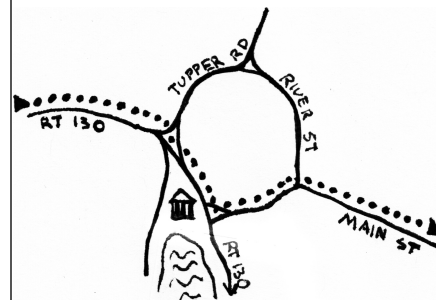


Day 2 - Page 1

In	Direction	Mile
-	Exit Shawme-Cromwell State Forest, onto Main St/Route 130. Turn right out of the campground, heading east.	0.0
1.2	At the three-way intersection, continue on Main St (the middle road) into the center of town. You'll pass Sandwich Town Hall on your right, and then the road will fork. Turn left at the fork to continue on Main St.	1.2
0.7	Turn right at the stop sign to join Route 6A/Old King's Highway.	1.9
16.9	Slight right on Setucket Rd	18.8
1.1	Slight right on Mayfair Rd	19.9
1.4	Turn right on Old Bass River Rd	21.3
0.6	Cross the bridge over Route 6	21.9
0.5	Turn left onto the bike path. Use the bicycle bridge to cross Route 134, and enter the parking lot for the Cape Cod Rail Trail.	22.4
0.5	Start on the Cape Cod Rail Trail	22.9
22.0	Rail Trail ends. Turn right on Lecount Hollow Rd	44.9

Downtown Sandwich: 1.2



The Optimist Cafe: 16.1

**The Cape Cod Rail Trail &
Barb's Bike Shop: 22.6**

The Optimist Cafe

Mile 16.1

134 MA-6A,
Yarmouth Port
On your left, 14 miles
after joining 6A.

Very cute brunch spot
that's a convenient
distance from camp. Can
accommodate groups,
call ahead.

The Cape Cod Rail Trail (CCRT)

Miles 22.6-44.9

Barb's Bike Shop is where we like to meet before starting on the trail. Turn right on the sand path in the CCRT parking lot to reach Barb's. Good shop for a tune-up or to grab supplies. Barb's usually has a porta-potty out front, or will let you use their bathroom if you buy something.

You'll find restaurants, bike shops, and other services along the trail.

27.7: Local Flavor, Pleasant Lake. Sandwiches and snacks.

31: Brewster. Several restaurants.

33.3: Nickerson State Park. Public bathrooms.

35.8: Orleans. Several restaurants. Hot Chocolate Sparrow for ice cream and coffee.

39.8: Arnold's, Eastham. Seafood and generous frozen cocktails.

44.9: Trail ends in Wellfleet. PB Boulangerie and Bistro at the trailhead.

In	Direction	Mile
0.6	Turn left on Ocean View Dr	45.5
1.9	Turn left onto Long Pond Rd	47.4
2.0	Cross the bridge over Route 6	49.4
0.2	Turn right onto Main St	49.6
0.6	After passing the library on your left, turn right onto West Main St	50.2
0.3	At the fork, slight right onto Pole Dike Rd	50.5
0.7	Keep left to continue onto Bound Brook Island Rd	51.2
0.8	Keep right to continue on Bound Brook Island Rd (don't follow the sign for the Atwood Higgins House)	52.0
0.4	Take a sharp left at the triangle onto Old County Rd	52.4
3.0	At the triangle, continue straight onto Depot Rd	55.4
0.6	At the stop sign, turn left onto Truro Center Rd.	56.0
0.1	Pass the shopping center, and then keep left at the fork onto Castle Rd.	56.1
1.3	Keep right at the triangle to continue on Castle Rd	57.4
0.7	Cross Route 6 and turn left to join the Route 6 eastbound bike lane	58.1
1.1	Turn left onto Route 6A	59.2
5.5	Bear left onto Commercial St	64.7
1.3	Ride ends in the center of Provincetown at MacMillan Pier	66.0

Whitecrest Beach: 46.5

This part of the route follows US Bike Route 1. You'll find services in Wellfleet (50), Truro Center (56) and North Truro (60). You can also ride on Route 6 from here, which is more direct, but much less pretty.

Use caution crossing Route 6 here, and where you turn on 6A. Be prepared to dismount and wait.

Wow! You're in **Provincetown!**

Wellfleet Beaches

Starting mile 46.5

On Ocean View Drive, you'll pass several Wellfleet town beaches on your right.

All of these beaches are great, and bikes park for free. Our favorite is Cahoon Hollow beach, the last one, which features its own bar called the Beachcomber. Public bathrooms and changing rooms can be found opposite Whitecrest Beach.

Provincetown

Mile 66

Congratulations, you made it! Our favorite rendezvous points are Old Colony Tap (323 Commercial Street) and the Governor Bradford restaurant (312 Commercial Street). There's plenty to see, do, and eat in Provincetown, so enjoy it.

If you're staying at Dune's Edge, it is off Route 6. From the pier, continue straight. Turn right on Bradford St, then left on Conwell St. Cross Route 6 and turn right. Dune's Edge will be on your left.

