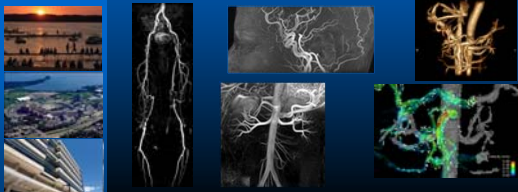



MR Angiography

Oliver Wieben, Ph.D.
Depts. of Medical Physics & Radiology
University of Wisconsin – Madison
owieben@wisc.edu






Outline


NCE MRA Acquisition Methods

- Time-of-Flight (TOF)
 - MRA
 - Flow-prepared spin labeling
- Phase Contrast (PC)
 - MRA
 - Hemodynamics
- Fast Spin Echo (FSE)
- Black Blood MRA

Contrast Enhanced MRA

- Static Acquisition
- Dynamic Acquisition





(MR) Angiography Wishlist

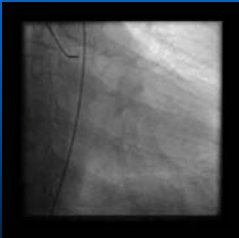
High contrast vessel vs background
(Dynamic) Volumetric Acquisition

Motion Robustness


- Respiratory Motion
- Cardiac Pulsatility
- Patient motion

Rapid Imaging

Quantitative Velocity / Flow Measures

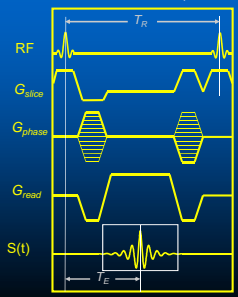


Digital Subtraction Angiography
2D projection
1024x1024 matrix, 30 frames per second
realtime



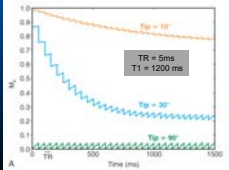
TOF – Gradient Echo


2D SPGR – Pulse sequence



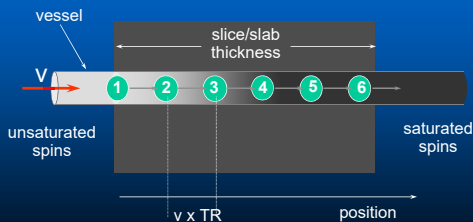
TOF – Contrast Mechanism


Spoiled Gradient Echo
Gradient Spoiling
RF spoiling
2D multislice or 3D acquisition
Signal in steady state
 $\sim f(T_1, \text{flip}, TR)$
Short TR (< 10 ms)
Signal for moving spins
Inflow effect



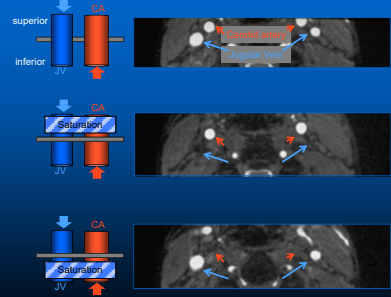


Signal strength in TOF





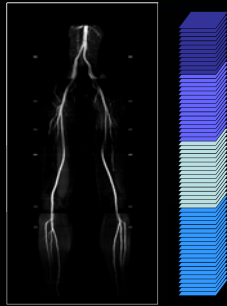
TOF with Spatial Saturation



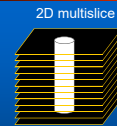
Peripheral MRA with 2D TOF

2D TOF at 1.5T

Multistation exam
up to 4 slabs
Magnetization transfer, fat saturation
ECG gated, 32 views per segment
TR/TE: 12.7/1.5 ms
Flip angle = 70 deg
FOV: 300 (360) x 150 (180) mm²
Matrix: 256 x 192
Slice thickness: 3.0 mm
Slices per slab: ~140-170
Acquired resolution:
1.2 x 1.6 x 3 mm³
Reconstructed resolution
0.6 x 0.6 x 3 mm³

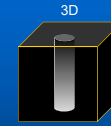


TOF – 2D vs 3D



Advantages
+ High vessel contrast
+ Sensitive to Slow Flow

Disadvantages
– Spin saturation for in-plane flow
– Low SNR for thin 2D slices

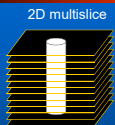


Advantages
+ High SNR
+ Thin slices

Disadvantages
– Spin saturation (decreasing vessel contrast in imaging volume)

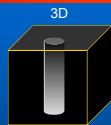


TOF – 2D vs 3D



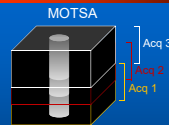
Advantages
+ High vessel contrast
+ Sensitive to Slow Flow

Disadvantages
– Spin saturation for in-plane flow
– Low SNR for thin 2D slices



Advantages
+ High SNR
+ Thin slices

Disadvantages
– Spin saturation (decreasing vessel contrast in imaging volume)

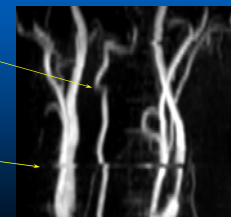


Multiple Overlapping Thin Slab Acquisition
D Parker et al. MRM 17, 1991

2D TOF - Artefacts

In-plane saturation

Motion artefacts (e.g. swallowing)



2D ToF MR Angiography

Advantages:

- High vessel contrast
- Sensitivity to slow flow
- Single acquisition – no subtraction
- Robust, easy to use

Disadvantages:

- Spin Saturation for in-plane flow
- Dephasing in regions of turbulent flow
 - Phase dispersion within voxels
 - Voxel size ~ 0.8x0.8x3.0mm (larger than 3D ToF)
- Low SNR for thin slices

3D ToF MR Angiography

Advantages:

- Spatial resolution (thin slices)
- High SNR
- Single acquisition (relatively short acquisition times, no subtraction)

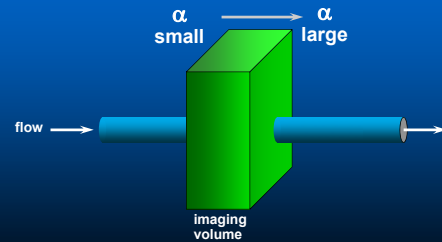
Disadvantages:

- Spin saturation (decreasing vessel contrast in imaging volume)
- T1 sensitivity (incomplete saturation of tissue with short T1)
- Incomplete suppression of signal from background tissues

Reducing Spin Saturation

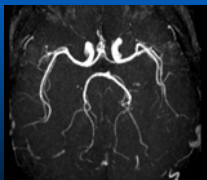
- Spatially varying excitation pulse (TONE)
 - Optimize signal along vessels in imaging volume
- Multiple Slabs (MOTSA)
 - Reduced spin saturation in thin slabs
- Magnetization Transfer Suppression (MTS)
 - Reduces signal of stationary tissues
 - No effect on blood signal

Tilted RF Excitation (TONE)

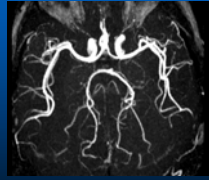


Courtesy of Klaus Scheffler, University Basel

Optimizing ToF MRA

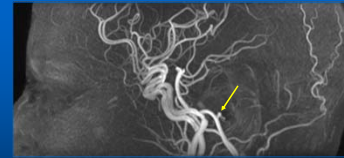


standard



MTS & TONE

Cranial MRA with 3D TOF



Intracranial 3D TOF – 38 y female volunteer

– Incidental finding of 2mm posterior-inferior cerebrellar artery (PICA) aneurysm

Typical Imaging Protocol

– 3 Tesla, magnetization transfer, flow compensation, fat sat

– FOV = 22x16.5 cm;

– TR / TE = 24/2.4 ms; flip angle = 20 deg (ramped);

– Scan time = 8 min

– Acquired:

– imaging matrix = 512x224;

– 3 slabs, 42 slices per slab, 1mm slice thickness

– Reconstructed:

– spatial resolution: 0.5 x 0.5 x 0.5 mm

– 192 slices – 9.6 cm coverage

TOF - Artefacts

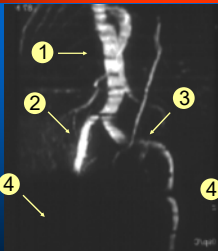
TOF is a standard gradient echo sequence tuned to maximize inflow
Higher flip and long TR
Several overlapping slabs or 2D slices

Assumptions:

Flow is SI or IS

Flow is fast

Arrival time is much less than T1



2D TOF



3D CE-MRA

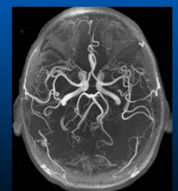
1. Cardiac pulsatility
2. Less sensitive to slow flow
3. In slice saturation
4. Sensitivity to magnetic susceptibility

Prince, Grist, Debatin 'CE-MRA' 1997

Time of Flight - Summary

- Images usually high quality
 - Time of flight is good at detection of aneurysms
 - 96% Sensitivity, ~94% specificity in recent study
- Highly Inflow dependent
- Works well when
 - High inflow
 - Minimal in slice (slab) flow
- Challenging in areas of slow flow
 - Collateral filling
 - Tortuous geometry
 - Slow flow
- Due to above not very effective in many body applications

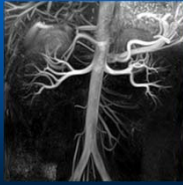
Li et al. 14' Radiology 271(2):
Buis et al. 12' AJNR 33:232
Takhtani et al. 14' Act Rad 10.1177
Kunimatsu et al. 13' MRMS 12(1):53-56



balanced SSFP

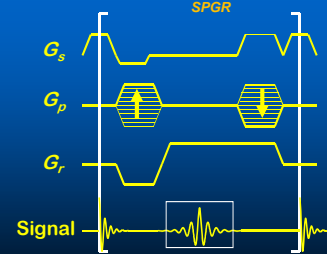
Steady-State Free Precession

GE Healthcare: FIESTA
Siemens: trueFISP
Phillips: bFFE



from SPGR to bSSFP

SPGR

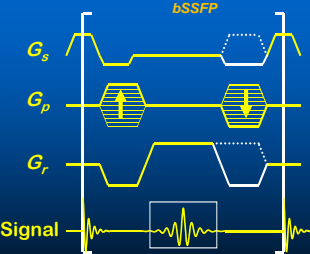


$\int G_x \approx 0$
 $\int G_y = 0$
 $\int G_z \approx 0$

J. Frahm et al., MRM, 1986

from SPGR to bSSFP

bSSFP




$\int G_x = 0$
 $\int G_y = 0$
 $\int G_z = 0$

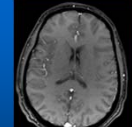
A. Oppelt et al., Electromedica, 1986

SPGR vs. bSSFP: contrast

Spoiled Gradient Echo
T₁ weighted


SPGR, FLASH, FFE, ...

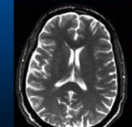




balanced SSFP
T₂/T₁ weighted

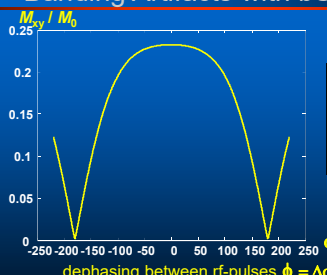
FIESTA, trueFISP, bFFE, ...






