas)
- 2. Go through your closet and purge! (You need less than you think you do.) **Donate your clothes** to somewhere in your local community!
- 3. **Donate your time** to a service project to help feed, clothe, house, or care for those that are in need in your community!
- 4. Think about if you might want to make this your Christmas or Holiday Gift list as well this year!
- <u>iDE Global</u>: Creates livelihood opportunities for households in need with farming, nutrition, clean water and sanitation in Africa, Asia, and Latin America.
- <u>UNICEF</u>: Protects the rights of children in 190 countries and territories through quality nutrition, safe water and sanitation, vaccines, and education.
- <u>WaterAid</u>: Clean water saves lives. Our mission is to equip people with sustainable clean water (and decent toilets and hygiene education).
- <u>Church World Service</u>: Transforms communities in every continent through sustainable responses to hunger, poverty, displacement, and disaster.
- Mentors International: Assists individuals out of generational poverty through mentoring and training across Asia, Africa, and Latin America.
- American Red Cross: Alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.
- <u>Care</u>: Works to alleviate poverty across the world by tackling crises, nutritional, environmental and social issues that contribute to suffering.
- <u>African Girls Hope Foundation</u>: Provides girls in Sub-Saharan Africa with quality formal education, instilling them with confidence, and knowledge.
- <u>Lifting Hands International</u>: Provides housing, security, and aid to refugees displaced throughout North America, Europe, Africa, and Asia.
- <u>One Heart Bulgaria</u>: Offers orphans a happier, healthier, and more promising future through proper nutrition, medical care, and individual attention.