Lectionary for The Ladder of Divine Ascent

Here is a breakdown of the thirty chapters of *The Ladder of Divine Ascent* by St. John Climacus. It is suitable for reading at the appointed place at the Hours each weekday during Great Lent. Alternatively, as part of your personal Lenten discipline, use the first reading as part of your morning prayer rule, the second reading during your lunch hour, and the third reading as part of your evening prayer rule before bed.

| <u>Week</u> | <u>Day</u> | Third Hour | Sixth Hour | Ninth Hour |
|-------------|------------|------------|------------|------------|
| First | Monday | 1:1-7 | 1:8-18 | 1:19-27 |
| | Tuesday | 2 | 3:1-15 | 3:16-29 |
| | Wednesday | 4:1-10 | 4:11-15 | 4:16-22 |
| | Thursday | 4:23-26 | 4:27-30 | 4:31-34 |
| | Friday | 4:35-41 | 4:42-57 | 4:58-71 |
| Second | Monday | 4:72-91 | 4:92-109 | 4:110-112 |
| | Tuesday | 4:113-126 | 5:1-12 | 5:13-18 |
| | Wednesday | 5:19-23 | 5:24-28 | 5:29-42 |
| | Thursday | 6 | 7:1-16 | 7:17-31 |
| | Friday | 7:32-47 | 7:48-56 | 7:57-70 |
| Third | Monday | 8:1-18 | 8:19-29 | 9 |
| | Tuesday | 10 | 11 | 12 |
| | Wednesday | 13 | 14:1-23 | 14:24-36 |
| | Thursday | 15:1-16 | 15:17-29 | 15:30-41 |
| | Friday | 15:42-55 | 15:56-65 | 15:66-75 |
| Fourth | Monday | 15:76-81 | 15:82-90 | 16 |
| | Tuesday | 17 | 18 | 19 |
| | Wednesday | 20 | 21 | 22:1-28 |
| | Thursday | 22:29-46 | 23:1-18 | 23:19-37 |
| | Friday | 23:38-52 | 24:1-19 | 24:20-34 |
| Fifth | Monday | 25:1-9 | 25:10-29 | 25:30-51 |
| | Tuesday | 25:52-69 | 26:1-16 | 26:17-27 |
| | Wednesday | 26:28-50 | 26:51-69 | 26:70-88 |
| | Thursday | 26:89-109 | 26:110-123 | 26:124-139 |
| | Friday | 26:140-153 | 26:154-170 | 26:171-189 |
| Sixth | Monday | 26a:1-37 | 26a:38-65 | 27:1-16 |
| | Tuesday | 27:17-28 | 27:29-40 | 27:41-56 |
| | Wednesday | 27:57-70 | 27:71-87 | 28:1-16 |
| | Thursday | 28:17-29 | 28:30-50 | 28:51-64 |
| | Friday | 29 | 30:1-19 | 30:20-end |