

The

A Medical Corporation

# Center for Cholesterol Management

NAME MAOR ABOTBOL

DATE

DOB 9/23/1984

4/21/10

CHIEF COMPLAINT:

25 yow ♂ presents for LDL-P  
testing

HISTORY OF PRESENT ILLNESS:

pt % pleuritic chest pain when  
he smokes heavily ♂ SOB  
♂ MI  
started exercising one month ago  
never had a stress test

PMHX:

♂

PSHX:

♂

NAME

abotobol

MEDS:

ph x psoriasis cream

ALLERGIES: - NKDA

SOCIAL HISTORY:

1 1/2 ppd tobacco

FAMILY HISTORY: -

cancer  
MI

REVIEW OF SYSTEMS: -

non contributory

NAME

Abotbol

PHYSICAL EXAM

BP 118/74 P 70 RR 16 T 98

GENERAL: WNW N 5' in NAD

HEENT: NC/AT

NECK: φ/mts

CHEST: clear

HEART: NMR

ABDOMEN: soft, NT

BACK:

EXTREMITIES: warm

NEURO:

Assessment

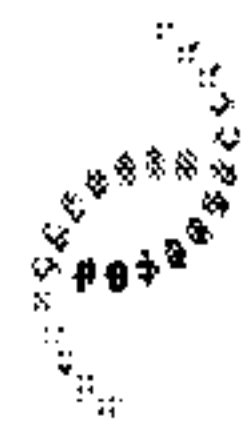
25yo Israeli 0'5' strong  
family 4/6 CAP

PLAN:

① NMR  
② will call to results

Rh

The NMR LipoProfile® test may be covered by one or more issued or pending patents, including U.S. Patent Nos. 5,343,389; 6,518,069; 6,578,471; 6,653,140; and 7,243,030. CLIA: 34D0952253

**LIPOSCIENCE**

LipoScience, Inc.  
2500 Sumner Boulevard  
Raleigh, NC 27616  
877-547-8837  
www.liposcience.com

Page 1 of 1

Clinician

Patient Name	Sex	Age
ABOTBOL, MOAR	M	25

RICHMAN, MICHAEL

Patient ID	Birth Date	Accession Number
16154189	09/23/1984	H0556517

Client Name and Address

Center for Cholesterol Mgmt 15057/  
1950 Sawtelle Blvd  
Suite 150  
Los Angeles, CA 90025  
Phone: (310)481-3939 Fax: (310)481-3949

Date Collected	Date Received	Report Date and Time	Requisition Number	Fasting Status
04/21/2010	04/22/2010	04/23/2010 06:36	16154189	NON-FASTING

**NMR LipoProfile® test****Reference Range<sup>1</sup>**

	Percentile <sup>1</sup>	20th	50th	80th	95th	
	nmol/L	Low	Moderate	Borderline-High	High	Very High
<b>LDL-P</b> (LDL Particle Number)	<b>1081</b>	<b>&lt; 1000</b>	<b>1000-1299</b>	<b>1300-1599</b>	<b>1600-2000</b>	<b>&gt; 2000</b>

**Lipids****LDL-C**  
(calculated)

mg/dL

84

Optimal

&lt; 100

Near or above  
optimal

100-129

Borderline-High

130-159

High

160-189

Very High

≥ 190

**HDL-C**

mg/dL

37

Desirable ≥ 40

**Triglycerides**

mg/dL

71

Desirable &lt; 150

**Total Cholesterol**

mg/dL

135

Desirable &lt; 200

LDL-C is inaccurate if patient is non-fasting.

**Historical Reporting****LDL-P**

04/21/10 (1081)

**LDL-C**

04/21/10 (84)

- optimal HDL  
- F/u 1 year

Case  
results  
to  
Dr.  
4-30-10

1. Reference population comprises 5,382 men and women not on lipid medication enrolled in the Multi-Ethnic Study of Atherosclerosis (MESA). Mora, et al. *Atherosclerosis* 2007.

4/22/10



The NMR LipoProfile® test may be covered by one or more issued or pending patents, including U.S. Patent Nos. 5,343,369; 6,516,069; 6,576,471; 6,653,140; and 7,243,030. CLIA: 34D0952253



LIPOSCIENCE

LipoScience, Inc.  
2500 Sumner Boulevard  
Raleigh, NC 27616  
877-547-8837  
www.liposcience.com

Page 1 of 1

Clinician

Patient Name	Sex	Age
ABOTBOL, MOAR	M	25

RICHMAN, MICHAEL

Patient ID	Birth Date	Accession Number
16154189	09/23/1984	H0556517

Client Name and Address

Center for Cholesterol Mgmt 15057/  
1950 Sawtelle Blvd  
Suite 150  
Los Angeles, CA 90025  
Phone: (310)481-3939 Fax: (310)481-3949

Date Collected	Date Received	Report Date and Time	Requisition Number	Fasting Status
04/21/2010	04/22/2010	04/23/2010 06:36	16154189	NON-FASTING

