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Cerebrospinal fluid pulsation amplitude and its quantitative relationship to cerebral blood flow pulsations: a phase-contrast MR flow imaging study

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Abstract Our purpose in this investigation was to explain the heterogeneity in the cerebrospinal fluid (CSF) flow pulsation amplitudes. To this end, we determined the contributions of the cerebral arterial and jugular venous flow pulsations to the amplitude of the CSF pulsation. We examined 21 healthy subjects by cine phase-contrast MRI at the C2–3 disc level to demonstrate the CSF and vascular flows as waveforms. Multiple regression analysis was performed to calculate the contributions of (a) the arterial and venous waveform amplitudes and (b) the delay between the maximum systolic slopes of the arterial and venous waveforms (AV delay), in order to predict the amplitude of the CSF waveform. The contribution of the arterial waveform amplitude was positive ($r = 0.61$; $p = 0.003$) to

the CSF waveform amplitude and that of the venous waveform amplitude was negative ($r = -0.50$; $p = 0.006$). Both in combination accounted for 56 % of the variance in predicting the CSF waveform amplitude ($p < 0.0006$). The contribution of AV delay was not significant. The results show that the variance in the CSF flow pulsation amplitudes can be explained by concurrent evaluation of the CSF and vascular flows. Improvement in the techniques, and controlled experiments, may allow use of CSF flow pulsation amplitudes for clinical applications in the non-invasive assessment of intracranial dynamics by MRI.

Key words Magnetic resonance imaging · Cerebrospinal fluid dynamics · Cerebral blood flow · Physiology

Introduction

Cardiac cycle-related cerebral blood volume variations produce bi-directional oscillatory movement of cerebrospinal fluid (CSF) within the craniospinal axis [1–15]. During systole, net inflow of blood increases the intracranial volume and induces cranio-caudal (systolic) CSF flow. During diastole, net outflow of blood decreases the intracranial volume and promotes caudocranial (diastolic) CSF flow. Phase-contrast MRI noninvasively displays this pulsatory CSF motion and allows assessment of its amplitude [3–15]. Nevertheless, the clinical utility of the CSF flow amplitude analysis has remained limited due to a wide variation in normal subjects [12, 15].

It has been proposed that the amplitude of the CSF pulsation depends on the amounts of the cerebral arterial inflow and venous outflow and on the temporal delay between the two flows [16, 17]. Although phase-contrast MRI has been used to demonstrate the temporal relationship between the CSF and the vascular flow pulsations [5, 8, 10–12, 14], to our knowledge, the quantitative relationship between the CSF pulsation amplitudes and the vascular flow pulsations has not been examined. We sought to show in healthy subjects, the CSF as well as the cerebral arterial and jugular venous flow pulsations as waveforms by phase-contrast MRI, and to assess the contributions of the vascular waveform amplitudes to the CSF waveform amplitudes. The contri-

bution of the temporal delay measured between the maximum systolic slopes of the arterial and venous waveforms to the CSF waveform amplitude was also determined [14]. For the arterial waveform the maximum systolic slope represents maximum rate of change (acceleration) in the cranial flow, and for the venous waveform it represents maximum rate of change in the caudal flow. Therefore, the arteriovenous (AV) delay measured between these points in the cardiac cycle is likely to reflect a time during which maximal systolic expansion is taking place in the cerebral blood volume.

Methods

The CSF and vascular flows at the C2–3 disc level were examined in 21 healthy subjects by cine phase-contrast MRI on a 1.5-T unit. There were 11 women and 10 men aged 24–45 years (mean: 34 years). The arterial blood pressures measured prior to the experiments were normal in all subjects.

A commercially available retrospectively cardiac-gated cine phase-contrast (cine PC) sequence was used [12, 14]. Modification of the post-processing algorithm allowed reconstruction of true phase images with pixel value reading in units of 0.1 mm/s [14, 18]. A repetition time of 50 ms was used throughout the study, providing a temporal resolution of approximately 100 ms [9, 14, 15, 18]. In order to obtain optimal temporal information in subjects with different heart rates, the number of radiofrequency pulses (reconstructed images) were varied between 16 and 24 (a higher number of images were reconstructed for subjects with slow heart rate). Peripheral pulse triggering was used for the detection of the R-wave of the ECG.

The following flow studies were performed at the C2–3 disc level in each subject after obtaining a sagittal T1-weighted localizer (500/20; TR/TE):

1. Axial CSF flow study of the cervical subarachnoid spaces.
2. Axial vascular flow study of the internal carotid and vertebral arteries, and the internal jugular veins. A localizer gradient-echo sequence was used to ensure that the vessels were perpendicular to the scan plane.

