Changepoint intervals using cpt
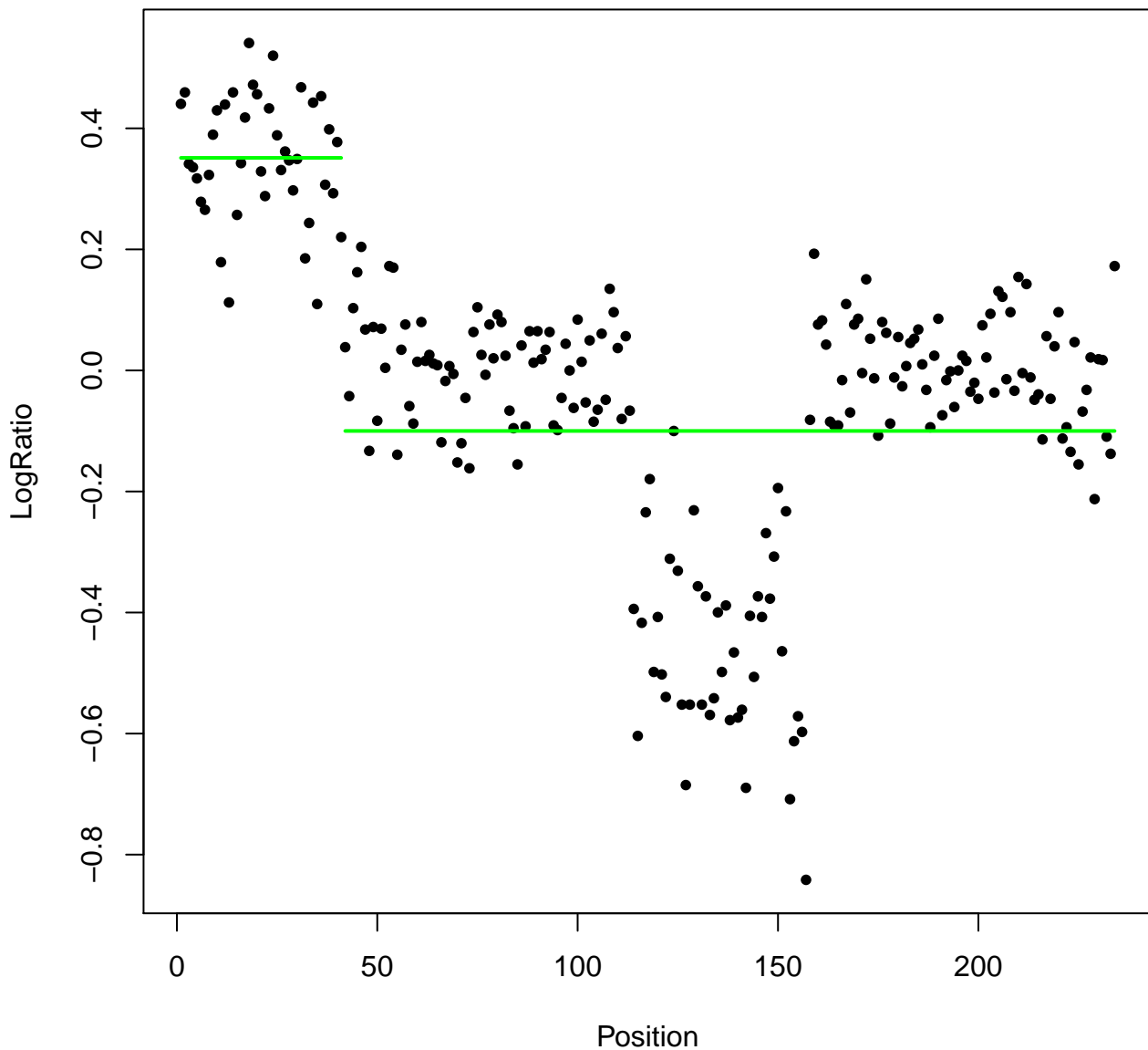**w/ penalty 'Manual'.**

Changepoint intervals using fpop.