## PARTICLE CONCENTRATION AND SIZE

## LDL and HDL Particles

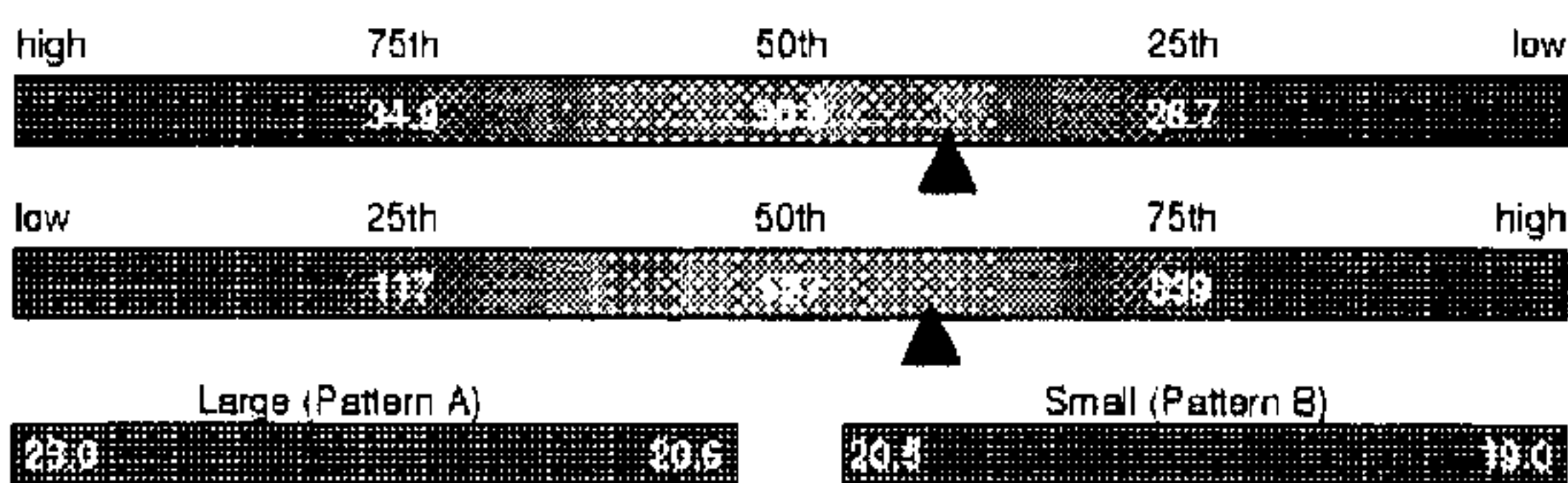
HDL-P (total)  $\mu\text{mol/L}$   
29.1

SMALL LDL-P  $\text{nmol/L}$   
639

LDL SIZE  $\text{nm}$   
20.8

Lower CVD Risk

Higher CVD Risk

Percentile in Reference Population<sup>3</sup>

Small LDL-P and LDL Size are associated with CVD risk, but not after LDL-P is taken into account.

Lipoprotein Markers Associated with Insulin Resistance and Diabetes Risk<sup>1,2</sup>

