

# Regressions tutorial

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## What is linear regression?

Linear regression allows us to describe the relationship between a dependent variable (y) and one or more independent variables (x). Unlike with correlation where we are interested in the extent to which x and y are related to each other, with regression we are specifically interested in predicting y from x. Given this goal, people often talk about regression in terms of causation. For example consider the following equation:

$$y = 3x + 4$$

One way to describe this model: The model predicts that one unit increase in x causes/ is associated with 3 units increase in y. Therefore the coefficient of x is the degree to which x can impact y. This description has a causal flavour because it describes it as a difference within an individual or a group (i.e. how would the response of an individual change if they were given the ‘treatment’). However Gelman and Hill argue that we should be thinking of regressions as a difference between individuals and groups.

“Linear regression is a method that summarizes how the average values of a numerical outcome variable vary over subpopulations defined by linear functions of predictors.” (pg 31)

Another way to describe the model: The model predicts that two groups that have a one unit difference in x on average tend to have two units difference in y. The coefficient of x is predicted *average difference* in y for groups that vary in x.

## Brief description of the dataset

```
data(iris)
summary(iris)
```

```
##      Sepal.Length      Sepal.Width      Petal.Length      Petal.Width
##      Min.       :4.300      Min.       :2.000      Min.       :1.000      Min.       :0.100
##      1st Qu.:5.100      1st Qu.:2.800      1st Qu.:1.600      1st Qu.:0.300
##      Median :5.800      Median :3.000      Median :4.350      Median :1.300
##      Mean    :5.843      Mean    :3.057      Mean    :3.758      Mean    :1.199
##      3rd Qu.:6.400      3rd Qu.:3.300      3rd Qu.:5.100      3rd Qu.:1.800
##      Max.    :7.900      Max.    :4.400      Max.    :6.900      Max.    :2.500
##           Species
##      setosa      :50
##      versicolor:50
##      virginica   :50
##
##
##
```

There are 4 continuous variables and one categorical variable. In the remainder of this document we will predict the Petal.Length from the other variables.

# Categorical predictors

## One predictor

Let us start by looking at just two species.

```
two_species <- subset(iris, Species != 'virginica')
two_species$Species <- factor(two_species$Species) #removes ghost levels
lm(two_species$Petal.Length ~ two_species$Species)
```

```
##
## Call:
## lm(formula = two_species$Petal.Length ~ two_species$Species)
##
## Coefficients:
##              (Intercept)  two_species$Speciesversicolor
##                   1.462                   2.798
```

In order to understand what the intercept and the coefficients mean, it is important to understand how the contrasts are coded for the variable

```
contrasts(two_species$Species)
```

```
##           versicolor
## setosa              0
## versicolor          1
```

As a default, R uses dummy coding - which means that it treats one of the levels as a “baseline” and compares all the other levels with this baseline. (It picked ‘setosa’ as the baseline because the levels were organized alphabetically)

With dummy coding with one predictor, the intercept is the mean petal length of the baseline category (i.e. setosa)

```
mean(subset(two_species, Species == 'setosa')$Petal.Length)
```

```
## [1] 1.462
```

The coefficient is the mean difference in petal length between baseline category and the category it is being compared to.

```
mean(subset(two_species, Species == 'versicolor')$Petal.Length - subset(two_species, Species == 'setosa'
```

```
## [1] 2.798
```

The same idea applies when there are more than two levels to a predictor. There are if a variable has k levels, there are k-1 coefficients to estimate

```
lm(iris$Petal.Length ~ iris$Species)
```

```
##
## Call:
## lm(formula = iris$Petal.Length ~ iris$Species)
##
## Coefficients:
##              (Intercept)  iris$Speciesversicolor  iris$Speciesvirginica
##                   1.462                   2.798                   4.090
```

```
contrasts(iris$Species)
```

```
##           versicolor virginica
## setosa           0           0
## versicolor       1           0
## virginica        0           1
```

