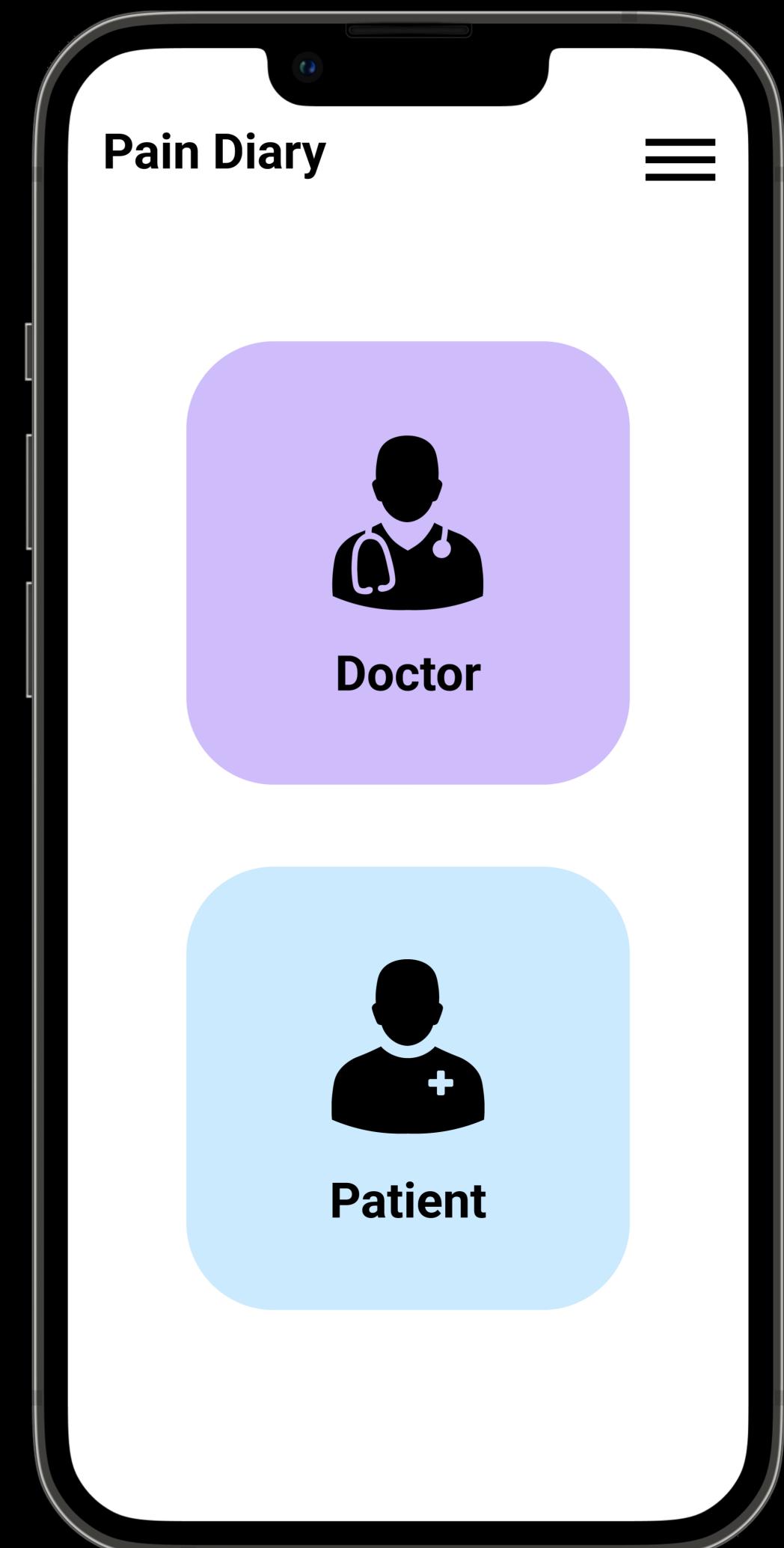


Pain Diary

A convenient way to save NHS appointments, whilst gathering data to improve treatment pathways.



Problem

Wasted appointments are a huge NHS cost.

