# FORMULATING A RESEARCH PROBLEM

#### Introduction

- Problem formulation process depends upon
  - Your expertise in research methodology
  - Your knowledge of the subject area
  - Your understanding of the issues to be examined
  - •The extent to which the focus of your study is predetermined.

#### Research Problem

- Make sure the questions can be transformed into research problems
- Not too extremely difficult to study or investigate
- •Able to withstand scrutiny in terms of the procedures required to be undertaken
- Spend considerable time in thinking it through

## The Importance of formulating a research problem

- •The first and most important step of the research process. For example, identify the destination before undertaking a journey.
- •To have a clear idea what to find out about and not what you think you must find.
- •The forms vary, can be very simple to the very complex.
- •You may become more confused but this is normal and a sign of progression.
- •Take time over formulating your problem.

## The Importance of formulating a research problem (cont'd)

- •The way you formulate a problem determines almost every step that follows:
  - the type of study design that can be used;
  - •the type of sampling strategy that can be employed;
  - the research instrument that can be used or developed; and
  - •the type of analysis that can be undertaken.

# The Importance of formulating a research problem (cont'd)

- •The formulation of a problem is like the 'input' into a study
- •The 'output' is
  - the quality of the contents of the research report
  - the validity of the associations or causation established.

GARBAGE IN, GARBAGE OUT

### Considerations in selecting a research problem

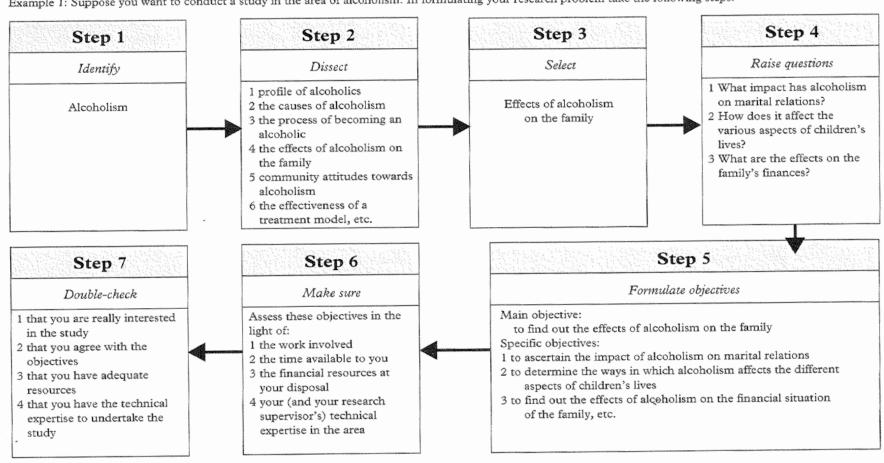
- •Interest.
- Magnitude.
- Measurement of concepts.
- •Level of expertise.
- Relevance.
- Availability of data.
- Ethical issues.

### Steps in the formulation of a research problem

- 1. Indentify a broad field or subject of interest.
- 2. Dissect the broad area into subareas.
- 3. Select what is of most interest.
- 4. Raise research questions.
- 5. Formulate Objectives.
- 6. Assess the objectives.
- 7. Double Check.

### Example 1:

Example 1: Suppose you want to conduct a study in the area of alcoholism. In formulating your research problem take the following steps.



#### Example 2:

Example 2: Suppose you want to study the relationship between fertility and mortality. Follow these steps. Step 3 Step 4 Step 2 Step 1 Raise questions Identify Dissect Select 1 What happens to fertility 1 trends in fertility and when mortality declines? Relationship between Fertility and mortality mortality fertility and mortality 2 What is the time lag between 2 determinants of fertility the start of decline in behaviour mortality and the start of 3 relationship between fertility decline in fertility? and mortality 3 What are the factors that 4 impact of health services on contribute to the decline in mortality fertility? etc. 5 impact of contraceptives on fertility behaviour, etc. Step 5 Step 6 Step 7 Formulate objectives Make sure Double-check Main objective: to explore the relationship between fertility and mortality Assess these objectives in the 1 that you are really interested light of: Specific objectives: in the study 1 to find out the extent of the decline in fertility in relation to the 1 the work involved 2 that you agree with the decline in mortality 2 the time available to you objectives 2 to ascertain the time lag between the decline in mortality and the 3 the financial resources at 3 that you have adequate decline in fertility your disposal resources 4 your (and your research 3 to identify the factors that affect the changes in fertility 4 that you have the technical 4 To explore the relationship between socioeconomic-demographic supervisor's) technical expertise to undertake the characteristics of the population and the extent of changes in fertility expertise in the area study and mortality

### The formulation of objectives

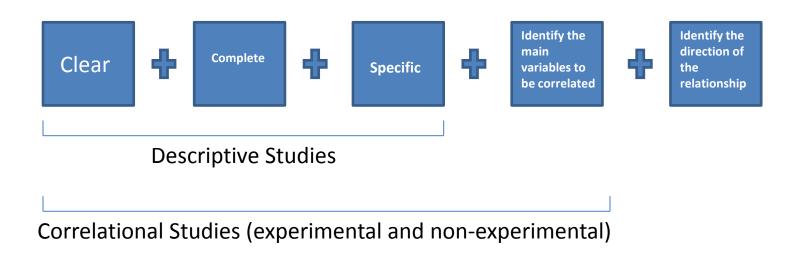
Objectives are the goals you set out to attain in your study.

- Main objective
  - an overall statement of the thrust of the study.
  - Associations and relationships that you seek to discover or establish
- Sub objective -.
  - Contains one aspect of the study.

Note: irrespective of the type of research, the objectives should be expressed clearly, completely and no ambiguity

# The formulation of objectives (cont'd)

Characteristics of objectives



**Hypothesis-testing Studies** 

#### **Establishing Operational Definitions**

- In a research study it is important to develop, define or establish a set of rules, indicators or yardsticks in order to clearly establish the meaning of such words/items.
- Operational definitions may differ from dictionary definitions as well as day to day meanings
- There are no rules for deciding if an operational definition is valid
- Your arguments must convince others about the appropriateness of your definitions

### Summary

- The formulation of a research problem is the most important step in the research process
- It is the foundation, any defects in it will adversely affect the validity and reliability of the study.
- There are no specific guidelines.
- The 7 steps model is operational in nature.
- It is very important to articulate the objectives of the study clearly.