The intercept is again the mean of the baseline (setosa)

```
mean(subset(iris, Species == 'setosa')$Petal.Length)
```

```
## [1] 1.462
```

The coefficients are the mean difference between the baseline and the category that is being compared to the baseline

```
mean(subset(iris, Species == 'setosa')$Petal.Length - subset(iris, Species == 'versicolor')$Petal.Length)
```

```
## [1] -2.798
```

```
mean(subset(iris, Species == 'setosa')$Petal.Length - subset(iris, Species == 'virginica')$Petal.Length)
```

```
## [1] -4.09
```

Note, the dummy contrasts assumes we have a baseline level that we can compare the other levels with. This might be useful when thinking about treatment groups and control groups. However this is not always useful for other kinds of categorical variables. Instead we can use summed contrasts - which will allow us to compare the means for groups with the grand mean.

```
contrasts(two_species$Species) <- "contr.sum"
contrasts(two_species$Species)
```

```
##           [,1]
## setosa         1
## versicolor    -1
```

```
lm(two_species$Petal.Length ~ two_species$Species)
```

```
##
## Call:
## lm(formula = two_species$Petal.Length ~ two_species$Species)
##
## Coefficients:
##           (Intercept)  two_species$Species1
##                2.861                -1.399
```

The intercept (or the baseline we are comparing the group means to) in this case is the grand mean of petal length across species

```
mean(two_species$Petal.Length)
```

```
## [1] 2.861
```

The coefficient in this case is how much the average petal length of each species varies from the grand mean.

```
mean(two_species$Petal.Length) - mean((subset(two_species, Species == 'versicolor')$Petal.Length))
```

```
## [1] -1.399
```

```
mean(two_species$Petal.Length) - mean((subset(two_species, Species == 'setosa')$Petal.Length))
```

```
## [1] 1.399
```

When there are two conditions this is just half of the distance between the conditions we get with the 0,1 dummy coding. So if we wanted to have the same effect size we could set the contrasts to be -0.5 and 0.5

instead of 1 and -1.

Similarly looking at summed contrasts for three levels.

```
contrasts(iris$Species) <- "contr.sum"
contrasts(iris$Species)

##           [,1] [,2]
## setosa      1    0
## versicolor  0    1
## virginica  -1   -1
lm(iris$Petal.Length ~ iris$Species)

##
## Call:
## lm(formula = iris$Petal.Length ~ iris$Species)
##
## Coefficients:
## (Intercept) iris$Species1 iris$Species2
##          3.758       -2.296         0.502
mean(iris$Petal.Length)

## [1] 3.758
mean(iris$Petal.Length) - mean((subset(iris, Species == 'setosa')$Petal.Length))

## [1] 2.296
mean(iris$Petal.Length) - mean((subset(iris, Species == 'versicolor')$Petal.Length))

## [1] -0.502
```

Note though this doesn't directly tell us value for virginica, this should be negative sum of the other two.  
 $-(-2.296 + 0.502) = 1.794$  link

## Two predictors

Let us start by looking at two categorical predictors and without summed contrasts.

```
two_species <- subset(iris, Species != 'virginica')
two_species$Species <- factor(two_species$Species)
two_species$Sepal.Length.cat <- factor(ifelse(two_species$Sepal.Length > mean(two_species$Sepal.Length)
contrasts(two_species$Species)

##           versicolor
## setosa              0
## versicolor          1
#contrasts(two_species$Sepal.Length.cat) <- "contr.sum"
contrasts(two_species$Sepal.Length.cat)

##           short
## long          0
## short         1
lm(Petal.Length ~ Species + Sepal.Length.cat, data = two_species)
```

```
##
## Call:
## lm(formula = Petal.Length ~ Species + Sepal.Length.cat, data = two_species)
##
## Coefficients:
##           (Intercept)           Speciesversicolor   Sepal.Length.catshort
##           1.8163             2.4909             -0.3937
```