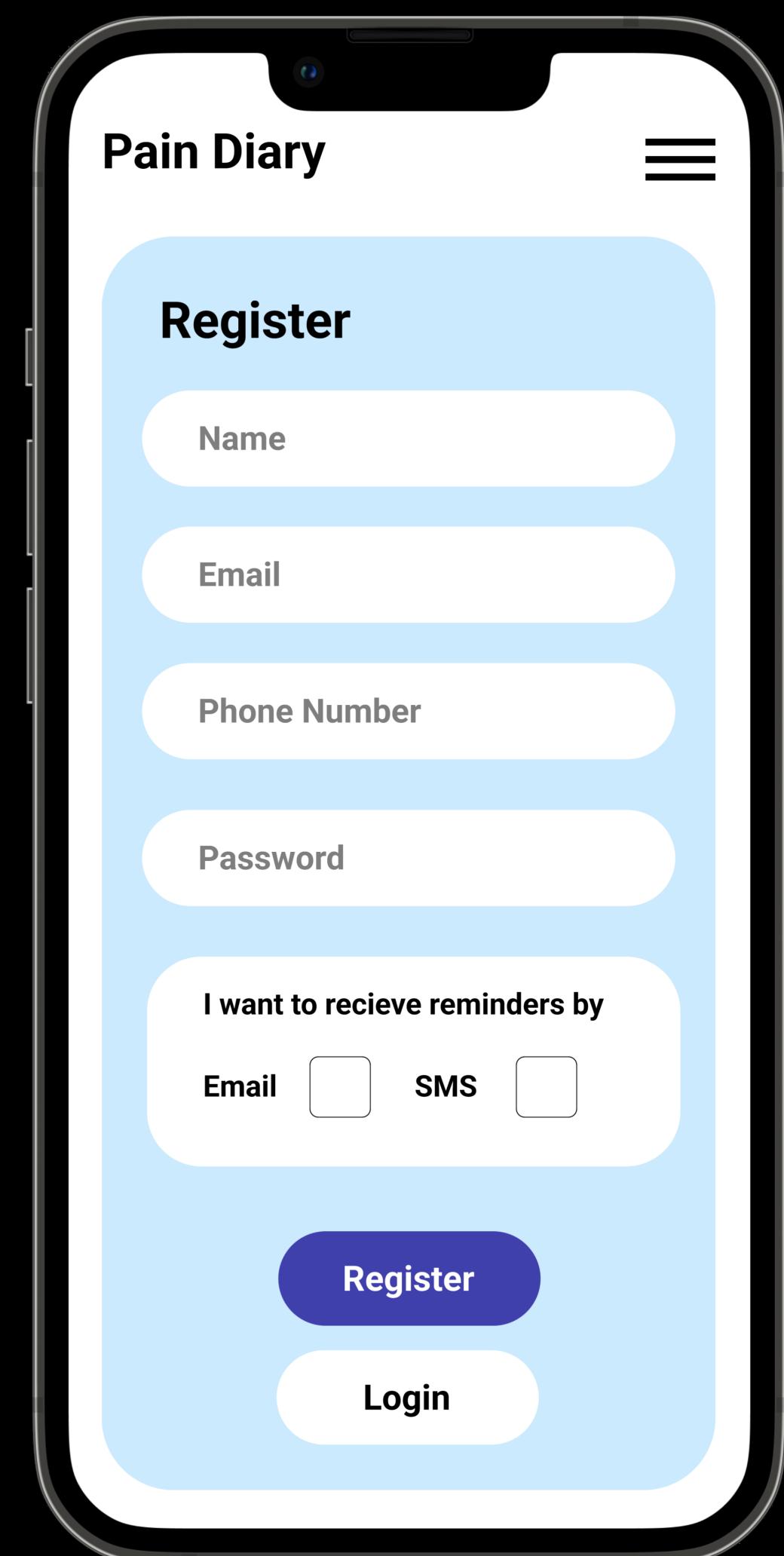
Half a million patients have injections for joint and tendon problems annually in the UK.

Timing of their follow-up after injection is an unsolved conundrum.



