

## MODULE 1.5.1: BIOWAIVER JUSTIFICATION REPORT

**Product:** Poly-Zinc-Liothyronine (PZL) 25 µg Sustained-Release Depot

**Submission Type:** Category 1 (New Dosage Form)

**Reference Product:** Cytomel® (Liothyronine Sodium) 25 µg Tablets

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### 1. REQUEST FOR WAIVER

In accordance with **EMA Guideline CPMP/EWP/QWP/1401/98** and **TGA ARGPM Guidance**, the Sponsor (Georgios Sopasis) requests a waiver of the requirement for a full Phase III clinical efficacy study for the proposed Poly-Zinc-Liothyronine (PZL) depot.

The request is based on a **Pharmacokinetic (PK) Bridge Study** and a comprehensive **Scientific Justification** regarding the endogenous nature of the active moiety and the predictable release kinetics of the metal-coordinated matrix.

### 2. SCIENTIFIC JUSTIFICATION

#### 2.1 Endogenous Nature of the Active Moiety

The active pharmaceutical ingredient (API) is Liothyronine (T<sub>3</sub>), a naturally occurring endogenous hormone. The safety and efficacy profile of Liothyronine is extensively documented in international clinical practice guidelines (e.g., ATA/ETA). As the PZL complex releases chemically identical T<sub>3</sub> into the systemic circulation, the biological target and secondary pharmacodynamic effects remain unchanged from the reference product.

#### 2.2 Ligand Exchange Kinetics (Mechanism of Release)

Unlike traditional polymer-based controlled-release systems, which may suffer from erratic "bulk erosion," PZL utilises a **Metal-Ligand Coordination** mechanism.

- The T<sub>3</sub> is released via a **zero-order ligand exchange** process governed by the displacement of T<sub>3</sub> molecules by water or physiological ions.
- Inorganic characterisation (FTIR/PXRD) confirms a 1:1 molar ratio, ensuring a predictable and reproducible release rate that mimics physiological thyroid secretion.

#### 2.3 Pharmacokinetic Bridging Strategy

The Sponsor has conducted an open-label, randomised PK bridge study (Study PZL-001) comparing the PZL depot to the daily oral reference product.

- **Bioequivalence Criteria:** The total systemic exposure (AUC<sub>0-t</sub>) of the PZL depot over a 30-day period was found to be within the 80.00% – 125.00% acceptance range relative to the cumulative AUC of 30 daily oral doses.

- **Safety Margin:** The suppressed  $C_{max}$  of the PZL depot (30% lower than oral) provides an additional safety margin regarding cardiotoxicity.

### 3. REGULATORY COMPLIANCE (ICH Q3D)

The zinc utilised in the coordination complex (approx. 2.5 mg per dose) is significantly below the **Permitted Daily Exposure (PDE)** for the oral/subcutaneous route as per **ICH Q3D (R2)**. Therefore, the matrix itself introduces no new toxicological concerns.

### 4. CONCLUSION

The evidence provided demonstrates that Poly-Zinc-Liothyronine is therapeutically equivalent to the reference product while offering a superior safety profile through the avoidance of serum peaks. Based on the **biochemical equivalence** and the **validated PK bridge**, the requirement for additional Phase III clinical trials is considered redundant.