Intercept is the baseline for both predictors (so setosa with long sepals). The coefficient for Species is the expected value when you keep the Sepal.length constant. The coefficient for Sepal.Length is the expected value when you keep the Species constant.

```
mean(subset(two_species, Species == 'setosa' & Sepal.Length.cat == 'long')$Petal.Length) #Why is this?
```

```
## [1] 1.42
```

```
short.versicolor.setosa <- mean(subset(two_species, Species == 'versicolor' & Sepal.Length.cat == 'short'))
```

```
long.versicolor.setosa <- mean(subset(two_species, Species == 'versicolor' & Sepal.Length.cat == 'long'))
```

```
mean(c(short.versicolor.setosa, long.versicolor.setosa))
```

```
## [1] 2.52447
```

```
setosa_short.long <- mean(subset(two_species, Species == 'setosa' & Sepal.Length.cat == 'short')$Petal.Length)
```

```
versicolog_short.long <- mean(subset(two_species, Species == 'versicolor' & Sepal.Length.cat == 'short')$Petal.Length)
```

```
mean(c(setosa_short.long, versicolog_short.long))
```

```
## [1] -0.3611364
```

These values are not exactly identical to the parameters of the model but they are close. Is this because of error? — I think it needs to be weighted mean.

READ THIS: [http://genomicsclass.github.io/book/pages/interactions\\_and\\_contrasts.html](http://genomicsclass.github.io/book/pages/interactions_and_contrasts.html)

According to this link the main effects should be something else: <https://stats.stackexchange.com/questions/120030/interpretation-of-betas-when-there-are-multiple-categorical-variables/120035#120035>

But that is not consistent with what I find.

```
mean(subset(two_species, Sepal.Length.cat == 'short' & Species == 'setosa')$Petal.Length) - mean(subset(two_species, Sepal.Length.cat == 'long' & Species == 'setosa')$Petal.Length)
```

```
## [1] 0.04666667
```

```
mean(subset(two_species, Sepal.Length.cat == 'long' & Species == 'versicolor')$Petal.Length) - mean(subset(two_species, Sepal.Length.cat == 'short' & Species == 'versicolor')$Petal.Length)
```

```
## [1] 2.932273
```

```
mean(subset(two_species, Sepal.Length.cat == 'short')$Petal.Length) - mean(subset(two_species, Sepal.Length.cat == 'long')$Petal.Length)
```

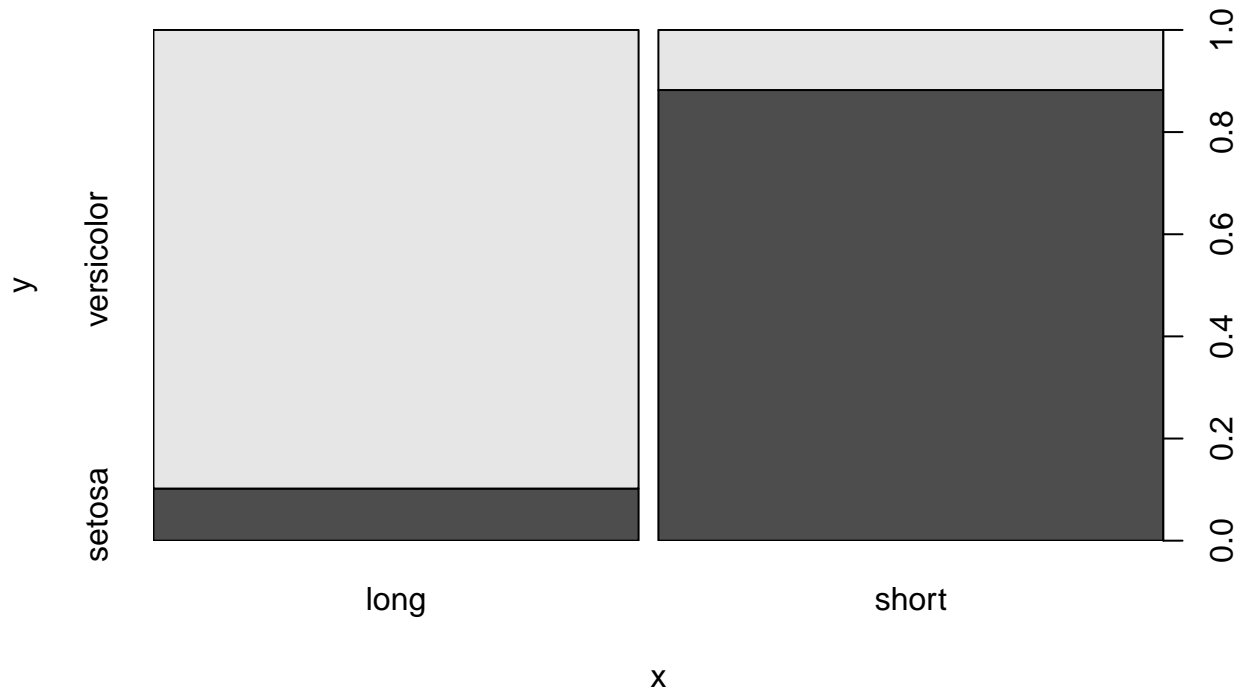
```
## [1] -2.337375
```

```
mean(subset(two_species, Species == 'versicolor')$Petal.Length) - mean(subset(two_species, Species == 'setosa')$Petal.Length)
```

```
## [1] 2.798
```