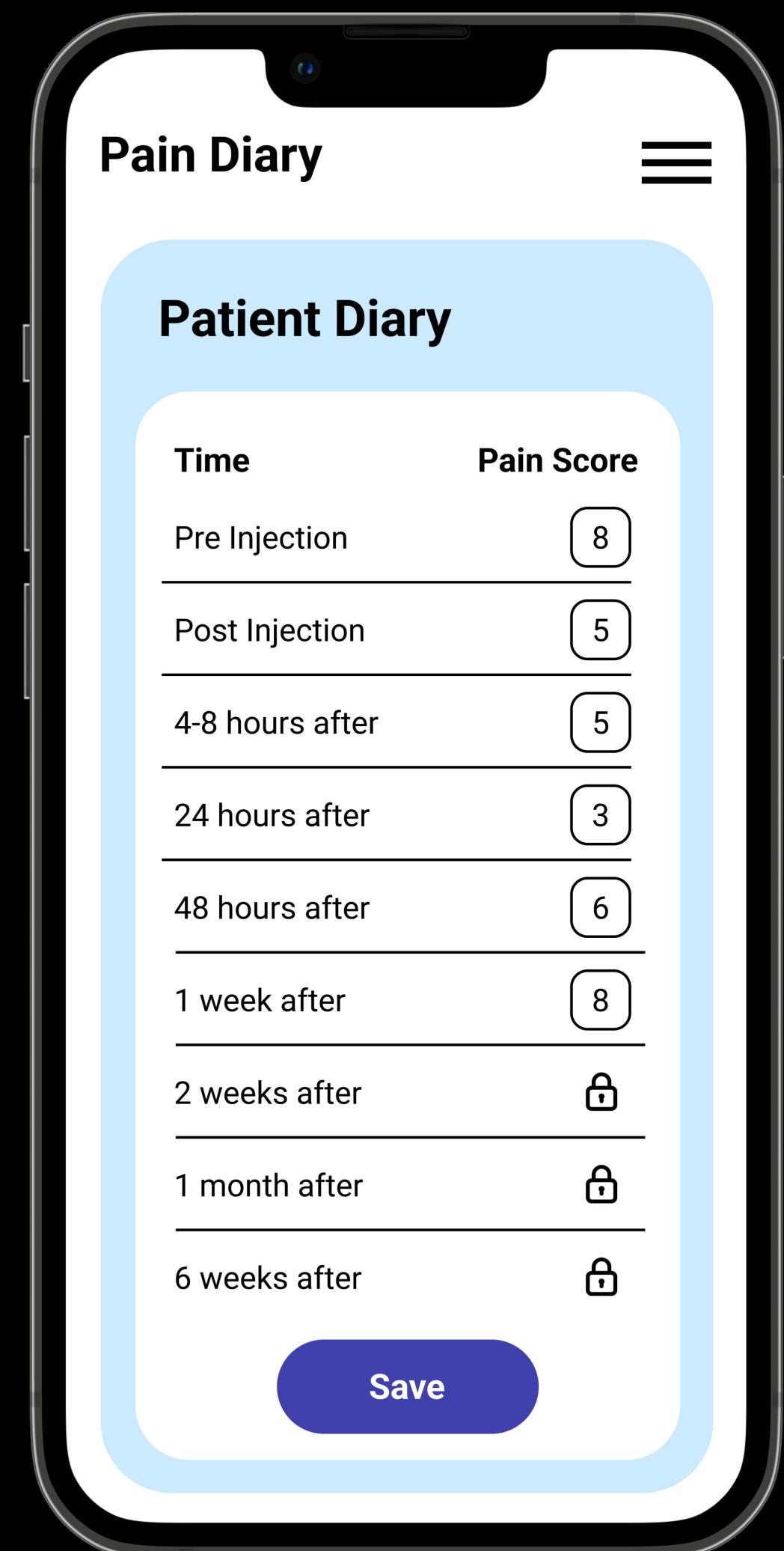
Concept

A web-based Pain Diary allows patients to score their pain at intervals after the injection. This is a convenient, easy way to improve diagnosis and ensure follow-up is at the right time.