LARGE VLDL-P  $\text{nmol/L}$   
0.9

SMALL LDL-P  $\text{nmol/L}$   
639

LARGE HDL-P  $\mu\text{mol/L}$   
1.1

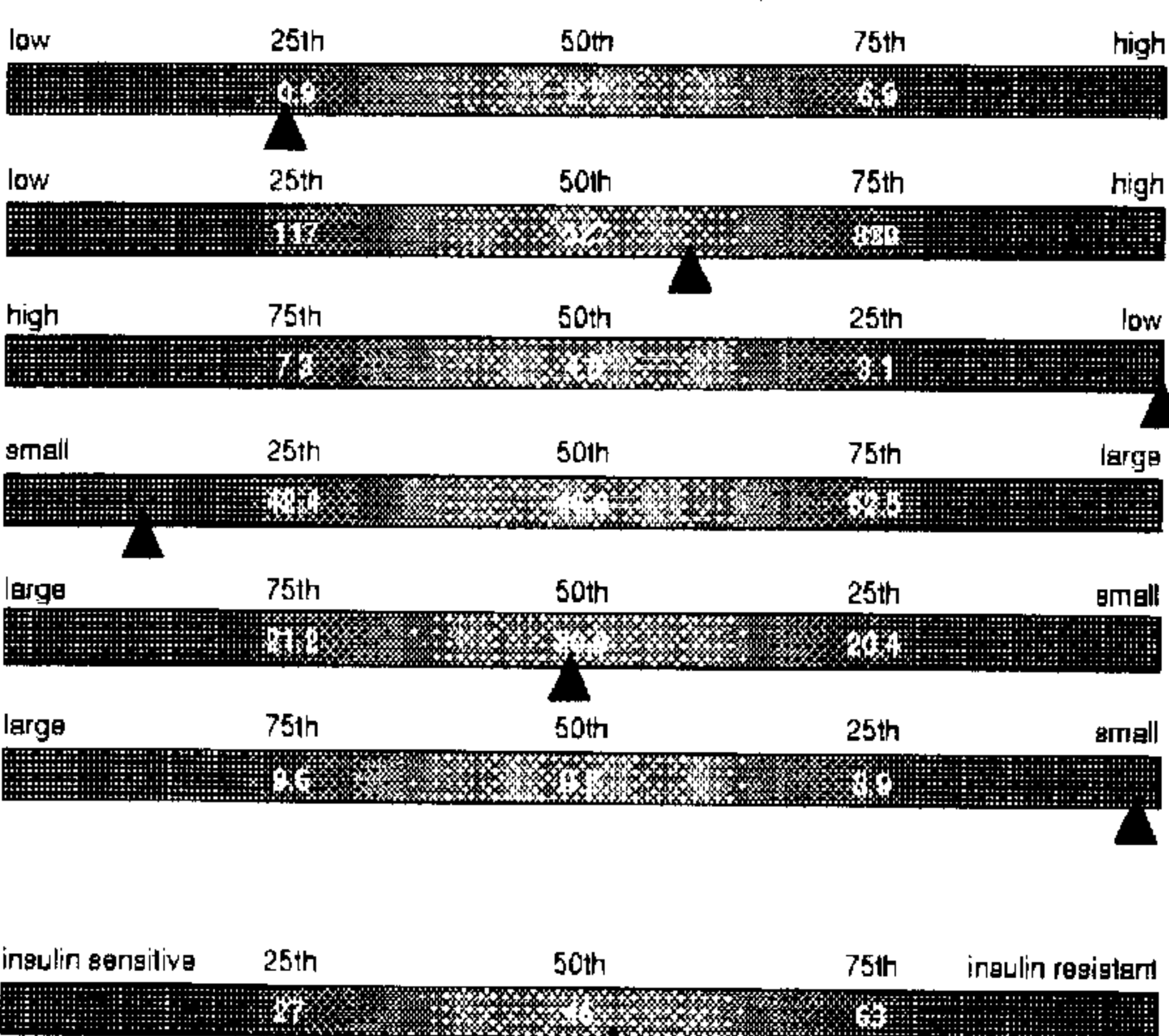
VLDL SIZE  $\text{nm}$   
40.2

LDL SIZE  $\text{nm}$   
20.8

HDL SIZE  $\text{nm}$   
8.5

Insulin Sensitive

Insulin Resistant

Percentile in Reference Population<sup>3</sup>

## Insulin Resistance Score

0-100  
LP-IR SCORE\*\* 47

LP-IR Score is inaccurate if patient is non-fasting.

\*\* The LP-IR Score combines the information from the above 6 markers to give improved assessment of insulin resistance and diabetes risk.

These laboratory assays, validated by LipoScience, have not been cleared by the US Food and Drug Administration. The clinical utility of these laboratory values has not been fully established.

MICHAEL RICHMAN, M.D.  
1950 SAWTELLE #150  
LOS ANGELES, CA  
(310)481-3939  
PT PHONE: ( ) -

90025

ABOTBOL, MAJOR

25 F

04/21/10 04/21/10 04/22/10 3073270  
DOB: 09/23/84

\*\* COMPLETE REPORT \*\*

COMPLETE BLOOD COUNT

WHITE BLOOD COUNT	6.9		thou/mm3	4.4-11.0
RED BLOOD COUNT		5.51 H	mil/mm3	3.90-5.10
HEMOGLOBIN		17.7 H	g/dL	12.0-16.0
HEMATOCRIT		51.6 H	%	36.0-48.0
MCV	94		fL	81-99
MCH	32.1		pg	28.0-33.0
MCHC	34.3		%	32.0-36.0
RDW	11.0		%	10.6-14.7
PLATELET COUNT	238		thou/mm3	150-450
MPV	8.7		fL	5.1-10.7

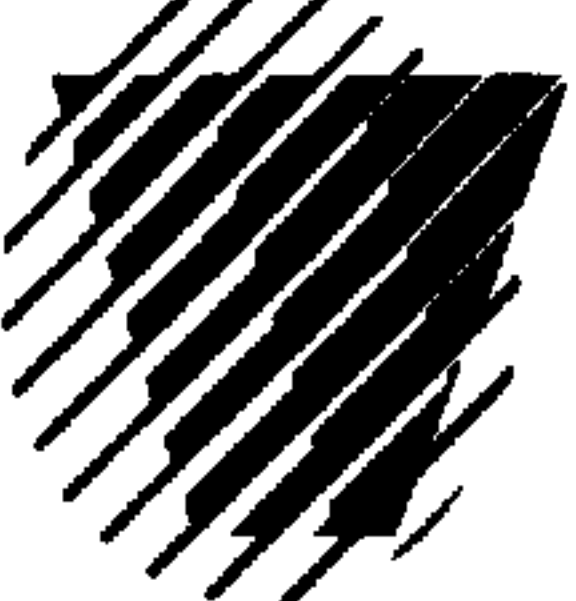
DIFFERENTIAL WBC

NEUTROPHILS	61.6		%	40.0-75.0
MONOCYTES	6.8		%	0-10.0
LYMPHOCYTES	27.7		%	20.0-40.0
EOSINOPHILS	2.3		%	0.0-5.0
BASOPHILS	1.6		%	0.0-2.0

WBC, RBC, AND PLATELET HISTOGRAMS APPEAR NORMAL.