Note when we run these predictors in an individual model, the coefficients of both the models are larger. But when they are in a model together, species is a much stronger predictor than sepal.length.cat. This suggests that most of the effect for sepal.length.cat is being driven by the confounding species difference. That is why we need an interaction.

```
plot(two_species$Sepal.Length.cat,two_species$Species)
```



But before that let us look at the model with summed contrasts

```
contrasts(two_species$Species) <- "contr.sum"
contrasts(two_species$Sepal.Length.cat) <- "contr.sum"
lm(Petal.Length ~ Species + Sepal.Length.cat, data = two_species)
```

```
##
## Call:
## lm(formula = Petal.Length ~ Species + Sepal.Length.cat, data = two_species)
##
## Coefficients:
##      (Intercept)          Species1  Sepal.Length.cat1
##           2.8649           -1.2455           0.1968
```

```
contrasts(two_species$Sepal.Length.cat)
```

```
##      [,1]
## long    1
## short  -1
```

The intercept is the grand mean. Species is ??? Sepal.length.cat is ???

```
mean(two_species$Petal.Length)
```

```
## [1] 2.861
```

```
mean(two_species$Petal.Length) - mean(subset(two_species, Species == 'versicolor')$Petal.Length)
```

```
## [1] -1.399
```

```
mean(two_species$Petal.Length) - mean(subset(two_species, Sepal.Length.cat == 'short')$Petal.Length)
```

```
## [1] 1.145314
```

## Interactions

```
two_species <- subset(iris, Species != 'virginica')
two_species$Species <- factor(two_species$Species)
two_species$Sepal.Length.cat <- factor(ifelse(two_species$Sepal.Length > mean(two_species$Sepal.Length),
contrasts(two_species$Species)
```

```
##           versicolor
## setosa      0
## versicolor  1
```

```
lm(Petal.Length ~ Sepal.Length.cat * Species, data = two_species)
```

```
##
## Call:
## lm(formula = Petal.Length ~ Sepal.Length.cat * Species, data = two_species)
##
## Coefficients:
##                (Intercept)
##                1.42000
##          Sepal.Length.catshort
##                0.04667
##          Speciesversicolor
##                2.93227
## Sepal.Length.catshort:Speciesversicolor
##                -0.81561
```

Intercept: Both reference groups (i.e. long and setosa)

Sepal.Length.cat : The difference between short and long for the reference/ baseline species group - i.e. setosa

Species: The difference between setosa and versicolor for the reference/ baseline sepal.length.cat group - i.e. long

So these cannot be the main effects.