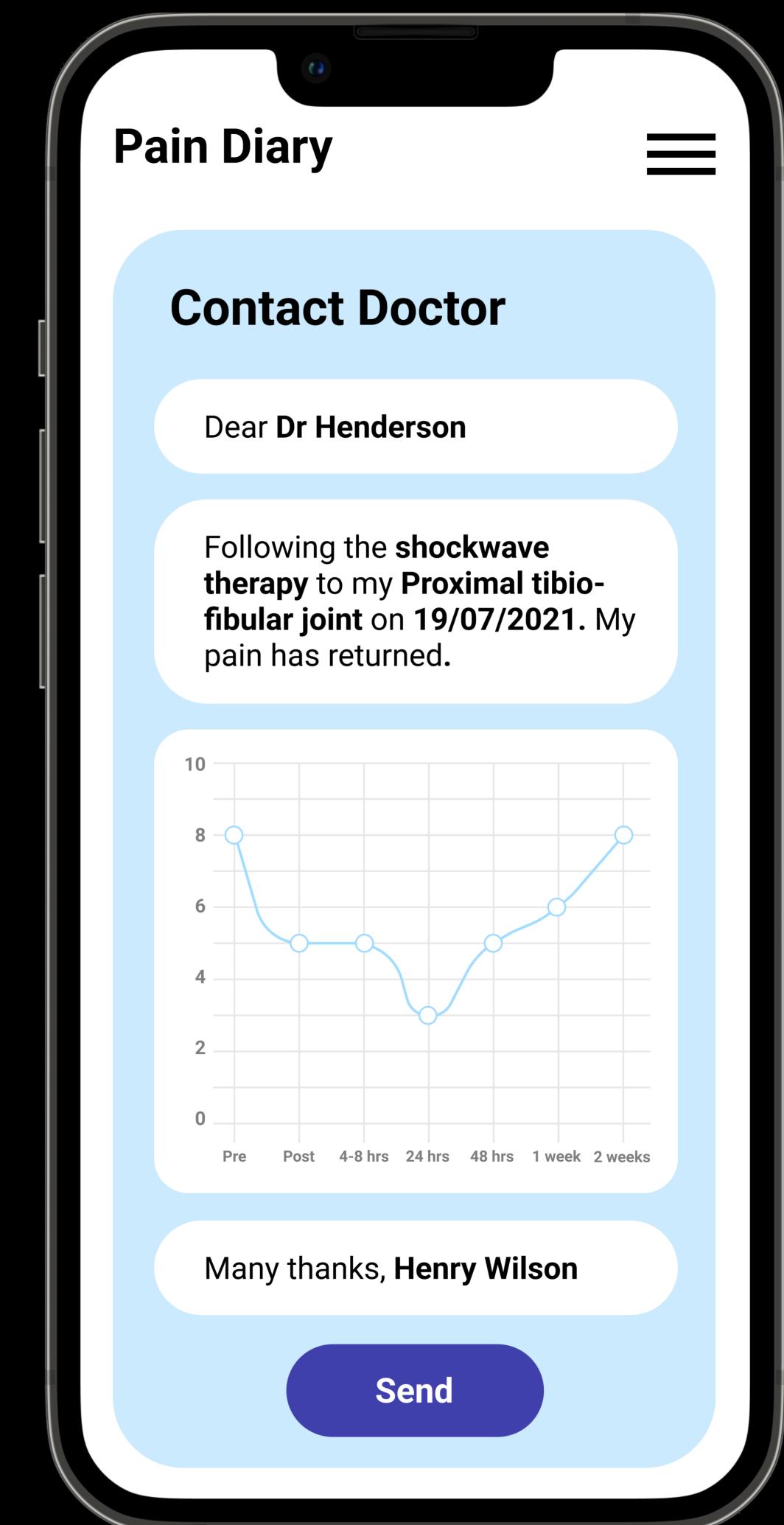
How it works

Patients start a diary on day of injection. They then receive email/SMS reminders to log their scores at pre-determined time intervals.



Integration

Once the diary is complete, or pain starts to rise, the results can be returned directly to the specialist, for filing into the patient's notes and arranging follow-up.



Testing

Initial testing of the app is underway with volunteer patients. Clinician feedback has been positive and all patients have successfully completed their dairies.



