$$Q(x) = \frac{1}{\sqrt{2\pi}} \int_x^\infty e^{-t^2/2}\, dt \approx \left[\frac{1}{(1-a)x + a\sqrt{x^2+b}}\right] \frac{1}{\sqrt{2\pi}} e^{-x^2/2}$$

Simple Upper Bound:
$$Q(x) < \frac{1}{2} e^{-x^2/2}$$

where $a = \frac{1}{\pi}$, $b = 2\pi$

$Q(x)$

x	0.00	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09
0.0000	.5000	.4960	.4920	.4880	.4840	.4801	.4761	.4721	.4681	.4641
.1000	.4602	.4562	.4522	.4483	.4443	.4404	.4364	.4325	.4286	.4247
.2000	.4207	.4168	.4129	.4090	.4052	.4013	.3974	.3936	.3897	.3859
.3000	.3821	.3783	.3745	.3707	.3669	.3632	.3594	.3557	.3520	.3483
.4000	.3446	.3409	.3372	.3336	.3300	.3264	.3228	.3192	.3156	.3121
.5000	.3085	.3050	.3015	.2981	.2946	.2912	.2877	.2843	.2810	.2776
.6000	.2743	.2709	.2676	.2643	.2611	.2578	.2546	.2514	.2483	.2451
.7000	.2420	.2389	.2358	.2327	.2296	.2266	.2236	.2206	.2177	.2148
.8000	.2119	.2090	.2061	.2033	.2005	.1977	.1949	.1922	.1894	.1867
.9000	.1841	.1814	.1788	.1762	.1736	.1711	.1685	.1660	.1635	.1611
1.000	.1587	.1562	.1539	.1515	.1492	.1469	.1446	.1423	.1401	.1379
1.100	.1357	.1335	.1314	.1292	.1271	.1251	.1230	.1210	.1190	.1170
1.200	.1151	.1131	.1112	.1093	.1075	.1056	.1038	.1020	.1003	.9853E-01
1.300	.9680E-01	.9510E-01	.9342E-01	.9176E-01	.9012E-01	.8851E-01	.8691E-01	.8534E-01	.8379E-01	.8226E-01
1.400	.8076E-01	.7927E-01	.7780E-01	.7636E-01	.7493E-01	.7353E-01	.7215E-01	.7078E-01	.6944E-01	.6811E-01
1.500	.6681E-01	.6552E-01	.6426E-01	.6301E-01	.6178E-01	.6057E-01	.5938E-01	.5821E-01	.5705E-01	.5592E-01
1.600	.5480E-01	.5370E-01	.5262E-01	.5155E-01	.5050E-01	.4947E-01	.4846E-01	.4746E-01	.4648E-01	.4551E-01
1.700	.4457E-01	.4363E-01	.4272E-01	.4182E-01	.4093E-01	.4006E-01	.3920E-01	.3836E-01	.3754E-01	.3673E-01
1.800	.3593E-01	.3515E-01	.3438E-01	.3362E-01	.3288E-01	.3216E-01	.3144E-01	.3074E-01	.3005E-01	.2938E-01
1.900	.2872E-01	.2807E-01	.2743E-01	.2680E-01	.2619E-01	.2559E-01	.2500E-01	.2442E-01	.2385E-01	.2330E-01
2.000	.2275E-01	.2222E-01	.2169E-01	.2118E-01	.2068E-01	.2018E-01	.1970E-01	.1923E-01	.1876E-01	.1831E-01
2.100	.1786E-01	.1743E-01	.1700E-01	.1659E-01	.1618E-01	.1578E-01	.1539E-01	.1500E-01	.1463E-01	.1426E-01
2.200	.1390E-01	.1355E-01	.1321E-01	.1287E-01	.1255E-01	.1222E-01	.1191E-01	.1160E-01	.1130E-01	.1101E-01
2.300	.1072E-01	.1044E-01	.1017E-01	.9903E-02	.9642E-02	.9387E-02	.9137E-02	.8894E-02	.8656E-02	.8424E-02
2.400	.8198E-02	.7976E-02	.7760E-02	.7549E-02	.7344E-02	.7143E-02	.6947E-02	.6756E-02	.6569E-02	.6387E-02
2.500	.6210E-02	.6037E-02	.5868E-02	.5703E-02	.5543E-02	.5386E-02	.5234E-02	.5085E-02	.4940E-02	.4799E-02
2.600	.4661E-02	.4527E-02	.4396E-02	.4269E-02	.4145E-02	.4025E-02	.3907E-02	.3793E-02	.3681E-02	.3573E-02
2.700	.3467E-02	.3364E-02	.3264E-02	.3167E-02	.3072E-02	.2980E-02	.2890E-02	.2803E-02	.2718E-02	.2635E-02