Images courtesy of Klaus Scheffler, Max Planck Institut Tuebingen, Germany

Banding Artifacts with bSSFP



dephasing between rf-pulses $\phi = \Delta\omega \times TR$

avoid bandartifacts!
TR < 5 ms (1.5 T)

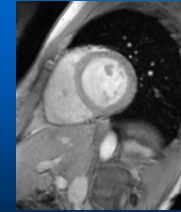


TR = 8 ms

SPGR vs. bSSFP: cardiac cine

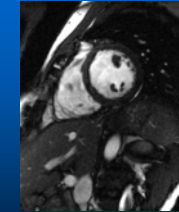
Spoiled Gradient Echo
T₁ weighted

SPGR, FLASH, FFE, ...



balanced SSFP
T₂/T₁ weighted

FIESTA, trueFISP, bFFE, ...



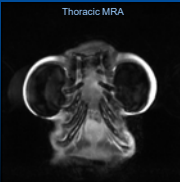
K. Scheffler et al., Eur Radiol, 2003

Native bSSFP MRA


- Rapid imaging
- T2-like image contrast
 - Bright fluid signal
 - Bright blood signal
- High image SNR
- Higher spatial resolution than CE MRA


- Bright lipid signal
- Bright vein signal
- Short TR requirement
 - Susceptibility-induced signal drop-out

Thoracic MRA



Coronary MRA





Images courtesy J Carr, Northwestern University, Chicago, IL

bSSFP MRA of Renal Arteries

Water selective excitation

- K. Coenegrachts et al. *Radiology* 2004: 25 patients
- M. Katch, *MRM* 2005: 8 healthy volunteers
- J. Maki, *AJR* 2007: 40 patients

Spectral Fat Sat

- C. Herborn, *Radiology* 2006: 19 patients
- R. Wyttenbach, *Radiology* 2007: 53 patients

Saturation bands for suppression of venous signal

- K. Coenegrachts et al. *Radiology* 2004: 25 patients
- J. Maki, *AJR* 2007: 40 patients
- R. Wyttenbach, *Radiology* 2007: 53 patients

Slab selective spin inversion

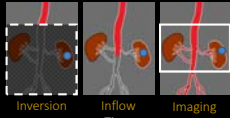
- M. Katch, *MRM* 2005: 8 healthy volunteers

Flow selective spin labeling

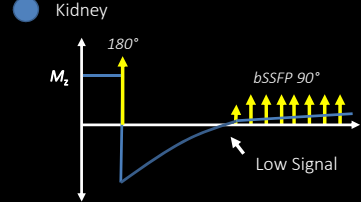
- E. Spuentrup et al., *MRM*, 2002: 7 swine

Time Flip History – Background

- Background sees 180° - time delay – bSSFP readout



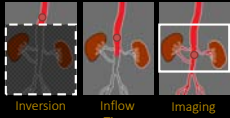
● Kidney



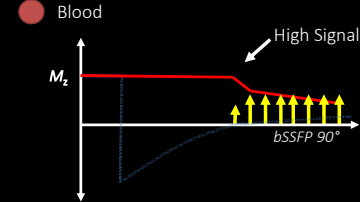
Courtesy of Kevin Johnson, PhD, University of Wisconsin-Madison

Time Flip History Arterial

- Arterial blood does not see 180° pulse



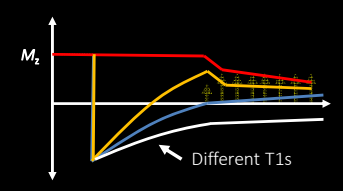
● Blood



Courtesy of Kevin Johnson, PhD, University of Wisconsin-Madison

Time Flip History Arterial

- In reality we can't remove the signal from all tissues
 - There will be some signal from background tissue



Different T1s

● Blood

● Kidney

● Fluid


● Fat

Courtesy of Kevin Johnson, PhD, University of Wisconsin-Madison

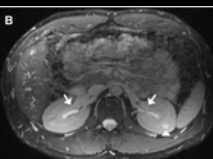
Example in the renal transplant

- Enhances inflowing spins

Flow Prepared bSSFP



Unprepared bSSFP



Bultman et al. 15' MRI 32(2):190-5

Phase Contributions

$$\omega_L(\vec{r}, t) = \gamma B_0 + \gamma \Delta B(\vec{r}) + \gamma \vec{r} \cdot \vec{G}(t) + \text{other sources}$$