The technical factors for the flow experiments were: (1) CSF flow study: 50/15/2 (repetition time/echo time/excitations), 15 deg flip angle, 18 cm field of view, and velocity encoding (Venc) 5–7 cm/s; and (2) vascular flow study: 50/10/1, 30 deg flip angle, 20 cm field of view, and Venc 60–80 cm/s. In addition, a 256 × 192 matrix and 3 mm slice thickness were used. The direction of flow encoding was superior-to-inferior for both studies.

The images were transferred to a SPARC station 10. Computer programs were developed using PV-Wave Advantage software to determine the CSF and vascular waveforms by plotting flow rates on the Y-axis and fractions of the cardiac cycle on the X-axis.

Volume flow rates (in ml per min) were calculated for each image by multiplying the average signal intensity (average velocity) of a defined region of interest (ROI) with its area [12]. The signal intensity values were adjusted for eddy current-induced additive errors by background subtractions [12, 14, 18]. The C2–3 CSF flow area was determined by subtracting the traced area of the spinal cord from that of the thecal sac (Fig. 1a). The arterial flow area was determined by tracing the outlines of the internal carotid

and vertebral arteries, and the venous flow area was determined by tracing the outlines of both internal jugular veins (Fig. 1b). The cerebral arterial flow rate represented the sum of the internal carotid and vertebral arteries. The jugular venous flow rate represented the sum of both internal jugular veins.

The amplitudes of the CSF flow waveforms were defined as the difference between the maximum systolic (craniocaudal) CSF flow rate and the maximum diastolic (caudocranial) CSF flow rate (Fig. 2). The amplitudes of the vascular flow waveforms were defined as the difference between the maximum and the minimum flow rates (Fig. 3).

Slopes were calculated at each time point on the arterial and venous flow waveforms, and were viewed along with the vascular waveforms [14]. The intervals between the R-wave and the maximum systolic slope (R-MSS) on the arterial and venous waveforms were determined (Fig. 3). The AV delay was determined by subtracting the R-wave to the maximum systolic slope interval of the arterial waveform from that of the venous waveform.

The average, range and standard deviation values were determined for the CSF, arterial and venous flow waveform amplitudes, for the R-wave to the maximum systolic slope intervals of the arterial and venous waveforms, and for the AV delays. Stepwise forward multiple regression was used to calculate the contributions of the arterial and venous flow waveform amplitudes and of the AV delay in predicting the CSF flow waveform amplitude.

