

## Hobbies & Enjoyable Things to Do

### Crafts

- Scrapbooking
- Lettering
- Beading
- Rug hooking
- Crocheting, knitting
- Sewing
- Quilting
- Building models
- Weaving, spinning, dyeing yarn
- Coloring
- Zentangle
- Making holiday wreaths
- Making things out of recycled/reusable materials
- Making cards
- Ceramics
- Candle making
- Soap making
- Making herbal salves

### Cooking and baking

- Smoking meat and fish
- Baking artisan bread
- Trying every recipe in a cookbook
- Canning, making jam (especially things grown in my own garden)
- Barbequing
- Taking cooking classes

### Writing

- Journaling
- Writing poetry
- Writing short stories

## Outdoors

- Hiking
- Nature walks
- Bird watching
- Gardening
- Fishing
- Camping
- Boating
- Going to the beach
  - Walking on the beach
  - Collecting seashells or sea glass

## Physical Activity

- Cycling
- Swimming
- Ballroom dancing
- Running/walking 5K or 10K
- Zumba
- Yoga
- Bowling
- Badminton
- Golfing
- Skiing
- Rollerblading
- Lifting weights

## Games

- Jigsaw puzzles
- Video games
- Board games
  - Dungeons and Dragons
  - Chess
- Playing cards
- Sudoku
- Crossword puzzles
- Pokemon Go
- Legos

- RC cars
- Billiards
- Scrabble

## Music

- Listening to music
- Going to concerts
- Playing guitar, piano, harmonica
- Learning a new instrument
- Singing
  - Singing in the church choir
  - Singing in a barbershop quartet
  - Singing in a community chorus

## Reading

- Book club (online or in-person)

## Art

- Painting
- Photography

## Collecting

- Stamp collecting
- Coin collecting
- Going to yard sales

## Pets & Animals

- Walking my dog
- Taking my dog to the dog park
- Horse-back riding
- Raising Monarch butterflies
- Helping at a dog rescue (bathing, training, transporting the dogs)
- Keeping an aquarium

## Personal Growth

- Bible study group
- Support groups
- Listening to podcasts
- Learning about energy medicine and spirituality
- Meditating
- Reading inspirational blogs
- Attending talks given by my favorite authors or motivational speakers

## Building/Fixing

- Fixing things around the house
- Fixing old computers
- Woodworking

## Other

- Growing African violets
- Wine tasting, visiting wineries
- Learning a foreign language
- Community theater
- Car club
- Brewing beer
- De-cluttering and organizing
- Civil war re-enactment
- Going to museums
- Traveling
  - Road trips
- Thrift shop shopping
- HAM radio
- Going to the shooting range
- Going to movies, plays, sporting events
- Sending homemade greeting cards
- Volunteering
- Going out to eat, trying new restaurants
- Visiting with friends
- Planning/hosting parties
- Genealogy