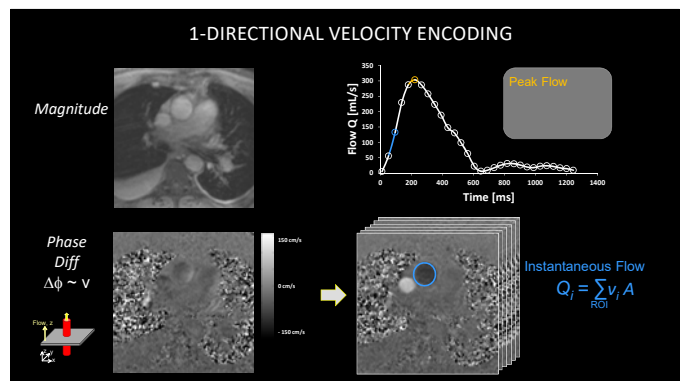
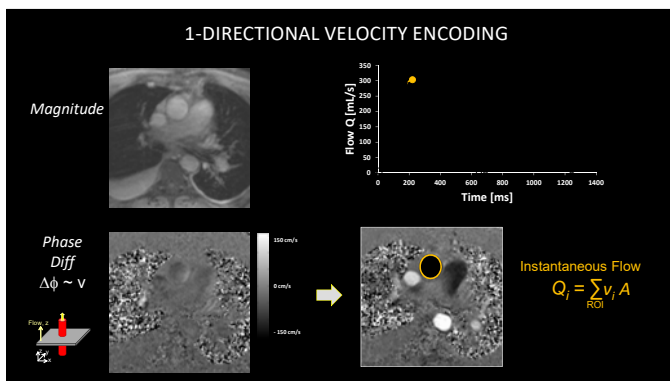
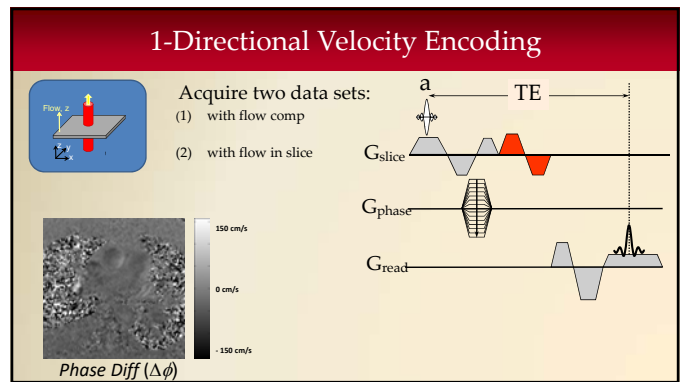
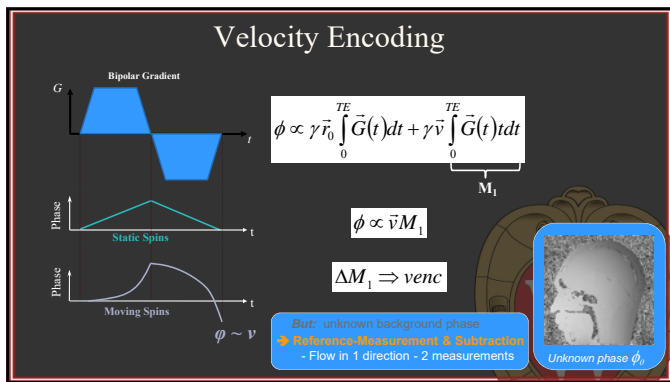
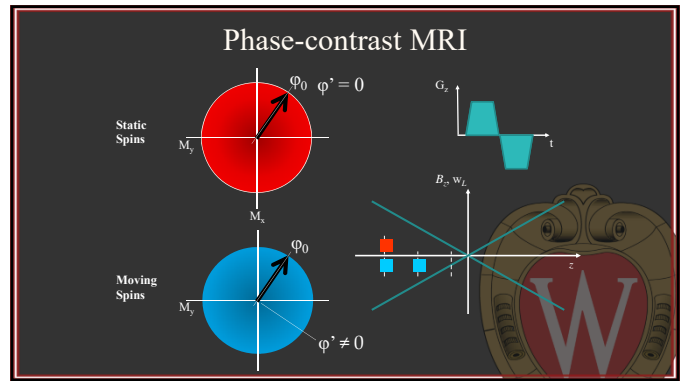
Phase contributions