COMP METABOLIC PANEL

SODIUM	139		mEq/L	135-149
POTASSIUM	4.9		mEq/L	3.4-5.4
CHLORIDE	98		mEq/L	98-108
CARBON DIOXIDE	28		mEq/L	22-32
CALCIUM	9.6		mg/dL	8.5-10.5
GLUCOSE	64		mg/dL	<100
BLOOD UREA NITROGEN	19		mg/dL	6-25
CREATININE	1.0		mg/dL	0.6-1.5
BUN:CREATININE RATIO	19		ratio	10-28
TOTAL PROTEIN, SERUM	7.4		g/dL	6.0-8.2
ALBUMIN, SERUM	4.9		g/dL	3.5-5.1
GLOBULIN	2.5		g/dL	2.0-3.5
A:G RATIO	2.0		ratio	1.0-2.2
BILIRUBIN, TOTAL	0.9		mg/dL	0.0-1.2
ALKALINE PHOSPHATASE	96		U/L	33-141
SGOT/AST	34		U/L	6-36
SGPT/ALT	26		U/L	<48

CLIENT		7016		PATIENT		WESTERN HEALTH SCIENCES MEDICAL LABORATORY					
MICHAEL RICHMAN, M.D. ACCT #7016 1950 SAWTELLE #150 LOS ANGELES, CA 90025 (310)481-3939		LAST NAME <i>Alcohol</i>		FIRST NAME <i>John</i>		  21018 Osborne St. Canoga Park, CA 91304 818-773-9771					
		ADDRESS <i>1399 TWA BLVD #111</i>									
		CITY <i>Granada Hills</i>		STATE <i>CA</i> ZIP CODE <i>91304</i>							
		SEX <i>M</i> BIRTH DATE <i>7/5/44</i>		PHONE <i>111-1111</i>							
<input type="checkbox"/> STAT		BILL TYPE <input type="checkbox"/> DR. <input type="checkbox"/> PATIENT <input type="checkbox"/> INSURANCE <input checked="" type="checkbox"/> MEDICARE <input type="checkbox"/> MED-CAL <input type="checkbox"/> MED-MED		PATIENT SOCIAL SECURITY NUMBER <i>111-111111</i>							
REFERRING PHYSICIAN		INSURANCE COMPANY / ADDRESS CITY / STATE / ZIP CODE <i>Alcohol</i>		SUBSCRIBER NO		GROUP NO <i>1111</i>					
DATE MO DAY YR SUBMITTED <i>11/7/10</i>		PLEASE ATTACH COPY OF INSURANCE, MEDICARE, OR MEI-CAL CARD <i>Alcohol</i>		DIAGNOSIS <i>272.0</i>		LAB USE GRN UR					
DATE TIME OF COLLECTION <i>11/16/10</i> <input checked="" type="checkbox"/> A.M. <input type="checkbox"/> P.M.		MEDICARE REQUIRES THAT ONLY THOSE PROCEDURES THAT ARE MEDICALLY NECESSARY FOR DIAGNOSIS AND TREATMENT AND NOT FOR SCREENING PURPOSE SHOULD BE ORDERED WHEN MEDICARE REIMBURSEMENT IS SOUGHT				SST GRY CUL					
<input type="checkbox"/> PHONE RESULTS TO <input type="checkbox"/> FAX RESULTS TO						RED BLU STL					
						LAV YEL CSF					
						ACCESSION LABEL					
						PHLEB 300 (INITIAL)					
						COLL 900 (INITIAL)					
HEMATOLOGY		ICD-9 CODE		INDIVIDUAL TESTS		ICD-9 CODE		INDIVIDUAL TESTS		ICD-9 CODE	
124	<input checked="" type="checkbox"/> CBC w/platelets & diff (L)	701	AFP, TUMOR (S)	140	MAGNESIUM (S)						
125	HEMOGRAM (L)	621	AMMONIA (FRZ PLASMA) (L)	141	MONO TEST (S)						
127	WESTERGREN SED RATE (L)	128	AMYLASE (S)	374	NT-pro BNP (S)						
542	PROTIME (B)	192	ANA (S)	504	PHENOBARBITAL (S)						
143	APTT (B)	654	CA 15-3 (S)	118	POTASSIUM (S)						
PROFILES (See Over for Components)		268	CA 19-9 (S)	153	PREGNANCY, SERUM (QNT) (S)						
1205	BASIC METABOLIC (S)	164	CA 125 (S)	274	PREGNENOLONE (S)						
1200	COMPREHENSIVE METABOLIC (S)	500	CARBAMAZEPINE (TEGRETOL) (S)	519	PROGESTERONE (S)						
204	ELECTROLYTES (S)	171	CEA (S)	520	PROLACTIN (S)						
1118	LIPID (S)	111	CHOLESTEROL (TOTAL) (S)	28	PROSTATE SPECIFIC ANTIGEN (S)						
206	HEPATIC FUNCTION (S)	175	CHOLESTEROL, HDL (S)	428	PSA (FREE + TOTAL) (S)						
2209	PRENATAL (R.S.L.)	220	CHOLESTEROL, LDL DIRECT (S)	379	PTH W/CALCIUM (S)						
1206	RENAL FUNCTION (S)	373	CMV, IgG, IgM (S)	145	RA (LATEX) (S)						
861	HEPATITIS ACUTE SCREEN (S)	135	CPK (TOTAL) (S)	146	RPR (S)						
HEPATITIS		498	CRP-QNT (S)	100	SGOT/AST (S)						
707	HEP A ANTIBODY TOTAL (S)	515	DHEA SULFATE (R)	112	SGPT/ALT (S)						
756	HEP A ANTIBODY IgM (S)	501	DIGOXIN (R)	287	SHBG (S)						
627	HEP B SURFACE ANTIGEN (S)	502	DILANTIN (PHENYTOIN) (R)	196	T3 UPTAKE (S)						
622	HEP B SURFACE ANTIBODY (S)	359	EBV IgG, IgM, NA, EA (S)	325	T3 FREE (S)						
711	HEP B CORE ANTIBODY IgM (S)	420	ESTRADIOL (S)	333	T3 (TOTAL) (S)						
677	HEP C ANTIBODY (S)	194	FERRITIN (S)	122	T4 (THYROXINE) (S)						
MICROBIOLOGY		512	FOLATE (FOLIC ACID) (S)	240	T4 FREE (S)						
SOURCE		517	FSH (S)	368	THYROGLOBULIN Ab (S)						
	CULTURE ROUTINE	110	GLUCOSE (G)	706	THYROID PEROXIDASE Ab (S)						
803	CULTURE URINE	630	GLYCOHEMOGLOBIN (A1C) (L)	514	TESTOSTERONE (TOTAL) (S)						
151	GRAM STAIN	292	HSV I & II, IgG (S)	523	TESTOSTERONE (FREE + TOTAL) (S)						
805	BETA STREP SCREEN	289	HSV I & II, IgM (S)	116	TRIGLYCERIDES (S)						
723	CULTURE, HERPES	540	HIV (EIA) (S)	121	TSH (S)						
	CHLAMYDIA, PCR	952	HOMOCYSTEINE (S)	154	URINALYSIS W/MICRO (U)						
	G.C., PCR	460	IMMUNOGLOBULINS (IgG, IgA, IgM) (S)	8330	URINE MICROALBUMIN (U)						
157	OVA AND PARASITES	516	LUTEINIZING HORMONE (S)	511	VITAMIN B-12 (S)						
156	OCCULT BLOOD	503	LITHIUM (S)	766	VITAMIN D, 25-OH (S)						
OTHER TESTS, REMARKS											