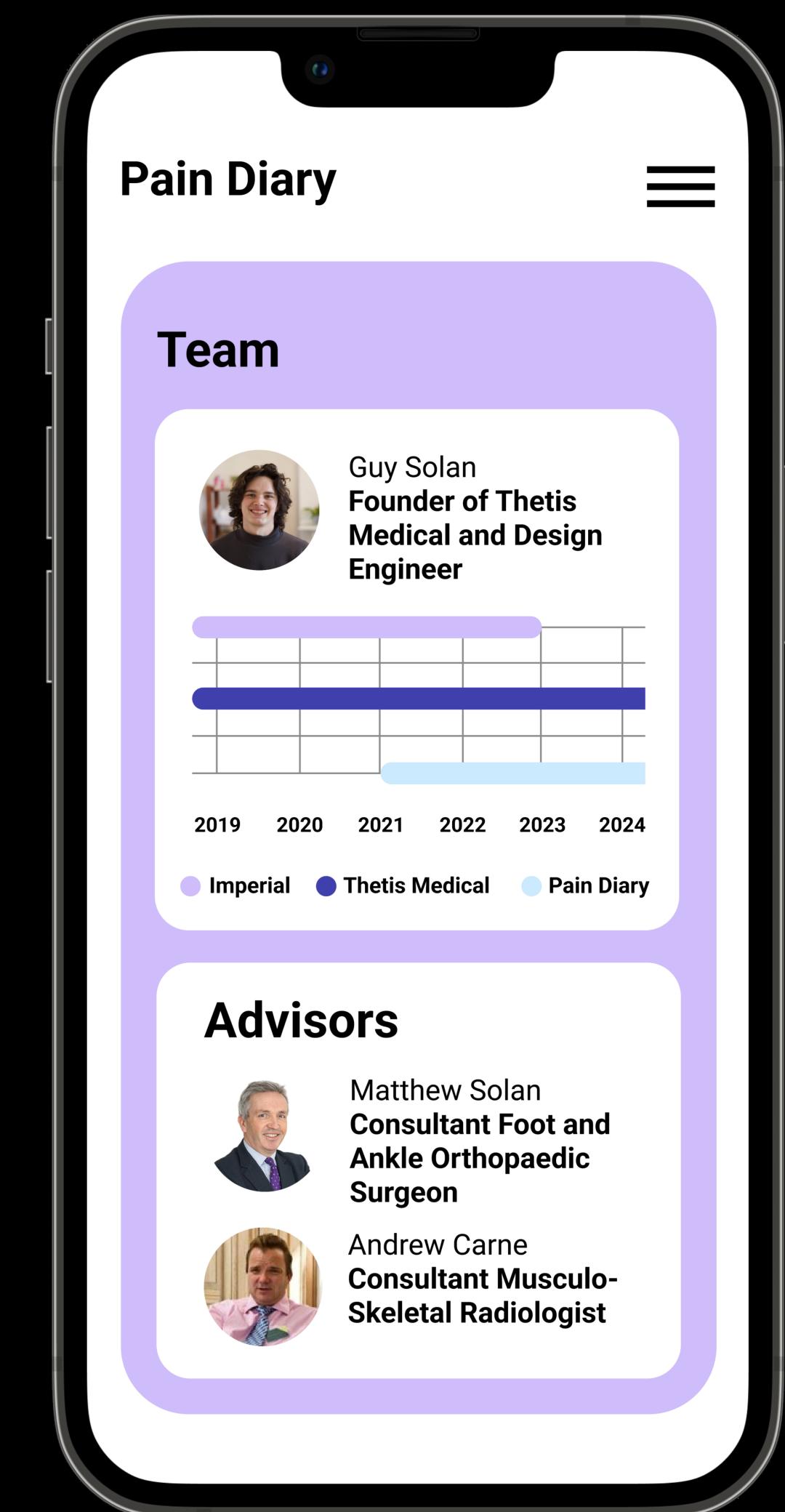
Use the Data

Recording all the patient data in one place allows data analysis. The efficacy of each treatment can be assessed and the results used to improve standard practice.



Team

I have experience of medical technology in business with a specific orthopaedic night splint which I brought to market in 2021. With the help of my advisors, and VCC's support, I am confident this app can also become widely used.



Funding

To develop the app from its beta state to a product suitable for national roll out, both security and testing are of the highest importance.