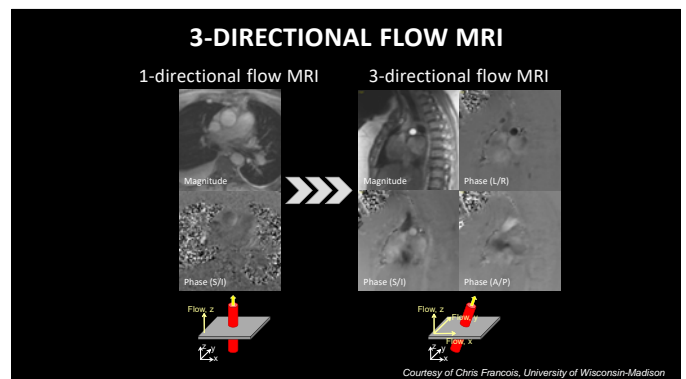
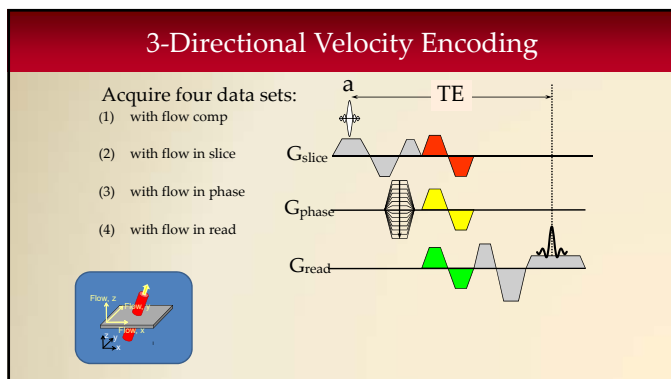
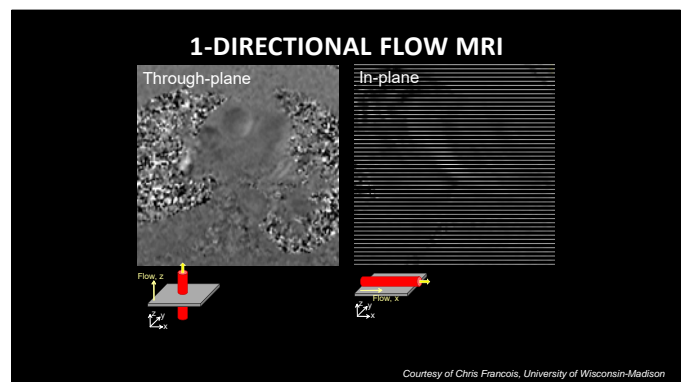
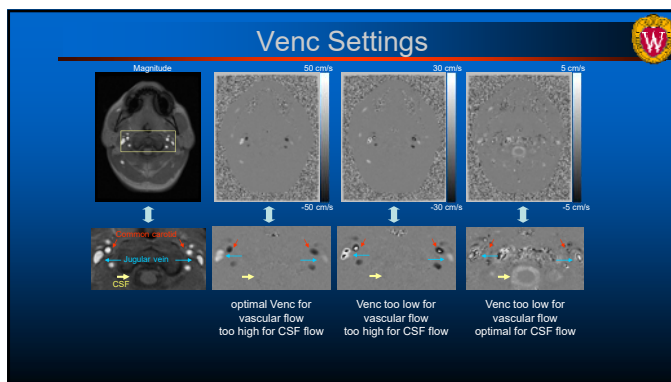
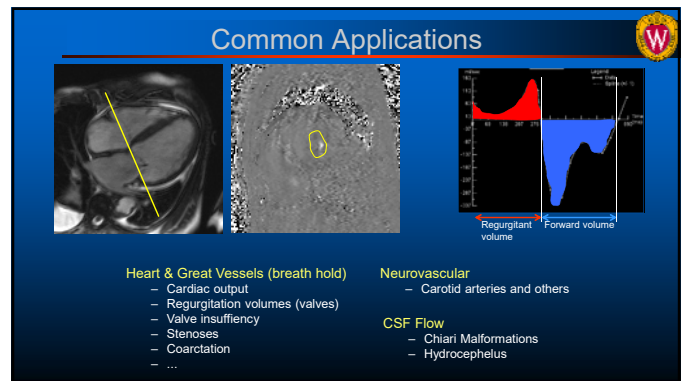
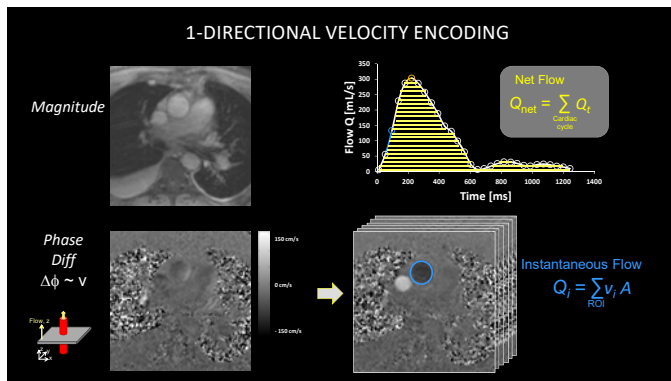
- Motion (incl. Flow)
- Susceptibility
- Chemical Shift
- T2 / T2* decay
- Acquisition Imperfection
- B0 inhomogeneity
- Eddy currents
- DAQ timing
- ...

Applications with phase as contrast mechanism

- Phase Contrast MRI / velocity mapping
- MR elastography
- Diffusion
- Susceptibility weighted imaging
- Chemical shift based imaging
- MR thermometry
- Current density measurements
- Positive contrast imaging
- Off-resonance angiography
-

Accentuate desired contrast mechanism, suppress other phase contributions





MR Angiogram from PC Data – PC MRA

Phase Contrast MR-Angiography

- 3-dir. velocity encoding / non-gated → average flow

Velocity |v|
 $V = \sqrt{V_x^2 + V_y^2 + V_z^2}$

←

MRI Data

→

Anatomy
 Magnitude Image

Combination: background suppression

PC-MRA

+

PC-MRA

Use |v| to separate blood & tissue

Cranial vessels Aorta & pulmonary system

Abdominal 3D PC MRA

73 year-old male with possible renal transplant artery stenosis

CE MRA

3D PC MRA

| | |
|---------------------------------------|---------------------------------------|
| TR/TE: 3.9/1.3 ms | TR/TE: 8.3/3.1 ms |
| FOV: 350 x 350 mm ² | FOV: 380 x 304 mm ² |
| Matrix: 256 x 192 | Matrix: 256 x 192 |
| Resolution: 1.37x1.82 mm ² | Resolution: 1.48x1.58 mm ² |
| ST: 2 mm | ST: 2 mm |
| Acquisition time: 0:23 | Acquisition time: 6:48 |
| | Venc: 50 cm/s |

Utility of PC MRA

- Good utility sequence
 - Pre or post contrast
 - Works across many vascular territories

Localizer (10s)

Dural arteriovenous fistula

TOF CE MRA - TRICKS 3D PC MRA

4D Flow MRI

Cranial Flow – Carotid Artery
Liver Flow – Particle Traces

Courtesy of A. Pydytychowitz and M. Markl, University of Freiburg

Volumetric Coverage

Velocity Vector Field

Dynamic – ECG gated

4D Flow MRI Reviews

M Markl, et al., *JMRI* 36(3): 2012

E Callison et al., *J Thorac Imaging* 2014

P Dyverfeldt et al., *JCMR* 2015

S Vasanawala et al., *JCMR* 2015

... and more ...

