### **DOLAPO IQMAT OLOYEDE**

**CONTACTS** 

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# Personal profile

A compassionate and dedicated care assistant with broad experience in health-care and education. Skilled in providing personal care, dementia care, and catheter care. Demonstrated ability to support vulnerable individuals, both in health-care settings and home care. With a strong background in education and ongoing studies in social care, I am committed to improving the lives of those I serve.

# **Work Experience**

### **Domiciliary Care Assistant**

Mihomecare, London April 2024 – May 2024

- Provided in-home care for elderly and disabled clients, assisting with daily living tasks.
- Administered personal care including dressing, bathing, and hygiene.
- Supported clients with mobility, including safe transfers and handling.
- Ensured proper medication administration and reported on client health conditions.

# **Care Assistant**

Home Instead February 2024 – Present

- Provide personalized care and support to elderly and vulnerable individuals in their homes
- Assist with daily living tasks including bathing, dressing, and meal preparation.
- Administer medication and ensure the well-being of clients through regular monitoring.
- Maintain open communication with family members and health-care professionals.

#### **Teacher**

Stars Grammar School, Alalubosa, Nigeria January 2023 – September 2023

- Taught various subjects to secondary school students, developing engaging lesson plans.
- Managed classroom activities, ensuring a conducive learning environment.
- Assessed and evaluated student progress, providing constructive feedback.
- Encouraged personal and academic growth through mentor-ship and support.

### **Care Assistant**

Hope Foundation, Ibadan, Nigeria July 2022 – December 2022

- Assisted vulnerable individuals with basic health-care and hygiene needs.
- Provided emotional support and companionship to patients.
- Supported the health-care team in monitoring patients' conditions and providing feedback to senior care staff.

#### **Care Assistant**

Ibadan Central Hospital, Gbagi, Nigeria August 2016 – July 2017

- Delivered personal care to patients, ensuring dignity and respect at all times.
- Assisted in moving and handling patients, ensuring their comfort and safety.
- Worked closely with health-care professionals to monitor patient health and administer treatments as needed.

#### **Education**

### MSc Social Care, Health, and Wellbeing

Regent College London
Expected Graduation: January 2025

### **BSc Microbiology**

Olabisi Onabanjo University, Ago-Iwoye, Nigeria Graduated: January 2022

#### **Certifications**

- Florence Academy, October 2023
  - Basic Life Support

- o Basic First Aid Awareness
- o Moving and Handling Theory

# **Key Skills**

- Personal care
- Dementia care
- Catheter care
- Basic life support
- Medication administration
- Communication and interpersonal skills
- Time management and organization
- Emotional support and companionship
- Teamwork and collaboration
- Lesson planning and classroom management

# References

Available upon request.