



## Introduction To Recreation And Leisure

**Author** :Human Kinetics Organization / **Category** :Sports & Recreation / **Total Pages** : 427 pages

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**Summary** : Free introduction to recreation and leisure pdf download - introduction to recreation and leisure is an ideal introductory text it provides students the foundational history and philosophy of the field introduces them to various sectors of the field and presents the different types of programming found in recreation and leisure services it also exposes students to the career options available

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