16154189

**FACILITY**

Center for Cholesterol Mgmt 15057  
1950 Sawtelle Blvd  
Suite 150  
Los Angeles, CA 90025  
(310)481-3939 Fax: 13104813949

**Designate Requesting Clinician**

1972554806 RICHMAN, MICHAEL F

Additional Clinician:

NPI:

Collection Date (mm/dd/yy)

Collection Time

**ICD-9 Code(s) : REQUIRED**

100				
-----	--	--	--	--

01 6060 620\110\125\140\150\179\245\410

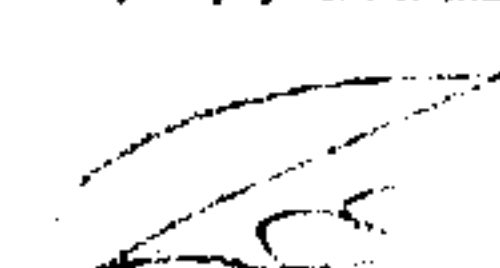
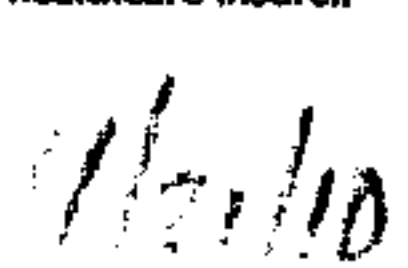
**PATIENT INFORMATION**

All information must be provided for sample to be processed

<div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div>			<div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div>		
Social Security Number			Patient ID/Medical Record Number		
Last Name		First Name		Middle	
Address					
City		State		Zip	
Date of Birth (mm/dd/yy)			<input checked="" type="checkbox"/> Male <input type="checkbox"/> Fasting <input type="checkbox"/> Female <input checked="" type="checkbox"/> Non-Fasting		
Telephone					

**INSURANCE : REQUIRED**

Attach copy of insurance card (front and back)

<input type="checkbox"/> Medicare	<input checked="" type="checkbox"/> Insurance	<input type="checkbox"/> Client	<input type="checkbox"/> Patient
Medicare No. (Including suffix)		<div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div>	
BCBS ID No. (Including prefix)		<div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div> <div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 2px;"></div>	
Insurance Company Name			
Insured Name		Employer Name/Employer #	
Member/Insured ID#		Group #	
Claims Address			
City		State	
Patient Relation to Insured:		<input checked="" type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Dependent	
Patient/Responsible Party Signature: I hereby authorize the release of medical information to LipoScience for services as described herein and authorize payment directly to LipoScience. I agree to assume responsibility for payment of charges for laboratory services that are not covered by the healthcare insurer.			
			