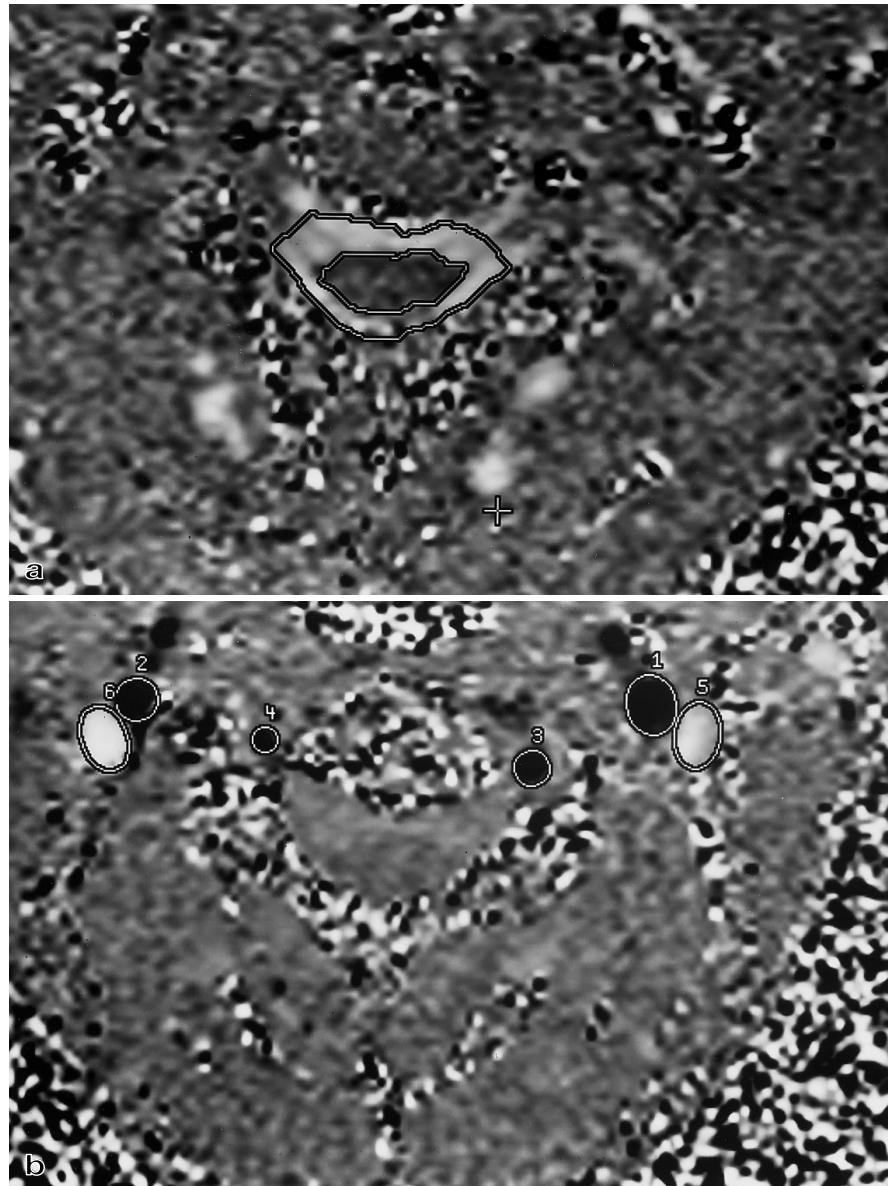
Results

The amplitudes of the CSF and vascular flow waveforms, the R-wave to the maximum systolic slope intervals of the vascular flow waveforms and the durations of the AV delays are indicated in Table 1. Note that the CSF and the vascular waveform amplitudes show considerable variability. The R-wave to the maximal systolic slope interval of the arterial waveform was less variable than that of the jugular venous waveform. Considerable variability was seen in the AV delay data.

Table 2 shows the results of stepwise forward multiple regression. A significant positive correlation was observed between the CSF and arterial waveform amplitudes; subjects with large arterial amplitudes showed large CSF flow waveform amplitudes. A significant negative correlation was observed between the CSF and the jugular venous waveform amplitudes; subjects with large venous waveform amplitudes had small CSF flow waveform amplitudes. The AV delay showed a weak positive correlation with the CSF waveform amplitude which was not significant.

Both the arterial and the venous waveform amplitudes contributed significantly to predicting the CSF waveform amplitudes. Each contributed independently, and in combination they accounted for over 56 % of the variance seen in the CSF waveform amplitude ($p = 0.0006$). The contribution of the AV delay did not significantly add to predicting the CSF flow waveform amplitude, suggesting that this variable's contribution is not independent.

Fig 1 a, b Axial cine phase-contrast studies at the C2–3 disc level. **a** CSF flow study: the outlines of the thecal sac and the spinal cord are traced to obtain the CSF flow area. **b** Vascular flow study: the outlines of the internal carotid and vertebral arteries and both internal jugular veins are traced

