

## Physical Change & Aging

A Guide for the Helping Professions

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SPRINGER PUBLISHING COMPANY

## Physical Change And Aging Sixth Edition

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Total Pages: 520 pages

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Summary: Free physical change and aging sixth edition pdf download - this book has been honed into an elegant compendium this outstanding work should be widely read it is perhaps the best example of an integrative approach to gerontology score 94 4 stars doody s phyisical change aging has been a well-respected resource for caregivers ever since it was published in 1978 this updated version carries on the tradition of providing valuable information on the aging process and age-related health issues former first lady mrs rosalynn carter this sixth edition of a classic multidisciplinary text for students of gerontology continues to offer practical readerfriendly information about the physical changes and common pathologies associated with the aging process it places special emphasis on the psychological and social implications of these changes in the lives of older adults the book is distinguished by its thorough focus on anatomy and physiology and common health problems pertaining to each body system it emphasizes the positive aspects of aging and demonstrates how the elderly population can gain greater personal control through lifestyle changes and preventive health strategies toward the goal of optimal aging this sixth edition has been thoroughly updated to present new research findings that differentiate normal aging from actual pathology and includes substantially updated information on diagnosis and treatment it incorporates new data from healthy older adults demonstrating that the aging process is not necessarily as devastating as earlier research had indicated the book provides new data and guidelines on risk factors nutrition preventive measures interventions and commonly prescribed medications and includes expanded treatment of complementary and alternative therapies also included is an updated discussion of grief ethical issues and funeral options the book reinforces information with practical applications of aging data written for students of gerontology social work human services nursing medicine occupational and physical therapy counseling and elder law it presents information that is clearly understandable for those without an extensive background in biology or medicine additionally the book is a useful practitioner s guide and an easily understandable book for family caregivers this sixth edition includes new information on diagnosis and treatment behaviors and interventions that promote more control over an individual s aging process genetic dna theories dementia and parkinson s disease immunotherapy lifelong health disparities animal-assisted therapy prayer and meditation pharmacogenetics geragogy self-directed learning caregiver health as a public health issue natural funerals biodegradable caskets burial urns dying at home

Pusblisher: Springer Publishing Company on 2014-08-27 /

**ISBN**: 9780826198655

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