Surgical Planning – 4D MR Flow

Hepatic artery Celiac artery Splenic artery

GDA SMA

2nd collateral pathway SMA ↔ celiac

superior and inferior pancreaticoduodenal arteries

Velocity (m/s)

0.50
0.38
0.25
0.13
0.00

4D Flow MRI: Flow quantification in CHD

Normal Patient with TOF

SVC TV PA
RA RV
IVC

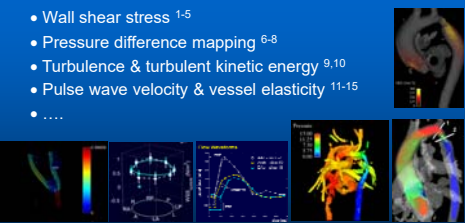
SVC TV PA
RA RV
IVC

François C, et al. J Cardiovasc Magn Reson. 2012

- Normal volunteers**
 - RA filling during systole
 - No pulmonary regurgitation
- Tetralogy of Fallot patients**
 - Increased RA filling during diastole
 - Pulmonary regurgitation

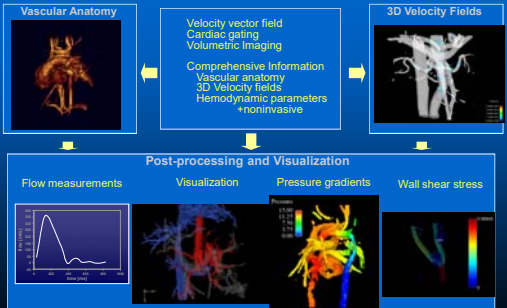
Quantification based on velocity fields

- Wall shear stress ¹⁻⁵
- Pressure difference mapping ⁶⁻⁸
- Turbulence & turbulent kinetic energy ^{9,10}
- Pulse wave velocity & vessel elasticity ¹¹⁻¹⁵
-



1. Stalder A.F. et al. Magn Reson Med 2008;60(5):1218-1231.
2. Ostrowski J.N. et al. J Magn Reson Imaging 1995;5(6):640-647.
3. Dyke S. et al. Eur J Vasc Endovasc Surg 1998;16(6):517-624.
4. Harloff A. et al. Magn Reson Med 2010;63(6):1529-1536.
5. Frydrychowicz A. et al. J Magn Reson Imaging 2009;30(1):77-84.
6. Ebbens T. et al. Biomech Eng 2002;124(3):288-293.
7. Tyebati J.N. et al. J Magn Reson Imaging 2005;22(2):321-329.
8. Yang G.Z. et al. Magn Reson Med 1996;36(4):500-508.
9. Dwyerfeldt P. et al. Magn Reson Med 2006;56(4):850-858.
10. Stalder A.F. et al. J Magn Reson Imaging 2011;33:838-846.
11. Luffon E. et al. J Magn Reson Imaging 2005;21(1):53-68.
12. Mehl M. et al. Magn Reson Med 2010;63(6):1575-1580.
13. Peng H.H. et al. J Magn Reson Imaging 2006;24(8):1303-1310.
14. Valierius S. et al. Magn Reson Med 2002;47(4):860-864.
15. Hardy C.J. et al. Magn Reson Med 1994;31(5):513-520.

4D MR Flow



Vascular Anatomy

Velocity vector field
Cardiac gating
Volumetric Imaging

Comprehensive information
Vascular anatomy
3D Velocity fields
Hemodynamic parameters
noninvasive

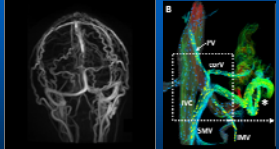
3D Velocity Fields

Post-processing and Visualization

Flow measurements Visualization Pressure gradients Wall shear stress

Phase Contrast MRI - Summary

- **Imaging sequence**
 - Spoiled Gradient echo with motion encoding (bipolar gradient)
- **Multiple Purposes**
 - PC MR Angiogram
 - (3D PC MR)
 - Shows arteries and veins
 - Hemodynamics
 - 2D PC - Velocity mapping of through plane (single breathhold)
 - 4D Flow MRI - Comprehensive velocity vector field (5-20 min scan time)
 - Gaining traction through available sequences and post-processing



Contrast-Enhanced MRA

Exogeneous Contrast Agent

- Venously administered
- Shorten the T1 of surrounding water molecules
- T1-weighted spoiled gradient echo

Contrast Kinetic Types

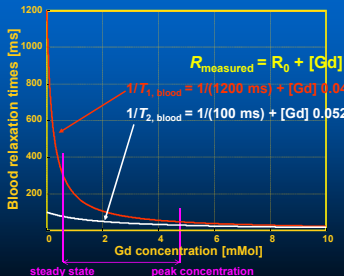
- Extracellular
 - Weak or no binding: Gadoteridol, gadobutrol, gadodiamide,
 - Bind to blood products: Gadofosveset, Ferumoxytol
- Freely diffusible
 - Water equivalent: Exotic Research Only Agents
Hyperpolarized ¹³C




T1 and T2 effects of Gd

$$T_1 = \frac{1}{\frac{1}{T_1} + cR_1}$$

C - Concentration (mmol)
R₁ - Relaxivity (1/mmol s)
T₁⁻ - Inherent T₁ (ms)



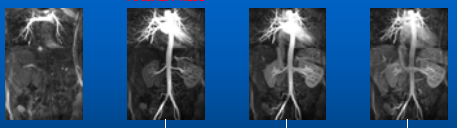
steady state **peak concentration**

$R_{\text{measured}} = R_0 + [\text{Gd}] R$


$1/T_1, \text{blood} = 1/(1200 \text{ ms}) + [\text{Gd}] 0.043 \text{ mM}^{-1}\text{s}^{-1}$

$1/T_2, \text{blood} = 1/(100 \text{ ms}) + [\text{Gd}] 0.052 \text{ mM}^{-1}\text{s}^{-1}$