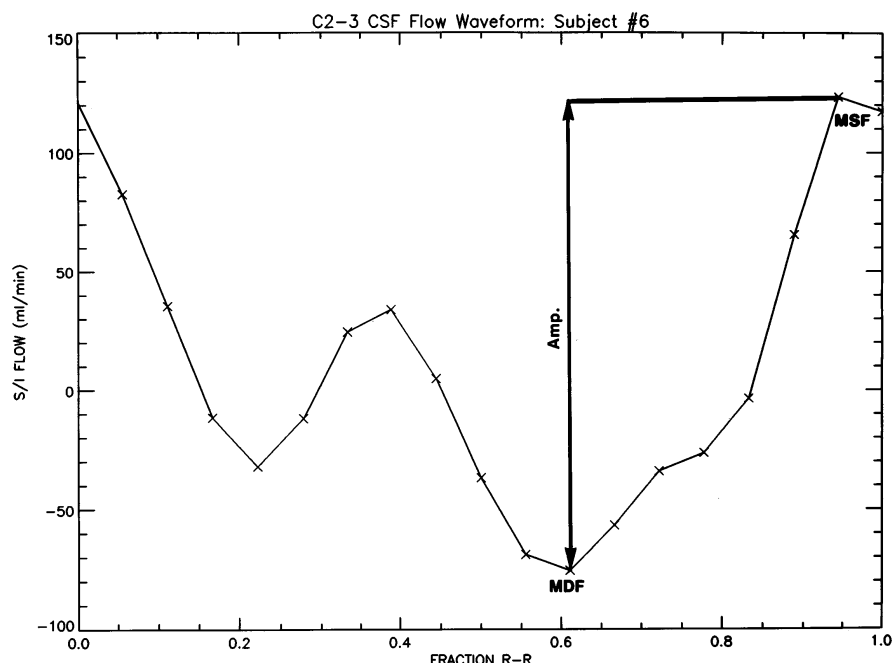


Discussion

The Monro-Kellie doctrine assumes that the volume of the contents of the cranial cavity, consisting of brain, blood and CSF, remains constant [8, 19, 20]. Accordingly, any increase or decrease in the volume of one of these components necessitate a reciprocal change in the volume of the remaining components. Both blood and CSF can rapidly flow in and out of the cranial cavity, and therefore provide swift compensation for alterations in the intracranial volume associated with the cardiac cycle [21]. Net inflow of arterial blood during cardiac systole increases the intracranial volume and is compensated by immediate venous egress and systolic (craniocaudal)

CSF displacement to the spinal canal [2, 11–14]. Net outflow of blood during diastole decreases the intracranial volume and promotes the diastolic (caudocranial) CSF displacement from the spinal canal into the cranium [13, 18]. Thus, a larger systolic inflow of blood exerts a greater burden on this compensatory mechanism and requires both increased venous egress and systolic CSF displacement as compared to a smaller systolic inflow of blood. If the venous egress can effectively increase, to handle this extra volume of arterial inflow, only a small increase in the systolic CSF displacement may result. However, if a rapid increase in the venous egress does not ensue, a large systolic CSF displacement may occur [21]. The positive relationship between the

Fig 2 CSF flow waveform. Fractions of cardiac cycle on X-axis and flow rates in ml/min on Y-axis. Positive deflections represent systolic (craniocaudal) CSF flow and negative deflections represent diastolic (caudocranial) CSF flow. The waveform amplitude was measured from the maximum systolic (MSF) to the maximum diastolic (MDF) CSF flow



arterial and the CSF waveform amplitudes and the negative relationship between the venous and the CSF waveform amplitudes observed in this study support these assumptions. Furthermore, the multiple regression analysis reveals that the cerebral arterial and the jugular venous pulsation amplitudes contribute independently to the CSF pulsation amplitudes and explain a significant proportion of the variance.