Interaction: short versicolor - (long setosa + (short setosa - long setosa) + (long versicolor - long setosa))

= short versicolor + long setosa - short setosa - long versicolor = (short versicolor + long setosa) - (short setosa + long versicolor) = (short versicolor - short setosa) + (long setosa - long versicolor)

```
mean(subset(two_species, Sepal.Length.cat == 'long' & Species == 'setosa')$Petal.Length)
```

```
## [1] 1.42
```

```
mean(subset(two_species, Sepal.Length.cat == 'short' & Species == 'setosa')$Petal.Length) - mean(subset
```

```
## [1] 0.04666667
```

```
mean(subset(two_species, Sepal.Length.cat == 'long' & Species == 'versicolor')$Petal.Length) - mean(sub
```

```
## [1] 2.932273
```

```
mean(subset(two_species, Sepal.Length.cat == 'short' & Species == 'versicolor')$Petal.Length) - mean(sub
```

```
## [1] -0.8156061
```

Useful links: <https://stats.stackexchange.com/questions/122246/interpretation-of-interaction-term/122251#122251>

Questions: Should you always have an interaction term??

With summed contrasts:

```
contrasts(two_species$Sepal.Length.cat) <- "contr.sum"
contrasts(two_species$Species) <- "contr.sum"

lm(Petal.Length ~ Species * Sepal.Length.cat, data = two_species)

##
## Call:
## lm(formula = Petal.Length ~ Species * Sepal.Length.cat, data = two_species)
##
## Coefficients:
##              (Intercept)              Species1
##                2.7056                -1.2622
##      Sepal.Length.cat1 Species1:Sepal.Length.cat1
##                0.1806                -0.2039

contrasts(two_species$Sepal.Length.cat)

##           [,1]
## long         1
## short        -1

contrasts(two_species$Species)

##           [,1]
## setosa         1
## versicolor    -1

mean(two_species$Petal.Length)

## [1] 2.861

mean(two_species$Petal.Length) - mean(subset(two_species, Sepal.Length.cat == 'short')$Petal.Length)

## [1] 1.145314

mean(two_species$Petal.Length) - mean(subset(two_species, Species == 'versicolor')$Petal.Length)

## [1] -1.399

mean(two_species$Petal.Length) - mean(subset(two_species, Sepal.Length.cat == 'long' & Species == 'setosa')$Petal.Length)

## [1] 1.441
```

Interaction: short versicolor - (grand mean + (short setosa - grand mean) + (long versicolor - grand mean))

## Continuous predictor

```
lm(Petal.Length ~ Sepal.Length, data = iris)

##
## Call:
## lm(formula = Petal.Length ~ Sepal.Length, data = iris)
##
## Coefficients:
## (Intercept) Sepal.Length
##      -7.101      1.858
```



```
lm(Petal.Length ~ Sepal.Length, data = two_species)
```

```
##  
## Call:  
## lm(formula = Petal.Length ~ Sepal.Length, data = two_species)  
##  
## Coefficients:  
## (Intercept) Sepal.Length  
##      -7.180      1.835
```

This says that when there is a one unit difference in the sepal length between two irises, on average the difference in petal length is going to be 1.86. Note since this is an expected difference, we can't actually get the number directly from our data by subtracting the mean petal length of two irises with one unit difference in petal length.

```
unique(iris$Sepal.Length)
```

```
## [1] 5.1 4.9 4.7 4.6 5.0 5.4 4.4 4.8 4.3 5.8 5.7 5.2 5.5 4.5 5.3 7.0 6.4  
## [18] 6.9 6.5 6.3 6.6 5.9 6.0 6.1 5.6 6.7 6.2 6.8 7.1 7.6 7.3 7.2 7.7 7.4  
## [35] 7.9
```

```
mean(subset(iris, Sepal.Length == 5.4)$Petal.Length - subset(iris, Sepal.Length == 4.4)$Petal.Length)
```

```
## [1] 0.7
```