

International Meditation Centre

IN THE TRADITION OF SAYAGYI U BA KHIN
54 Cessnock Road, Sunshine NSW Australia, NSW 2264
P.O. BOX 3059 BONNELLS BAY NSW 2264
phone: 0249 705 433 fax: 0249 705 749 www.imcnsw.com

COURSE FORM (Please complete in BLOCK CAPITALS)

I wish to attend the Meditation Course to be held from to

Surname First Name

Date of birth Occupation

Male ☐ Female ☐ Nationality

Do you understand English well? Yes ☐ No ☐ If no, what language?

Address Phone

Fax

Mobile

Email

Please give details of someone to contact in case of emergency

Name Phone

Address

1: Have you attended courses in the Sayagyi U Ba Khin Tradition before? Yes ☐ No ☐

If yes, please say when and where was your most recent course

2: Are you practising any other techniques of meditation? Yes ☐ No ☐

If yes, please give details

3: Are you in good physical and mental health? Yes ☐ No ☐

If no please give details

4: Are you, or will you be, on any medical treatment at the time of the meditation course? Yes ☐ No ☐

If yes, please give details of medication

5: Do you suffer from any serious food allergies? Yes ☐ No ☐

If yes please give details

5: How did you come to know about this centre and meditation course? Could you please name the magazine, website, friend, post etc from which you learned of the International Meditation Centre.

All information will be kept strictly confidential. Your name and address will be held on a database only for the despatch of our newsletter. Would you like to receive a newsletter (by email only)

Yes ☐ No ☐