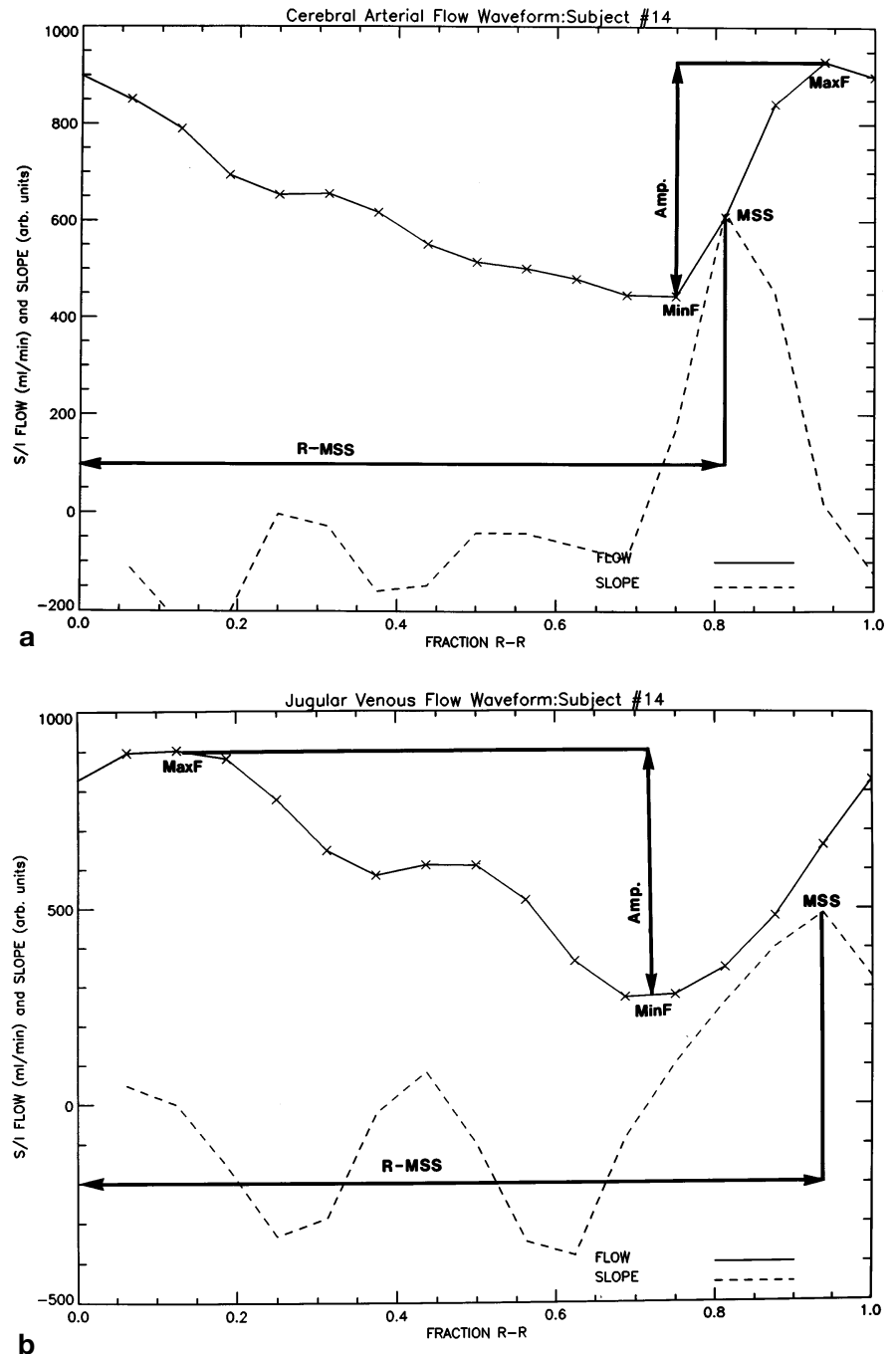
The AV delay measured between the maximum systolic slopes of the arterial and venous waveforms did not contribute significantly to predicting the CSF waveform amplitude. The AV delay represents a period during which maximum inflow of the arterial blood has occurred but the maximum outflow of the venous outflow has not yet begun, and it is therefore likely to reflect an interval during which the largest expansion in the cerebral blood volume is taking place. Thus, a shorter AV delay may allow a smaller systolic brain expansion than a longer AV delay, and is likely to be associated with a small CSF flow pulsation amplitude [16]. We believe that the weak correlation observed between the AV delay and the CSF flow pulsation amplitudes may confirm this previously suggested hypothesis. Possibly, the coarse temporal resolution of our study limited our ability to estimate the relationship between these two variables. The failure of AV delay to add significantly to the multiple regression analysis model in predicting the CSF pulsation amplitudes indicate that this variable's contribution is not independent. Indeed, we observed a relationship between the length of the AV delay and the venous waveform amplitudes: a short AV delay was usually associated with a large venous amplitude. It is therefore conceivable that

AV delay did not add to the contribution made by the venous amplitudes to the CSF amplitudes.

The data presented here support the notion that the forward transmission of the arterial pulsations through the extra- and intracranial arteries and the cerebral arterioles, and the backward transmission of the right atrial pulsations through the internal jugular, intracranial bridging and cortical veins, combine to generate a composite CSF pressure pulse [22–24]. The results further elaborate that with MR flow imaging methods it is feasible to quantitate the individual contributions of the arterial and venous pulsations to the CSF pulsations. Although we measured flow pulsations instead of pressure pulsations, similarities between the CSF pressure and flow waveforms, and the observations that the jugular venous flow waveforms appear to reflect right atrial pressure changes, indicate that the same physiological phenomenon can be observed by the analysis of the CSF and vascular flow pulsations [14].