Patient/Responsible Party Signature		Date	

PANELS (See back for list of tests included in each panel)	INDIVIDUAL TESTS	
600 <input checked="" type="checkbox"/> <b>NMR LipoProfile® test</b> (LDL-P only) Chemical Lipids+Particle Concentration & Size P/S	140 <input type="checkbox"/> ALT (CPT 84460) P/S	160 <input type="checkbox"/> Insulin (CPT 83525) S
610 <input type="checkbox"/> <b>NMR LipoProfile® test</b> (LDL-P only) Chemical Lipids+Particle Concentration & Size +Homocysteine+CRP P/S	150 <input type="checkbox"/> AST (CPT 84450) P/S	195 <input type="checkbox"/> LDL Cholesterol, Direct (CPT 83721) P/S
620 <input type="checkbox"/> <b>NMR LipoProfile® test</b> (LDL-P, HDL-C, TG by NMR) TC+Particle Concentration & Size P/S	170 <input type="checkbox"/> C-Peptide (CPT 84681) S	308 <input type="checkbox"/> LDL-P Only (CPT 83704) P/S
630 <input type="checkbox"/> <b>NMR LipoProfile® test</b> (LDL-P only) LDL-P+Particle Concentration & Size P/S	180 <input type="checkbox"/> Cholesterol, Total (CPT 82465) P/S	100 <input type="checkbox"/> Lp(a) (CPT 83695) P/S
699 <input type="checkbox"/> Lipid Panel, Chemical Method (CPT 80061) P/S	245 <input type="checkbox"/> Creatine Kinase (CK), Total (CPT 82550) P/S	545 <input type="checkbox"/> <b>NMR LipoProfile® test</b> (LDL-P, HDL-C, TG by NMR) (CPT 83704) P/S
	125 <input type="checkbox"/> CRP-High Sensitivity (CPT 86141) P/S	602* <input type="checkbox"/> Particle Concentration & Size (CPT 83704) P/S
	178 <input type="checkbox"/> Glucose (CPT 82947) OX	410 <input type="checkbox"/> TSH (CPT 84443) S
	179 <input type="checkbox"/> Glycohemoglobin (A1c) (CPT 83036) L	420 <input type="checkbox"/> T-4, Free (CPT 84439) S
	190 <input type="checkbox"/> HDL Cholesterol (CPT 83718) P/S	430 <input type="checkbox"/> T-4, Total (CPT 84436) S
	110 <input type="checkbox"/> Homocysteine (CPT 83090) P/S	185 <input type="checkbox"/> Triglycerides (CPT 84478) P/S

\* These laboratory-developed assays have not been cleared by the US Food and Drug Administration. Whether requested individually (602) or as part of a test panel (see back for list of tests included in each panel), the results of these assays will be provided in a laboratory report separate from that provided for other tests.

**OPTIONAL**

<input type="checkbox"/> White/Caucasian	<input type="checkbox"/> Hispanic
<input type="checkbox"/> Black/African American	<input type="checkbox"/> Asian
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Decline

16154189

16154189





THE CENTER FOR CHOLESTEROL MANAGEMENT

A Medical Corporation  
1950 Sawdell Blvd, Suite 150  
Los Angeles, CA 90025

Please complete all pages of this form.

NAME: Maor Abotbol DATE: 4-21-2016  
SEX: ☒ M ☐ F DOB: 09 23 1984 SSN:                      DE#: D4691871  
ADDRESS: 1399 9th Ave #612  
CITY: San Diego STATE: CA ZIP: 92101  
FAX:                      EMAIL:                      PHONE:                       
EMERGENCY CONTACT: Only Tal PHONE: 323-353-4555  
ADDRESS: 5330 Natick Ave.  
CITY: Sherman Oaks STATE: CA ZIP: 91411  
EMPLOYER: Self PHONE: 619-723-2408  
ADDRESS:                      CITY:                      STATE:                      ZIP:                     

Please list all of your medications, include non-prescription drugs, dietary supplements, and vitamins.

NAME OF DRUG	DOSE	No. TIMES DAILY
<u>N/A</u>		

Have you ever been diagnosed with?

High Blood Pressure	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	How long ago? <u>                    </u>
Diabetes	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	How long ago? <u>                    </u>
Stroke	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	When did it occur? <u>                    </u>
High Cholesterol	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	What medications do you take for this, if any? <u>                    </u>
Lung Disease	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	What type? <u>                    </u>

Heart Disease ☐ Yes ☐ No How long ago? \_\_\_\_\_

Other Vascular Disease ☐ Yes ☐ No How long ago? \_\_\_\_\_

List other medical problems you have had. These would include problems for which you have taken medications or been hospitalized. Please include the dates these problems occurred.

N/A

Are you allergic to any medications? ☐ Yes ☒ No

List those medications? N/A

Are you allergic to X-Ray dye? ☐ Yes ☒ No

List all surgeries, both major and minor, you have had:

SURGERY	DATE	HOSPITAL

Have you ever smoked? ☒ Yes ☐ No How many cigarettes per day? 30

How long (have) did you smoke (d)? 9 years

If you quit, when did you quit? \_\_\_\_\_

How many glasses per week do you consume of? WINE \_\_\_\_\_ BEER \_\_\_\_\_ COCKTAILS 2

Has anyone in your family had any of the following illnesses?

	WHICH FAMILY MEMBER	HOW OLD WERE THEY
--	---------------------	-------------------

Cancer	_____	_____
--------	-------	-------

Heart Attack	_____	_____
--------------	-------	-------

Angina or clogged arteries	_____	_____
----------------------------	-------	-------

Sudden death	_____	_____
--------------	-------	-------

Hypertension	_____	_____
--------------	-------	-------

High cholesterol N/A

Stroke N/A

Diabetes N/A

Are you having or have you ever had? (check all for which the answer is "yes").