2.800	.2555E-02	.2477E-02	.2401E-02	.2327E-02	.2256E-02	.2186E-02	.2118E-02	.2052E-02	.1988E-02	.1926E-02
2.900	.1866E-02	.1807E-02	.1750E-02	.1695E-02	.1641E-02	.1589E-02	.1538E-02	.1489E-02	.1441E-02	.1395E-02
3.000	.1350E-02	.1306E-02	.1264E-02	.1223E-02	.1183E-02	.1144E-02	.1107E-02	.1070E-02	.1035E-02	.1001E-02
3.100	.9676E-03	.9354E-03	.9043E-03	.8740E-03	.8447E-03	.8164E-03	.7888E-03	.7622E-03	.7364E-03	.7114E-03
3.200	.6871E-03	.6637E-03	.6410E-03	.6190E-03	.5976E-03	.5770E-03	.5571E-03	.5377E-03	.5190E-03	.5009E-03
3.300	.4834E-03	.4665E-03	.4501E-03	.4342E-03	.4189E-03	.4041E-03	.3897E-03	.3758E-03	.3624E-03	.3495E-03
3.400	.3369E-03	.3248E-03	.3131E-03	.3018E-03	.2909E-03	.2802E-03	.2701E-03	.2602E-03	.2507E-03	.2415E-03
3.500	.2326E-03	.2241E-03	.2158E-03	.2078E-03	.2001E-03	.1926E-03	.1854E-03	.1785E-03	.1718E-03	.1653E-03
3.600	.1591E-03	.1531E-03	.1473E-03	.1417E-03	.1363E-03	.1311E-03	.1261E-03	.1213E-03	.1166E-03	.1121E-03
3.700	.1078E-03	.1036E-03	.9961E-04	.9574E-04	.9201E-04	.8842E-04	.8496E-04	.8162E-04	.7841E-04	.7532E-04
3.800	.7235E-04	.6948E-04	.6673E-04	.6407E-04	.6152E-04	.5906E-04	.5669E-04	.5442E-04	.5223E-04	.5012E-04
3.900	.4810E-04	.4615E-04	.4427E-04	.4247E-04	.4074E-04	.3908E-04	.3747E-04	.3594E-04	.3446E-04	.3304E-04
4.000	.3167E-04	.3036E-04	.2910E-04	.2789E-04	.2673E-04	.2561E-04	.2454E-04	.2351E-04	.2252E-04	.2157E-04
4.100	.2066E-04	.1978E-04	.1894E-04	.1814E-04	.1737E-04	.1662E-04	.1591E-04	.1523E-04	.1458E-04	.1395E-04
4.200	.1335E-04	.1277E-04	.1222E-04	.1168E-04	.1118E-04	.1069E-04	.1022E-04	.9774E-05	.9345E-05	.8934E-05
4.300	.8540E-05	.8163E-05	.7801E-05	.7455E-05	.7124E-05	.8807E-05	.6503E-05	.6212E-05	.5934E-05	.5668E-05
4.400	.5413E-05	.5169E-05	.4935E-05	.4712E-05	.4498E-05	.4294E-05	.4098E-05	.3911E-05	.3732E-05	.3561E-05
4.500	.3398E-05	.3241E-05	.3092E-05	.2949E-05	.2813E-05	.2682E-05	.2558E-05	.2439E-05	.2325E-05	.2216E-05
4.600	.2112E-05	.2013E-05	.1919E-05	.1828E-05	.1742E-05	.1660E-05	.1581E-05	.1506E-05	.1434E-05	.1366E-05
4.700	.1301E-05	.1239E-05	.1179E-05	.1123E-05	.1069E-05	.1017E-05	.9680E-06	.9211E-06	.8765E-06	.8339E-06
4.800	.7933E-06	.7547E-06	.7178E-06	.6827E-06	.6492E-06	.6173E-06	.5869E-06	.5580E-06	.5304E-06	.5042E-06
4.900	.4792E-06	.4554E-06	.4327E-06	.4111E-06	.3906E-06	.3711E-06	.3525E-06	.3448E-06	.3179E-06	.3019E-06
5.000	.2867E-06	.2722E-06	.2584E-06	.2452E-06	.2328E-06	.2209E-06	.2096E-06	.1989E-06	.1887E-06	.1790E-06
5.100	.1698E-06	.1611E-06	.1528E-06	.1449E-06	.1374E-06	.1302E-06	.1235E-06	.1170E-06	.1109E-06	.1051E-06

(continued)

$$Q(x) = \frac{1}{2} \operatorname{erfc}\left(\frac{x}{\sqrt{2}}\right) \qquad \operatorname{erfc}(x) = 2Q(x\sqrt{2}) \qquad \boxed{Q(-x) = 1 - Q(x)}$$