The wide variation observed in the jugular venous flow pulsation amplitudes among healthy subjects in this study indicates that under normal conditions, the venous influence on the CSF pulsation may vary. These observations seem to have clinical relevance in light of the prior experimental evidence which suggests that the increased arterial and diminished venous contributions to the CSF pulsations correlate with an elevated level of intracranial pressure and increased CSF pulse pressure [17, 22, 25–28]. These experimental studies have shown that when the intracranial pressure is elevated by intraventricular infusion of saline, similarity between the arterial and the CSF pressure waveforms increases but

Fig 3a, b Cerebral arterial and jugular venous flow waveforms. Fractions of cardiac cycle on X-axis and flow rates in ml/min on Y-axis. The *continuous line* represents flow and the *dotted line* slope. The arterial waveform **(a)** represents combined flow in the internal carotid and vertebral arteries, the venous waveform **(b)** combined flow in both internal jugular veins. The positive deflections in **a** indicate caudocranial arterial flow and those in **b** craniocaudal venous flow. Vascular waveform amplitudes were measured from maximum (MaxF) to minimum flow (MinF). Arteriovenous (AV) delay was measured by subtracting the R-wave to the maximum systolic slope (R-MSS) interval of the arterial waveform from that of the venous waveforms



that between the CSF and the venous pulse decreases [22, 25, 28]. This is because of a decrease in the impedance on the arterial side and an increase in the impedance on the venous side of the capillary bed [17, 25, 26, 28]. We observed an increase in the CSF flow pulsation amplitude and rounding of its contour (diminished venous contribution) in normal subjects when the venous outflow impedance was increased by jugular venous compression, a maneuver also known to increase the

intracranial pressure (unpublished data). Whether the differences in the venous contributions to the CSF flow waveform amplitude indicate that these subjects have different levels of intracranial pressure is a matter which needs further investigation. Since quiet respiration is not likely to affect the flow information by cardiac-gated phase-contrast imaging, and as all of our subjects were breathing quietly [5, 12], it is unlikely that respiratory effects introduced the observed dissimilarities in

Table 1 CSF and vascular waveform amplitudes, R-wave to maximum systolic slope (R-MSS) intervals, and AV delays

	Amplitudes ^a			R-MSS ^b		AV delay ^{b,c}
	CSF	Arterial	Venous	Arterial	Venous	
Range	95–468	340–860	100–1100	0.82–0.92	0.78–1.16	–0.06–0.27
Average	250.2	529.7	518.7	0.87	0.92	0.05
SD	78.1	144.4	297	0.03	0.08	0.07

^a ml/min^b Fractions of cardiac cycle (temporal values greater than 1 are due to periodicity of the waveforms)^c The AV delay is the time between R-MSS of arterial and venous waveforms (negative values indicate that venous R-MSS is shorter than arterial R-MSS)**Table 2** Stepwise forward multiple regression between the dependent variable CSF waveform amplitude and independent variables vascular waveform amplitude and AV delay (Multiple $r = 0.79$, multiple $r^2 = 0.63$, adjusted $r^2 = 0.56$; $n = 21$; $F(3,17) = 9.5$; significance of model: $p = 0.0006$)

Independent variable	Simple r	Multiple R	Multiple R-square	R-square change	F	P
Arterial amplitude	0.61	0.61	0.37	0.37	11.2	0.003
Venous amplitude	–0.5	0.77	0.59	0.22	9.7	0.006
AV delay	0.31	0.79	0.63	0.04	1.6	NS (0.15)

the venous waveform amplitudes and its relationship to the CSF waveform amplitudes.

The cardiac cycle-related pulsatile displacement of the brain can also potentially contribute to the intracranial volume compensation achieved by the CSF and vascular displacements [8–10, 15]. We believe that in normal subjects, the inferior displacement of the cervicomedullary region at the foramen magnum may make a very small contribution to the volume compensation achieved by the venous egress and the CSF displacement. Also, an additional sequence with lower velocity encodings than used in this study may have been required to accurately estimate the brain motion [15]. Nevertheless, brain motion may contribute significantly towards compensation of cerebral blood volume variations when an obstruction exists in the CSF pathways. This has been observed in patients with the Chiari I malformation in whom increased cardiac cycle-related brainstem and tonsillar motion have been observed by myelography, intraoperative ultrasound and MRI [29–31].

The quantitative relationship observed between the CSF and the vascular flow pulsations in this study can be further improved by normalizing the waveform amplitudes for the volume of the cranial compartment and by using fast imaging methods with better temporal resolution [32–36]. Although the results have allowed physiological inferences regarding the intracranial dynamics to be made, further studies are required before the clinical applications are contemplated. In this study, we have examined the contributions of the vascular factors to the CSF flow pulsation amplitudes. To ascertain the contributions of the nonvascular determinants of the CSF pulsation amplitudes such as intracranial compliance and the CSF outflow resistance, controlled experimental studies are required [22, 37–40].

Improvement in techniques, and such experiments, may allow use of CSF flow pulsation amplitudes for clinical applications in the non-invasive assessment of cranial dynamics by MRI.

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