- |   |  |
|---|--|
| <input type="checkbox"/> Increasing Breathlessness With Your Usual Activities                                 | <input type="checkbox"/> Recent Cough              |
| <input type="checkbox"/> Unexpected weight gain of more than 5 lbs in the last weeks or months                |  |
| <input type="checkbox"/> Pain, pressure/discomfort in the chest   | <input type="checkbox"/> Passed (ing) out-fainting |
| <input type="checkbox"/> Shortness of breath at rest, laying down   | <input type="checkbox"/> worsening fatigue         |
| <input type="checkbox"/> Any neck, jaw, left arm discomfort   | <input type="checkbox"/> Swelling of the ankles    |
| <input type="checkbox"/> Pain or cramps in leg(s) with walking  | <input type="checkbox"/> Dizzy spells              |
| <input type="checkbox"/> A stroke or temporary stroke   | <input type="checkbox"/> Heart murmur              |
| <input type="checkbox"/> Spells of rapid irregular heartbeat  | <input type="checkbox"/> Heart attack              |
| <input type="checkbox"/> Urination at night   | <input type="checkbox"/> Rheumatic fever           |
| <input type="checkbox"/> Abnormal EKG   | <input type="checkbox"/> Varicose veins            |
| <input type="checkbox"/> Have you ever been hospitalized for your heart, or what they thought was your heart? |  |
| <input type="checkbox"/> Any other cardiac diagnosis? <u>N/A</u>  |  |

☐ Any tests done for your heart? What tests? N/A

When where they done? \_\_\_\_\_

After any problems you wish to address at this visit?

My father have a high cholesterol, so I want to check my cholesterol.

Maor Abotbol 

Patient name (sign)

4-21-2010

Date

Witness

Date

## INSURANCE INFORMATION

Please provide us with your medical insurance information

### PRIMARY INSURANCE POLICY

Company: Blue Shield Phone: 888-852-5345

Policy #: XEC303272123 Group: AB01B9

Name and SS# of Insured: Maor Abotbol

### SECONDARY INSURANCE POLICY:

Company: N/A Phone: \_\_\_\_\_

Policy #: \_\_\_\_\_  
Group: \_\_\_\_\_

Name and SS# of Insured: \_\_\_\_\_

### OTHER INSURANCE:

Company: N/A Phone: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group: \_\_\_\_\_

Name and SS# of Insured: \_\_\_\_\_

## ASSIGNMENT BENEFITS

I HEREBY ASSIGN TO MICHAEL RICHMAN M.D., MY RIGHT TO AND INTEREST IN ANY AND ALL HEALTH CARE AND/OR SURGICAL BENEFITS, OTHERWISE PAYABLE TO ME, FOR MEDICAL AND/OR SURGICAL TREATMENT RENDERED BY ANY OF THE ASSIGNEES. I HEREBY DIRECT MY INSURANCE COMPANY TO MAKE PAYMENTS DIRECTLY TO THE ASSIGNEE AT 1950 SAWTELLE BLVD # 145A LOS ANGELES, CA 90025.

IN UNDERSTAND THAT I AM RESPONSIBLE FOR ANY CHARGES NOT PAID BY MY INSURANCE COMPANY(DZS), UNLESS SUCH CHARGES ARE LIMITED BY EXISTING CONTRACT AGREEMENTS BETWEEN THE ASSIGNEE AND MY MEDICAL CARRIER, AND THAT FINANCE CHARGES WILL BE ADDED TO ANY OUTSTANDING BALANCE, STARTING THIRTY DAYS FROM THE DATE A BILL IS SUBMITTED TO MY INSURANCE COMPANY, OR FROM THE DATE OF MY FIRST STATEMENT. IF CHARGES ARE NOT COVERED BY MY INSURANCE COMPANY, I AUTHORIZE THE PHYSICIAN LISTED ABOVE TO RELEASE TO MY INSURANCE COMPANY/OR ITS REPRESENTATIVES OR AGENTS, ANY MEDICAL INFORMATION RELATIVE TO THE SERVICES RENDERED TO ME. I ACKNOWLEDGE THAT A PHOTOCOPY OR FAX OF THIS ORIGINAL IS AS VALID AS THE ORIGINAL.

  
Your signature here

4-21-2010  
Today's date





## The Center for Cholesterol Management

### PATIENT CONSENT FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION (PHI)

With my consent, The Center for Cholesterol Management may use and disclose protected health information (PHI) about me to carry out treatment, payment, and healthcare operations (TPO). Please refer to The Center for Cholesterol Management's Notice of Privacy Practices (NOPP) for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices (NOPP) prior to signing this consent. The Center for Cholesterol Management reserves the right to revise its Notice of Privacy Practices (NOPP) at anytime. A revised NOPP may be obtained by forwarding a written request to The Center for Cholesterol Management at the address above.

With my consent, The Center for Cholesterol Management may call my home, office, and/or other locations and leave a message on voicemail, answering machine and/or directly reference me and/or any items that assist The Center for Cholesterol Management in carrying out TPO, such as appointment reminders, insurance items, lab reports, hospital reports, etc. I agree that any such call or message pertaining to my clinical care, including laboratory results may reference me personally by name.

With my consent The Center for Cholesterol Management may mail to my home and/or other locations, items that assist The Center for Cholesterol Management to carry out TPO, such as appointment reminder cards, practice marketing brochures, patient statements, etc., as long as they are marked personal and/or confidential.

With my consent, The Center for Cholesterol Management may e-mail to my home and/or other locations as per the patient data sheet. I have the right to request that The Center for Cholesterol Management restrict how it uses or discloses my PHI to carry out TPO. However, The Center for Cholesterol Management is not required to agree to my requested restrictions, but if it does, it is bound by this agreement.

By signing this form, I am consenting to the aforementioned uses as well as The Center for Cholesterol Management's use and disclosure of my PHI to carry out TPO. I have received a copy of The Center for Cholesterol Management's Privacy Practices Policy (NOPP). I may revoke my consent in writing except to the extent that The Center for Cholesterol Management has already made disclosures in reliance upon my prior consent.

If I do not sign this consent, the Center for Cholesterol Management may decline to provide treatment to me.