Contrast Bolus - Timing



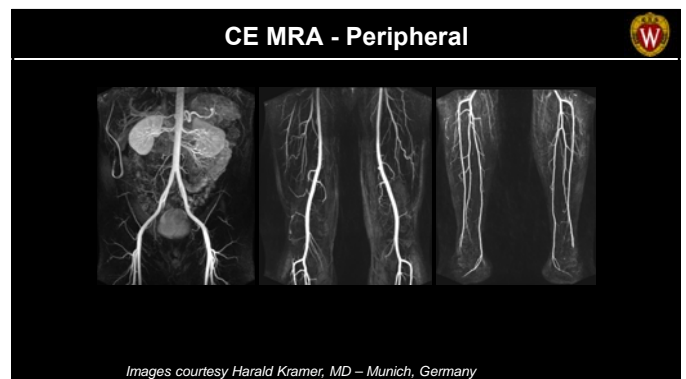
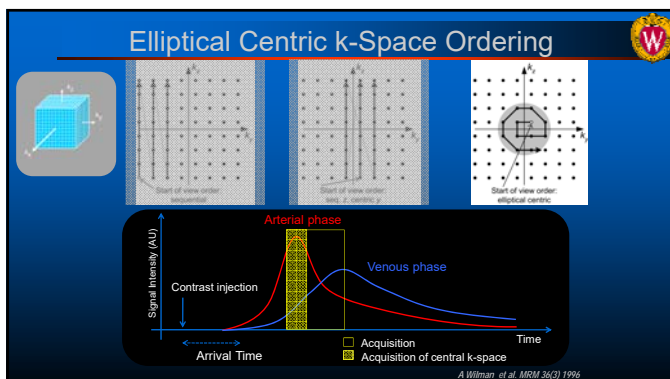
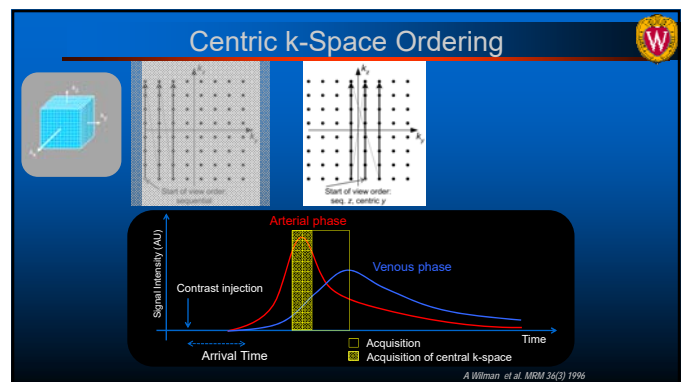
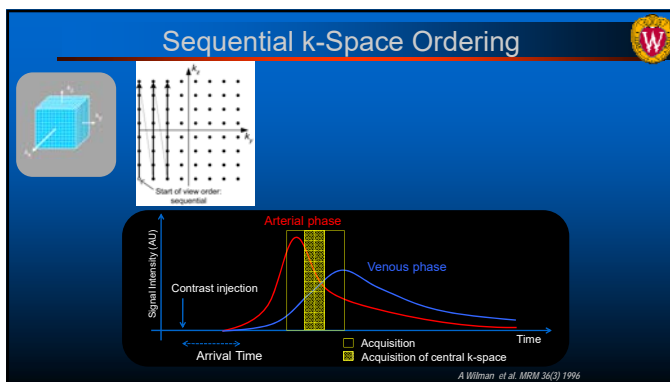
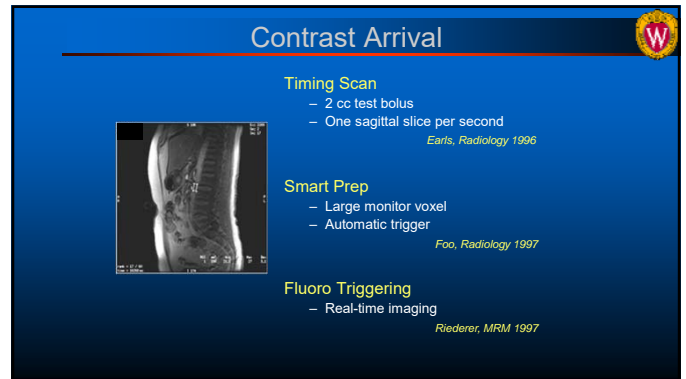
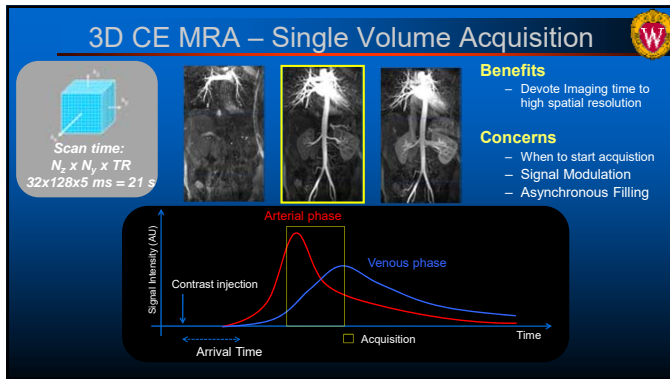
Arterial Phase **Renal artery** **parenchyma** **Venous Phase**




Signal

Contrast Injection

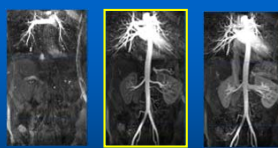
Time (s)



3D CE MRA – Dynamic Acquisition



Scan time:
 $N_x \times N_y \times TR$
 $32 \times 128 \times 5 \text{ ms} = 21 \text{ s}$

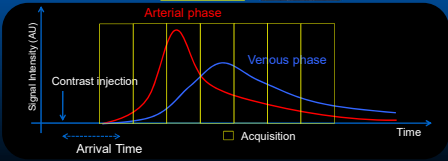


Benefits


- Robust to contrast bolus arrival
- Shows asymmetric fillings / inconsistent contrast arrival

