Emotional Intelligence and Coping Skills as Predictors of Counselor Self-Efficacy with Genetic Counseling Graduate Students.

A DISSERTATION SUBMITTED TO THE FACULTY OF THE GRADUATE SCHOOL OF THE UNIVERSITY OF MINNESOTA

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Summary: Free emotional intelligence and coping skills as predictors of counselor self-efficacy with genetic counseling graduate students pdf download - this study investigated how well emotional intelligence and coping skills predicted perceived counselor self-efficacy for 98 genetic counseling graduate students 97 females 1 male m age 25 5 sd 3 8 the sample was recruited from 29 genetic counseling graduate programs in north america participants completed an on-line survey including a demographics questionnaire two predictor measures emotional intelligence and proactive coping inventory and one criterion measure counselor self-efficacy stepwise multiple regression analysis yielded a model with five significant predictors accounting for 49 of the total variance in counselor self-efficacy deference empathy proactive coping student year and preventive coping participants with the strongest selfefficacy tended to be more advanced students low on deference and high on empathy and proactive and preventive coping limitations and implications for training and research are discussed

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