Signature of patient or legal guardian:

Date:

Patient's Name:

Witness:

## PRIVACY OF MEDICAL RECORDS

Our physicians and staff are fully and acutely aware of the potentially sensitive nature of the information contained in your medical record. Therefore, we ask that you provide us below with a list of those individuals or parties whom you intend to have access to such information in your medical records, and those whom you do not. Unless you request otherwise, it is our policy to share such information with the following individuals or parties.

1. Your next of kin, usually identified as the emergency contact and/or the person(s) who accompanies you during your office visit(s), spouse, child(ren), and/or parent(s)
2. Your medical insurance carrier and its agents;
3. Your referring physician and his/her staff;
4. The physicians and professionals to whom we make referrals, including the pathologist, radiologist, and anesthesiologist, and their staff.

We CANNOT bill your insurance company and/or collect any money from them on your behalf unless we have your permission to disclose such information to them. Also, the quality of your medical care might be compromised if our physicians do not have your permission to consider your case fully and frankly with other physicians and professionals who are involved in your medical care.

Please acknowledge below that you permit the foregoing individuals or parties to have access to the information contained in your medical records by signing below, and list additional individuals or parties that you permit access to such information.

**THE FOLLOWING IS A LIST OF ADDITIONAL INDIVIDUALS OR PARTIES WHO HAVE MY PERMISSION TO ACCESS THE INFORMATION CONTAINED IN MY MEDICAL RECORD (IF THERE ARE NONE, WRITE IN "NONE"):**

Your signature (required):



Date: 4-21-2010

Please acknowledge below any individuals or parties that you DO NOT authorize access to the information contained in your medical record by signing below.

**THE FOLLOWING IS A LIST OF INDIVIDUALS OR PARTIES WHO DO NOT HAVE MY PERMISSION TO ACCESS THE INFORMATION CONTAINED IN MY MEDICAL RECORD (IF THERE ARE NONE, WRITE IN "NONE"):**

Your signature (required):



Date: 4-21-2010



**THE CENTER FOR CHOLESTEROL MANAGEMENT**  
A Medical Corporation

**BILLING POLICY**

We would like to prevent any misunderstanding about our billing financial policies. Please let the office administration know if you would like to discuss any of the following policies in more detail.

If you belong to an HMO, or any other restricted insurance plan, you MUST let us know before you are treated. Some of these plans limit your choice of doctor or hospital, and some exclude particular medical conditions. If you need surgery, we will try to select the hospital and doctors from your plan, although this might not always be possible or practical, particularly with the pathologist and the radiologist. Please provide our business office with all of your insurance information before you are treated, and we will help you fulfill the terms of your policy so that you can obtain maximum and timely reimbursement.

We will send you monthly statements until your insurance company has paid, regardless of our provider status. This allows you to verify that your insurance company was billed correctly, and to see how long they take to pay. If you have more than one insurance policy and the benefits are not coordinated, each company will determine benefits separately. In this situation, it might happen that we have different agreements with different companies. We will then collect benefits from each company and reimburse you any amount above billed charges.

Starting January 2001, you will also need to complete a separate form, "Privacy of Medical Records," so that we have a clear understanding of those individuals and parties whom you intend to have access to information contained in your medical record, and those whom you do not.

We accept Visa, MasterCard, and Diner's. There is a \$25 charge for all checks returned by the bank. If you would like us to bill your insurance company on your behalf, please complete the Assignment of Benefits sections below. Please sign below once you have had a chance to review our billing policies.

**I AUTHORIZE MICHAEL RICHMAN M.D., AND STAFF TO PROVIDE ME WITH REASONABLE AND PROPER MEDICAL CARE.  
I UNDERSTAND THAT I WILL HAVE AN OPPORTUNITY TO ASK QUESTIONS AND TO HAVE MY QUESTIONS ANSWERED, BEFORE I DECIDE TO PROCEED.**

Your signature (required):

Date: 4-21-2010





**Blue Shield of California**  
Life & Health Insurance Company  
An Independent Member of the Blue Shield Association

**ACTIVE START PLAN 35**

**subscriber: MAOR ABOTBOL**

**id#: XH03272123 group#: AB01B9**

**customer service**

**plan code: 542**

**(888) 852-5345**

**rx: Yes**

**effective: 06/01/06**

**blueplan.com**

Pharmacists: Please call (800) 989-9338  
for prescription processing information.



In case of emergency, call 911 or seek appropriate emergency care.

**Additional Blue Shield Customer Service Numbers:**

Hospital Pre-admission and Pre-service review: (800) 243-1691

To locate providers outside of California: (800) 810-2583

To locate providers outside of United States: (800) 810-2583

(call before traveling)

Local Health Providers in California: (877) 214-2928

Local Health Providers outside of California: (800) 810-2583

Health Plans: call (866) 543-3728

Call (866) 216-9926

Providers: Please file all claims with your local Blue Cross Blue Shield

licensee in whose service area the member received services or when

Medicare is primary, file all Medicare Claims with Medicare.

**CALIFORNIA**

**DRIVER LICENSE**

EXPIRES 09-23-10 **D4691871** CLASS: C

MAOR ABOTBOL  
1399 9TH AVE APT 612  
SAN DIEGO CA 92101

SEX: M HAIR: BLK  
HT: 5-07 WT: 165 DOB: 09-23-84

*[Signature]*

09/16/2009 506 34 FD/10