



My Mind Has A Mind Of Its Own

Author :Gordon Rouston / **Category :**Body, Mind & Spirit /

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Summary : Free my mind has a mind of its own pdf download - a memoir autobiography that chronicles my life from social drinker to full blown black out daily drinker the gas explosion that nearly ended my life the many bots of drunken escapades trouble with the law vietnam veteran recovery finding faith in god turning my life around 180 degrees author speaker and voice over talent accolades fro many prominent people including presidents volunteering time with many clubs groups and organizations to spread the message of sobriety hope giving back the book describes the entire process from addition to recover twenty weeks in a treatment center thousand sou aa meetings i take the reader on a thrill ride filled with drama and horror my innermost struggles and thought followed by an in depth description of the twelve steps of recovery

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