



Put Your Heart On Paper

Author :Henriette Anne Klauser / **Category :**Psychology / **Total Pages :** 336 pages

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Summary : Free put your heart on paper pdf download - put your heart on paper is filled with the inspiring true stories of what happens when people write from their hearts the shared insights the new beginnings the dreams that miraculously come true in 50 provocative short chapters acclaimed author henriette klauser shows the power of the written word in everyday life -- bringing together parents and children strengthening personal bonds mending hurt feelings solving problems sharing joys preserving family history -- and offers tools and tips to get you started right away putting your heart on paper does not require special talent a lot of time or training all you need is a willingness to be yourself and to be open with others nauser s energizing examples show how to get going and keep going past the fear and doubt -- and offer dozens of ideas to try from a note tucked in a lunchbox to an interactive journal from love letters to apologies to a three-minute poem put your heart on paper shows us how to find a direct line from our deepest thoughts to another s heart from the trade paperback edition

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