Concerns


- Sacrifice spatial resolution for temporal resolution

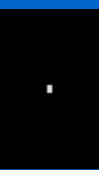


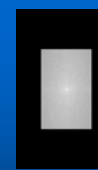
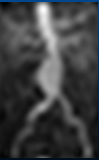
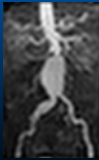

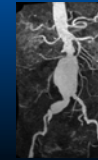


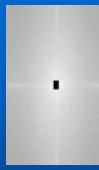
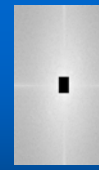


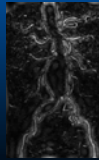
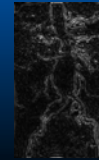


CE MRA



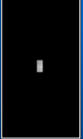
FT from magnitude image (log scale)




| | | | |
|---|---|---|---|
|  |  |  |  |
| $W_{xy} = 5\%; A = .25\%$ | $W_{xy} = 10\%; A = 1\%$ | $W_{xy} = 20\%; A = 4\%$ | $W_{xy} = 50\%; A = 25\%$ |
|  |  |  |  |

| | | | |
|--|---|---|---|
|  |  |  |  |
| $W_{xy} = 5\%; A = 99.75\%$ | $W_{xy} = 10\%; A = 99\%$ | $W_{xy} = 20\%; A = 96\%$ | $W_{xy} = 50\%; A = 75\%$ |
|  |  |  |  |

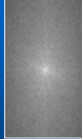
K-space and image contrast



 $A = 1\%$

+



 $A = 99\%$

=



 $A = 100\%$


 $A = 1\%$

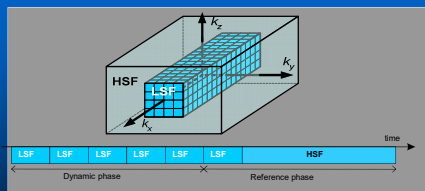
+


 $A = 99\%$

=


 $A = 100\%$

Keyhole Imaging



LSF – Low spatial frequencies
 HSF – High spatial frequencies

HSF are only acquired once!

Van Wals et al., JMIR 1993

TRICKs MRA

Time-Resolved Imaging of Contrast Kinetics

Scan Time = $TR \times (Ny \times Nz)/3 \times \text{Repetitions}$

Korosec, *et al.*, MRM 36:345-51;1996

TRICKs MRA

A B A C A B A C A B

TRICKs MRA

A B A C A B A C A B

$\Delta T = TR \times (Ny \times Nz)/3$
 $\Delta T = 5 \text{ ms} \times (128 \times 32)/3 = 6.8 \text{ sec}$

Temporal Footprint = $4 \times \Delta T$

Courtesy Frank Korosec, PhD

TRICKs MRA

A B A C A B A C A B

$\Delta T = TR \times (Ny \times Nz)/3$
 $\Delta T = 5 \text{ ms} \times (128 \times 32)/3 = 6.8 \text{ sec}$

Temporal Footprint = $4 \times \Delta T$

Courtesy Frank Korosec, PhD

TRICKs MRA

A B A C A B A C A B

$\Delta T = TR \times (Ny \times Nz)/3$
 $\Delta T = 5 \text{ ms} \times (128 \times 32)/3 = 6.8 \text{ sec}$

Temporal Footprint = $3 \times \Delta T$

Courtesy Frank Korosec, PhD

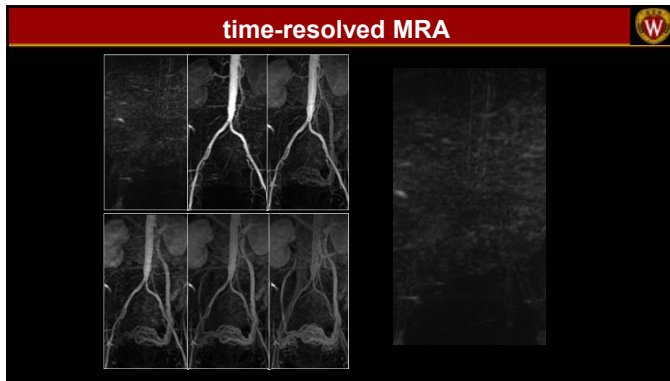
TRICKs MRA

A B A C A B A C A B

$\Delta T = TR \times (Ny \times Nz)/3$
 $\Delta T = 5 \text{ ms} \times (128 \times 32)/3 = 6.8 \text{ sec}$

Temporal Footprint = $[3 \text{ or } 4] \times \Delta T$

Courtesy Frank Korosec, PhD



Contrast-Enhanced (CE)-MRA

Advantages of CE-MRA

- Very high SNR
- Robust, insensitive to artifacts
 - Slow flow, susceptibility, etc.
- Well established – clinically proven
- Quantitative perfusion

Disadvantages of CE-MRA

- Bolus Imaging
 - Arterial-venous window
 - limited scan time for first pass
 - Limited SNR/spatial resolution/coverage
 - synchronization with breathhold
 - Venous injection: bolus dispersion
- Need for contrast agents
 - Costs
 - Gd-based agents: Patients with compromised kidney function
 - Nephrogenic Systemic Fibrosis

SE Cooper et al., Lancet, 2000

TOF CE-MRA

Time-resolved CE-MRA

Summary

MRA has many contrast mechanisms

Endogeneous

- Native (bSSFP)
- Inflow (TOF, flow-prepared bSSFP)
- Motion (Phase Contrast)

Exogeneous

- Extracellular (Gd-based)
- Blood Pool (Gd-based and Ferahin)

MRA can provide

- Anatomy
- Hemodynamics